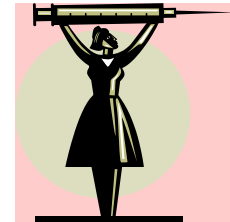




Stephanie G. Knutson, MSN, RN School Nurse Consultant

Special Points of Interest:

- 2010-11 School Health Services Information Survey
- Spring 2011 School Nurse Supervisor Conference - April 5
- Ordering School Health Records for 2011-12
- February is Black History Month



2010-11 School Health Services Information Survey

Thank you for your efforts last year with the School Health Services Information Survey. We received 63 percent of surveys back from Connecticut school districts. A copy of the report along with the 2004-10 Summary Highlights Report are available at the Connecticut State Department of Education's (CSDE) Health Promotion /School Nurse Web site at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2678&q=320768> (scroll down to "Definition of School Nursing/Survey" section.)

The CSDE would again like to request your participation in the School Health Services Information Survey. This survey represents an opportunity to continue documenting the school health services provided to students and staff in Connecticut public and private, non-profit schools. This survey was introduced in 2004 and has been revised slightly per your comments for this year's data collection. Data collection for the 2010-11 academic year should be conducted during February and March. All surveys **MUST** be completed by June 30, 2011, to allow adequate time for data analysis.

To increase ease in completion, we will be utilizing SurveyMonkey for this year's data collection. All information needed to complete the survey may be found on the EDUCATION CONNECTION Web site at www.educationconnection.org. On the home page you will see a list of links. The first link in the list is entitled "Professional Development and School Improvement." Please click that link. On the left side of the next page you will see a list of services provided. Follow the link to "Survey Services." At the bottom of the next page you will see a section entitled "Current Surveys." The survey listed is called the "SDE Health Services Survey." Please click that link and enter the SDE School Health Services Web page.

On that Web page, you will see instructions to complete the survey, a sample form for data collection by school nurses at the building level, the 2011 School Health Services Information Survey, and reports from the last years of data collection including the summary reports tracking trends over time. A list of all school districts in Connecticut and their school codes is also posted for your convenience.

Each School Nurse Coordinator/Supervisor will need to gather some of the data from each building and compile the information. As the coordinator/supervisor, you will be entering only the totals for your district into the School Health Services Information Survey.

I would like to thank you in advance for your participation in this important project. This annual report will be distributed to each school district and will provide useful information from a state and regional perspective. Please feel free to contact me at 860-807-2108 or stephanie.knutson@ct.gov if you have any questions.

February is Black History Month

2011 Theme - African Americans and the Civil War. Additional information is available at the Association for the Study of African American Life and History's Web site at http://www.asalh.org/themes_future.html.



STATE OF CONNECTICUT
DEPARTMENT OF EDUCATION



TO: School Nurse Supervisors
FROM: Stephanie Knutson, School Health Consultant
DATE: February 10, 2011
SUBJECT: Ordering School Health Records for 2011-12

It is time to order Cumulative Health Records (CHR-1) and Health Assessment Records (HAR-3) for delivery in May and use in the 2011-12 school year. Each district must determine the number of CHR-1 and HAR-3 forms needed based on its student population and number of forms currently in stock. **Please order sufficient numbers to share with charter, private and parochial schools served by your district and with all health care provider offices in your community.** The Connecticut State Department of Education (CSDE) only distributes CHR and HAR forms to **public school districts. You are responsible for providing the health care providers in your community with forms.**

Please complete the order form below for your district and return it to Glenda Stuckey **before March 10, 2011. Please note:** We do not stock an excess of extra forms at the CSDE, therefore please order enough to cover your needs for one year. **Please remember your district needs to share its supply with appropriate medical practitioners and other schools in its community.** Orders will be sent to the school district at the end of May 2011.

Please print or type clearly and return by **March 10, 2011**, to Glenda Stuckey, Connecticut State Department of Education, 25 Industrial Park Road, Middletown, Connecticut, 06457 or by fax to 860-807-2127 or by e-mail to glenda.stuckey@ct.gov.

Contact Name: _____

Phone Number: _____

District: _____

Mailing Address: _____

CHR-1 folders (Number of packets): _____
(50 folders per packet)

HAR-3 blue forms (Number of packets): _____
(100 blue forms per packet)



Dietary Guidelines for Americans, 2010, (Released 1/31/11)

Eating and physical activity patterns that are focused on consuming fewer calories, making informed food choices, and being physically active can help people attain and maintain a healthy weight, reduce their risk of chronic disease, and promote overall health. *The Dietary Guidelines for Americans, 2010* exemplifies these strategies through recommendations that accommodate the food preferences, cultural traditions, and customs of the many and diverse groups who live in the United States.

By law (Public Law 101-445, Title III, 7 U.S.C. 5301 et seq.), *Dietary Guidelines for Americans* is reviewed, updated if necessary, and published every 5 years. The United States Department of Agriculture (USDA) and the United States Department of Health and Human Services jointly create each edition. *Dietary Guidelines for Americans, 2010* is based on the *Report of the Dietary Guidelines Advisory Committee on the Dietary Guidelines for Americans, 2010* and consideration of federal agency and public comments.

Dietary Guidelines recommendations traditionally have been intended for healthy Americans ages two years and older. However, *Dietary Guidelines for Americans, 2010* is being released at a time of rising concern about the health of the American population. Poor diet and physical inactivity are the most important factors contributing to an epidemic of overweight and obesity affecting men, women, and children in all segments of our society. Even in the absence of overweight, poor diet and physical inactivity are associated with major causes of morbidity and mortality in the United States. Therefore, the *Dietary Guidelines for Americans, 2010* is intended for Americans ages two years and older, including those at increased risk of chronic disease.

The full document is available at the USDA's Center for Nutrition Policy and Promotion Web site at <http://www.cnpp.usda.gov/DGAs2010-PolicyDocument.htm>.

New Commissioner Takes Helm at Department of Public Health

The Connecticut Department of Public Health (DPH) welcomes Jewel Mullen, MD, MPH, MPA, as she begins her appointment by Governor Dannel P. Malloy as its commissioner.

While at the Massachusetts Department of Public Health, Dr. Mullen was Director of the Bureau of Community Health and Prevention. She was the principal investigator for a Chronic Disease Integration pilot project funded by the federal Centers for Disease Control and Prevention. Recently, she was appointed to the Advisory Committee on Breast Cancer in Young Women, a federal committee established under the Patient Protection and Affordable Care Act.

Board certified in Internal Medicine, Dr. Mullen began her clinical career as a member of the National Health Service Corps at Bellevue Hospital in New York; after which she joined the medical faculty at the University of Virginia in Charlottesville. A Connecticut resident since 1992, she has been a member of the medical staff at the Hospital of St. Raphael, the Yale University Health Services, and Yale New Haven Hospital.

As a clinician educator, Dr. Mullen has served on the medical school faculty at New York University, The University of Virginia, Yale and Tufts. In her clinical practice, teaching and research, Dr. Mullen has focused on improving access to high quality health care and preventive services, particularly for minority populations and the elderly.

Dr. Mullen received her Bachelor and Master of Public Health degrees from Yale University where she also completed a post-doctoral fellowship in psychosocial epidemiology. A graduate of the Mount Sinai School of Medicine, she completed her residency at the Hospital of the University of Pennsylvania. She also holds a Master in Public Administration degree from the Harvard University John F. Kennedy School of Government. She resides in Guilford.

Please visit the DPH Web site at <http://www.ct.gov/dph/cwp/view.asp?Q=473306&A=3987> for the full publication.



*The Connecticut State Department of Education
presents the following opportunities for school nurses,
supervisors and administrators.*

Spring School Nurse Supervisor Conference

Keynote by Dr. Charles E. Basch
*Author of **Healthier Students Are Better Learners:**
A Missing Link in School Reforms to Close the Achievement Gap*

Tuesday, April 5, 2011, 8:30 a.m. – 3:30 p.m.
Crowne Plaza Cromwell



Facilitator Stephanie Knutson, MSN, RN, School Health
Consultant, State Department of Education
Fee..... \$30.00 per person
CEUs..... 0.6
Register by 3/22/11
Course # 102531867



This activity will provide school nurse supervisors with information on multiple state initiatives and trends in the state. Additionally, school nurse supervisors will have the opportunity to network with colleagues.

As a result of attending this conference, participants will:

- Gain additional knowledge in the role of school health services in school reform;
- Gain additional knowledge in health promotion of school nursing services;
- Gain additional knowledge in state-mandated immunization regulations; and
- Gain additional knowledge and insight in green cleaning.

Register online at www.registereastconn.org. Click on the event title. You will need to input your four-digit PIN number and a valid Purchase Order (P.O.) number from your school.

Note: If you will be paying by a personal check and not using a P. O., you will receive an invoice via e-mail to send in with your check.

If you have questions regarding registration, or have difficulty using the online form, e-mail dmierzwa@eastconn.org, or call 860-455-1561.

Professional Development Opportunities

Free training:

New Medication Administration Training Curriculum for Connecticut Child Care Providers: Train-the-Trainer Sessions for Healthcare Professionals

Per Connecticut law, child care providers must be trained in medication administration by a registered nurse, an advance practice registered nurse, a medical doctor, or a physician assistant. Training child care providers in medication administration is an essential component of quality child care.

Participation in a "Train-the-trainer" session is not required for licensed healthcare professionals. However, utilizing a best practice curriculum is important to ensure the highest quality training and reduce liability.

A new Medication Administration Training Curriculum for Connecticut Child Care Providers has been developed, based on the American Academy of Pediatrics Healthy Futures curriculum. This new curriculum will be available, free of charge, to child care providers via CTTRAIN (cttrain.org) in Spring 2011.

Three dates only: Saturday, April 2, April 30 or Friday, May 6

Time: 9 a.m. - 12 p.m.

Location: Yale School of Nursing, 100 Church Street South, New Haven, Connecticut

Cost: **Free!**

Facilitators: Lori Yu, MSN, APRN, CPNP and Angela Crowley, PhD, APRN, PNP-BC, FAAN

Registration: Contact Paulette James at PJames@uchc.edu with your available dates for attendance.

As a result of attending this training, participants will:

- network with other trainers;
- learn about this new best-practice curriculum;
- receive free electronic and hard copies of all training materials, including a demonstration kit (\$100+ value);
- learn about strategies for contacting child care providers, setting up classes, reimbursement; and
- more!

This initiative is funded by the Connecticut Department of Social Services with assistance from the federal child care stimulus funds, American Recovery and Reinvestment Act of 2009.

The 33rd Annual School Health Conference
Hezekiah Beardsley Connecticut Chapter American Academy of Pediatrics

Critical Issues in School Health 2011

Date: May 5, 2011

Location: Farmington Marriott Hotel, Farmington, Connecticut

Contact: Rhonda at 914-734-1269 for more information.

Look for your registration form **by mail** at the end of February, 2011.

The Brain Injury Association of Connecticut (BIAC) Annual Conference

Keynote Speakers: Attorney Steven Benvenisti & Christopher J. Nowinski, Sports Legacy Institute

Date: Friday, March 11, 2011

Location: Marriott Hotel, Rocky Hill, CT

Conference Tracks: Concussions, Aging & Brain Injury, Research & New Developments

Registration: Contact Melinda McKeown at 860-219-0291 extension 309 or visit the BIAC Web site for further information at www.biact.org.

Phone: 860-807-2108

E-mail: stephanie.knutson@ct.gov

STEPHANIE G. KNUTSON, MSN, RN
SCHOOL NURSE CONSULTANT

Connecticut State Department of Education
Bureau of Health/Nutrition, Family Services and Adult Education

...Keeping CT School Nurses Informed and Involved!

Nondiscrimination Statement

The State of Connecticut Department of Education is committed to a policy of equal opportunity/affirmative action for all qualified persons and does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, national origin, sex, disability, age, religion or any other basis prohibited by Connecticut state and/or federal nondiscrimination laws. Inquiries regarding the Department of Education's nondiscrimination policies should be directed to the Affirmative Action Administrator, State of Connecticut Department of Education, 25 Industrial Park Road, Middletown, CT 06457-1543, 860-807-2071.