



# THE SCHOOL NURSE BULLETIN

## SEPTEMBER 2012



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### **Diabetes and Glycogen Storage Disease Management in Schools**

Public Act No. 12-198 (HB 5348) *An Act Concerning the Administration of Medicine to Students with Diabetes, the Duties of School Medical Advisors, the Availability of CPR and AED Training Materials for Boards of Education and Physical Exercise During the School Day*, includes new legislative mandates that addresses diabetes and glycogen storage disease management in Connecticut's schools. The full text of Public Act No. 12-198 is available at <http://www.cga.ct.gov/2012/act/pa/pdf/2012PA-00198-R00HB-05348-PA.pdf>.

In response to these new legislative requirements, the following two documents have been updated in order to provide guidance to school districts regarding diabetes and glycogen storage disease management in schools:

1. Section 1 amends Section 10-220j (a) of the general statutes and bars a school district from restricting the time or place on school grounds where a student with diabetes may test his or her blood-glucose levels, if the student has written permission from his parents or guardian and a written order from a physician. *Guidelines for Blood Glucose Self-Monitoring in School* provides guidance regarding this new legislation and is located on the CSDE's Health Promotion Services/School Nurse Web site at <http://www.sde.ct.gov/sde/lib/sde/PDF/deps/student/health/GlucoseGuidelines.pdf>; and

2. Section 2(e)(1) amends Section 10-212a of the general statutes and allows a qualified school employee selected by the school nurse or principal to administer an emergency glucagon injection to a student with diabetes, under certain conditions and with a written authorization from the student's parents and a written order from the student's Connecticut-licensed physician. *Learning and Diabetes: A Resource Guide for Connecticut Schools and Families* provides guidance and may be accessed at [http://www.sde.ct.gov/sde/lib/sde/PDF/deps/student/health/Learning\\_and\\_Diabetes.pdf](http://www.sde.ct.gov/sde/lib/sde/PDF/deps/student/health/Learning_and_Diabetes.pdf).

Section 6 amends Section 10-212c (a) of the general statute and extends required educational guidelines for school districts in how to manage students with life-threatening allergies to cover students with glycogen storage disease. The plans must allow parents or guardians of students with the disease, or those they designate, to administer food or dietary supplements to their children with the disease on school grounds during the school day. *Guidelines for Managing Life-Threatening Food Allergies and Glycogen Storage Disease in Connecticut Schools* will be updated to provide the required guidance and is currently located at [http://www.sde.ct.gov/sde/lib/sde/PDFm/deps/student/health/Food\\_Allergies.pdf](http://www.sde.ct.gov/sde/lib/sde/PDFm/deps/student/health/Food_Allergies.pdf).

For questions regarding the new legislation that addresses diabetes and glycogen storage disease management in Connecticut's schools, please contact Stephanie Knutson, School Health Consultant at 860-807-2108 or [stephanie.knutson@ct.gov](mailto:stephanie.knutson@ct.gov).



#### **Special Points of Interest:**

- *School Nurse Supervisor Conference - September 27, 2012*
- *New School Nurse Workshop - November 8 and December 6, 2012*
- *New Legislation - Diabetes Management in Schools*

### **!! Announcement !!**

The ***Clinical Procedure Guidelines for Connecticut School Nurses*** (*Clinical Guidelines*) is now available on the Connecticut State Department of Education's School Nurse Web site at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2678&q=320768> (details on page 2.)

## **New!! Clinical Procedure Guidelines for Connecticut School Nurses New!!**

The ***Clinical Procedure Guidelines for Connecticut School Nurses*** (*Clinical Guidelines*) is now available on the Connecticut State Department of Education's School Nurse Web site at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2678&q=320768>.

The *Clinical Guidelines* is the merger of the Connecticut State Department of Education's *Specialized Health Care Procedure Manual for School Nurses* (1997) and *Serving Students with Special Health Care Needs* (1992). This updated document integrates valuable concepts identified in the previous manuals and offers a contemporary and practical format intended to assist school nurses in developing the procedural aspects of individualized health care plans for students with special health care needs and in providing task-specific training for other school personnel, when indicated. The *Clinical Guidelines* may also serve as a resource for other health professionals in schools, as well as school administrators, nurses, and other health professionals in early intervention programs. Information that addresses the procedures identified in this manual is intended to be used as a guideline in conjunction with:

- sound theoretical knowledge;
- medical research and evidence-based clinical references;
- collaboration with professional peers and expert consultants; and
- collaboration with students, educators, families and caregivers.

The procedural guidelines delineate the general steps of physical health care activities and must always be used in conjunction with fundamental principles, standards, and safe practices recognized as vital to working with children with special or complex health care needs.

## **Health Assessment Requirements for Connecticut Public Schools**

**Health Assessment Requirements:** Health assessment (physicals) requirements for Connecticut public schools are mandated by state law (Section 10-206 of the Connecticut General Statutes.) Specifically, Section 10-206 (b) states that "each local or regional board of education shall require each child to have a health assessment prior to public school enrollment..." In addition, Section 10-206(c) states that "each local or regional board of education shall require each pupil enrolled in the public schools to have health assessments in either grade six or grade seven **and** in either grade nine or grade ten..." Specific grade levels are then determined by the local or regional board of education.

**Assessments and Screening Requirements:** Assessments and screenings that must be included in a health assessment are listed in Section 10-206 of the Connecticut General Statutes, *Health Assessments*.

**Provision of Reports to Schools:** Each health care provider who has provided immunizations and health assessments to a child who is seeking to enroll in a public school in Connecticut, must provide reports of such immunizations and health assessments to the designated representative of the local or regional school district governing the school in which the child seeks to enroll (Section 10-209(b) of the Connecticut General Statutes, *Provision of reports to schools*.)

**Availability and Location of Health Assessment Records (HAR-3):** The result of each assessment shall be recorded on forms that are supplied by the State Board of Education (Section 10-206(d) of the Connecticut General Statutes). This form known as the Health Assessment Record (HAR-3), may also be used for health assessments required every year for students participating on sports teams. The HAR-3 forms are provided to school districts on an **annual basis** and may be downloaded and printed from the Connecticut State Department of Education's Health Promotion Services/School Nurse Web site at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2678&q=320768#Forms>.

**Transfer of student records:** "When a student enrolls in a school in a new school district or in a new state charter school, the new school district or new state charter school shall provide written notification of such enrollment to the school district in which the student previously attended school or the state charter school. The school district in which the student previously attended school or the state charter school that the student previously attended (1) shall transfer the student's education records to the new school district or new state charter school no later than ten days after receipt of such notification; and (2) if the student's parent or guardian did not give written authorization for the transfer of such records, shall send notification of the transfer to the parent or guardian at the same time that it transfers the records" (Section 10-220h of the Connecticut General Statutes.)

For questions regarding health assessment requirements, please contact Stephanie Knutson, School Health Consultant at 860-807-2108 or [stephanie.knutson@ct.gov](mailto:stephanie.knutson@ct.gov).

## Professional Development Opportunities

### !! SAVE THE DATE !!

The Connecticut State Department of Education  
Presents

#### New School Nurse Workshop

**Dates:** November 8, 2012, and December 6, 2012  
**Time:** 8:30 a.m. - 3:30 p.m.  
**Location:** Crowne Plaza, Cromwell, Connecticut  
**Cost:** \$50.00  
**CEUs:** 1.2

**Includes breakfast and lunch!**

The Connecticut State Department of Education  
Cadre of Nurses  
Presents

#### Working with Children with Autism in the Health Room

**Dates:** October 11, 2012  
**Time:** 4:30 p.m. - 6:00 p.m.  
**Location:** Eastconn, 376 Hartford Turnpike, Hampton, CT  
**Cost:** \$5.00  
**Registration:** E-mail [Stephanie.knutson@ct.gov](mailto:Stephanie.knutson@ct.gov)

### Bullying and Harassment of Students with Disabilities: An Overview of Legal Obligations and Strategies to Curtail Mean Behavior through the IEP

Did you know that schools have additional legal responsibilities to students with disabilities that they don't have to non-disabled students? Has your school considered the fact that the IEP can be an excellent vehicle for addressing bullying for both students with disabilities who are targeted as well as for students with disabilities who initiate the bullying? These are just a few areas covered in this three hour training.

Participants will:

- learn their school's obligations to students with disabilities who are harassed or bullied under the Individuals with Disabilities Education Act, the Americans with Disabilities Act and Section 504 of the Rehabilitation Act;
- recognize situations where anti-harassment and bullying strategies must be included in a student's IEP; and
- identify at least three techniques to incorporate into an IEP for students who are targets of bullying and/or harassment.

**Date:** November 12, 2012  
**Time:** 8:30 a.m. – 11:30 a.m.  
**Location:** State Office of Protection and Advocacy for Person with Disabilities, Hartford, CT  
**Cost:** \$40 per person  
**Registration:** [www.preventionworksct.org/calendar](http://www.preventionworksct.org/calendar)

### Managing Asthma Triggers: Free Online Continuing Education for School Nurses

The [National Association of School Nurses \(NASN\)](http://www.nasn.org), in conjunction with the U.S. Environmental Protection Agency (EPA), presents an online program for school nurses.

*Managing Asthma Triggers* promotes a healthy learning environment through improving indoor air quality (IAQ) and increasing awareness of asthma triggers within the school environment to reduce asthma episodes. This program consists of four modules. Three modules include tools and resources to present to school personnel, students and parents to decrease asthma triggers in schools. The fourth module highlights the [IAQ Tools for Schools Action Kit](#) with resources to promote a healthy school environment. Nurses are eligible to receive 2.5 continuing nursing education units for this course.

Register online at [http://www.asthmacommunity\\_network.org/node/5228](http://www.asthmacommunity_network.org/node/5228).

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### Nondiscrimination Statement

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