



THE SCHOOL NURSE BULLETIN

March 2012



Stephanie G. Knutson, MSN, RN School Nurse Consultant

Ordering School Health Records for 2012-13

Attention School Nurse Supervisors

It is time to order Cumulative Health Records (CHR-1) and Health Assessment Records (HAR-3) for delivery in May and use in the 2012-13 school year. Each district must determine the number of CHR-1 and HAR-3 forms needed based on its student population and number of forms currently in stock. Please order sufficient numbers to share with charter, private and parochial schools served by your district and with all health care provider offices in your community. The Connecticut State Department of Education (CSDE) only distributes CHR-1 and HAR-3 forms to public school districts. You are responsible for providing the health care providers in your community with forms.

One order form is required per district and must be returned to Glenda Stuckey **before March 1, 2012**. We do not stock an excess of extra forms at the CSDE, therefore please order enough to cover your needs for one year. **Please remember your district needs to share its supply with appropriate medical practitioners and other schools in its community.** Orders will be sent to the school district by the end of May 2012. Please contact Stephanie Knutson at stephanie.knutson@ct.gov if you have any questions.

Critical Issues in School Health Conference - March 29, 2012:

Topics of interest

(a.m. session)

1. Role of the School Nurse in pre-K Programs:

- ◆ *reviews the school nurse's role in Department of Public Health licensed pre-K programs versus board of education pre-K programs; and*
- ◆ *reviews mandatory standards of care in Board of education pre-K programs.*



(p.m. session)

2. Revised Cumulative Health Records Guidelines:

- ◆ *highlights the 2012 changes to the CHR-1 form;*
- ◆ *provides updates in school health record keeping; and*
- ◆ *provides guidance for electronic and manual school health record keeping in Connecticut schools.*



The Association of School Nurses of Connecticut (ASNC) Call for Nominations

Announcing, the newly revised ASNC's recognition nomination form and process. Please consider nominations for:

- ◆ Peer Recognition;
- ◆ School Nurse of the Year;
- ◆ School Nurse Administrator of the Year; and
- ◆ Advocate of School Nursing.

Nominations must be postmarked by March 30, 2012. All award recipients will be recognized at the ASNC's Spring Dinner Meeting, to be held on School Nurse Day, May 9, 2012. Details of the nomination form and process can be found on the ASNC's Web site at <http://www.ctschoolnurses.org/nominations-ct.html>.

Coordinated School Health Services Cadre of Nurse Trainers

The Connecticut State Department of Education (CSDE) is pleased to announce an exciting opportunity for qualified individuals to join the **Coordinated School Health Services Cadre of Nurse Trainers** (Cadre of Nurse Trainers) team. The Cadre of Nurse Trainers provides quality professional development to school districts throughout Connecticut.

Attached with the dissemination of the March 2012, *School Nurse Bulletin* are:

- ◆ The application;
- ◆ Coordinated School Health Services Cadre of Nurse Trainers informational document; and
- ◆ The Statement of Support Form.

This is a wonderful opportunity for professional growth! The application deadline is **March 15, 2012**.

Oral Health Connections Linking School Nurses to Health and Wellness Resources

The National Association of School Nurses (NASN) and the American Dental Association (ADA) have teamed up to support school nurses in promoting awareness of oral health in schools. The 2011 campaign, *Empowering School Nurses to Change Oral Health Perceptions*, was funded by a grant to NASN from the DentaQuest Foundation. The goals of the campaign were to:

- ◆ support school nurses in their efforts to keep children healthy and ready to learn;
- ◆ assess the knowledge, perceptions and practices of school nurses related to promoting an awareness of oral health;
- ◆ provide school nurses with relevant oral health resources and messages, while improving the mechanism through which these are delivered; and
- ◆ encourage and improve collaboration between school nurses and oral health professionals in states and communities.

The Oral Health Connections Web site may be accessed at <http://www.oralhealthconnections.org/Home/AboutUs>.



CDC Releases New Resource — Parent Engagement: Strategies for Involving Parents in School Health

The Centers for Disease Control and Prevention's (CDC) Division of Adolescent and School Health (DASH) is pleased to announce the release of ***Parent Engagement: Strategies for Involving Parents in School Health***. This new resource defines and describes parent engagement and identifies specific strategies and actions that schools can take to increase parent engagement in school health activities. This document was developed in collaboration with expert researchers, public health practitioners, and educators.

Parent engagement in schools can promote positive health and academic behaviors among children and adolescents. Research shows that parent engagement in schools is closely linked to better student behavior, higher academic achievement, and enhanced social skills. Parent engagement also makes it more likely that children and adolescents will choose healthier behaviors, such as avoiding tobacco, alcohol, and other drug use.

CDC synthesized research and best practices related to parent engagement in schools to develop the strategies and actions recommended in this publication. Specifically, the document describes strategies for connecting with parents, engaging parents in school health activities, and sustaining parent engagement.

In a school setting, these three overarching strategies need to occur simultaneously to foster successful parent engagement. It is important to note, though, that not every strategy and action in the document will be appropriate for every school. Schools and school districts should determine which actions are most feasible and appropriate, according to the needs of the school and available resources.

The document is live on the DASH Web site at: <http://www.cdc.gov/healthyyouth/adolescenthealth/protective.htm#engagement>.

Professional Development Opportunities

Free Webinar: An Introduction to *Caring for our Children*, 3rd Edition

Caring for our Children: National health and safety performance standards; Guidelines for early care and education programs. 3rd edition provides health and safety practice standards that are evidence based and relevant to children in early education settings.

Join the Healthy Child Care America Partnership for:

- ◆ an introduction to the standards;
- ◆ significant changes from the 2nd Edition to 3rd Edition;
- ◆ suggestions for implementation; and
- ◆ resources.

This webinar is free and will be recorded and posted to the HCCA Web site for those who cannot participate in the live webinar.

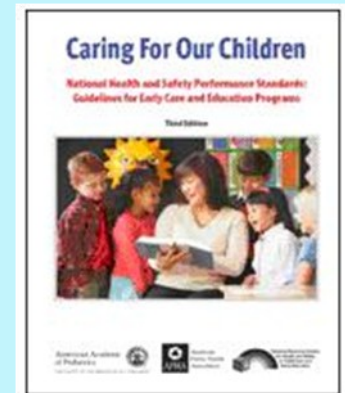
Title: An Introduction to Caring for our Children, 3rd Edition

Date: Wednesday, March 21, 2012

Time: 2:00 PM - 3:00 PM CDT

Space is limited!

Reserve your Webinar seat now at <https://www3.gotomeeting.com/register/981383878>.



The Center for Healthy Schools & Communities



EDUCATION CONNECTION, a Regional Education Service Center (RESC) in Connecticut, is pleased to announce the Center for Healthy Schools & Communities. The Center provides innovative school health and wellness programs, training for educators, healthy food service planning, and high value consultation and technical assistance in coordinated school health including wellness policy development, and health program assessment and evaluation. Center evidence-based programs include in school, after school, and summer options, are cross-curricular, and align with state and national standards.


Services Include:

- ◆ Delivery of school health programs:
Nutrition & Fitness; and
School-Based Tobacco Use Prevention & Cessation;
- ◆ Training and Consulting in:
Early Childhood/pre-K Nutrition and Health;
Coordinated School Health Leadership;
School Health Index Assessment & Improvement Planning; and
Healthy Food Service Planning and Enhancements;
- ◆ School and Community Health Survey development, administration, and analysis;
- ◆ Health data research and report preparation;
- ◆ Focus group design and facilitation;
- ◆ Evaluation of health programs and services; and
- ◆ Community Health Assessment design, project leadership, and report preparation.

Contact: Mary Bevan at bevan@educationconnection.org or at 860-567-0863 extension 179.




Professional Development Opportunities Cont'd



The Connecticut State Department of Education
presents the following opportunity for school nurses,
nurse supervisors and administrators

Spring 2012 School Nurse Supervisor Conference

Tuesday, April 3, 2012, 8:30 a.m. – 3:30 p.m.
Crowne Plaza Cromwell, 100 Berlin Road,
Cromwell, Connecticut 06416 • 860-635-2000




Facilitator.....Stephanie Knutson, MSN, RN,
School Health Consultant,
Connecticut State Department
of Education

Fee.....\$45.00 per person

CEUs.....0.6

Register by.....3/21/12

Course #.....1125300674



This activity will provide school nurse supervisors with information on multiple state initiatives and trends in the state. Additionally, school nurse supervisors will have the opportunity to network with colleagues.

As a result of attending this conference, participants will:

- gain additional knowledge in health promotion of school nursing services;
- gain additional knowledge in state-mandated immunization regulations; and
- gain additional knowledge in the role of school health services in school reform.

Register online at www.registereastconn.org. Click on the event title. You will need to input your four-digit PIN number and a valid Purchase Order (P.O.) number from your school. Note: If you will be paying by a personal check and not using a P.O., you will receive an invoice via e-mail to send in with your check.

If you have questions regarding registration, or have difficulty using the online form, e-mail conferenceoffice@eastconn.org, or call 860-455-1533.

The State of Connecticut Department of Education is committed to a policy of equal opportunity/affirmative action for all qualified persons. The Department of Education does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, religious creed, sex, age, national origin, ancestry, marital status, sexual orientation, disability (including, but not limited to, mental retardation, past or present history of mental disability, physical disability or learning disability), genetic information, or any other basis prohibited by Connecticut state and/or federal nondiscrimination laws. The Department of Education does not unlawfully discriminate in employment and licensing against qualified persons with a prior criminal conviction. Inquiries regarding the Department of Education's nondiscrimination policies should be directed to: Levy Gillespie, Equal Employment Opportunity Director, Title IX/ADA/Section 504 Coordinator, State of Connecticut Department of Education, 25 Industrial Park Road, Middletown, CT 06457 (860)-807-2071.

Connecticut State Department of Education
Bureau of Health/Nutrition, Family Services
and Adult Education
25 Industrial Park Road, Middletown, CT

STEPHANIE G. KNUTSON, MSN, RN
SCHOOL NURSE CONSULTANT

Phone: 860-807-2108
E-mail: stephanie.knutson@ct.gov

...Keeping CT School Nurses
Informed and Involved!

Nondiscrimination Statement

The State of Connecticut Department of Education is committed to a policy of equal opportunity/affirmative action for all qualified persons. The Department of Education does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, religious creed, sex, age, national origin, ancestry, marital status, sexual orientation, gender identity or expression, disability (including, but not limited to, intellectual disability, past or present history of mental disorder, physical disability or learning disability), genetic information, or any other basis prohibited by Connecticut state and/or federal nondiscrimination laws. The Department of Education does not unlawfully discriminate in employment and licensing against qualified persons with a prior criminal conviction. Inquiries regarding the Department of Education's nondiscrimination policies should be directed to: Levy Gillespie, Equal Employment Opportunity Director/American with Disabilities Act Coordinator, State of Connecticut Department of Education, 25 Industrial Park Road, Middletown, CT 06457 860-807-2101 or Levy.Gillespie@ct.gov.