



THE SCHOOL NURSE BULLETIN

January 2012



Stephanie G. Knutson, MSN, RN School Nurse Consultant



Welcome back!

I hope that your time off during the holiday season has refreshed your senses; renewed your spirit; and you are filled with energy and enthusiasm for the new year! The services that you provide to our students year after year is important; and we appreciate your persistence, your involvement and your dedication. Again, welcome back and best wishes for a safe, healthy and productive year!

Stephanie G. Knutson



Special Point of Interest:

- *Spring School Nurse Supervisor Conference - April 3, 2012.*

ENHP Outstanding Alumna, Cheryl Resha, Receives Anchor Award

The University of Hartford College of Education, Nursing and Health Professions (ENHP)

The Anchor Award, the most prestigious award presented by the University of Hartford Alumni Association, recognizes alumni who have reached the highest level of professional accomplishment and possess absolute standards of integrity and character that positively reflect and enhance the prestige of the University of Hartford.

The University honored nine exceptional alumni with Anchor Awards during this year's Hawktober Weekend celebrations on Oct. 22, 2011. Among them was **Cheryl Resha**. Resha earned both a Master's Degree in Nursing 1996 and a Doctorate of Education 2006 from ENHP.

Resha is the manager of the Bureau of Health/Nutrition, Family Services and Adult Education at the Connecticut State Department of Education. In her role, Resha serves to provide leadership and fiscal oversight for the U.S. Department of Agriculture child nutrition programs, school health and school nursing services, health and physical education, family engagement, extended learning programs, adult education, and other related programs that support student learning.

In her spare time, Resha is active on the national level promoting high quality school health services. She has held the positions of President and Treasurer for the National Association of State School Nurse Consultants. She has also served as the National Association of School Nurses' representative on the American Nurses Association, Congress of Nursing Practice and Economics.

Additionally, Resha enjoys her role as adjunct professor at the University of Hartford where she teaches "Scholarly Inquiry" to Master of Science in Nursing degree students in the College of Education, Nursing and Health Professions. The full article is located on the University of Hartford's Web site at <http://www.hartford.edu/enhp/news/honor-anchor.aspx>.



Primatene Mist With Chlorofluorocarbons No Longer Available After Dec. 31, 2011



The only over-the-counter asthma inhaler sold in the United States will no longer be available next year as part of a phase-out of epinephrine inhalers containing chlorofluorocarbons (CFCs).

Epinephrine CFC inhalers, marketed as Primatene Mist, are being phased out because they use CFCs as a propellant (spray) to move the medicine out of the inhaler so patients can breathe the medicine into their lungs.

Primatene Mist is approved by the United States Food and Drug Administration (FDA) for the temporary relief of occasional symptoms of mild asthma. The FDA urges those who use Primatene Mist to see a health care professional now to switch to another asthma medicine.

The full article is available on the FDA Web site at <http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm247196.htm>.

Seeking Applicants for the Connecticut Child Nutrition Cadre of Trainers

The Connecticut State Department of Education (CSDE) and the State Education Resource Center (SERC) are pleased to announce an exciting opportunity for qualified individuals to join a new professional development training team. The **Connecticut Child Nutrition Cadre of Trainers** will conduct quality professional development for the U.S. Department of Agriculture (USDA) Child Nutrition Programs.

The professional development training cadre is being developed as part of the **Connecticut Child Nutrition Training Institute** through a USDA Team Nutrition grant to the CSDE. In the next few months, the Institute will identify and train an initial cadre of six members to provide training for school nutrition programs on the *Dietary Guidelines for Americans*. This team will be expanded to 12 members by September 2013 and will continue to address other training topics after completion of the grant.

For more information on Connecticut's Team Nutrition grant and the [training cadre and application process](#), visit the CSDE's [Team Nutrition](#) Web page at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2678&q=333840>. The online application is available on the [SERC](#) Web site at http://ctserc.org/s/index.php?option=com_content&view=article&id=1051:child-nutrition-cadre-of-trainers&catid=3:newsflash.

The application deadline is **February 28, 2012**.



Safe Kids Connecticut Newsletter



Safe Kids Connecticut, dedicated to preventing childhood injury, has a quarterly, two-page newsletter that highlights a different safety topic for kids in each edition. Safe Kids Connecticut encourages school nurses to send these newsletters home to parents/caregivers either via e-mail or by photocopy. Newsletters are on the front page of the www.ctsafekids.org Web site or get added to their e-mail list for newsletters by e-mailing Karen Brock Gallo at kbrock@ccmckids.org.

Professional Development Opportunity



The Connecticut State Department of Education
presents the following opportunity for school nurses,
nurse supervisors and administrators

Spring 2012 School Nurse Supervisor Conference

Tuesday, April 3, 2012, 8:30 a.m. – 3:30 p.m.
Crowne Plaza Cromwell, 100 Berlin Road,
Cromwell, Connecticut 06416 • 860-635-2000



Facilitator.....Stephanie Knutson, MSN, RN,
School Health Consultant,
Connecticut State Department
of Education
Fee.....\$45.00 per person
CEUs.....0.6
Register by.....3/21/12
Course #.....1125300674

This activity will provide school nurse supervisors with information on multiple state initiatives and trends in the state. Additionally, school nurse supervisors will have the opportunity to network with colleagues.

As a result of attending this conference, participants will:

- gain additional knowledge in health promotion of school nursing services;
- gain additional knowledge in state-mandated immunization regulations; and
- gain additional knowledge in the role of school health services in school reform.

Register online at www.registereastconn.org.

Click on the event title. You will need to input your four-digit PIN number and a valid Purchase Order (P.O.) number from your school. Note: If you will be paying by a personal check and not using a P.O., you will receive an invoice via e-mail to send in with your check.

If you have questions regarding registration, or have difficulty using the online form, e-mail conferenceoffice@eastconn.org, or call 860-455-1533.

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Connecticut State Department of Education
Bureau of Health/Nutrition, Family Services
and Adult Education
25 Industrial Park Road, Middletown, CT

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...Keeping CT School Nurses
Informed and Involved!

Nondiscrimination Statement

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