

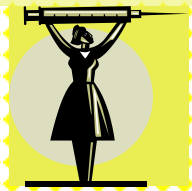
# THE SCHOOL NURSE BULLETIN

Stephanie G. Knutson, MSN, RN School Health Consultant



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## Welcome back!

*Welcome back to the 2011-12 school year! I hope that your summer was restful and enjoyable. As you face the excitement of “first days back,” and welcoming new and returning students and colleagues, I would like to thank you in advance for the important work that you are prepared to do in ensuring that all students are safe, healthy and ready to learn. I look forward to working with you again this year. Again, welcome back and have a great school year!*

*Stephanie Knutson, School Health Consultant  
Connecticut State Department of Education*

## School Health Services Resources

The Connecticut State Department of Education's *Health Promotion Services/School Nurse Program* provides consultation to school nurses, school nurse leaders, school administrators and the community regarding the health and safety of students. This consultation and technical assistance includes addressing the provisions of health services during the school day and the promotion of health and wellness activities that support student achievement. Professional development programs are periodically organized to further assist and support school nurses. The *Health Promotion Services/School Nurse Web site* is located at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2678&q=320768>.



The Centers for Disease Control and Prevention (CDC) *School Health Service Resources (SHSR)* is a user-friendly Web tool to help school health professionals and other school district staff locate all of CDC's school health services resources in one location. SHSR covers a wide range of school health topics, grouped under the following categories:

- wellness and preventative care;
- chronic health conditions;
- mental health conditions;
- episodic/acute conditions and diseases; and
- health disparities.

SHSR has CDC fact sheets, protocols, guidelines, research and survey information, and health topic overviews into a centralized, searchable tool. The SHSR Web site is located at <http://www.cdc.gov/healthyyouth/shsr/index.htm>.

Another valuable school health services resource is the National Association of School Nurses (NASN), the expert voice for optimal student health and for professional development of school nurses. NASN supports the health and educational success of children and youth by developing and providing leadership to advance school nursing practice by specialized registered nurses. Their Web site is located at <http://www.nasn.org/Home>.

As you begin preparing for the new school year, please take the opportunity to familiarize yourselves with these resources as they contain valuable information that informs your work.

## Professional Development Opportunities

The Connecticut State Department of Education  
Presents:

### Fall 2011 School Nurse Supervisor Conference

This activity will provide school nurse supervisors with information on multiple state initiatives and trends in the state. Additionally, school nurse supervisors will have the opportunity to network with colleagues. Final agenda will be forwarded to registrants in September.

As a result of attending this conference, participants will:

- gain additional knowledge in health promotion of school nursing services;
- gain additional knowledge in state-mandated immunization regulations; and
- gain additional knowledge in the role of school health services in school reform.

**Date:** Wednesday, September 28, 2011

**Time:** 8:30 a.m. – 3:30 p.m.

**Location:** Crowne Plaza Cromwell, Cromwell, Connecticut

**Cost:** \$45.00 per person

**CEUs:** 0.6

**Registration:** Online at [www.registereastconn.org](http://www.registereastconn.org)



The Connecticut State Department of Education  
Presents:

### New School Nurse Workshop - Parts 1 & 2

This program will provide an overview of state laws and regulations regarding school health. The program will also address standards of practice for school nurses, competencies, and supervisory issues. Finally, the program will present an overview of the school nurse's role in student achievement, special education and Section 504.



As a result of attending these sessions, participants will:

- understand state laws and regulations regarding school health;
- learn state mandates for immunizations, health assessments and screenings;
- learn about the school nurse's role in academic achievement;
- learn about documentation in school health services; and
- become knowledgeable about special education and Section 504 issues related to school health.

**Dates:** November 3 and December 6, 2011

**Time:** 8:30 a.m. – 3:30 p.m.

**Location:** The Rensselaer at Hartford, Connecticut

**Cost:** \$50.00 per person

**CEUs:** 1.2

**Registration:** Online at [www.registereastconn.org](http://www.registereastconn.org)

## Professional Development Opportunities, Cont'd

Connecticut Nurses' Association  
Presents:

### Special Children – Special Health Needs: Children in Foster Care

**Learn about:**

- the foster/adoption child's experience;
- the special health care needs of all children in Department of Children and Families (DCF)
- supporting the health of foster/adoption children in early childhood programs for best outcomes; and
- DCF resources to support children and early childhood programs.

**Who should attend:** Health, Nurses, Education, Birth to Three and Mental Health Consultants

**Date:** Thursday, August 4, 2011

**Time:** 9:00 a.m. -12:00 p.m.

**Location:** Meriden Department of Health, 65 Miller Street, Meriden, Connecticut

**Registration:** online at [www.ctnurses.org](http://www.ctnurses.org) (click on [Child Care Health Consultants/Child Care Nurses](#))

**Cost:** \$20.00 per person (consultants bring your directors for a reduced fee of \$5.00)

**Contact:** Kimberly Sandor at [K.sandor@comcast.net](mailto:K.sandor@comcast.net)

Connecticut Children's Medical Center  
Presents:

### Stumbling Blocks to Pediatric Wellness

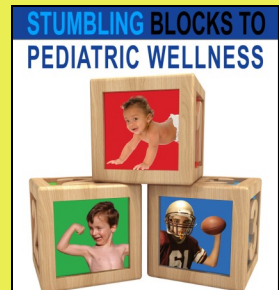
**Topics include:**

Environmental Toxins; Concussions; Cyber-Bullying; Recreational Drug Use; Childhood Obesity; Anorexia; and Anxiety and Depression.

**Date:** Friday, October 21, 2011

**Location:** Keeney Memorial Cultural Center, 200 Main Street, Wethersfield, Connecticut 06109

**Registration:** Online at [www.connecticutchildrens.org/pediatricwellness](http://www.connecticutchildrens.org/pediatricwellness)



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...Keeping CT School Nurses  
Informed and Involved!

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