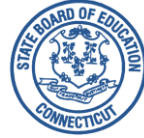




STATE OF CONNECTICUT  
DEPARTMENT OF EDUCATION



**TO:** Superintendents of Schools  
**FROM:** Ajit Gopalakrishnan, Chief Performance Officer  
**DATE:** April 26, 2016

**SUBJECT:** Increased Flexibility for the Connecticut Physical Fitness Assessment

The Connecticut State Department of Education (CSDE) is pleased to offer the following flexibility to high schools regarding the administration and reporting of the Connecticut Physical Fitness Assessment results, which are used for Indicator 11 in the next generation accountability system. The next generation accountability system can be accessed here:

<http://www.sde.ct.gov/sde/cwp/view.asp?a=2683&Q=334346>

- Effective 2016-17, the expectation is that high school(s) must administer the physical fitness assessment at least once to every student *anytime* during Grades 9 through 12.
- The administration of the assessment does not necessarily need to be tied to student participation in a physical fitness class.
- High schools may also use summer school physical fitness courses as an opportunity to administer the assessment.
- For accountability purposes, the CSDE will continue to use the Grade 10 enrollment numbers to calculate the estimated participation rate.

We hope that these flexibilities will afford greater local control and decision-making on the most appropriate way to administer the Physical Fitness Assessment to meet the needs of students.

High schools may choose to continue to administer the Physical Fitness Assessment to Grade 10 students. However, please note that the assessment offers age-based criterion-referenced standards, so the assessment in high school need not be limited to only students in Grade 10.

These standards are available at:

[http://www.sde.ct.gov/sde/lib/sde/pdf/curriculum/phys\\_ed/fitness\\_guide/HR\\_Fitness\\_Standards.pdf](http://www.sde.ct.gov/sde/lib/sde/pdf/curriculum/phys_ed/fitness_guide/HR_Fitness_Standards.pdf).

The requirement to administer the Physical Fitness Assessment and report results for students in Grades 4, 6, and 8 remains unchanged. For more information about physical education curriculum or the Physical Fitness Assessment please contact Bonnie Edmondson at [bonnie.edmondson@ct.gov](mailto:bonnie.edmondson@ct.gov). For questions about the ED165 data collection, please contact Raymond Martin at [raymond.martin@ct.gov](mailto:raymond.martin@ct.gov).