

State of Connecticut Office of Health Care Access CON Determination Form Form 2020

All persons who are requesting a determination from OHCA as to whether a CON is required for their proposed project must complete this Form 2020. The completed form should be submitted to the Director of the Office of Health Care Access, 410 Capitol Avenue, MS#13HCA, P.O. Box 340308, Hartford, Connecticut 06134-0308.

SECTION I. PETITIONER INFORMATION

If this proposal has more than two Petitioners, please attach a separate sheet, supplying the same information for each Petitioner in the format presented in the following table.

	Petitioner	Petitioner
Full Legal Name <i>Dr. LARA COWELL Gaghen</i>		
Doing Business As <i>Peace of Mind Orthopedic Injury Services, INC.</i>		
Name of Parent Corporation <i>Peace of Mind Orthopedic Injury Services, INC.</i>		
Petitioner's Mailing Address, if Post Office (PO) Box, include a street mailing address for Certified Mail <i>PO Box 247 47 Terry Rd Cheshire CT 06412</i>		
What is the Petitioner's Status: <input checked="" type="radio"/> P for profit and <input type="radio"/> NP for Nonprofit	<i>501(c)(3) NP</i>	<i>Approved 8-28-2013</i>
Contact Person at Facility, including Title/Position: This Individual at the facility will be the Petitioner's Designee to receive all correspondence in this matter.	<i>Dr. LARA C. Gaghen CEO/President Mailing address: PO Box 247</i>	<i>5-9-2013</i>

*Proposed clinical site:
1587 Boston Post Rd UNIT
31
Westbrook CT, 06498
located at Water Edge Street*

*47 Terry Rd.
Cheshire CT 06412*

Contact Person's Mailing Address, if PO Box, include a street mailing address for Certified Mail @Home:	PO Box 447 47 Ferry Rd Chester CT 06412
Contact Person's Telephone Number	(860) 575-5489
Contact Person's Fax Number	NONE
Contact Person's e-mail Address	Kara.gagnon@braveninvas.org

SECTION II. GENERAL PROPOSAL INFORMATION

- a. Proposal/Project Title: Peace & War Trauma Injury Services
Wellness Center
- b. Estimated Total Project Cost: \$ Financially Attached - Remuneration
approx: \$150,000.00
- c. Location of proposal, identifying Street Address, Town and Zip Code:
1587 Poston Post Road Unit B-1 Westbrook CT 06498
- d. List each town this project is intended to serve:
State of CT: Mansfield, New York, Rhode Island
services: wounds, veterans: children
- e. Estimated starting date for the project: Signing lease for March
clinic slated to open: June 4th

SECTION IV. PROPOSAL DESCRIPTION

Please provide a description of the proposed project, highlighting each of its important aspects, on at least one, but not more than two separate 8.5" X 11" sheets of paper. At a minimum each of the following elements need to be addressed, if applicable:

1. If applicable, identify the types of services currently provided and provide a copy of each Department of Public Health license held by the Petitioner. none the plan is attached
2. Identify the types of services that are being proposed and what DPH licensure categories will be sought, if applicable. Attached
3. Identify the current population served and the target population to be served.

None yet

see mission attached.

SECTION V. AFFIDAVIT

(Each Petitioner must submit a completed Affidavit.)

Petitioner: Dr. KAVIA C Gagnon

Project Title: Peace & Youth ~~State~~ Injury Services
Haven's Community Wellness Center

I, Dr. KAVIA C Gagnon (Name) (Position CEO or CFO)

Peace & Youth ~~State~~ Injury Services, INC.
of _____ being duly sworn, depose and state that the
(Organization Name)

information provided in this CON Determination form is true and accurate to the best of my knowledge.

[Signature] _____ Date 1-29-15
Signature _____ Date
KAVIA C. Gagnon

Subscribed and sworn to before me on January 29, 2015

Tanya L. Young
Notary Public/Commissioner of Superior Court

Tanya L. Young
Notary Public
State of Connecticut
My Commission Expires on
Date: 10-31-18

My commission expires: 10/31/18

PEACE OF MIND

BRAIN INJURY SERVICES
FOR BRAVEMINDS

Mission:

Peace of Mind Brain Injury Services, Inc. is a national nonprofit organization dedicated to improving the lives of United States military personnel, veterans and civilians who have sustained a brain injury or suffer from Post traumatic Stress (PTS).

With a special focus on the caregivers and families of these individuals, we will provide services, resources, programs and build a supportive community aimed at identifying and meeting their needs while raising awareness about the continuous struggles and sacrifices of these brave minds.

Critical Statistics:

“53% of post-9/11 military caregivers have no caregiving network, no individual or group that regularly provides help with caregiving, in support of them”

“In the past decade a quarter of a million servicemen and women have suffered concussions. Tens of thousands, no one is quite sure of the figure, have sustained lasting brain injuries.”

“We estimate 1,900,498 IEF or OEF veterans or service members are currently relying on caregiving support; 294, 640 are also caregivers to other adults themselves.”

Ramchand, Rajeev, Terri Tanielian, Michael P. Fisher, Christine Anne Vaughan, Thomas E. Trail, Caroline Epley, Phoenix Voorhies, Michael Robbins, Eric Robinson and Bonnie Ghosh-Dastidar. Hidden Heroes: America's Military Caregivers. Santa Monica, CA: RAND Corporation, 2014. http://www.rand.org/pubs/research_reports/RR499. Also available in print form.

Founder:

Dr. Kara Gagnon cared for blinded, visually impaired and brain injured veterans and active duty personnel at VA CT Healthcare System for 18 years. She has held an Assistant Professor position at Yale Medical School Department of Ophthalmology for the past 15 years, teaching medical students.

Dr. Gagnon has received seven national Commendations from the Department of Veterans Affairs for her work on the national level in the arena of brain injury and visual impairment, specifically: advocating for mild brain Injury screening tools and measures; agreeing upon and writing standards of care in the treatment of brain injury; writing policy to accommodate these standards; initiating white papers for continued research in this arena.

She has received numerous other awards for her advocacy on the national and regional levels, for brain injured and visually impaired veterans and civilians.

First Braveminds Community Wellness Center, Westbrook CT at Waters Edge Inn and Resort Shops**Critical Dates:**

Kick off Fundraiser: April 2nd

Ribbon Cutting: June 4th

Braveminds Community Wellness Center Clinical Services:**Mental Health Therapy**

Individual, Couples, Family, Group Sessions

Stress Management

Transcendental Meditation

Art, Music, Horticulture Therapies

Yoga, Reiki, Chair Massage

Acupuncture

Journaling

Nutritional Counseling

Caregivers Kitchen Cooking Demonstrations

Monthly Recipes and Shopping Lists

Life Management Supports

Financial Counseling

Legal Counseling

Vocational Rehabilitation Counseling

Schedule Management

Vision Rehabilitation

Acquired Brain Injury Vision Examination & Treatment

Low Vision/Visual Impairment Specific Examination & Treatment

Services, Continued:

Advocacy Support

Via Departments of Defense and Veterans Affairs

Via Veteran Service Organizations

Via Non-profit Partners

Via Foundation Partners

Educational Offerings:

PTS Management

Positive Parenting around PTS

Migraines and Brain Injury

Visual Consequences of Brain Injury

Nutrition and Brain Healing

Short-term Memory Deficit Strategies

Staying Healthy in the Midst of Chaos

Know How and When to Reach Out For Help

Understanding TBI and PTSD

Concussion or Mild Brain Injury which is it?

Treatment Standards of Care

Research Breakthroughs

Humor:

Braveminds Girlfriends in Caregiving

Future Potential Clinical Sites:

We are currently looking to partner with organizations and foundations in the following cities, establishing our future Braveminds Wellness Centers:

Westbrook CT

Virginia Beach VA

San Diego CA

Seattle WA

Annapolis MD

Fayetteville NC

Jacksonville FL

Fort Hood TX

Chicago IL

Current Potential Collaborating Partners:

David Lynch Foundation

Level: National Program Director the Executive Director

Apple

Level: The National Director of Disabilities

Bank of America/US Trust

Level: Management directly reporting to the CEO

USAA

Level: Corporate Responsibility Project Manager and I have spoken numerous times in 2014 and are speaking about a follow-up meeting in February of 2015.

Collaborating Partners, Continued:

Eugene Grant Foundation:

Level: Working directly with Mr. Eugene Grant

Aetna:

Level: Management directly reporting to the CEO

Travelers:

Level: Director of Philanthropy

Others include:

Medlinda and Bill Gates Foundation

Family Dollar Store

Starbucks

The Elizabeth Dole Foundation

The Gary Sinise Foundation

Northwestern Mutual

Alcon

AT&T

JP Morgan

CT Politicians who have engaged with POM thus far:

Congresswoman Rosa D'Lauro

Endorsed Peace of Mind and helped to get the approval of the 501©(3) fast tracked

Senator Art Linares

Has attended and spoken at our first Fundraiser

We have met with:

Senator Richard Blumenthal

We have reached out to:

Congressman Joseph Courtney

Contact information



Kara Cowell Gagnon, OD FAAO
CEO/President

.....
Peace of Mind Brain Injury Services
1587 Boston Post Road • Unit B1
Westbrook, CT 06498
.....

kara.gagnon@braveminds.org

[860-575-5489](tel:860-575-5489)

www.braveminds.org

PEACE *of* MIND

BRAIN INJURY SERVICES
FOR BRAVEMINDS



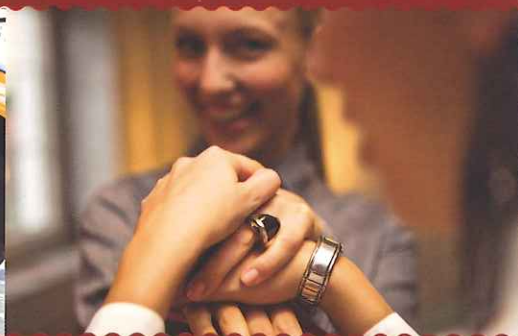
“53% of post-9/11 military
CAREGIVERS
*have no caregiving network,
no individual or group that
regularly provides help with
caregiving, in support of them.”*

— From *Hidden Heroes:
America's Military Caregivers*
A RAND Corporation Research Report
(Ramchand, Tanielian, Fisher et al., 2014*)

OUR MISSION:

Peace of Mind Brain Injury Services, Inc. is a national nonprofit organization dedicated to improving the lives of United States military personnel, veterans and civilians who have sustained a brain injury or suffer from Post Traumatic Stress Disorder (PTSD).

WITH A SPECIAL FOCUS ON THE CAREGIVERS AND FAMILIES of these individuals, we will provide services, resources, programs and build a supportive community aimed at identifying and meeting their needs while raising awareness about the continuous struggles and sacrifices of these brave minds.



*In the past decade
A QUARTER OF A
MILLION SERVICEMEN
AND WOMEN
have suffered concussions.
Tens of thousands, no one
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*"We estimate
1,900,498 OIF
or OEF veterans or service
members are currently relying
on caregiving support;
294,640 are also caregivers
to other adults themselves."*

— From *Hidden Heroes:
America's Military Caregivers*
A RAND Corporation Research Report
(Ramchand, Tanielian, Fisher et al., 2014*)

ESTABLISHING A SUPPORTIVE COMMUNITY

Peace of Mind Brain Injury Services, Inc. understands the challenges that come with the diagnosis of brain injury and/or PTSD. Our unique team of board members, advisors, directors, staff and volunteers is dedicated to improving the quality of life for not only the wounded, but their caregivers and loved ones who share the burden. We do this because many of us have walked in the same shoes and made similar sacrifices. Through valuable tools, programs and services like the Caregiver Toolkit, Caregiver Wellness Conferences, seminars and a strong social media and internet presence, we are able to reach across the country offering resources in mental health, stress management, nutrition, holistic health, financial and legal planning, organization and general well being. By doing this, we are also connecting people with common struggles and building a community of "Braveminds" who support one another.

PROMOTING WHOLE HEALTH

Peace of Mind Wellness Centers will provide individual, group and family services. Everything from therapies (psychological, family, art, music, horticultural), exercise (yoga, meditation), education (nutritional, vocational) to vision rehabilitation serving to enhance quality of life among caregivers, family members and those they care for.

COLLABORATIVE CLINICAL RESEARCH

As Peace of Mind Brain Injury Services, Inc. grows, we will initiate research efforts focusing on: the early diagnosis of mild brain injury; and various modalities of rehabilitation of the brain injured patient. These initial efforts will establish the protocol for future collaborative research efforts with academic affiliates and leaders in the field while raising awareness.

MAKING AN IMPACT

- long overdue acknowledgement of caregivers and the vital role they play in the healing process
- connecting those who suffer from brain injury and/or PTSD, their caregivers and children across the country
- providing resources and services to improve quality of life for individuals, caregivers and the family as a whole
- raised awareness of brain injury and PTSD, and their effects on one's daily life
- advocacy for coordination of care and a wide array of support services
- shaping future research efforts



TO DONATE AND MAKE A DIFFERENCE
VISIT BRAVEMINDS.ORG,
EMAIL KARA.GAGNON@BRAVEMINDS.ORG
OR CALL 860.575.5489.

* Ramchand, Rajeev, Terri Tanielian, Michael P. Fisher, Christine Anne Vaughan, Thomas E. Trail, Caroline Epley, Phoenix Voorhies, Michael Robbins, Eric Robinson and Bonnie Ghosh-Dastidar. *Hidden Heroes: America's Military Caregivers. Santa Monica, CA: RAND Corporation, 2014.* http://www.rand.org/pubs/research_reports/RR499. Also available in print form.

Peace of Mind Brain Injury Services Inc, is an approved 501(c)(3). Section 501(c)(3) status, is retroactive to date of incorporation (May 9, 2013).

ABOUT DR. KARA C. GAGNON, FOUNDER & CEO

"her action just begins to capture the extraordinary passion, selfless drive and complete and utter commitment to serve"... "brings the diverse experiences, perspectives and communication skills essential for positive change"...
"the national leader in designing programs and educating eye care providers... in the visual rehabilitation of patients with Acquired Brain Injury"...
"spent the past five years passionately advocating for the soldiers returning with vision problems from traumatic brain injury" ... "her experience, expertise, passion and intelligence will be valuable assets to patients and providers"

PEACE of MIND
BRAIN INJURY SERVICES
FOR BRAVEMINDS



www.facebook.com/pages/Braveminds/1409819522629016

47 Ferry Road • Chester CT 06412 • 860.575.5489 • kara.gagnon@braveminds.org

braveminds.org

Greer, Leslie

From: Hansted, Kevin
Sent: Thursday, February 05, 2015 8:10 AM
To: Greer, Leslie
Subject: FW: Determination 15-31975-DTR

Leslie please add the below to the record.

Thank you,

Kevin T. Hansted
Staff Attorney
Department of Public Health
Office of Health Care Access
410 Capitol Ave., MS #13HCA
P.O. Box 340308
Hartford, CT 06134
Phone: 860-418-7044

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From: kara.gagnon@braveminds.org [<mailto:kara.gagnon@braveminds.org>]
Sent: Thursday, February 05, 2015 7:28 AM
To: Hansted, Kevin
Subject: Re: Determination 15-31975-DTR

I have not yet pursued this process at all, but at some point down the road I'm hoping to partner with the VA and State to support this population of patients. I honestly don't know when I will be able to get that initiated. There are many other priorities at this time.

Thank you Mr. Hansted.

With much gratitude,
Kara

Sent from my iPhone

On Feb 5, 2015, at 7:16 AM, Hansted, Kevin <Kevin.Hansted@ct.gov> wrote:

Thank you Dr. Gagnon. Do you intend to enter into contracts with the state or Department of Veterans Affairs? If so, has that process been started?

Kevin T. Hansted
Staff Attorney
Department of Public Health

Office of Health Care Access
410 Capitol Ave., MS #13HCA
P.O. Box 340308
Hartford, CT 06134
Phone: 860-418-7044

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From: kara.gagnon@braveminds.org [<mailto:kara.gagnon@braveminds.org>]
Sent: Thursday, February 05, 2015 7:10 AM
To: Hansted, Kevin
Subject: Re: Determination 15-31975-DTR

Dear Mr. Hand red:

Thank you for your speedy request of follow up information, this is much appreciated!

We do not yet have contracts with the state or Department of Veterans Affairs. The licensing we would like to pursue is outpatient mental health related: psychology; social work; psychiatry. We will be offering holistic health measures also: yoga; reiki etc

I hope this is of help, my cell: (860) 575-5489. If I have not answered you sufficiently.

With Much a Gratitude,
Kara

Sent from my iPhone

On Feb 4, 2015, at 3:04 PM, Hansted, Kevin <Kevin.Hansted@ct.gov> wrote:

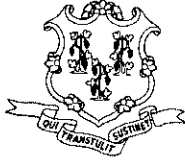
Dear Dr. Gagnon,

I am in receipt of your determination request with respect to Peace of Mind Brain Injury Services, Inc. Please let me know what license you will be requesting from the State of Connecticut Department of Public Health. Also, do you have a contract with or certified to provide a service for a state agency?

Thank you,

Kevin T. Hansted
Staff Attorney
Department of Public Health
Office of Health Care Access
410 Capitol Ave., MS #13HCA
P.O. Box 340308
Hartford, CT 06134
Phone: 860-418-7044

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STATE OF CONNECTICUT
DEPARTMENT OF PUBLIC HEALTH
Office of Health Care Access

February 5, 2015

Dr. Kara C. Gagnon
CEO/President
Peace of Mind Brain Injury Services, Inc.
47 Ferry Road
Chester, CT 06412

RE: Certificate of Need Determination Report Number 15-31975-DTR
Establishment of a New Health Care Facility

Dear Dr. Gagnon:

On February 4, 2015, the Office of Health Care Access ("OHCA") received your Certificate of Need ("CON") Determination request on behalf of Peace of Mind Brain Injury Services, Inc. ("Petitioner") with respect to the establishment of a new facility in Westbrook, Connecticut.

The Petitioner is seeking an outpatient mental health facility license and wishes to establish a nonprofit facility in Westbrook, Connecticut that will provide services to individuals who have suffered a brain injury or suffer from Post Traumatic Stress. The Petitioner will also focus on the caregivers and families of these individuals. Specifically, the Petitioner will offer the following services: mental health, stress management, nutrition, holistic health, financial and legal planning, organization and general well being. The Petitioner does not have a contract with, or certified or licensed to provide a service for, a state agency or department.

Pursuant to Conn. Gen. Stat. § 19a-638(a)(1), a certificate of need is required for the "establishment of a new health care facility". Conn. Gen. Stat. § 19a-630(10) defines a health care facility as "... (G) mental health facilities...". The Petitioner's facility will provide mental health services. As a result, the Petitioner's proposed facility fits within the definition of a health care facility. Consequently, a **CON is required** for the Petitioner's proposal.

Sincerely,

Kimberly R. Martone
Director of Operations

C: Rose McLellan, License and Applications Supervisor, DPH, DHSR

An Equal Opportunity Provider

(If you require aid/accommodation to participate fully and fairly, contact us either by phone, fax or email)

410 Capitol Ave., MS#13HCA, P.O.Box 340308, Hartford, CT 06134-0308
Telephone: (860) 418-7001 Fax: (860) 418-7053 Email: OHCA@ct.gov

Olejarz, Barbara

From: Olejarz, Barbara
Sent: Thursday, February 05, 2015 10:35 AM
To: 'kara.gagnon@braveminds.org'
Cc: Hansted, Kevin; Martone, Kim
Subject: Determination
Attachments: 31975.pdf

Tracking:

Recipient

Delivery

'kara.gagnon@braveminds.org'

Hansted, Kevin

Delivered: 2/5/2015 10:35 AM

Martone, Kim

Delivered: 2/5/2015 10:35 AM

2/5/15

Attached is OHCA's determination regarding Report Number 15-31975-DTR, Establishment of a New Health Care Facility.

Barbara K. Olejarz

Administrative Assistant to Kimberly Martone

Office of Health Care Access

Department of Public Health

410 Capitol Ave., MS#13HCA

Hartford, CT 06134

Phone: 860 418-7005

Email: Barbara.olejarz@ct.gov

