## M. Jodi Rell Governor

## STATE OF CONNECTICUT

## OFFICE OF HEALTH CARE ACCESS

CRISTINE A. VOGEL COMMISSIONER

May 14, 2009

Judith A. Bell VP of Quality and Medical Services Liberation Programs, Inc. 4 Elmcrest Terrace Norwalk, CT 06851

RE: Certificate of Need Determination; Report Number 09-31370-EXM
Liberation Programs, Inc.
CON Exemption Request Pursuant to Section 19a-639b, C.G.S.
Establish Psychiatric Outpatient Clinic for Adults in Bridgeport and Stamford

Dear Ms. Bell:

On May 11, 2009, the Office of Health Care Access ("OHCA") received your request for an exemption from the Certificate of Need ("CON") process, pursuant to Section 19a-639b of the Connecticut General Statutes ("C.G.S."), to establish outpatient psychiatric treatment services for adults in Bridgeport and Stamford, Connecticut.

Upon review of the information contained in your request, OHCA makes the following findings:

- 1. Liberation Programs, Inc. ("LP") is a non-profit organization providing substance abuse treatment at various locations in Connecticut.
- 2. Liberation Programs, Inc. is proposing to establish psychiatric outpatient treatment services for adults at the following locations:
  - Liberation Programs, Inc., 399 Mill Hill Avenue, Bridgeport, and
  - Liberation Programs, Inc., 125 Main Street, Stamford.
- 3. The Department of Mental Health and Addiction Services ("DMHAS"), in a letter received May 5, 2009, from Assistant Commissioner Paul J. Di Leo, MS, FACHE, recommends an exemption under Section 19a-639b, C.G.S. for Liberation Programs, Inc. to provide psychiatric outpatient treatment services for adults at the two sites noted above.

- 4. DMHAS states that Liberation Program, Inc., a DMHAS funded agency will provide mental health outpatient treatment programs for adults with co-occurring substance use and psychiatric disorders. The mental health outpatient treatment programs will serve adults in the Southwest Region and are located at: 399 Mill Hill Avenue, Bridgeport with psychiatric assessments for 493 clients and will provide medication management for 197 clients; and at 125 Main Street, Stamford with psychiatric assessments for 329 clients and will provide medication management for 132 clients.
- 5. There is no capital expenditure associated with this proposal.

Based on the above findings, OHCA has determined that Liberation Programs, Inc.'s request to establish outpatient psychiatric treatment services for adults at the two locations listed above meets the exemption requirements of Section 19a-639b of the Connecticut General Statutes and, therefore, is exempt from OHCA's CON process. Termination of these services would require CON approval, pursuant to Section 19a-638, C.G.S.

Thank you for providing information to OHCA regarding this proposal. If you have any questions concerning this letter, please contact Paolo Fiducia, Associate Health Care Analyst, Certification, Financial Analysis and Forecasting, at (860) 418-7001.

Sincerely,

Cristine A. Vogel Commissioner

C: Paul J. Di Leo, MS, FACHE, Assistant Commissioner, DMHAS Sandra Bauer, Licensing Examination Assistant, DPH, FLIS Al Bidorini, Director, OPAS, DMHAS Donna C. Stimpson, Planning Specialist, DMHAS

CAV:pf