



M. JODI RELL
GOVERNOR

STATE OF CONNECTICUT
OFFICE OF HEALTH CARE ACCESS

CRISTINE A. VOGEL
COMMISSIONER

July 25, 2008

Elizabeth E. Moore
Chief Operating Officer
Silver Hill Hospital
208 Valley Road
New Canaan, CT 06840

Re: Certificate of Need Determination, Report Number 08-31151-DTR
Silver Hill Hospital
Proposal to Establish an Adolescent Transitional Living Program

Dear Ms. Moore:

On May 2, 2008, the Office of Health Care Access (“OHCA”) received the Certificate of Need (“CON”) Determination request filed by you on behalf of Silver Hill Hospital (“Hospital”) concerning the Hospital’s proposal to establish an adolescent transitional living program with no associated capital expenditure. On June 12, 2008, OHCA received the Hospital’s responses to completeness questions. Upon review of the information provided by the Hospital OHCA finds the following:

1. Silver Hill Hospital (“Hospital”) is a not-for-profit Hospital for Mentally Ill Persons located at 208 Valley Road, New Canaan, Connecticut. The Hospital has no satellite locations.
2. The Hospital is licensed by the State of Connecticut Department of Public Health to have a maximum of 129 licensed beds. The beds are located in six separate houses on the campus in New Canaan. After the conclusion of its current Main House renovation project, the bed configuration at the Hospital will be:

<u>Location</u>	<u>Number of Beds and Service</u>
Acute Care Unit	18 closed acute psychiatric beds for adults
Main House	22 open acute psychiatric beds for adults on the first two floors 10 closed acute psychiatric beds for adolescents on the third floor
Hill House	7 transitional beds for adult men and women
Barrett House	14 transitional beds for adult women
Scavetta House	19 transitional beds for adult men
River House	12 transitional beds for adult men and women
Total Beds	102 beds

3. A Hospital for Mentally Ill Persons¹ is a “psychiatric facility which primarily offers medically directed inpatient services for the diagnosis, treatment, care, protection, and rehabilitation, as indicated, of individuals admitted with psychiatric disorders.”
4. Treatment² by a Hospital for Mentally Ill Persons means services “related to the reduction of disability or discomfort, amelioration of signs and symptoms and changes in specified physical, mental, or social functioning.”
5. The Hospital proposes to use a recently renovated unit, The Lodge, to open a 14-bed adolescent transitional living program (“program”).
6. The program will provide services to adolescents aged 13 to 17 who require treatment beyond a short-term acute care hospitalization. The program is designed for a length of stay of 28 days, or more, if clinically indicated.
7. The program will admit adolescents with psychiatric and substance use disorders. Patients may be referred from other treatment providers. It is expected that some adolescents will transfer from the existing adolescent inpatient unit at the Hospital.
8. The program will include: individual, group, and family therapy; pharmacotherapy; hospital-based model of schooling; and psychiatric treatment.
9. Staff will include a board certified child and adolescent psychiatrist, social workers, counselors, nurses, a recreation therapist, and ancillary support staff.
10. There is no associated capital expenditure for the proposal.

Based on the above findings, OHCA has determined that the proposal of Silver Hill Hospital to establish an adolescent transitional living program at 208 Valley Road, New Canaan, does not represent the introduction of an additional function or service, pursuant to Section 19a-638 of the Connecticut General Statutes. Silver Hill Hospital currently offers acute and sub-acute services, including transitional services, under its Hospital for Mentally Ill Persons license. Also, the additional 14-bed program will bring the number of staffed beds to 116, less than Silver Hill Hospital’s licensed bed capacity. Therefore, CON approval is not required from OHCA to establish the adolescent transitional living program.

¹ As defined by the Department of Public Health Regulation 17-227-14a A.

² As defined by the Department of Public Health Regulation 17-227-14a Q.

If you have any questions regarding the above, please contact Laurie Greci, Associate Research Analyst, at (860) 418-7001.

Sincerely,

Signed by Commissioner Vogel on July 25, 2008

Cristine A. Vogel
Commissioner

CAV:lkq

Copy: Rose McLellan, License and Applications Supervisor, DPH, DHSR