



STATE OF CONNECTICUT
OFFICE OF HEALTH CARE ACCESS

M. JODI RELL
GOVERNOR

CRISTINE A. VOGEL
COMMISSIONER

August 31, 2006

John D. Habif
Director of Quality Management
Rushford Center, Inc.
384 Pratt Street
Meriden, CT 06450

RE: Certificate of Need Determination; Report Number 06-30794-EXM
Rushford Center, Inc.
CON Exemption Pursuant to Section 17a-678, C.G.S.
Consolidation of Rushford Center Residential Facilities for the Care or Treatment of
Substance Abusive or Dependent Persons

Dear Mr. Habif:

The Office of Health Care Access ("OHCA") is in receipt of your request for exemption from the Certificate of Need ("CON") process, pursuant to Section 17a-678 of the Connecticut General Statutes ("C.G.S."), to consolidate its intermediate treatment program at 325 Main Street in Portland and intensive treatment program at 1250 Silver Street in Middletown.

Upon review of the information contained in the request, OHCA finds the following:

1. Rushford Center, Inc. ("RCI") is a non-profit facility that provides substance abuse outpatient services at various locations in Connecticut.
2. RCI is proposing to consolidate its substance abuse residential intermediate treatment facilities at 43 St. Casimir Drive, Meriden (8 beds) and 1250 Silver Street, Middletown (18 beds) to a new site at 325 Main Street, Portland for a capacity of 26 intermediate beds. The new location will provide gender-specific treatment to better serve the unique needs of men and women with a substance use disorder.
3. RCI is also proposing to consolidate its substance abuse residential intensive treatment facility at 325 Main Street, Portland (24 beds) with its existing intensive residential program at 1250 Silver Street, Middletown (18 beds). This restructuring will result in an overall capacity of 42 beds at the applicant's 1250 Silver Street, Middletown. This

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indicates that 24/7 medical monitoring will be provided to reduce risk and consequences of adverse events of clients in post acute withdrawal.

4. RCI is also proposing the termination of substance abuse treatment outpatient services connected to intensive residential services at 325 Main Street, Portland. The outpatient services are offered to clients enrolled in the intensive residential program as a step-down continuum of care. With the transition of the Portland facility's intensive beds to the Middletown facility, outpatient step-down services will continue to be available to intensive residential clients through an existing outpatient license at the applicant's Middletown facility.
5. The Department of Mental Health and Addiction Services ("DMHAS"), in a letter dated August 24, 2006, from Deputy Commissioner Peter B. Rockholz, M.S.S.W., grants an exemption under CGS Section 17a-678 for Rushford Center, Inc. to a) open a new 26-bed substance abuse residential intermediate treatment at 325 Main Street in Portland consolidating current beds from its 43 St. Casimir Drive, Meriden and 1250 Silver Street, Middletown facilities, b) expand from 18 to 42 substance abuse residential beds at its 1250 Silver Street in Middletown, reflecting the 18 beds previously located at the applicant's Portland facility, and c) consolidate substance abuse outpatient services from its Portland facility to its Middletown facility.
6. DMHAS states that RCI in this reconfiguration proposes no reduction in the overall service capacity or client population currently served.
7. The total capital expenditure associated with the proposal is \$125,225.

Based on the above findings, OHCA has determined that Rushford Center, Inc.'s request to consolidate its intermediate treatment program at 325 Main Street in Portland and intensive treatment program at 1250 Silver Street in Middletown meets the exemption requirements of Section 17a-678 of the Connecticut General Statutes and, therefore, is exempt from OHCA's CON process.

Thank you for providing information to OHCA regarding this proposal. If you have any questions concerning this letter, please contact Paolo Fiducia, Associate Health Care Analyst, Certification, Financial Analysis and Forecasting, at (860) 418-7001.

Sincerely,

Signed by Cristine A. Vogel
Commissioner

C: Peter B. Rockholz, M.S.S.W., Deputy Commissioner, DMHAS
Sandra Bauer, Health Processing Technician, DPH, DCBR
Al Bidorini, Director, OPAS, DMHAS
Donna C. Stimpson, Planning Specialist, DMHAS

CAV:pf

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