



STATE OF CONNECTICUT
OFFICE OF HEALTH CARE ACCESS

M. JODI RELL
GOVERNOR

CRISTINE A. VOGEL
COMMISSIONER

July 27, 2006

Cher A. Shannon
Director Substance Abuse Services
Family Counseling Center, Inc.
121 Mount Pleasant Road
Newtown, CT 06470

RE: Certificate of Need Determination; Report Number 06-30695-EXM
Family Counseling Center, Inc.
CON Exemption Pursuant to Section 19a-639b, C.G.S.
Establish Substance Abuse Outpatient Treatment Program for Adults in Newtown

Dear Ms. Shannon:

The Office of Health Care Access ("OHCA") is in receipt of your request for exemption from the Certificate of Need ("CON") process, pursuant to Section 19a-639b of the Connecticut General Statutes ("C.G.S."), to establish a substance abuse outpatient treatment program for adults at 121 Mount Pleasant Road in Newtown.

Upon review of the information contained in the request, OHCA finds the following:

1. Family Counseling Center, Inc. ("FCC") is a non-profit facility that currently provides psychiatric outpatient services to children and adults at 121 Mount Pleasant Road in Newtown, Connecticut.
2. FCC is proposing to establish a substance abuse outpatient treatment program for adults at 121 Mount Pleasant Road in Newtown.
3. The Department of Mental Health and Addiction Services ("DMHAS"), in a letter dated July 24, 2006, from Deputy Commissioner Peter B. Rockholz, M.S.S.W., recommends an exemption under CGS Section 19a-639b for Family Counseling Center, Inc. to provide substance abuse outpatient services for adults and children.

4. DMHAS states that FCC will serve the Bethel, Brookfield, Danbury, Newtown, New Fairfield, Redding and Ridgefield area. FCC currently provides outpatient psychiatric services to 354 unduplicated clients (118 children and 236 adults). The facility estimates that 66% of all existing mental health cases have a primary or secondary substance use disorder with an average of 20-30 cases on the waiting list. The facility anticipates serving approximately 60 substance abuse clients during the first full year of operation.
5. The total capital expenditure associated with the proposal is \$0.

Based on the above findings, OHCA has determined that Family Counseling Center, Inc.'s request to establish a substance abuse outpatient treatment program for adults and children at 121 Mount Pleasant Road in Newtown meets the exemption requirements of Section 19a-639b of the Connecticut General Statutes and, therefore, is exempt from OHCA's CON process. Termination of these services would require CON approval, pursuant to Section 19a-638, C.G.S.

Thank you for providing information to OHCA regarding this proposal. If you have any questions concerning this letter, please contact Paolo Fiducia, Associate Health Care Analyst, Certification, Financial Analysis and Forecasting, at (860) 418-7001.

Sincerely,

Signed by Cristine A. Vogel
Commissioner

C: Peter B. Rockholz, M.S.S.W., Deputy Commissioner, DMHAS
Sandra Bauer, Health Processing Technician, DPH, DCBR
Al Bidorini, Director, OPAS, DMHAS
Donna C. Stimpson, Planning Specialist, DMHAS

CAV:pf