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Dear Ms. Bennett,

A request for the change of status from Statutory Recognition to Full licensure and the updating of the existing Scope of Practice and Standards of Practice for Nuclear Medicine Technologists in Connecticut

Connecticut General Statutes, Sections 19a-16d through 19a-16f, inclusive, establish a process for the submission and review of requests from health care professions seeking to revise or establish a scope of practice prior to consideration by the General Assembly.

Pursuant to this request, the following responses are being submitted.

1. a plain language description of the request;

The request is for a change in status from Statutory Recognition to Full Licensure legislation of technologists in the field of Nuclear Medicine. This request includes minimum standards for education, both didactic and clinical, continued education and national certification requirements. This is also a request for the updating of the existing Scope of Practice and Standards of Practice for Nuclear Medicine Technologists in Connecticut.

2. public health and safety benefits that the requestor believes will occur if the request is implemented and, if applicable, a description of any harm to public health and safety if it is not implemented;

With the granting of this legislation, minimum standards of qualifications and patient care will protect the public by establishing a standard of care to be provided by Connecticut's Nuclear Medicine professionals. Lack of these standards could have a detrimental effect on Patient Safety and a financial impact due to substandard and repeat procedures.

3. (NEW) the impact that the requestor believes the request will have on the profession's ability to obtain or expand third party reimbursement for the services provided by the profession;

Having licensure granted will have an even more positive impact on third party reimbursement because it will demonstrate to these parties that not only are the Nuclear Medicine Technologists educated and fully qualified to perform their duties but that the State of

Connecticut has moved to license this field and guarantee that these technologists have fulfilled the requirements laid out by their profession and the State.

4. the impact of the request on public access to health care;

There would be a no impact on public access to health care. It will improve the quality of care for the public due to the fact that the Nuclear Medicine professional practicing in the State of Connecticut will have met the criteria required to perform Nuclear Medicine procedures. This will improve the confidence of the public in those imaging professionals who are providing them with the quality of care the public deserves.

5. a brief summary of state or federal laws governing the profession;

In 2013, the state of Connecticut granted the Nuclear Medicine community practicing in Connecticut the designation of Statutory Recognition. Although this was a step forward it did not achieve the licensure of the profession, which is needed so the field of Nuclear Medicine can be fully recognized and governed by state regulations. There are no formal Connecticut laws governing the practice of Nuclear Medicine and Molecular Imaging. There are approximately 37 states, with more in the legislative process, that do regulate and license Nuclear Medicine Technologists.

6. the state's current regulatory oversight of the profession;

There is no Connecticut regulatory oversight for Nuclear Medicine Technologists practicing in this state. There is a Scope of Practice, dated 2011 and Standards of Practice on file with the State of Connecticut.

7. all current education, training, and examination requirements and any relevant certification requirements applicable to the profession;

There are no Connecticut State mandated education, training or certification requirements for Nuclear Medicine Technologists performing diagnostic imaging. In Chapter 376, governing Radiographers and Radiation Therapists there are educational and certification requirements listed but not mandated by the State of Connecticut. Licensing would mandate these educational, both clinical and didactic and certification(s) requirements.

However, based on the requirements laid out in the Nuclear Medicine Scope of Practice and Standards of Practice on file with the State, there are educational and didactic requirements listed along with relevant certifications applicable to the profession that most imaging institutions follow.

These certifications are required by the Nuclear Medicine credentialing organizations, the Nuclear Medicine Technology Certification Board (NMTCB) and the American Registry of Radiologic Technologists (ARRT). Again, most imaging institutions require these certifications.

8. a summary of known scope of practice changes requested or enacted concerning the profession in the five years preceding the request;

The updated Scope of Practice, dated 2017, will include any new technologies developed since

the 2011 Scope of Practice and any new requirements to perform all new studies developed. The field of Medical Imaging is always evolving as required by new medical procedures and new developments in the field of medicine and patient care. This revised Scope of Practice for Nuclear Medicine Technologists would have a minimal direct impact on any existing relationships within the health care delivery system. The continued use of and updating of the existing Scope of Practice would provide the qualified Nuclear Medicine professional with a State of Connecticut guideline for the performance of their medical imaging services. It also provides the non-professional with a direction for becoming a properly qualified Nuclear Medicine technologist.

9. the extent to which the request directly affects existing relationships within the health care delivery system;

The establishment of a license and the updating of the Scope of Practice and Standards of Practice for Nuclear Medicine Technologists would have a minimal direct impact on any existing relationships within the health care delivery system. The establishment of a medical imaging license for Nuclear Medicine will allow the technologists to share in the same the recognition and oversight from the state that other imaging modalities current possess.

10. the anticipated economic impact of the request on the health care delivery system;

There would be minimal to no economic impact on the healthcare delivery system. There would be a revision or new information related to any new requirements to perform all existing or new studies developed, which will also include new technologies. As the health care delivery systems continue to improve, the Nuclear Medicine Technologists will also improve, as is evident in this newly revised Scope of Practice and Standards of Practice and the establishment of a Nuclear Medicine state license.

11. regional and national trends in licensing of the health profession making the request and a summary of relevant scope of practice provisions enacted in other states;

There are approximately 37 states nationally, and some in the legislative process, that require a state license for Nuclear Medicine Technologists to perform their duties. Within the New England states all but Connecticut require licensing. Regionally both New York and New Jersey require Nuclear Medicine Technologists to be licensed. Their Scopes of Practice and Standards of Practice documents mirror that of the revised national Society of Nuclear Medicine and Molecular Imaging, which has been provided along with this request.

12. identification of any health care professions that can reasonably be anticipated to be directly affected by the request, the nature of the impact, and efforts made by the requestor to discuss it with such health care professions; and

The establishment of a license and the request for a revised Scope of Practice and Standards of Practice is a reasonable step for the advancement of Nuclear Medicine in the State of Connecticut. The license and the Scope of Practice and Standards of Practice parallel those of the sister modalities involved in the field of Medical Imaging. Because of this similarity, the impact and effect on the other Medical Imaging modalities would be minimal. There has been communication and positive support from the Connecticut Society of Radiology Technologists

and the Radiological Society of Connecticut for past changes. More recently we have communicated about a technical change in Chapter 376c, which was positive. There have been other conversations about more changes but have not come to a resolution with the physicians. Agreement has been made to continue these conversations.

13. a description of how the request relates to the health care profession's ability to practice to the full extent of the profession's education and training.

The establishment of this license and the updating of the Scope of Practice and Standards of Practice will enhance the Connecticut Nuclear Medicine Technologists in the performance of their duties and their service to the patient. It will provide the necessary validation of the education and training received by the qualified and certified technologist. It will also provide to the patient the reassurance they need in knowing that the Nuclear Medicine Technologist performing their study is qualified and educated as defined and sanctioned by the State of Connecticut.

Respectfully submitted:

Tony Sicignano

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# Nuclear Medicine Technologist Scope of Practice and Performance Standards

Prepared by: Society of Nuclear Medicine and Molecular Imaging Technologist Section Approved: June 2017

1	Overview of Document
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3 4	This document includes the Scope of Practice and the Performance Standards for health care professionals that, for the purposes of this document, will be referred to as a nuclear
5 6	medicine technologist.
7	The spectrum of responsibilities for a nuclear medicine technologist varies widely across
8	the United States. Practice components presented in this document include what is taught in
9	Nuclear Medicine programs, tested by accrediting organizations, and practiced in the field.
10 11	This document provides a basis for establishing the areas of knowledge and performance for the nuclear medicine technologist.
12	
13 14	The nuclear medicine technologist MUST BE IN COMPLIANCE WITH ALL FEDERAL, STATE, AND INSTITUIONAL GUIDELINES including proper documentation of initial
15 16	and continued competency in those practices and activities.
17	Continuing education is a necessary component in maintaining the skills required to perform
18	all duties and tasks of the nuclear medicine technologist in this ever-evolving field.
19	
20	Limitation of Scope and Disclaimer
21	
22	This document is intended to set forth the standards in important areas of the nuclear
23	medicine technologist's responsibilities. It may not cover all areas which may present
24 25	themselves in actual practice. These standards do not supersede the judgment of the individual nuclear medicine technologist and other healthcare professionals serving the
26 27	patient in light of all of the facts of the individual case. THE SOCIETY OF NUCLEAR MEDICINE AND MOLECULAR IMAGING AND THE SOCIETY OF NUCLEAR
28	MEDICINE AND MOLECULAR IMAGING TECHNOLOGIST SECTION DISCLAIM
29	ALL LIABILITY ARISING FROM USE OF THESE DOCUMENTS.
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31	Overview
32	
33	Nuclear medicine is a medical technology that utilizes sealed and unsealed radioactive
34	materials for diagnostic, treatment, and research purposes. Nuclear medicine instrumentation
35	may be combined with, computed tomography (CT), magnetic resonance imaging (MRI), or
36	other modalities to produce three-dimensional images with or without adjunctive and other
37	imaging medications to enhance the evaluation of physiological processes at a molecular level.
38 39	ievei.
40	Technologist Qualified to Perform Nuclear Medicine Procedures
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42	Under the supervision of an authorized user, the nuclear medicine technologist is
43	responsible for the safe use of ionizing and nonionizing radiation and molecular imaging for
44	diagnostic, therapeutic, and research purposes. The technologist will review the patient's
45 46	medical history to understand the patient's illness, medical issue, and pending diagnostic or treatment procedure; instruct the patient before, during, and following the procedure;

evaluate the satisfactory preparation of the patient before beginning a procedure; and recognize emergency patient conditions and initiate lifesaving first aid when appropriate.

Administrative functions may include supervising other technologists, students, and other personnel; participating in procuring supplies and equipment; documenting laboratory operations; participating in radiation safety protocols and taking an active role in radiation reduction programs; participating in departmental inspections conducted by various licensing, regulatory, and accrediting agencies; participating in departmental quality assurance or quality improvement projects; and participating in scheduling patient procedures.

A certified nuclear medicine technologist is an individual who is registered or certified by the Nuclear Medicine Technology Certification Board (NMTCB), the American Registry of Radiologic Technologists (ARRT), Canadian Association of Medical Radiation Technologists (CAMRT), and/or any other certification board accepted by your state or institution. A certified nuclear medicine technologist is qualified to perform general nuclear medicine procedures, nuclear medicine therapy, nuclear cardiology procedures, nuclear breast procedures, positron emission tomography (PET) procedures, and CT attenuation correction and localization at entry level. An advanced certification in CT through the NMTCB, ARRT, CAMRT, and/or any other certification board accepted by your state or institution qualifies a certified nuclear medicine technologist to perform diagnostic CT. A certified nuclear medicine technologist is qualified to perform PET/MR with training and education in MR.

#### **Education**

Nuclear Medicine Technologists may complete a one- or two- year certificate program, a two-year associate's degree, bachelor's degree or Master's Degree. Didactic courses include but are not limited to the physical sciences, biological effects of radiation exposure, radiation protection, radiation procedures, CT anatomy and physics, the use of radiopharmaceuticals, adjunctive medications, imaging medication, imaging techniques, and computer applications. A structured clinical education component provides experience in the clinical environment. Clinical education is designed to meet the requirements of the certification exams. Graduates of accredited programs are eligible to sit for certification examinations offered by the NMTCB, ARRT, and/or any other certification board accepted by your state or institution. The Joint Review Committee on Education Programs in Nuclear Medicine Technology accredits training programs in nuclear medicine technology.

#### Licensure

Requirements for licensure of all imaging technologists vary from state to state, so it is important that technologists check the requirements of the state in which they plan to work.

#### Certification

Certification is available from the NMTCB, ARRT, and/or any other certification board accepted by your state or institution

#### **Continuing Education**

In addition to the general certification requirements, certified technologists also must

93 94 95 96	complete a certain number of continuing education hours to maintain certification. Continuing education is required because of the frequent technological and radiopharmaceutical innovations.
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98	Code of Ethics
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100	Technologists qualified to perform nuclear medicine procedures are members of the health
101 102 103	care profession and must strive as individuals and as a group to maintain the highest ethical standards by adhering to the <i>Nuclear Medicine Technologist Code of Ethics</i> approved by the <i>Society of Nuclear Medicine and Molecular Imaging Technologist Section</i> (SNMMITS).
104	Society of Tweeten Medicine and Motecular Imaging Technologist Section (SIMMITIES).
105	The principles of the Nuclear Medicine Technologist Code of Ethics as listed below are not
106	laws, but standards of conduct to be used as ethical guidelines by nuclear medicine
107 108	technologists.
109	Principle 1
110	The nuclear medicine technologist will provide services with compassion and respect for
111	the dignity of the individual and with the intent to provide the highest quality of patient
112	care.
113	
114	Principle 2
115	The nuclear medicine technologist will provide care without discrimination regarding the
116	nature of the illness or disease, gender, race, religion, sexual preference, or
117	socioeconomic status of the patient.
118	
119	Principle 3
120	The nuclear medicine technologist will maintain strict patient confidentiality in
121	accordance with state and federal regulations.
122	
123	Principle 4
124	The nuclear medicine technologist will comply with the laws, regulations, and policies
125	governing the practice of nuclear medicine.
126	
127	Principle 5
128	The nuclear medicine technologist will continually strive to improve his or her
129	knowledge and technical skills.
130	
131	Principle 6
132	The nuclear medicine technologist will not engage in fraud, deception, or criminal
133	activities.
134	
135	Principle 7
136	The nuclear medicine technologist will be an advocate for his or her profession.
137	
138	<b>Definitions</b>

**Adjunctive Medication:** Adjunctive medications are defined as those medications used to evoke a specific physiological or biochemical response used in conjunction with diagnostic imaging or therapeutic procedures.

**ALARA:** ALARA is an acronym for "as low as (is) reasonably achievable," which means making every reasonable effort to maintain <u>exposures</u> to <u>ionizing radiation</u> as far below the dose limits as practical. *The NRC definition under 10 CFR Part 20.1003 of ALARA can be found here:* <a href="http://www.nrc.gov/reading-rm/basic-ref/glossary/alara.html">http://www.nrc.gov/reading-rm/basic-ref/glossary/alara.html</a>.

**Authorized User:** A physician licensed to permit the medical use of byproduct material. *The NRC definition under 10 CFR Part 35.2 of an Authorized User can be found here:* //www.nrc.gov/reading-rm/doc-collections/cfr/part /part - .html

**Computed Tomography:** A medical imaging technology that uses a computer to acquire a volume of x-ray-based images, generally reconstructed as two-dimensional (2D) or three- dimensional (3D) pictures of inside the body.

**Diagnostic Imaging:** Diagnostic imaging uses technologies such as x-ray, CT, MR, ultrasound, general nuclear medicine, PET, and single-photon emission computed tomography (SPECT) to provide physicians with a way to look inside the body without surgery.

**Diagnostic Nuclear Medicine:** The use of radioactive materials (called radiopharmaceuticals or radiotracers) to evaluate molecular, metabolic, physiologic, anatomic, and pathologic conditions of the body for the purposes of diagnosis and research.

**Hybrid Imaging:** The combination of imaging technologies that allows information from different modalities to be presented as a single set of images.

**Imaging Device:** A technological apparatus used to produce detailed images of the inside of the body for diagnostic, therapeutic, or research purposes. Examples of these devices include the gamma camera, CT scanner, PET scanner, MR unit, optical imaging detector, and ultrasound device.

**Imaging Medication**: Medication that is administered immediately before or during an imaging procedure and is used only to enhance imaging studies. It includes but is not limited to iodinated contrast and gadolinium.

 **Isotope:** Atoms of a single element that have differing masses. Isotopes are either stable or unstable (radioisotope). Radioisotopes are radioactive: they emit particulate (alpha, beta) or electromagnetic (gamma) radiation as they transform or decay into stable isotopes.

Magnetic Resonance Imaging: Magnetic resonance (MR) imaging is a diagnostic scan

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186 187	that uses high-strength magnetic fields and radio frequency transmission rather than ionizing radiation. MR imaging techniques are used primarily to study anatomy, but a
188 189	special type of MR scan, functional MR imaging (fMRI), can be used to map blood flow for functional studies.
190	
191	Molecular Imaging: Molecular imaging is an array of non-invasive, diagnostic imaging
192	technologies that can create images of physical, functional, and anatomical aspects of
193	the living body at a molecular level. Molecular imaging technologies include, but are not
194	limited to, nuclear medicine, optical imaging, spectroscopy, PET, and SPECT.
195	
196 197	<b>Nuclear Medicine Therapy:</b> The use of radioactive materials (called radiopharmaceuticals or radiotracers) to treat disease processes.
198	
199	<b>Positron Emission Tomography:</b> Positron emission tomography is a medical imaging
200	technology using radiopharmaceuticals emitting positrons that annihilate into two
201 202	photons. These photon pairs are detected by the PET scanner to produce images.
203 204	Radiopharmaceuticals: Radioactive chemicals used to diagnose, treat, or prevent disease.
205	Single Photon Computed Tomography: SPECT imaging uses a gamma camera to
206	acquire multiple 2-D images (projections) from multiple angles. Tomographic
207	reconstruction algorithms are applied to the multiple projections, yielding a 3-D dataset.
208	This dataset may then be manipulated to show thin slices along any chosen axis of the
209	body, similar to those obtained from other tomographic techniques, such as CT, PET and
210	MRI.
211	
212 213	The Scope of Practice
214	The scope of practice in nuclear medicine technology includes, but is not
215	limited to, the following areas and responsibilities:
216	unuca to, the following areas and responsionates.
217	Patient Care: Requires the exercise of judgment to assess and respond to the patient's
218	needs before, during, and following diagnostic imaging and treatment procedures and in
219	patient medication reconciliation. This includes record keeping in accordance with the
220	Health Insurance Portability and Accountability Act (HIPAA).
221	
222	Instrumentation/Quality Control:
223	Involves the operation of:
224	
225	Nuclear medicine and PET imaging systems:
226	With or without sealed sources of radioactive materials, x-ray tubes, or MR
227	systems for attenuation correction, transmission imaging, or diagnostic CT or
228	MR (when appropriately trained and/or credentialed).
229	
230	Non-imaging
231	instrumentation:
232	Dose calibrators

233	Survey instrumentation for exposure and contamination
234	Probe and well instrumentation
235	Ancillary patient care equipment as authorized by institutional policies
236	Infusion systems
237	Radionuclide generators
238	
239	Quality control:
240	The evaluation and maintenance of a quality control program for all
241	instrumentation to ensure optimal performance and stability.
242	
243	<b>Diagnostic Procedures:</b> Requires the utilization of appropriate techniques,
244	radiopharmaceuticals, imaging medications and adjunctive medications as part of a
245	standard protocol to ensure quality diagnostic images and/or laboratory results.
246	Obtains biological samples to perform testing as required for the optimization of
247	patient care and quality of diagnostic procedures.
248	
249	Therapeutic Procedures: Requires the utilization of appropriate techniques,
250	radiopharmaceuticals, and adjunctive medications as part of a standard protocol to ensure
251	proper treatment of the disease process. Obtains biological samples to perform testing as
252	required for the optimization of patient care.
253	
254	Adjunctive Medications: Involves the identification, preparation, calculation,
255	documentation, administration, and monitoring of adjunctive medication(s) used during
256 257	diagnostic imaging, or therapeutic procedures.
258	Imaging Medications: Involves the identification, preparation, calculation, documentation
259	administration, and monitoring of imaging medication(s) used during diagnostic imaging
260	studies.
261	
262	Radiopharmaceuticals: Involves the safe handling and storage of
263	radiopharmaceuticals. This includes, but is not limited to, the procurement,
264	identification, preparation, dose calculation, and administration of
265	radiopharmaceuticals. It also includes all associated documentation and disposal as
266	appropriate.
267	
268	Radiation Safety: Involves practicing techniques that will minimize radiation exposure
269	to the patient, health care personnel, and general public. These include using protective
270	devices, shields, dose reduction, and monitors consistent with ALARA principles.
271	Establishing protocols for managing spills and unplanned releases of radiation.
272	
273	
274	The Clinical Performance Standards
275	The alinical performance standards for the pueless medicine technologist in all de
276	The clinical performance standards for the nuclear medicine technologist include,
277	but are not limited to, the following areas and responsibilities:
278	I Dationt Cara
279	I. Patient Care

#### A. A nuclear medicine technologist prepares the patient by:

- 1. Verifying patient identification, date of last menstrual period, pregnancy or breastfeeding status (and alerting the authorized user if there are concerns about possible pregnancy), and written orders for the procedure.
- 2. Assuring study appropriateness based on indication and patient symptoms. Consulting with the authorized user and/or referring physician whenever the request is called into question.
- 3. Obtaining a pertinent medical history, including medications and allergies, and confirming the patient's candidacy for the procedure.
- 4. Ensuring that any pre-procedural preparation has been completed (e.g., fasting, diet, hydration, glucose levels, voiding, bowel cleansing, and suspension of interfering medications).
- 5. Ensuring that informed consent has been obtained and witnessed, as prescribed by the institution, whenever necessary.
- 6. Properly explaining the procedure to the patient and/or family and, where appropriate, to the parent and/or legal guardian, and when necessary, obtaining the assistance of an interpreter or translator. This includes, but is not limited to, patient involvement, length of study, radiation safety issues, and post-procedure instructions.

#### B. A nuclear medicine technologist provides patient care by:

- 1. Assuring comfort and care to the patient prior to, during, and following a procedure. This includes, but is not limited to, the use and monitoring of intravenous lines (i.e., central lines, peripherally inserted central catheters (PICC)), oxygen supplies, and drains. This also includes the operation of blood pressure cuffs, electrocardiogram (ECG) machines, pulse oximeters, glucometers, intravenous pumps, and oxygen delivery regulators as authorized by institutional policies.
- 2. Inserting and monitoring peripheral intravenous catheters.
- 3. Nuclear Medicine Technologists administer radioactive, adjunctive, and imaging medications. This includes, but is not limited to, the following: oral, intravenous, intramuscular, intradermal, subcutaneous, inhalation.
- 4. Monitoring patients who are under minimal sedation in accordance with the American Society of Anesthesiologists [ASA] guidelines for conscious sedation and per institutional guidelines and documenting during the monitoring period.
- 5. Collecting specimens and performing pertinent laboratory procedures. Performing in vitro diagnostic testing laboratory analyses as required by established protocols. Additionally, performing in vitro diagnostic testing laboratory procedures to measure the biodistribution of radiopharmaceuticals.
- 6. Establishing and maintaining proper communication with patients (i.e., proper introduction, appropriate explanation of procedure, etc.).
- 7. Maintaining a professional demeanor at all times to assure the preservation of patients' rights, resulting in the provision of the highest-quality patient care possible.
- 8. Following recognized infection control practices to provide a safe and sanitary working environment for patients and the general public.
- 9. Recognizing and responding to an emergency situation at a level commensurate with one's training and competency, including cardiopulmonary resuscitation

- 326 (CPR); the use of automatic external defibrillators (AED), if applicable; advanced cardiac life support (ACLS); and advanced pediatric life support (PALS).
  - 10. Recognizing, responding to, reporting, and documenting adverse events.

- C. A nuclear medicine technologist performs administrative procedures by:
  - 1. Maintaining an adequate volume of medical/surgical supplies, imaging medications, adjunctive medications, radiopharmaceuticals, storage media, and other items required to perform procedures in a timely manner.
  - 2. Scheduling patient procedures appropriate to the indication and in the proper sequence.
  - 3. Maintaining appropriate records of administered radioactivity, quality control procedures, patient reports, and other required records.
  - 4. Developing and revising, when necessary, policies and procedures in accordance with applicable regulations.
  - 5. Actively participating in total quality management/continuous quality improvement programs (i.e., age-specific competencies, patient education, and patient restraint and immobilization).
  - 6. Complying with licensing standards and institutional policies. The nuclear medicine technologist involved with research must also follow Institutional Research Board protocols, comply with Institutional Animal Care and Use Committee, and Food and Drug Administration standards.

#### II. Instrumentation/Quality Control

A. A nuclear medicine technologist evaluates equipment performance, initiates corrective action when necessary, and maintains required records for the quality control program of gamma camera imaging systems, PET systems, hybrid imaging systems, CT, and/or MR in accordance with applicable regulations, accrediting agencies, and recommendations from camera manufacturers. Responsibilities include but are not limited to:

- Identifying system-specific quality control requirements by following recommended initial acceptance quality control procedures and daily, weekly, monthly, quarterly, and annual quality control procedures to evaluate allowable parameter ranges for uniformity, photon detection/discrimination, spatial resolution, scatter correction, count loss, measurement of random interactions, sensitivity, dead-time loss, and random count correction accuracy as recommended by the manufacturer, and required by institutional and accreditation policies.
- 2. Recognizing image artifacts requiring imaging system correction and performing corrections and quality assurance.
- 3. Performing and evaluating sinogram acquisition or other routine quality control procedures to evaluate detector integrity.
- 4. Performing imaging system quality assurance is based upon recommendations from the physicist, service engineer, and/or camera manufacturer. It includes, but is not limited to:
  - a. Obtaining uniformity images on imaging detectors.
    - i. Selecting a radionuclide source of appropriate type, size, quantity, and energy.

372		ii. Selecting an appropriate pulse height analyzer (PHA), photopeak,
373		and window.
374		iii. Obtaining uniformity images using standardized imaging
375		parameters.
376		iv. Evaluating the images qualitatively and/or
377		quantitatively in comparison to the manufacturer's
378		specifications and the performance requirements based
379		on the studies for which the unit is used.
380		v. Identifying the source of any significant nonuniformity
381		(e.g., checking collimator and PHA peak setting).
382		vi. Initiating corrective action when necessary.
383	b. Po	erforming a detector linearity evaluation on imaging detectors.
384		i. Selecting a radionuclide, selecting a linearity phantom,
385		and obtaining images.
386		ii. Identifying any nonlinear distortion in the
387		image.
388		iii. Determining the source of nonlinearity (e.g., detector—
389		source geometry).
390		iv. Initiating corrective action when necessary.
391	c. Po	erforming spatial resolution checks on imaging detectors.
392		i. Selecting an appropriate radionuclide.
393		ii. Choosing a phantom that is compatible with the
394		specified resolution of the camera.
395		iii. Analyzing the resulting images for degradation of resolution
396		and determining the causes.
397		iv. Initiating corrective action when necessary.
398	d. C	Conducting sensitivity checks on imaging detectors yearly in
399		onjunction with a physicist.
400		i. Selecting a source with an appropriate level of activity and half-
401		life.
402		ii. Ensuring identical geometry, source placement, and
402 403		measurement parameters for repetitive checks.
		•
404 405		iii. Evaluating results.
405 406	a D	iv. Initiating corrective action when necessary.
406		erforming single-photon emission computed tomography (SPECT) quality
407		ontrol procedures based on camera manufacturer recommendations,
408	ın	cluding but not limited to:
409		i. Obtaining a high-count uniformity calibration flood.
410		ii. Obtaining a center-of-rotation calibration to ensure
411		detector alignment.
412		iii. Evaluating reconstruction results of an acquired cylindrical SPECT
413		phantom with contrast and spatial resolution inserts:
414		a. Detector quality control may include but is not limited to
415		the evaluation of system uniformity, sensitivity, linearity
416		and spatial resolution.
417		b. Record and evaluate results according to manufacturer

418		guidelines' institutional and accreditation policy.
419		c. Initiating corrective action when necessary.
420		f. Performing CT system quality assurance based on camera manufacturer
421		recommendations, including but not limited to:
422		i. Daily: Follow camera manufacturers' described warm-up procedure
423		and automatic monitoring, at various tube voltage (kVp) or current
424		(mAs) settings, of the tube output and detector response.
425		ii. Follow camera manufacturers' recommendations: Perform a phantom
426		evaluation to determine tomographic uniformity accuracy of the CT
427		number for water, image noise, and slice thickness.
428		iii. Initiating corrective action when necessary.
429		g. Performing PET or PET/CT system quality assurance based on camera
430		manufacturer recommendations, including but not limited to:
431		i. Acquiring consistent 2D and/or 3D PET images, using appropriate
432		reconstruction techniques, to display sinogram images for QC
433		interpretation.
434		ii. Working in conjunction with medical director or medical
435		physicists verifying CT/AC protocols, including mAs, kVp, pitch,
436		and helical scanning.
437		iii. Initiating corrective action when necessary.
438	5.	Performing radionuclide generator quality assurance, daily and before the use of the
439		generator, to include dose calibrator/generator calibration and parent/daughter
440		breakthrough.
441	6.	Performing infusion device quality control per manufacturer recommendations.
442	7.	Operating imaging systems, storage media, and radiation detection and counting
443		devices, including but not limited to imaging detectors, dose calibrators, survey
444		instruments, scintillation probes, well counters, and data processing and image
445		production devices:
446		a. Maintaining and operating auxiliary equipment used in procedures.
447		b. Actively participating in total quality management/continuous quality
448		improvement programs by:
449		i. Identifying indicators to be analyzed.
450		ii. Gathering and presenting data in appropriate formats, analyzing
451		data, and recommending changes.
452	8.	Operating scintillation probes, well counters, and other laboratory equipment:
453		a. Calibrating a spectrometer with a long–half-life radionuclide source.
454		b. Determining energy resolution.
455		c. Conducting sensitivity and constancy measurements at appropriate
456		energies with a standard, long-lived source Cs-137 or I-129.
457		d. Checking background and determining the cause for levels greater than
458		established normal levels.
459		e. Conducting a chi-square test.
460		f. Maintaining required records for quality control programs in
461		accordance with federal and state regulations and institutional policies.
462		g. Performing glucometer quality assurance using high and low standards.
463	9	Operating survey meters:
. 55	- •	or the series of motors.

a. Ensuring that calibration has been completed within the last 12 months. 464 b. Performing a battery check to verify the meter is operational. 465 c. Performing a check-source test and comparing with previous results. 466 d. Maintaining required records for the quality control program. 467 10. Operating dose calibrator: 468 a. Verifying constancy every day that isotopes are administered to patients, 469 including weekends and on-call hours, and checking channels of the 470 isotopes used that day using a check source with a long half-life. 471 b. Verifying linearity quarterly over the entire range of radionuclide activity 472 to be administered to patients, comparing calculated activities to measured 473 activities, and determining correction factors when necessary. 474 Determining accuracy annually by comparing a set of known activities to 475 measured activities using isotopes of varying energy emissions such as 476 Co-57, Ba-133, and Cs-137. 477 c. Upon installation, testing for significant geometric variation in activity 478 measured as a function of sample volume or configuration and 479 480 determining correction factors when necessary. d. Maintaining required records for the quality control program in 481 accordance with federal and state regulations and institutional policies. 482 483 11. Operating image processors/computer monitors: a. Verifying the calibration of the instrument. 484 b. Maintaining required records for the quality control program. 485 486 **III. Diagnostic Procedures** 487 A. A nuclear medicine technologist performs imaging procedures by: 488 489 1. Determining appropriate imaging parameters. a. Preparing (see Section V.C.), evaluating, and properly administering the 490 prescribed amount of various radiopharmaceuticals, adjunctive 491 medications, and/or imaging medications. 492 b. Selecting the appropriate imaging or data collection parameters. 493 2. Administering radiopharmaceuticals, adjunctive medications, and/or imaging 494 medications through various routes (including but not limited to oral, intravenous, 495 intramuscular, intradermal, subcutaneous, inhalation) in accordance with 496 established protocols and verifying that the radiopharmaceutical meets quality 497 specifications prior to administration (i.e., expiry time, pH, half-life, etc.). 498 3. Administering radiopharmaceuticals, adjunctive medications, and imaging 499 medications: 500 a. Verifying patient ID according to institutional policy. 501 b. Determining route of administration according to established protocol. 502 c. Establishing and/or verifying venipuncture access using aseptic technique. 503 d. Using and maintaining established venous access routes (e.g., heparin 504 505 infusion or, infusion pump, peripherally inserted central catheter (PICC), and central line). 506 e. Reconciling patient medications according to institutional policy to ensure 507

that the patient's current medications will not interact with the

radiopharmaceutical, adjunctive medications, and imaging medications

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510		used for the ordered exam.
511		f. Preparing (see Section IV.C.) and administering adjunctive medications
512		and imaging medications per the appropriate route.
513		g. Documenting medications and/or radiopharmaceutical administrations in
514		the patient medical record in accordance with federal and state regulations
515		and institutional policies.
516		h. Observing the patient carefully after any administration for side effects,
517		and handling such side effects appropriately as described in established
518	4	policies or as directed by medical staff.
519	4.	Positioning the patient and obtaining images:
520		a. Verifying energy peak on NM cameras.
521		b. Waiting an appropriate time following the administration of a
522		radiopharmaceutical, adjunctive medication, or imaging medication to
523		begin the imaging procedure protocol, and acquiring additional views as
524		necessary to optimize information content.
525		c. Exercising professional judgment in positioning a patient to best
526		demonstrate pathology and to adapt to the patient's limitations.
527		d. Positioning the patient using supportive materials and immobilizers, as
528		necessary.
529		e. Indicating appropriate anatomic landmarks for each view of the
530		procedure.
531		f. Reviewing images to ensure that the required information has been
532		acquired and that the images have been processed properly and are of
533		the highest quality.
534	5.	Assisting in exercise and pharmacologic cardiac testing procedures:
535		a. Preparing patients to include the correct placement of ECG electrodes.
536		b. Determining if the appropriate test has been ordered based on the ECG
537		rhythm, medical history, and current medications.
538		c. Recognizing and responding to ECG changes.
539		d. Recognizing the parameters that indicate termination of a cardiac stress
540		study.
541		e. Recognizing ECG patterns that are appropriate for image gating.
542	6.	Performing data collection, processing, and analysis:
543		a. Performing data collection, processing, and analysis in accordance with
544		institutional protocols.
545		b. Exercising independent judgment in selecting appropriate images for
546		processing.
547		c. Obtaining quantitative measurements such as SUV, coronary flow reserve,
548		kinetic modeling, regional brain analysis, biliary and cardiac ejection
549		fractions, and renal function, as appropriate for the procedure performed.
550		d. Defining regions of interest (ROIs) with reproducible results and correctly
551		applying background subtraction.
552		e. Performing computer data manipulations as required.
553		f. Labeling processed images (e.g., anatomical positioning, ROIs, date, and
554		time).
555		g. Archiving to and retrieving data from storage media.
JJJ		5. Thom ving to and retire ving data from storage friedra.

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- B. A nuclear medicine technologist may perform non-imaging in vitro and/or radioassay studies by:
  - 1. Operating laboratory equipment, including well counters, probes, and other detection devices to measure the biodistribution of radiopharmaceuticals.
  - 2. Preparing doses:
    - a. Quantitating doses:
      - i. Calculating and confirming the activity to be used
      - ii. Calculating the volume necessary to deliver activity for the prescribed dose.
      - iii. Preparing standard solutions or dosage for phantom use as needed using appropriate volumetric or gravimetric techniques to dilute the standard per institutional protocol.
  - 3. Collecting appropriate biological specimens for procedures using standard precaution techniques as required by protocol:
    - a. Collecting blood samples:
      - i. Selecting proper supplies (e.g., needles, syringes, evacuated tubes, or anticoagulants).
      - ii. Identifying and verifying the patient and labeling patient demographics on collection containers.
      - iii. Performing venipuncture at appropriate intervals using aseptic technique.
      - iv. Adding hemolyzing compounds or anticoagulants to samples according to protocol.
      - v. Centrifuging blood and separating blood components, according to protocol.
      - vi. Storing aliquots of serum, plasma, or whole blood according to protocol.
    - b. Collecting urine samples by:
      - i. Instructing the patient and/or nursing staff regarding the correct method and time of urine collection.
      - ii. Aliquoting the urine sample and measuring total urine volume.
      - iii. Measuring the specific gravity of urine, if required.
      - iv. Recognizing and documenting all technical circumstances that would produce invalid results
  - 4. Gathering, validating, and documenting data:
    - a. Subtracting room background or patient background from appropriate samples.
    - b. Applying appropriate formulas, including conversion and dilution factors.
    - c. Calculating results according to the procedure used.
    - d. Plotting a graph, if necessary, and determining half time by extrapolating to zero time.
    - e. Reporting both calculated values for a patient and normal range of specific procedures used.
    - f. Evaluating results for potential error.
  - 5. Managing biohazardous, chemical, and radioactive waste in accordance with

applicable state and federal regulations and institutional policy.

#### IV. Adjunctive Medications

A nuclear medicine technologist displays:

A. A thorough understanding and knowledge of indications, contraindications, warnings, precautions, proper use, drug interactions, and adverse reactions for each adjunct medication to be used.

- B. The ability to procure and maintain adjunctive medications and supplies by:
  - 1. Anticipating and procuring a sufficient supply of medications for an appropriate period in accordance with anticipated need.
  - 2. Storing medications and supplies in a manner consistent with labeled product safeguards and established institutional policies.
  - 3. Identifying and properly disposing of expired medications.

- C. The ability to properly prepare and administer adjunctive medications under the supervision of an authorized user by:
  - 1. Employing aseptic technique for manipulation of sterile products and preparations.
  - 2. Selecting and preparing adjunctive medications.
  - 3. Confirming the quality of an adjunctive medication in accordance with accepted techniques and official standards.
  - 4. Documenting the administered dose, date, and time of all adjunctive medications in a permanent medical record.
  - 5. Observing the patient for possible complications (e.g., adverse reactions) of adjunctive medication administration, and handling such complications appropriately in conjunction with other available staff.

#### V. Imaging Medications

A nuclear medicine technologist displays:

A. A thorough understanding and knowledge of indications, contraindications, warnings, precautions, proper use, drug interactions, and adverse reactions for each imaging medication to be used.

- B. The ability to procure and maintain imaging medications and supplies by:
  - 1. Anticipating and procuring a sufficient supply of medications for an appropriate period in accordance with anticipated need.
  - 2. Storing medications and supplies in a manner consistent with labeled product safeguards and established institutional policies.
  - 3. Identifying and properly disposing of expired medications.

- C. The ability to properly prepare and administer imaging medications under the supervision of an authorized user by:
  - 1. Employing aseptic technique for manipulation of sterile products and preparations.
  - 2. Selecting and preparing imaging medications in accordance with the manufacturer's specifications and institutional policy.

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- 3. Confirming the quality of an imaging medication in accordance with accepted techniques and official standards.
- 4. Documenting the administered dose, date, and time of all imaging medications in a permanent medical record.
- 5. Observing the patient for possible complications (e.g., adverse reactions) of imaging medication administration, and handling such complications appropriately in conjunction with other available staff.

### VI. Radiopharmaceuticals

- A. A nuclear medicine technologist displays a:
  - 1. Thorough knowledge of indications, contraindications, warnings, precautions, proper use, drug interactions, and adverse reactions for each radiopharmaceutical to be used.
  - 2. Thorough knowledge of biochemical and molecular functions that relate to, but not limited to, glucose metabolism, blood flow, brain oxygen utilization, perfusion, and receptor-ligand binding rates.
  - 3. Thorough knowledge of the physiological and biochemical processes that relate to organ system function and anatomy and radiopharmaceutical demonstration of normal and pathologic states.
- B. A nuclear medicine technologist maintains radiopharmaceutical products by:
  - 1. Anticipating and procuring a sufficient supply of radiopharmaceuticals for an appropriate period in accordance with anticipated need and license possession limits.
  - 2. Maintaining security while storing radiopharmaceuticals in a manner consistent with the manufacturer's labeled product safeguards, radiation safety considerations, and established policies.
  - 3. Performing and documenting radiation survey and wipe tests upon receipt of radioactive materials.
  - 4. Recording receipt of radioactive materials in a permanent record.
  - 5. Following Department of Transportation (DOT) regulations and radiation safety guidelines in the transport, receipt, and shipment of radioactivity.
- C. A nuclear medicine technologist properly prepares and administers radiopharmaceuticals under the direction of an authorized user in accordance with all federal and state regulations and institutional policies by:
  - 1. Preparing all sterile radiopharmaceuticals in appropriate environments in compliance with USP and FDA Standards.
  - 2. Following appropriate personnel cleansing and garbing protocols when entering "clean" areas in accordance with USP Standards.
  - 3. Employing aseptic technique, consistent with USP Standards, when mixing and manipulating sterile products
  - 4. Following appropriate USP Standards for beyond-use date (time-of-use) and vial puncture standards.
  - 5. Assembling and maintaining radionuclide generators.
  - 6. Eluting radionuclide generators according to the manufacturer's specification in a

"clean" environment that complies with USP Standards.

- 7. Verifying the radionuclidic purity of generator eluates.
- 8. Selecting and preparing radiopharmaceuticals in accordance with the manufacturer's specifications.
- 9. Measuring the radioactivity of the radiopharmaceutical using a dose calibrator.
- 10. Confirming the quality of a radiopharmaceutical in accordance with accepted techniques and official standards (e.g., radiochemical purity and physical appearance).
- 11. Handling and preparing blood or blood products for labeling and/or labeled blood cells in accordance with established regulations and protocols and in an environment in compliance with USP Standards, and ensuring that when blood products are handled and compounded they are separated from other radiopharmaceuticals.
- 12. Recording use and/or disposition of all radioactive materials in a permanent record:
  - a. Properly storing radiopharmaceutical kits, and radiopharmaceuticals as stated in USP Standards.
  - b. Recording results of radionuclide generator eluates' quality assurance tests to include dose calibrator/generator calibration and radionuclidic purity of eluates.

D. A nuclear medicine technologist is responsible for the identification and labeling of all radiopharmaceutical preparations by:

- 1. Labeling vials and syringes.
- 2. Recording radiopharmaceutical and medication information on a patient's administration form and permanent preparation records.
- 3. Labeling and segregating radioactive waste and recording the information in a permanent record.

E. A nuclear medicine technologist prepares individual dosages under the supervision of an authorized user by:

- 1. Applying radioactive decay calculations to determine the required volume or unit form necessary to deliver the prescribed radioactive dose.
- 2. Selecting and preparing prescribed dosages and entering the information on a patient's administration form and other permanent records.
- 3. Appropriately labeling the dose for administration.
- 4. Checking the dose activity prior to administration in a dose calibrator and comparing this measurement against the shipment documentation.
- 5. Recording use and/or disposition of radioactive materials in a permanent record by properly storing radiopharmaceuticals.

#### VII. Radionuclide Therapy

A. A nuclear medicine technologist properly prepares and/or administers therapeutic radiopharmaceuticals when these agents are part of a standard procedure that is required for treatment under the direct supervision of an authorized user by:

1. Ensuring that the correct radiopharmaceutical and dosage is prepared.

- 741 2. Following the quality management program in effect at the facility in regard to 742 patient identification and verification and the use of therapeutic 743 radiopharmaceuticals.
  - 3. Observing prescribed radiation safety using FDA and USP Standards during the preparation and administration of such treatment.
  - 4. Assisting the authorized user in supplying proper patient care instructions to hospital staff, patient, and/or caregivers.
  - 5. Conducting and documenting radiation surveys of designated patient areas, when indicated.
  - 6. Instructing the patient, family, and staff in radiation safety precautions after the administration of therapeutic radiopharmaceuticals.
  - 7. Coordinating/scheduling pre-/post treatment blood/urine draws and/or imaging.
  - 8. Maintaining all appropriate records.

#### **VIII. Radiation Safety**

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A. A nuclear medicine technologist performs all procedures utilizing ionizing radiation safely and effectively by:

- 1. Maintaining security of radioactive materials.
- 2. Notifying the appropriate authority when changes occur in the radiation safety program.
- 3. Assisting in the preparation of license amendments when necessary.
- 4. Keeping up to date on regulatory changes and complying with all applicable regulations.
- 5. Maintaining required records.
- 6. Posting appropriate radiation signage in designated areas.
- 7. Following federal and state regulations regarding receipt, storage, disposal, and usage of all radioactive materials.
- 8. Recommending the purchase of radiation protection equipment to meet federal and state regulations and institutional policies.
- 9. Packaging and monitoring radioactive material for transport according to federal and state regulations, and keeping accurate records of transfer.
- B. A nuclear medicine technologist follows appropriate radiation protection procedures by:
  - 1. Using personnel monitoring devices (film badges, optically stimulated luminescence [OSL] thermoluminescent dosimeters, etc.).
    - a. Reviewing personnel exposure records in regard to maximum permissible dose limits.
    - b. Taking appropriate measures to reduce exposure.
    - c. Notifying proper authorities of excessive exposure upon discovery/occurrence.
  - 2. Selecting and using proper syringe shields and other shielding configurations to reduce radiation exposure to patients, personnel, and the general public.
  - 3. Using proper shielding and disposal procedures to maximize patient, technologist, and public protection.
  - 4. Working in a safe but timely manner in order to decrease radiation exposure in

- 787 consideration of ALARA guidelines.
  - 5. Reviewing personnel monitoring device readings to determine if radiation exposure can be further reduced.
  - 6. Working in a manner that minimizes potential contamination of patients, technologists, the public, and work areas.

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- C. A nuclear medicine technologist monitors for radioactive contamination at regular intervals or after repairs by:
  - 1. Ensuring that instruments are calibrated.
  - 2. Setting the frequency and locations for surveys and following schedules.
  - 3. Using appropriate survey meters for each type and level of activity.
  - 4. Following federal and state regulations regarding personnel surveys and reporting to the designated authorized user or radiation safety officer.
  - 5. Performing constancy checks on survey meters.
  - 6. Performing wipe tests where applicable.
  - 7. Performing leak tests on sealed sources.
  - 8. Recording data in the required format (e.g., dpm instead of cpm).
  - 9. Evaluating the results of wipe tests and area surveys to determine if action is required.
  - 10. Notifying the radiation safety officer when actions are required.

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- D. A nuclear medicine technologist performs decontamination procedures by:
  - 1. Wearing personal protective equipment as necessary.
  - 2. Restricting access to the affected area and confining a spill.
  - 3. Removing contamination and monitoring the area and personnel, and repeating the decontamination procedure until activity levels are acceptable.
  - 4. Closing off all areas of fixed contamination that are above acceptable levels, shielding the area, and posting appropriate signs.
  - 5. Identifying, storing, or disposing of contaminated material.
  - 6. Maintaining appropriate decontamination records.
  - 7. Notifying the appropriate authority (e.g., radiation safety officer) in the event of possible overexposure or other violations of federal and state regulations and institutional policies.

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- E. A nuclear medicine technologist disposes of radioactive waste by:
  - 1. Maintaining appropriate records.
- 2. Disposing according to license specifications.
  - 3. Maintaining radioactive storage areas.
- 4. Maintaining current Hazmat training records per NRC and Organization of Agreement States (OAS) regulations.
- F. A nuclear medicine technologist participates in programs designed to instruct other personnel about radiation hazards and principles of radiation safety by:
  - 1. Using the following teaching concepts:
    - a. Types of ionizing radiation.
  - b. Biological effects of ionizing radiation.

832		c. Limits of dose, exposure, and radiation effect.
833		d. Concepts of low-level radiation and health.
834		e. Concept of risk versus benefit.
835		f. ALARA
836	2.	Providing appropriate radiation safety measure instructions.
837	3.	Providing proper emergency procedures instruction.
838	4.	Modeling proper radiation safety techniques and shielding in the course of daily
839		duties.
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841	G. An	uclear medicine technologist assists in performing radiation safety procedures
842	associa	ated with radionuclide therapy by:
843	1.	Following the guidelines for administration of therapeutic radiopharmaceuticals
844		and the release of patients administered therapeutic radiopharmaceuticals.
845	2.	Following the guidelines for the release of patients administered radioactive
846		materials.
847	3.	Following the proper procedures for patients requiring hospitalization after
848		administration of therapeutic radiopharmaceuticals.
849	4.	Providing appropriate instruction on radiation safety procedures for patients, care
850		givers, and staff.
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