

**State of Connecticut**  
**State Board of Mental Health and Addiction Services**  
**February 17, 2016**  
**Connecticut Valley Hospital**

**Present:** Chairman John Hamilton, Craig Allen, Peggy Ayer, Kristie Barber, Richard Boer, Sharon Castelli, Deb Dettor, Marcia Dufore, Kathy Flaherty, Ingrid Gillespie, Jennifer Gross, Irene Herden, Juan Hernandez, Marcea Koffsky, Kati Mapa, Kathy Maurer, Marcus McKinney, Pat Mosimann, Bob Painter, Kevin Sevarino, Judith Shaw, Jim Smith, Tom Steen, Phil Valentine, Brian Reignier, Janine Sullivan-Wiley, Margaret Watt

**Excused:** Ismene Petrakis, Sam Ball, Manuel Paris

**DMHAS Staff:** Commissioner Delphin-Rittmon, Deputy Commissioner Nancy Navarretta, Barbara Bugella, Michael Michaud, Mary Kate Mason, Steve DiPietro, Marilyn Duran

**Agenda Item 1: Call to order and introductions**

The meeting was called to order at 2:40 PM by Chairman John Hamilton

**Agenda Item 2: Minutes of previous meetings review and action**

The minutes from the January 20, 2016 meeting were reviewed and accepted.

**Agenda Item 3:**

- **Budget:** Steve DiPietro, DMHAS CFO, talked about the DMHAS budget. The budget is being reduced by approximately \$71 million. Part of the reduction is \$8 million that is related to the medication plan. The reduction is annualized and passed into the 2017 budget. Additionally, there is another \$9 million in lapse funds that is held back from all state agencies at the beginning of each year. It is anticipated the lapses will happen again next year. There is \$17 million we are trying to balance this year that will be annualized into next year. There is a \$15 million reduction to the grants account. There is \$1.2 million deduction related to the consolidation of the Regional Boards and RACs. There is a 5.7% reduction across the board to the DMHAS appropriation. There was \$85 million added to the state employees' social security and pension funds.

**Agenda Item 4:**

- **Medication Assisted Treatment (MAT) in CT Dept. of Corrections (DOC):** Dr. Kathleen Maurer, Medical Director of DOC, did a presentation on MAT for opioids in the DOC. DOC has about 60 licensed addictions counselors; DOC offers an out-patient treatment program in all of the CT prisons and an out-patient life treatment program in the jails; DOC has 3 therapy communities in prison; DOC offers an on-going methadone program in New Haven and Bridgeport.

**Agenda Item 5:**

- **Legislative Update:** Mary Kate Mason said that some DMHAS folks will be testifying on the proposed budget and the Governor's Bill. DMHAS is working on a testimony for HB 5176 AN ACT CONCERNING COMMUNITY RESIDENCES for Friday the 19<sup>th</sup>.
- **Office of National Drug Control Policy (ONDCP) Update:** Commissioner Delphin-Rittmon met with the Director of ONDCP for lunch before the town hall meeting and said he is an advocate for DMHAS and for the opioid issue across the country. He wanted to know if there are any areas we need and want to put forward in Washington, DC. The media report and attention was fairly significant and his presence raises awareness.
- **Smoking Cessation Update:** Ingrid Gillespie said public housing has one year to go smoke-free. Ingrid and Janine Sullivan-Wiley are pulling together a discussion format for April around this topic to provide people with information.

- **Feedback on DMHAS Strategic Objectives:** The commissioner asked for feedback on the draft of the strategic plan and asked folks to continue to send any comments.
- **General Updates/Announcements:**
  - **Region 1:** Region 1 will be sponsoring a screening of a new film called *Healing Voices*; it's a documentary regarding some alternatives to medication from mental health recovery. The world premier is on April 29<sup>th</sup>. For more information go to [healingvoices.com](http://healingvoices.com)
  - **Region 2:** Kristie Barber announced that she and Commissioner Delphin-Rittmon are on the panel for opioid discussion on Friday, 2/19 in East Hampton.
  - **Region 4:** Marcia DuFore informed the board that there will be an opioid forum in New Britain on March 7<sup>th</sup> at CMHA. Mental Health First Aid Training for public safety officers will be held on 2/22/16 in Windsor, CT.
  - **CPN:** Ingrid Gillespie stated they have been working on organizing statewide Opioid Forums. DCP has 18,000 out of 27,000 prescribers that have now signed up for PMP.
  - **CCAR:** Phil Valentine announced CCAR is having a conference on multiple pathways of recovery on May 2<sup>nd</sup> to the 4<sup>th</sup>. Early bird registration is open the link is: <http://www.ccarconference.org/>

#### **Agenda Item 6: Items for future agenda**

- Michael Michaud announced that next month Alice Minervino, from DMHAS, will do a presentation on housing and Jennifer Gross, CEO of Region 3, will do a presentation on the transportation project. In April, CCAR will do a presentation on the national credentialing standards process for sober housing.

#### **Agenda Item 7: Adjournment**

The meeting was adjourned at 4:35 PM.

The next meeting will be held on Wednesday, March 16, 2016 beginning at 2:30 PM in room 217 of CVH Page Hall.