



# RECOVERY REWARDS

*A special plan to help you begin  
your road toward recovery!*

## *Member Handbook*



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## ***Congratulations on starting your journey on the path toward recovery!***

**Recovery Rewards** can assist you on your journey by providing an extra incentive to get and keep you involved in your initial groups and activities that will help you along the path to finding a better, happier and more fulfilling life.

**Recovery Rewards** is totally voluntary. It is entirely your option whether you choose to participate or not. People become more involved in and committed to their recovery and progress when they attend recovery activities, groups and classes regularly and when they remain for the entire duration of the meeting.

Most participants will find **Recovery Rewards** helpful, fun and a great way to start working on their recovery.

### ***What is Recovery Rewards?***

Sometimes people may feel uncertain, anxious, and even a little bit fearful as they begin their recovery journey; these feelings may contribute to people missing meetings, arriving late and/or leaving early all of which slow down their journey. It is often helpful to provide people starting their recovery some small but significant acknowledgements of accomplishment and achievement so that they benefit as much as possible from the positive work that they do.

### ***How does Recovery Rewards work?***

You will receive at each meeting or group:

1. A “green ticket” **if** you arrive for your **Recovery Rewards** group or activity “on time” (which means at or before the time the activity is scheduled to begin).
2. A “blue ticket” **if** you remain until the end of the group.
3. Two “yellow tickets” **if** you arrange your own transportation to and from the activity (e.g., ride from a friend, case manager, bus, TRED, walk, bicycle, etc.).
4. An additional number of “white tickets” based on the number of green, blue and yellow tickets you earned that day **and** the number of consecutive meetings you have attended.

(For example, if you earn three tickets at a meeting and it is the second consecutive meeting you attended, you will end up with six tickets; if you earn four tickets at a meeting and it is the third consecutive meeting you attended, you will end up with twelve tickets).

Therefore if you attend consecutive meetings, you may receive two, three, four, up to five times the number of tickets you earn at each particular meeting. If you miss a meeting, you will start over receiving only the tickets you earn at the meeting when you return, but then you can start increasing the number of tickets again by attending consecutive meetings.

If you know in advance you cannot attend your scheduled recovery meeting due to a scheduling conflict (e.g., doctor’s appointment, court date, other therapeutic meeting, parent-teacher meeting, etc.), you can retain your consistency status by letting your group facilitator know about the conflict one week in advance.

Each ticket is worth one draw from the **Prize Bowl**.

### ***What is the “Prize Bowl?”***

The **Prize Bowl** contains three hundred (750) draws. Right now the draws include:

- One \$100.00 gift card
- Ten \$10.00 dollar gift cards
- 139 \$1.00 prizes
- 600 “Congratulatory Messages”

Drawings from the **Prize Bowl** occur at the end of each meeting and your prizes are awarded “on the spot.”

The more tickets you earn, the more “draws” you receive and the more you increase your chances of winning a prize. For every ten “Congratulatory Messages” you save up, you earn another draw.

Periodically group members will be asked what they would like to win as prizes and their suggestions will be incorporated into the **Prize Bowl**.