

ALCOHOL & DRUG POLICY COUNCIL (ADPC)
Meeting of Tuesday, April 16, 2019
State Capitol, Old Judiciary Room
Hartford, CT
10:00 a.m.

ATTENDANCE

Members/Designees: Charles Atkins, CMHA; Jennifer Chadukiewicz, CCAR; Renee Coleman-Mitchell, DPH; Vanessa Dorantes, DCF; Miriam Delphin-Rittmon, DMHAS; Marcia DuFore NCRMHB; John Frassinelli, DOE; Ingrid Gillespie, CT Prevention Network; David Guttchen, OPM; William Halsey, DSS; Mark Jenkins, GHRC; Shawn Lang, AIDS, CT; Barbara Lanza, Judicial; Hector Maldonado, Wheeler;; Loel Meckel, DMHAS; Amy Mirizzi, DPH; Nancy Navarretta, DMHAS; Gerard O'Sullivan, DOI; William Petit, General Assembly; Surita Rao, UCONN Health; James Rovella, DESPP; Kristina Stevens, DCF; Judith Stonger, Wheeler Clinic;

Visitors/Presenters: Susan Logan, DPH; Ramona Anderson, DPH; Scott Szalkiewics, DCP Drug Control; Yanike Whittingham, DOC; Heather Clinton, DPH; Roderick Marriott, DCP; Suzanne Doyon, CT Poison Center; Marsha Murray, UCONN Health; Joe Lindbeck; Robin Tousey Ayers, DPH; Emily Budnicki, NCRMHB; Willam Buller, ADPC, Francis Kissi, Qualidigm; Kim Karanda, DMHAS; Ana Gopoiian, Tri Circle; Anderson Curtis, Smart Justice; Gabriela Krainer, Family * & Children's Aid

Recorder: Karen Urciuoli

The April 16, 2019 meeting of the Alcohol & Drug Policy Council (ADPC) was called to order at 10:00 a.m. by Commissioner Delphin-Rittmon, DMHAS. The meeting was co-chaired by Commissioner Dorantes, DCF.

Topic	Discussion	Action
Welcome and Introductions	Members of the Council introduced themselves and Commissioner Delphin-Rittmon welcomed all in attendance.	Noted
Review and Approval of Minutes	Minutes were reviewed and approved as written.	Noted
Department of Consumer Protection PDMP Update	<p>Rod Marriott provided the following report regarding the Prescription Monitoring Program</p> <p>The prescription drug monitoring program is an important part of the work the Department of Consumer Protection does to help our providers and pharmacists make the appropriate decisions on care at the point of care. It also helps to yield certain data points in research to help with prescription drug abuse.</p> <p>All of the data reported by the PMP is compiled at specific points in time and captures only data currently entered at that time. The data values may subsequently be updated and may change as over time as those updates occur. Accordingly, quarterly reported data may not perfectly match annually reported data. The data does not contain any information about the diagnosis and does not reflect the use intended by the prescriber.</p> <p>Over the last four years there have been increases in the total number of controlled substance prescriptions, the numbers are a little misleading as a new category of schedule 2 controlled substances called medical marijuana was added. In 2018 the state dispensed 1.3 million prescriptions for medical marijuana. When you remove those prescriptions the total numbers of controlled substance prescriptions are down. In 2018 non-opioid prescriptions have gone up while opioid prescriptions have gone down. Benzodiazepine prescriptions have been declining as well.</p> <p>Physicians are mandated to register with DCP in the PDMP, and are the highest number of registered users. Prescribers are mandated by law to look up a controlled substance prescription greater than a 72 hour supply unless it's a continuous prescription it's once every 90 days. Currently, the system is able to share data with 31 different states.</p>	<p>Informational</p> <p>The full PowerPoint presentation with all it data and graphs is available on the DMHAS ADPC webpage.</p>
Department of Public Health Opioid Overdone Trends: CT Local Health Jurisdictions and Statewide	Susan Logan provided a near real time data presentation. The full presentation with all data and graphs can be found on the DMHAS ADPC webpage.	Informational

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<p>Sub-Committee Reports</p> <ul style="list-style-type: none"> Prevention, Screening and Early Intervention 	<p>Judith Stonger provided the following update:</p> <ul style="list-style-type: none"> Increasing access and the stocking of Naloxone in schools and colleges – SB-1057 is proposing that colleges and universities implement a policy covering the availability and use of opioid agonists, and does require the colleges to maintain a supply of the opioid antagonist and make it available. School Naloxone Survey – will be presented to the conference of school nurse supervisors in May. Data was provided to the regional behavioral health action organizations to follow-up with those schools that requested additional training on opioids and naloxone. Will continue to research what is being done in other states in terms of availability, laws, and survey data. Education in schools – DMHAS is funding the state education resource center CERC through SOR funds to implement opioid education in schools grades K-12. Two districts have been identified, Torrington and Stratford have been chosen to help develop and implement that curriculum. The plans are for the curriculum to be developed by July 1st. and the districts will be trained by September 30th. A new opportunity has been presented to this subcommittee by the State Medical Society. Their addiction medicine committee developed a concept paper on resetting pain expectations. Some of their messages will be implemented in the Change the Script campaign moving forward. DPH recently created a white paper in the work place in terms of education and opioid awareness and strategies in the work place. Will be working closely with DPH on this and will include working with employers and employee assistance programs. The Naloxone and Overdose Response App (NORA) developed by DPH has been released, it has information on opioids, overdose prevention, recognizing signs, and education on Naloxone administration. Looking at strategies to address the impact of the possible legalization of marijuana. On May 2nd there will be a DPH sponsored opioid conference with a spotlight on trauma informed initiatives. Registration is through their training system. National Prevention Week is coming up in May. There will be a May 13th forum at the New Britain Museum of American Art. You can register for the event through the CT Clearing House website. On May 16th there will be a health and wellness fair at the State Capitol. 	<p>Informational</p>
<ul style="list-style-type: none"> Treatment 	<p>Dr. Charles Atkins provide the following update:</p> <ul style="list-style-type: none"> This group is focusing on access and smooth transitions from one level of care to another especially in older adults where barriers to specific forms of treatment exist due to issues with payments through Medicare. This group has reviewed some proposed legislation that will be coming before the legislature. This group has been involved with Lauren Siembab from DMHAS and looking at the new availability of resources both existing and upcoming through the SOR dollars. DPH will be coming up with a combined mental health and substance abuse license which will allow people to have a more truly integrated behavioral health and substance abuse treatment. The bed availability system will be further expanded. On May 2nd DPH will be holding an event that will focus on opioid and trauma; flyers have been provided to those interested. A DATA Waiver training for prescribers only will be held on July 5th at the Women's Consortium. There is going to be a Harm Reduction conference September 12th at the convention center. 	
<ul style="list-style-type: none"> Recovery and Health Management 	<p>Hector Maldonado provided the following update:</p> <ul style="list-style-type: none"> There are currently 3 brand new recovery friendly communities that are identifying themselves as recovery friendly communities; they are Bristol, Enfield, and Stafford Springs for a total of 6 communities that are officially recovery 	<p>Informational</p>

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	<p>friendly. There are currently 8 other communities in progress of adopting the recovery friendly community title. In order to facilitate new discussions with communities they will contact RBHAO directors and will share information to help communities adapt this concept.</p> <ul style="list-style-type: none"> • Will be incorporating some young adults into this subcommittee, they will be coming from the CROSS initiative. One is from Trinity College and the other is from high that is interested in being a part of the subcommittee. • Last week this subcommittee took a tour of Osborne Correctional Facilities graphic design and printing department. They have been working on the RFC logo. The incarcerated citizens were very enthusiastic about working on the project and were grateful to be involved. 	
<ul style="list-style-type: none"> • Criminal Justice 	<p>Barbara Lanza provided the following update:</p> <ul style="list-style-type: none"> • At this subcommittees March meeting, they had a presentation by the Chief States Attorney's Office. They have an Early Screening Initiative where they currently have 6 locations that have a dedicated prosecutor screening low level offenses to determine whether or not the case should be prosecuted. In addition to that there are resource coordinators who can screen and then connect individuals with resources should they need it. It is currently a pilot program. They are getting some promising outcomes where individuals are being connected with care. • The next agenda item for this subcommittee is connection to care and where improvements can be made, initial conversations have already begun. 	Informational
Other Business	<ul style="list-style-type: none"> • Jennifer Chadukiewicz reported that the CCAR Emergency Department Recovery Coach Program goes live a Stamford Hospital the week of April 22nd. • Mark Jenkins reported that GHHRC currently has an initiative where establishments are being encouraged to check their restrooms periodically as many fatal overdoses occur in public restrooms. • Mark Jenkins provided an overview of the harm reduction kits that are being distributed by the GHHRC. • Dr. Petit asked that people take a look at SB 1057 and provide him with any suggestions or concerns. • Shaw Lang reported that Peter Canning from UCONN launched a project with AMR Ambulance Service so that when emergency responders respond to a suspected overdose, whether or not they administer Narcan they call in to Poison Control so they are getting real time data. Dr. Doyon from the CT Poison Control Center noted that beginning July 1st this initiative will be rolled out statewide. 	Informational

NEXT MEETING – Tuesday, June 18, 2019, 10:00 – 12:00, Legislative Office Building, Meeting Room 1D
ADJOURNMENT – April 16, 2019 meeting of the Alcohol and Drug Policy Council adjourned at 12:00 p.m.