



W-982
(Rev 7/16)

STATE OF CONNECTICUT

DEPARTMENT OF SOCIAL SERVICES

PERSONAL CARE ATTENDANT (PCA) REQUEST FOR REFERRAL

The Personal Care Attendant (PCA) program provides personal care assistance (attendant) for **adults aged 18 to 64** who have chronic, severe, and permanent disabilities. This program allows the adult to remain at home as opposed to institutionalization (placement in a long-term care facility, nursing home, etc.). A personal care attendant (PCA) is hired to assist you in performing activities of daily living (ADLs) and stay at home. **There is a waiting list for acceptance into this program.**

Eligibility for PCA is a two part process:

Part 1: Functionally you must have a need for these services. Specifically, you must physically demonstrate that you have **significant need** for hands-on assistance in performing **3 of the 7 core Activities of Daily Living (ADLs)**. These ADLs are outlined below:

- Bathing – need help to properly bath yourself?
- Dressing – need help to properly get dressed?
- Eating/Feeding – need help to properly feed yourself? (This does not mean making or preparing meals.)
- Toileting – need help going to/from toilet and/or properly clean yourself afterwards?
- Transfer – need help to safely transfer in and out of chairs / bed?
- Medication – need help preparing and/or taking your daily medications?
- Behavioral – need daily supervision to keep from harming yourself or others?

Part 2: Financially you must have qualified for Medicaid by the time you start to receive services. You don't have to be within the financial limits of Medicaid while on the waiting list for PCA (see below) but **you must** have applied and qualified for Medicaid by the time your name comes up on the waiting list.

MEDICAID INCOME AND ASSET INFORMATION

Medicaid Monthly Income Limits:

(Federal) Medicaid waiver limit: \$2,199.00 (gross) per month or less

Medicaid Asset Limits:

Individual: \$1600.00 or less

Notice to Married Couples – Under state and federal law, a married couple can protect assets for the spouse who is living at home while the other spouse is either in a nursing home or receiving nursing home level-of-care at home. This process is called a Spousal Assessment. A Spousal Assessment will be provided when you apply for Medicaid.

Income - How DSS Counts Your Monthly Income:

- We count your total (gross) monthly income, before any deductions, including any deductions for Medicare premiums. This includes all income you get on a regular basis, like wages, pension, Social Security, Veteran's benefits and Supplemental Security Income.
- We count only your income, not your spouse's or anyone else's income. Please list only your income and no one else's.

Assets - How DSS Counts All of Your Assets:

- We count all assets owned by you and your spouse. This includes, but is not limited to, real estate not used as your home, non-essential motor vehicles, campers, boats, bank/credit union accounts (savings, checking, CD, IRA, Vacation or Christmas Club), stocks, revocable trust funds, bonds, U.S. Savings Bonds, total cash surrender value of life insurance with a total face value that exceeds \$1,500.00.

We do NOT count the following:

- The house that you use as your (primary) home and its furnishings, your personal belongings (clothes, jewelry) or the vehicle that you use for transportation.
- Certain burial funds - irrevocable up to \$5,400.00 for each person OR revocable up to \$1,800.00. Burial plots: for single individuals, one plot. For married individuals, one plot for each spouse and certain other family members under certain conditions. A plot may include a casket, outer container and opening and closing of the grave. Life insurance policies if the total face value of all policies does not exceed \$1,500.00.

CAREFULLY READ THE NEXT PAGE AND ANSWER ALL OF THE QUESTIONS

