

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Total
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)								
11.4	9.1	9.4	9.2	8.0	8.3	Decreased, 2005-2015	No quadratic change	No change
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)								
29.7	27.3	26.7	25.2	22.2	18.7	Decreased, 2005-2015	No quadratic change	Decreased
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
				9.4	7.4	Decreased, 2013-2015	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †						
2005	2007	2009	2011	2013	2015									
QN12: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)						36.3	29.6	Decreased, 2013-2015	Not available [§]	No change				
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)						6.4	5.5	3.9	6.6	6.6	6.2	No linear change	No quadratic change	No change
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)						7.4	5.5	4.9	5.3	6.8	6.9	No linear change	Decreased, 2005-2009 Increased, 2009-2015	No change
QN17: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club one or more times during the 12 months before the survey)						9.1	7.7	7.0	6.8	7.1	6.7	Decreased, 2005-2015	No quadratic change	No change

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Total Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
32.7	31.4	28.3	25.1	22.4	18.4	Decreased, 2005-2015	Decreased, 2005-2009 Decreased, 2009-2015	Decreased
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
	9.7	7.4	7.3	9.2	7.8	No linear change	Not available [§]	No change
QN22: Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)								
				9.0	8.0	No linear change	Not available	No change
QN23: Percentage of students who experienced sexual dating violence (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)								
				11.1	11.5	No linear change	Not available	No change

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**Total
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)								
			21.6	21.9	18.6	Decreased, 2011-2015	Not available [§]	Decreased
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)								
			16.3	17.5	13.9	Decreased, 2011-2015	Not available	Decreased
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)								
24.8	22.8	25.0	24.4	27.2	26.6	No linear change	No quadratic change	No change
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
15.1	13.1	14.1	14.6	14.5	13.4	No linear change	No quadratic change	No change

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Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)								
12.1	9.8	7.4	6.7	8.1	7.9	Decreased, 2005-2015	Decreased, 2005-2009 No change, 2009-2015	No change

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Total Tobacco Use	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
	2005	2007	2009	2011	2013	2015			
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)									
	18.1	21.1	17.8	15.9	13.5	10.3	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	Decreased
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)									
	7.5	8.9	6.2	5.4	4.1	1.7	Decreased, 2005-2015	Decreased, 2005-2011 Decreased, 2011-2015	Decreased
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)									
	6.1	6.7	4.4	3.8	3.4	1.2	Decreased, 2005-2015	Decreased, 2005-2011 Decreased, 2011-2015	Decreased

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Total Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages								
2005	2007	2009	2011	2013	2015			
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)								
21.3	18.3	17.6	15.6	14.9	10.6	Decreased, 2005-2015	No quadratic change	Decreased
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)								
45.3	46.0	43.5	41.5	36.7	30.2	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)								
27.8	26.2	24.2	22.3	20.0	14.0	Decreased, 2005-2015	Decreased, 2005-2011 Decreased, 2011-2015	Decreased
QN46: Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)								
			34.1	32.5	34.0	No linear change	Not available [§]	No change
QN47: Percentage of students who ever used marijuana (one or more times during their life)								
39.8	38.6	37.6	39.6	42.1	35.4	No linear change	No quadratic change	Decreased

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Total Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages								
2005	2007	2009	2011	2013	2015			
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)						Decreased, 2005-2015	No quadratic change	No change
8.5	8.5	5.8	6.3	7.0	5.8			
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)						No linear change	No quadratic change	Decreased
23.1	23.2	21.8	24.1	26.0	20.4			
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)						Decreased, 2005-2015	No quadratic change	No change
7.8	8.3	5.4	5.0	4.9	4.6			
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)						Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	Decreased
11.1	11.2	10.6	9.0	8.1	6.3			

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Total Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages								
2005	2007	2009	2011	2013	2015			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)								
4.3	4.1	3.2	2.9	3.4	2.2	Decreased, 2005-2015	No quadratic change	Decreased
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)								
5.9	5.6	3.3	3.2	4.3	3.0	Decreased, 2005-2015	No quadratic change	Decreased
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)								
6.4	6.6	5.0	6.3	6.5	4.6	No linear change	No quadratic change	Decreased
QN58: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body one or more times during their life)								
				2.4	2.0	No linear change	Not available [§]	No change
QN59: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
31.5	30.5	28.9	27.8	27.1	28.5	Decreased, 2005-2015	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Sexual Behaviors	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
	2005	2007	2009	2011	2013	2015			
QN60: Percentage of students who ever had sexual intercourse									
	46.0	42.4	40.5	42.7	41.1	33.0	Decreased, 2005-2015	No quadratic change	Decreased
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)									
	5.5	5.9	4.6	4.9	3.6	2.7	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)									
	14.2	12.4	10.5	10.6	10.8	6.2	Decreased, 2005-2015	No quadratic change	Decreased
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)									
		31.8	29.6	30.5	30.3	23.3	Decreased, 2007-2015	Not available [§]	Decreased
QN64: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)									
		27.9	24.8	18.8	20.3	22.4	Decreased, 2007-2015	Not available	No change

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**Total
Sexual Behaviors**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN65: Percentage of students who used a condom (during last sexual intercourse among students who were currently sexually active)								
	62.7	59.4	60.5	60.7	59.4	No linear change	Not available [§]	No change
QN85: Percentage of students who were ever tested for HIV (not including tests done when donating blood)								
	14.3	12.2	14.2	13.0	10.3	Decreased, 2007-2015	Not available	No change
QN66: Percentage of students who used birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)								
	26.2	24.1	22.3	27.9	26.8	No linear change	Not available	No change
QNIUDIMP: Percentage of students who used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)								
				1.9	4.1	No linear change	Not available	No change

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Total Sexual Behaviors						Linear Change*	Quadratic Change*	Change from 2013-2015 †					
Health Risk Behavior and Percentages													
2005	2007	2009	2011	2013	2015								
QNSHPARG: Percentage of students who used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (during last sexual intercourse among students who were currently sexually active)						4.2	1.6	Decreased, 2013-2015	Not available [§]	No change			
QNOTHHPL: Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)						34.0	32.5	No linear change	Not available	No change			
QNDUALBC: Percentage of students who used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)						10.5	11.1	No linear change	Not available	No change			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy (during last sexual intercourse among students who were currently sexually active)						9.6	9.3	12.1	8.8	11.6	No linear change	Not available	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total								
Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart)								
14.5	13.1	14.3	14.1	13.9	14.3	No linear change	No quadratic change	No change
QNOBESE: Percentage of students who were obese (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart)								
11.1	12.2	10.2	12.5	12.3	12.3	No linear change	No quadratic change	No change
QN69: Percentage of students who described themselves as slightly or very overweight								
28.8	28.7	26.0	28.7	29.4	30.0	No linear change	No quadratic change	No change
QN70: Percentage of students who were trying to lose weight								
46.7	45.2	46.4	47.1	47.2	47.2	No linear change	No quadratic change	No change
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)								
18.9	18.3	17.7	20.0	23.6	26.9	Increased, 2005-2015	No change, 2005-2009 Increased, 2009-2015	No change

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Total								
Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
15.2	12.6	12.0	12.3	12.7	12.0	Decreased, 2005-2015	No quadratic change	No change
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)								
6.6	5.5	4.3	4.4	4.7	6.3	No linear change	Decreased, 2005-2011 Increased, 2011-2015	No change
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)								
62.3	65.1	66.4	65.4	63.3	61.8	No linear change	Increased, 2005-2009 Decreased, 2009-2015	No change
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)								
33.8	33.6	35.6	35.2	31.0	30.5	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
QNFR3: Percentage of students who ate fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)								
22.4	21.2	21.0	21.6	19.0	18.1	Decreased, 2005-2015	No quadratic change	No change

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Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)								
30.2	29.8	32.0	32.9	34.7	36.0	Increased, 2005-2015	No quadratic change	No change
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)								
33.8	34.8	33.6	31.3	34.2	33.1	No linear change	No quadratic change	No change
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)								
52.3	47.4	48.2	49.9	50.1	50.2	No linear change	No quadratic change	No change
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)								
19.1	16.4	16.1	16.4	15.8	17.8	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change

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Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
7.2	6.3	5.6	4.3	6.1	6.9	No linear change	Decreased, 2005-2011 Increased, 2011-2015	No change
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
61.8	66.5	64.9	64.7	65.8	64.8	No linear change	No quadratic change	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
30.5	29.9	28.7	28.3	28.9	28.7	No linear change	No quadratic change	No change
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
14.2	14.7	12.9	11.1	14.6	12.8	No linear change	No quadratic change	No change

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Weight Management and Dietary Behaviors										
Health Risk Behavior and Percentages										
2005	2007	2009	2011	2013	2015	Linear Change*	Quadratic Change*	Change from 2013-2015 †		
QN77: Percentage of students who did not drink a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)						29.5	33.6	Increased, 2013-2015	Not available [§]	Increased
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)						13.9	11.9	No linear change	Not available	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)						9.6	7.6	No linear change	Not available	No change
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)						5.0	4.2	No linear change	Not available	No change

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Health Risk Behavior and Percentages								
2005	2007	2009	2011	2013	2015			
QN79: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
				12.6	13.4	No linear change	Not available [§]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
				33.7	37.4	Increased, 2013-2015	Not available	No change

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Total Physical Activity	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2013-2015 †	
	2005	2007	2009	2011	2013				2015
QN80: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
			49.5	46.6	45.3	No linear change	Not available [§]	No change	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
			11.5	14.1	14.3	No linear change	Not available	No change	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)									
			26.0	26.0	25.3	No linear change	Not available	No change	
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)									
	33.5	30.1	30.2	27.1	24.1	21.9	Decreased, 2005-2015	No quadratic change	No change

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Total Physical Activity	Health Risk Behavior and Percentages					Linear Change [*]	Quadratic Change [*]	Change from 2013-2015 [†]
	2005	2007	2009	2011	2013			
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)								
	27.6	27.9	30.5	36.7	37.8	Increased, 2007-2015	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
	2005	2007	2009	2011	2013	2015			
QN88: Percentage of students who had 8 or more hours of sleep (on an average school night)									
	26.0	25.6	26.2	24.2	19.9	Decreased, 2007-2015	Not available [§]	Decreased	
QN89: Percentage of students who made mostly A's or B's in school (during the 12 months before the survey)									
	63.3	68.9	72.3	71.1	68.7	Increased, 2005-2015	No quadratic change	Increased	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Total
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN90: Percentage of students who described their health as excellent or very good								
64.2	60.6	65.5	62.9	62.2	62.2	No linear change	No quadratic change	No change
QN91: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)								
				35.8	29.4	Decreased, 2013-2015	Not available [§]	Decreased
QN93: Percentage of students who have been the victim of teasing or name calling because of their weight, size, or physical appearance (during the 12 months before the survey)								
			25.5	25.7	24.3	No linear change	Not available	No change
QN94: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
			10.2	10.9	9.1	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Total
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †						
2005	2007	2009	2011	2013	2015									
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)						16.1	16.7	18.5	No linear change	Not available [§]	No change			
QN96: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)						38.5	39.0	44.1	38.0	37.8	25.4	Decreased, 2005-2015	Increased, 2005-2009 Decreased, 2009-2015	Decreased
QN97: Percentage of students who have taken over-the-counter drugs to get high (one or more times during their life)						13.0	12.9	10.0	9.7	10.3	6.3	Decreased, 2005-2015	No quadratic change	Decreased
QN98: Percentage of students who attended school under the influence of alcohol or other illegal drugs (such as marijuana or cocaine, one or more times during the 12 months before the survey)									16.3	13.3		Decreased, 2013-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2013-2015 †
	2005	2007	2009	2011	2013			
QN99: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)								
			4.2	3.2	3.2	No linear change	Not available [§]	No change
QN101: Percentage of students who ate at least one meal with their family (on three or more days during the 7 days before the survey)								
	62.9	63.7	65.5	64.4	68.2	Increased, 2007-2015	Not available	No change
QN106: Percentage of students who suffered a blow or jolt to their head while playing with a sports team either during a game or during practice (which caused them to get "knocked out", have memory problems, double or blurry vision, headaches or "pressure" in the head, or nausea or vomiting one or more times, among students who played on a sports team during the 12 months before the survey)								
				19.3	20.0	No linear change	Not available	No change
QN108: Percentage of students who have been told by a doctor or nurse that they had a sexually transmitted disease (STD)								
		3.8	5.2	5.4	3.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Connecticut High School Survey
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Total Site-Added	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
	2005	2007	2009	2011	2013	2015			
QN111: Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities, on at least one day during the 7 days before the survey)									
	58.5	60.7	66.8	64.3	64.4	65.7	Increased, 2005-2015	No quadratic change	No change
QN112: Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it									
	85.2	85.1	86.0	86.0	87.3	85.0	No linear change	Not available [§]	No change
QN116: Percentage of students who usually spend four or more hours after school without an adult present (on a school day)									
	29.2	26.3	21.6	23.5	21.2	22.0	Decreased, 2005-2015	Decreased, 2005-2009 No change, 2009-2015	No change
QN118: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem									
				63.8	67.2		Increased, 2013-2015	Not available	Increased
QN119: Percentage of students who are receiving special education services (as part of an individual education plan or IEP)									
				10.1	9.9		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Total
Site-Added**

	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2013-2015 †	
	2005	2007	2009	2011	2013				2015
QN120: Percentage of students who probably or definitely will complete a post high school program (such as a vocational training program, military service, community college, or 4-year college)									
	75.8	78.2	79.5	78.8	76.6	75.5	No linear change	Increased, 2005-2009 Decreased, 2009-2015	No change
QN121: Percentage of students who gambled for money or possessions (including buying lottery tickets, betting money on team sports, or play card games for money, one or more times during the 12 months before the survey)									
		32.0	26.6	25.2	21.1	21.4	Decreased, 2007-2015	Not available‡	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

‡Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)								
15.0	10.6	10.0	10.9	8.9	9.4	Decreased, 2005-2015	No quadratic change	No change
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)								
27.5	27.0	24.9	25.0	23.0	17.9	Decreased, 2005-2015	No quadratic change	Decreased
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
				10.2	9.8	No linear change	Not available [§]	No change
QN12: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
				39.9	29.4	Decreased, 2013-2015	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)								
9.5	8.1	5.5	9.8	9.5	8.6	No linear change	No quadratic change	No change
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
8.5	4.4	5.1	6.1	6.6	7.2	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
QN17: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club one or more times during the 12 months before the survey)								
12.2	10.1	7.9	8.8	9.2	7.9	Decreased, 2005-2015	No quadratic change	No change
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
38.5	37.9	35.7	32.4	29.2	22.9	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
	7.9	6.3	4.4	6.8	6.2	No linear change	Not available [§]	No change
QN22: Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)								
				7.9	6.8	No linear change	Not available	No change
QN23: Percentage of students who experienced sexual dating violence (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)								
				7.3	6.4	No linear change	Not available	No change
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)								
			22.3	17.9	16.2	Decreased, 2011-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Connecticut High School Survey
10-year Trend Analysis Report**

**Male
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)								
			12.5	12.3	10.3	No linear change	Not available [§]	No change
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)								
18.3	16.4	17.2	18.0	19.7	18.5	No linear change	No quadratic change	No change
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
12.3	9.7	11.7	11.9	10.9	10.4	No linear change	No quadratic change	No change
QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)								
12.0	10.2	7.5	5.2	8.1	6.6	Decreased, 2005-2015	Decreased, 2005-2011 No change, 2011-2015	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Male
Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
17.8	19.5	19.0	17.3	15.1	12.3	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	No change
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)								
8.6	8.6	7.1	6.2	5.5	2.4	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
7.6	6.2	4.9	4.2	4.4	1.7	Decreased, 2005-2015	No quadratic change	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male								
Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)								
24.6	21.0	19.3	18.2	18.8	12.7	Decreased, 2005-2015	No quadratic change	Decreased
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)								
45.0	46.7	43.2	41.3	36.4	28.0	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)								
28.7	27.8	26.0	25.4	23.0	13.6	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased
QN46: Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)								
			27.0	27.3	31.3	No linear change	Not available [§]	No change
QN47: Percentage of students who ever used marijuana (one or more times during their life)								
42.2	39.9	41.3	43.7	46.1	35.3	No linear change	No change, 2005-2011 Decreased, 2011-2015	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male								
Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)								
11.7	9.9	7.9	8.3	10.0	8.2	Decreased, 2005-2015	No quadratic change	No change
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
25.9	24.4	25.3	27.3	29.4	19.7	No linear change	No change, 2005-2011 Decreased, 2011-2015	Decreased
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)								
10.2	9.0	6.6	6.3	6.9	6.1	Decreased, 2005-2015	No quadratic change	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
10.9	11.2	10.7	8.7	8.5	7.2	Decreased, 2005-2015	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages								
2005	2007	2009	2011	2013	2015			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)								
6.9	4.8	4.1	4.2	5.4	3.0	Decreased, 2005-2015	No quadratic change	Decreased
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)								
8.1	6.3	4.4	4.4	6.4	3.6	Decreased, 2005-2015	No quadratic change	Decreased
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)								
8.6	6.8	6.2	7.5	8.5	5.6	No linear change	No quadratic change	Decreased
QN58: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body one or more times during their life)								
				3.6	2.7	No linear change	Not available [§]	No change
QN59: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
33.9	33.8	32.7	32.3	29.0	30.3	Decreased, 2005-2015	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male Sexual Behaviors						Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages								
2005	2007	2009	2011	2013	2015			
QN60: Percentage of students who ever had sexual intercourse								
47.0	43.1	42.9	43.7	43.2	34.5	Decreased, 2005-2015	No quadratic change	Decreased
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)								
9.2	8.2	6.1	6.5	5.4	4.0	Decreased, 2005-2015	No quadratic change	No change
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)								
16.6	15.1	12.5	12.6	13.9	7.1	Decreased, 2005-2015	No quadratic change	Decreased
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)								
	30.2	28.9	29.2	29.6	21.4	Decreased, 2007-2015	Not available [§]	Decreased
QN64: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)								
	33.9	28.3	19.4	24.8	26.6	Decreased, 2007-2015	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male Sexual Behaviors						Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages								
2005	2007	2009	2011	2013	2015			
QN65: Percentage of students who used a condom (during last sexual intercourse among students who were currently sexually active)						No linear change	Not available [§]	No change
	67.4	62.9	68.5	65.7	66.6			
QN85: Percentage of students who were ever tested for HIV (not including tests done when donating blood)						No linear change	Not available	Decreased
	13.0	11.2	14.8	13.9	9.1			
QN66: Percentage of students who used birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)						No linear change	Not available	No change
	21.7	22.7	19.6	22.7	21.9			
QNIUDIMP: Percentage of students who used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)						No linear change	Not available	No change
				1.9	4.5			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male Sexual Behaviors						Linear Change*	Quadratic Change*	Change from 2013-2015 †					
Health Risk Behavior and Percentages													
2005	2007	2009	2011	2013	2015								
QNSHPARG: Percentage of students who used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (during last sexual intercourse among students who were currently sexually active)						3.1	2.1	No linear change	Not available [§]	No change			
QNOTHHPL: Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)						27.7	28.5	No linear change	Not available	No change			
QNDUALBC: Percentage of students who used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)						8.5	9.8	No linear change	Not available	No change			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy (during last sexual intercourse among students who were currently sexually active)						9.7	9.9	9.6	9.1	10.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male								
Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart)								
16.3	14.8	16.6	16.5	14.3	14.4	No linear change	No quadratic change	No change
QNOBESE: Percentage of students who were obese (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart)								
13.8	16.0	13.7	16.5	14.5	15.2	No linear change	No quadratic change	No change
QN69: Percentage of students who described themselves as slightly or very overweight								
23.8	23.6	23.8	26.2	23.8	26.6	No linear change	No quadratic change	No change
QN70: Percentage of students who were trying to lose weight								
31.6	31.1	31.6	34.7	30.6	34.2	No linear change	No quadratic change	No change
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)								
18.5	15.7	17.4	19.2	20.1	25.4	Increased, 2005-2015	No change, 2005-2009 Increased, 2009-2015	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male								
Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
17.9	14.3	14.6	15.0	14.9	15.6	No linear change	No quadratic change	No change
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)								
8.2	6.2	5.4	5.7	5.3	8.8	No linear change	No change, 2005-2011 No change, 2011-2015	Increased
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)								
62.7	65.8	67.3	65.8	64.6	59.5	No linear change	No change, 2005-2009 Decreased, 2009-2015	Decreased
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)								
36.5	34.8	37.3	36.4	31.3	27.7	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
QNFR3: Percentage of students who ate fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)								
25.5	23.1	23.0	22.6	19.6	17.5	Decreased, 2005-2015	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Connecticut High School Survey
10-year Trend Analysis Report**

Male								
Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)								
33.8	34.4	35.3	37.7	40.8	42.0	Increased, 2005-2015	No quadratic change	No change
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)								
32.0	33.8	31.2	29.8	31.6	30.7	No linear change	No quadratic change	No change
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)								
51.1	46.1	45.4	49.8	48.4	49.5	No linear change	No quadratic change	No change
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)								
21.7	19.6	17.2	18.7	17.6	18.9	Decreased, 2005-2015	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male								
Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
8.8	7.6	5.8	5.7	7.8	7.7	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
60.8	66.3	65.2	61.4	66.0	63.1	No linear change	No quadratic change	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
31.4	28.8	28.6	26.3	29.5	28.3	No linear change	No quadratic change	No change
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
15.1	14.5	13.7	11.3	14.5	13.2	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male								
Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages								
				Linear Change*	Quadratic Change*	Change from 2013-2015 †		
2005	2007	2009	2011	2013	2015			
QN77: Percentage of students who did not drink a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)								
				23.5	29.9	Increased, 2013-2015	Not available [§]	Increased
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)								
				17.1	16.0	No linear change	Not available	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)								
				11.9	10.1	No linear change	Not available	No change
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)								
				5.4	5.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Male						Linear Change*	Quadratic Change*	Change from 2013-2015 †
Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages								
2005	2007	2009	2011	2013	2015			
QN79: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
				13.5	14.1	No linear change	Not available [§]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
				36.9	40.1	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male Physical Activity						Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages								
2005	2007	2009	2011	2013	2015			
QN80: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
			57.9	55.3	50.8	No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
			10.0	10.9	11.7	No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)								
			34.8	33.4	32.6	No linear change	Not available	No change
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)								
35.3	31.5	30.8	27.5	25.1	21.6	Decreased, 2005-2015	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Male Physical Activity	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2013-2015 †
	2005	2007	2009	2011	2013			
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)								
	30.8	29.6	32.9	34.5	37.3	Increased, 2007-2015	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Male Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
	2005	2007	2009	2011	2013	2015			
	QN88: Percentage of students who had 8 or more hours of sleep (on an average school night)								
	28.1	29.1	26.9	25.4	22.1	Decreased, 2007-2015	Not available [§]	No change	
	QN89: Percentage of students who made mostly A's or B's in school (during the 12 months before the survey)								
	55.5	63.4	68.8	64.5	62.4	Increased, 2005-2015	No quadratic change	No change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Male
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN90: Percentage of students who described their health as excellent or very good								
70.2	67.7	70.2	66.8	69.1	66.7	No linear change	No quadratic change	No change
QN91: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)								
				39.4	29.6	Decreased, 2013-2015	Not available [§]	Decreased
QN93: Percentage of students who have been the victim of teasing or name calling because of their weight, size, or physical appearance (during the 12 months before the survey)								
			25.2	21.8	21.5	No linear change	Not available	No change
QN94: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
			11.1	11.7	9.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Male
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †						
2005	2007	2009	2011	2013	2015									
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)						10.7	11.4	14.3	No linear change	Not available [§]	No change			
QN96: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)						35.1	36.1	44.5	34.8	39.5	24.4	Decreased, 2005-2015	Increased, 2005-2009 Decreased, 2009-2015	Decreased
QN97: Percentage of students who have taken over-the-counter drugs to get high (one or more times during their life)						13.7	12.1	10.1	9.9	11.9	7.6	Decreased, 2005-2015	No quadratic change	Decreased
QN98: Percentage of students who attended school under the influence of alcohol or other illegal drugs (such as marijuana or cocaine, one or more times during the 12 months before the survey)										19.7	15.1	Decreased, 2013-2015	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Male
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN99: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)						No linear change	Not available [§]	No change
	62.8	65.8	64.3	65.1	69.6	Increased, 2007-2015	Not available	No change
QN106: Percentage of students who suffered a blow or jolt to their head while playing with a sports team either during a game or during practice (which caused them to get "knocked out", have memory problems, double or blurry vision, headaches or "pressure" in the head, or nausea or vomiting one or more times, among students who played on a sports team during the 12 months before the survey)						No linear change	Not available	No change
				22.9	22.9			
QN108: Percentage of students who have been told by a doctor or nurse that they had a sexually transmitted disease (STD)						No linear change	Not available	Decreased
		4.1	5.4	7.1	3.5			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Male Site-Added						Linear Change*	Quadratic Change*	Change from 2013-2015 †
Health Risk Behavior and Percentages								
2005	2007	2009	2011	2013	2015			
QN111: Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities, on at least one day during the 7 days before the survey)								
56.2	57.9	64.8	61.5	64.7	63.4	Increased, 2005-2015	No quadratic change	No change
QN112: Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it								
	87.3	87.7	87.2	89.2	86.6	No linear change	Not available [§]	No change
QN116: Percentage of students who usually spend four or more hours after school without an adult present (on a school day)								
27.9	26.9	21.7	24.9	20.7	22.1	Decreased, 2005-2015	No quadratic change	No change
QN118: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
				63.2	69.2	Increased, 2013-2015	Not available	Increased
QN119: Percentage of students who are receiving special education services (as part of an individual education plan or IEP)								
				11.4	12.0	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Connecticut High School Survey
10-year Trend Analysis Report**

**Male
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN120: Percentage of students who probably or definitely will complete a post high school program (such as a vocational training program, military service, community college, or 4-year college)								
68.9	74.1	75.6	76.9	73.6	71.0	No linear change	Increased, 2005-2009 No change, 2009-2015	No change
QN121: Percentage of students who gambled for money or possessions (including buying lottery tickets, betting money on team sports, or play card games for money, one or more times during the 12 months before the survey)								
	45.2	39.2	38.2	31.3	30.8	Decreased, 2007-2015	Not available‡	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

‡Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)								
7.5	7.5	8.5	7.3	7.0	7.0	No linear change	No quadratic change	No change
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)								
31.9	27.4	28.2	25.4	21.3	19.0	Decreased, 2005-2015	No quadratic change	No change
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
				8.5	4.3	Decreased, 2013-2015	Not available [§]	Decreased
QN12: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
				32.4	29.4	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Female Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)								
3.0	2.8	2.2	3.4	3.6	3.3	No linear change	No quadratic change	No change
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
5.9	6.4	4.6	4.3	7.1	6.2	No linear change	No quadratic change	No change
QN17: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club one or more times during the 12 months before the survey)								
5.6	5.0	5.9	4.6	4.7	5.2	No linear change	No quadratic change	No change
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
26.6	24.7	20.7	17.6	15.1	13.2	Decreased, 2005-2015	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Female Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)						No linear change	Not available [§]	No change
	11.5	8.4	10.2	11.6	9.3			
QN22: Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)						No linear change	Not available	No change
				10.1	8.7			
QN23: Percentage of students who experienced sexual dating violence (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)						No linear change	Not available	No change
				15.5	16.4			
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)						No linear change	Not available	Decreased
			20.6	26.1	20.8			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Female Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)								
			20.1	22.8	17.4	No linear change	Not available [§]	Decreased
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)								
31.4	29.3	32.9	31.0	34.9	34.7	No linear change	No quadratic change	No change
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
18.0	16.5	16.6	17.3	18.1	16.3	No linear change	No quadratic change	No change
QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)								
11.8	9.2	7.3	8.2	7.8	8.7	Decreased, 2005-2015	Decreased, 2005-2009 No change, 2009-2015	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Female
Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
18.2	22.6	16.5	14.4	11.4	8.2	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	No change
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)								
6.3	9.2	5.2	4.7	2.7	1.0	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	Decreased
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
4.4	7.2	3.8	3.5	2.3	0.8	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Female

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)								
17.6	15.3	15.6	12.7	10.7	8.1	Decreased, 2005-2015	No quadratic change	No change
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)								
45.5	45.3	43.8	42.1	37.0	32.0	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)								
26.6	24.5	22.5	19.3	16.8	14.1	Decreased, 2005-2015	No quadratic change	No change
QN46: Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)								
			41.4	37.6	37.1	No linear change	Not available [§]	No change
QN47: Percentage of students who ever used marijuana (one or more times during their life)								
37.2	37.2	33.7	35.7	38.0	35.2	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Female

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)								
5.1	6.9	3.5	4.4	3.8	3.1	Decreased, 2005-2015	No quadratic change	No change
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
20.0	22.0	18.2	21.0	22.6	20.9	No linear change	No quadratic change	No change
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)								
4.9	7.4	3.9	3.6	2.7	2.6	Decreased, 2005-2015	No quadratic change	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
11.0	11.0	10.2	9.1	7.5	5.0	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Female

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)								
1.3	3.0	2.0	1.7	1.2	1.1	No linear change	No quadratic change	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)								
3.3	4.5	1.8	2.1	2.0	1.9	Decreased, 2005-2015	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)								
3.5	6.2	3.6	5.1	4.3	3.2	No linear change	No change, 2005-2011 Decreased, 2011-2015	No change
QN58: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body one or more times during their life)								
				0.9	1.1	No linear change	Not available [§]	No change
QN59: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
28.8	27.0	25.1	23.3	24.9	26.6	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Female
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN60: Percentage of students who ever had sexual intercourse								
45.0	41.8	38.0	41.8	39.0	31.3	Decreased, 2005-2015	No quadratic change	Decreased
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)								
1.8	3.7	2.8	3.3	1.9	1.3	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)								
11.6	9.8	8.4	8.6	7.8	5.3	Decreased, 2005-2015	No quadratic change	No change
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)								
	33.3	30.3	31.9	30.8	25.1	Decreased, 2007-2015	Not available [§]	Decreased
QN64: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)								
	22.7	21.5	18.2	16.0	19.1	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Female Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN65: Percentage of students who used a condom (during last sexual intercourse among students who were currently sexually active)								
	58.7	56.1	53.3	56.0	53.6	No linear change	Not available [§]	No change
QN85: Percentage of students who were ever tested for HIV (not including tests done when donating blood)								
	15.4	13.2	13.6	12.0	11.3	Decreased, 2007-2015	Not available	No change
QN66: Percentage of students who used birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)								
	30.2	25.6	24.8	32.8	30.8	No linear change	Not available	No change
QNIUDIMP: Percentage of students who used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)								
				1.9	3.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Female Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †					
2005	2007	2009	2011	2013	2015								
QNSHPARG: Percentage of students who used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (during last sexual intercourse among students who were currently sexually active)						5.2	1.2	Decreased, 2013-2015	Not available [§]	No change			
QNOTHHPL: Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)						39.9	35.9	No linear change	Not available	No change			
QNDUALBC: Percentage of students who used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)						12.4	12.1	No linear change	Not available	No change			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy (during last sexual intercourse among students who were currently sexually active)						9.3	8.8	14.4	8.4	12.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Female

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart)								
12.7	11.3	11.9	11.7	13.5	14.1	No linear change	No quadratic change	No change
QNOBESE: Percentage of students who were obese (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart)								
8.2	8.1	6.5	8.4	10.1	9.3	No linear change	No quadratic change	No change
QN69: Percentage of students who described themselves as slightly or very overweight								
33.8	34.2	28.3	31.0	35.0	33.4	No linear change	No quadratic change	No change
QN70: Percentage of students who were trying to lose weight								
62.5	59.8	61.6	59.8	64.0	60.5	No linear change	No quadratic change	No change
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)								
19.2	20.5	17.9	20.7	26.9	28.4	Increased, 2005-2015	No change, 2005-2009 Increased, 2009-2015	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Female

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
12.3	10.6	9.4	9.5	10.2	8.3	Decreased, 2005-2015	No quadratic change	No change
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)								
4.8	4.6	3.3	2.9	4.0	3.8	No linear change	No quadratic change	No change
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)								
61.8	64.5	65.5	65.1	62.0	64.3	No linear change	No quadratic change	No change
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)								
31.1	32.3	33.7	34.1	30.7	33.4	No linear change	No quadratic change	No change
QNFR3: Percentage of students who ate fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)								
19.2	19.2	18.8	20.8	18.4	18.7	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Connecticut High School Survey
10-year Trend Analysis Report**

Female

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)								
26.5	24.7	28.6	28.0	28.5	29.8	No linear change	No quadratic change	No change
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)								
35.8	35.8	35.9	32.9	37.0	35.7	No linear change	No quadratic change	No change
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)								
53.5	48.8	50.9	49.9	52.0	50.8	No linear change	No quadratic change	No change
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)								
16.4	13.0	14.8	14.1	14.0	16.7	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Female

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
5.4	5.1	5.4	2.8	4.4	6.3	No linear change	Decreased, 2005-2011 Increased, 2011-2015	No change
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
62.9	66.8	64.6	67.9	65.5	66.3	No linear change	No quadratic change	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
29.6	31.1	28.7	30.3	28.2	29.1	No linear change	No quadratic change	No change
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
13.4	14.8	11.9	10.9	14.4	12.3	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Female

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †		
2005	2007	2009	2011	2013	2015					
QN77: Percentage of students who did not drink a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)						35.6	37.3	No linear change	Not available [§]	No change
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)						10.4	7.8	No linear change	Not available	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)						7.2	5.1	No linear change	Not available	No change
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)						4.6	2.5	Decreased, 2013-2015	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Female

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN79: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
				11.6	12.6	No linear change	Not available [§]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
				30.6	34.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Female
Physical Activity**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †						
2005	2007	2009	2011	2013	2015									
QN80: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)						41.1	37.8	39.9	No linear change	Not available [§]	No change			
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)						13.2	17.3	16.9	No linear change	Not available	No change			
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)						17.0	18.7	18.1	No linear change	Not available	No change			
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)						31.6	28.7	29.4	26.7	23.2	22.3	Decreased, 2005-2015	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Female
Physical Activity

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)								
	24.4	26.2	28.0	39.0	38.2	Increased, 2007-2015	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Female
Other

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN88: Percentage of students who had 8 or more hours of sleep (on an average school night)								
	23.9	22.1	25.3	22.9	17.5	Decreased, 2007-2015	Not available [§]	Decreased
QN89: Percentage of students who made mostly A's or B's in school (during the 12 months before the survey)								
71.7	74.8	76.2	78.1	75.1	82.5	Increased, 2005-2015	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Female
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN90: Percentage of students who described their health as excellent or very good								
58.0	53.6	60.7	58.9	55.0	57.6	No linear change	No quadratic change	No change
QN91: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)								
				31.7	28.9	No linear change	Not available [§]	No change
QN93: Percentage of students who have been the victim of teasing or name calling because of their weight, size, or physical appearance (during the 12 months before the survey)								
			25.7	29.8	27.0	No linear change	Not available	No change
QN94: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
			9.1	10.1	8.0	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Female
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †						
2005	2007	2009	2011	2013	2015									
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)						21.6	22.0	22.6	No linear change	Not available [§]	No change			
QN96: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)						41.4	41.4	43.6	40.7	36.7	26.1	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased
QN97: Percentage of students who have taken over-the-counter drugs to get high (one or more times during their life)						12.0	13.3	9.7	9.5	8.4	4.5	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased
QN98: Percentage of students who attended school under the influence of alcohol or other illegal drugs (such as marijuana or cocaine, one or more times during the 12 months before the survey)									12.8	11.2		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Female
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN99: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)						No linear change	Not available [§]	No change
	3.9	2.0	2.6					
QN101: Percentage of students who ate at least one meal with their family (on three or more days during the 7 days before the survey)						No linear change	Not available	No change
	63.4	61.5	66.9	63.8	67.0			
QN106: Percentage of students who suffered a blow or jolt to their head while playing with a sports team either during a game or during practice (which caused them to get "knocked out", have memory problems, double or blurry vision, headaches or "pressure" in the head, or nausea or vomiting one or more times, among students who played on a sports team during the 12 months before the survey)						No linear change	Not available	No change
			14.9	17.0				
QN108: Percentage of students who have been told by a doctor or nurse that they had a sexually transmitted disease (STD)						No linear change	Not available	No change
		3.3	4.9	3.8	3.9			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Female
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN111: Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities, on at least one day during the 7 days before the survey)								
60.9	63.5	69.0	67.4	64.1	68.0	Increased, 2005-2015	No quadratic change	No change
QN112: Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it								
	83.0	82.4	84.9	85.5	83.7	No linear change	Not available [§]	No change
QN116: Percentage of students who usually spend four or more hours after school without an adult present (on a school day)								
30.8	25.9	21.6	22.2	21.5	21.9	Decreased, 2005-2015	Decreased, 2005-2009 No change, 2009-2015	No change
QN118: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
				64.2	65.1	No linear change	Not available	No change
QN119: Percentage of students who are receiving special education services (as part of an individual education plan or IEP)								
				8.8	7.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Female
Site-Added

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN120: Percentage of students who probably or definitely will complete a post high school program (such as a vocational training program, military service, community college, or 4-year college)								
83.2	82.4	83.7	80.8	79.8	80.3	No linear change	No quadratic change	No change
QN121: Percentage of students who gambled for money or possessions (including buying lottery tickets, betting money on team sports, or play card games for money, one or more times during the 12 months before the survey)								
	18.7	13.7	11.8	10.7	11.9	Decreased, 2007-2015	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

White*

Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)								
9.1	6.2	7.5	7.3	5.6	6.2	No linear change	No quadratic change	No change
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)								
29.6	27.9	27.3	24.7	21.3	16.8	Decreased, 2005-2015	Decreased, 2005-2011 Decreased, 2011-2015	Decreased
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
				9.4	6.9	No linear change	Not available [¶]	No change
QN12: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
				41.6	36.5	Decreased, 2013-2015	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

White*

Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)								
4.9	4.6	3.4	5.7	6.6	4.4	No linear change	No quadratic change	No change
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
6.0	4.4	3.8	4.7	5.4	4.5	No linear change	No quadratic change	No change
QN17: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club one or more times during the 12 months before the survey)								
8.1	5.7	6.2	5.8	5.6	4.6	Decreased, 2005-2015	No quadratic change	No change
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
31.0	28.5	26.5	23.1	19.7	14.7	Decreased, 2005-2015	No quadratic change	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

White*

Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
	8.0	5.8	5.5	7.2	5.3	No linear change	Not available [¶]	No change
QN22: Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)								
				7.6	7.0	No linear change	Not available	No change
QN23: Percentage of students who experienced sexual dating violence (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)								
				8.5	13.1	Increased, 2013-2015	Not available	Increased
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)								
			23.2	23.6	16.8	Decreased, 2011-2015	Not available	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)								
			17.6	19.0	14.0	Decreased, 2011-2015	Not available [¶]	Decreased
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)								
22.1	19.7	22.1	22.4	24.0	22.6	No linear change	No quadratic change	No change
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
14.3	11.8	13.4	13.1	14.2	12.3	No linear change	No quadratic change	No change
QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)								
11.5	8.8	6.1	5.5	5.8	6.0	Decreased, 2005-2015	Decreased, 2005-2011 No change, 2011-2015	No change

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
19.9	22.4	20.3	16.9	14.8	10.4	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	Decreased
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)								
8.9	10.0	7.3	5.6	4.7	2.0	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	Decreased
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
7.4	7.1	5.0	3.8	3.9	1.5	Decreased, 2005-2015	No quadratic change	Decreased

*Non-Hispanic.

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

White*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)								
18.5	16.4	14.4	13.8	12.0	8.3	Decreased, 2005-2015	No quadratic change	Decreased
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)								
49.0	50.6	45.6	44.8	39.7	31.9	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)								
31.2	30.8	27.3	24.8	22.5	15.7	Decreased, 2005-2015	Decreased, 2005-2011 Decreased, 2011-2015	Decreased
QN46: Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)								
			33.6	31.5	35.5	No linear change	Not available [¶]	No change
QN47: Percentage of students who ever used marijuana (one or more times during their life)								
38.8	40.1	38.5	39.5	41.4	34.5	No linear change	No change, 2005-2011 Decreased, 2011-2015	Decreased

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

White*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)								
6.5	7.4	4.8	5.6	5.1	4.7	Decreased, 2005-2015	No quadratic change	No change
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
23.8	25.1	23.1	25.1	25.6	20.2	No linear change	No quadratic change	Decreased
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)								
8.4	9.0	5.8	4.6	4.4	3.9	Decreased, 2005-2015	No quadratic change	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
11.4	11.3	10.8	8.0	7.2	5.2	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

White*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)								
3.9	3.1	2.7	2.5	2.8	1.5	Decreased, 2005-2015	No quadratic change	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)								
5.6	4.7	3.1	2.8	3.4	2.0	Decreased, 2005-2015	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)								
6.1	5.4	4.9	6.2	6.5	3.8	No linear change	No quadratic change	Decreased
QN58: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body one or more times during their life)								
				1.9	1.4	No linear change	Not available [‡]	No change
QN59: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
31.6	29.9	29.8	27.1	27.2	27.8	Decreased, 2005-2015	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

White*
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN60: Percentage of students who ever had sexual intercourse								
41.5	38.3	35.9	38.5	39.5	31.4	Decreased, 2005-2015	No quadratic change	Decreased
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)								
3.3	3.0	2.0	2.5	1.7	1.5	Decreased, 2005-2015	No quadratic change	No change
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)								
11.2	9.4	7.6	7.7	8.2	5.0	Decreased, 2005-2015	No quadratic change	Decreased
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)								
	29.7	26.8	28.3	29.1	23.3	Decreased, 2007-2015	Not available [¶]	No change
QN64: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)								
	30.5	28.6	19.8	20.1	23.0	Decreased, 2007-2015	Not available	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

White*

Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN65: Percentage of students who used a condom (during last sexual intercourse among students who were currently sexually active)								
	60.9	60.8	62.2	60.4	59.6	No linear change	Not available [‡]	No change
QN85: Percentage of students who were ever tested for HIV (not including tests done when donating blood)								
	11.4	7.6	12.1	10.8	7.7	No linear change	Not available	Decreased
QN66: Percentage of students who used birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)								
	32.9	29.2	27.2	33.4	33.5	No linear change	Not available	No change
QNIUDIMP: Percentage of students who used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)								
				2.8	3.7	No linear change	Not available	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

White*
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QNSHPARG: Percentage of students who used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (during last sexual intercourse among students who were currently sexually active)								
				3.3	1.1	No linear change	Not available [¶]	No change
QNOTHHPL: Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)								
				39.4	38.4	No linear change	Not available	No change
QNDUALBC: Percentage of students who used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)								
				13.1	13.1	No linear change	Not available	No change
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy (during last sexual intercourse among students who were currently sexually active)								
	8.5	4.3	7.7	6.8	7.3	No linear change	Not available	No change

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[§]Based on t-test analysis, $p < 0.05$.

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart)								
13.6	12.1	13.5	12.3	13.3	11.7	No linear change	No quadratic change	No change
QNOBESE: Percentage of students who were obese (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart)								
9.1	9.4	8.6	9.8	9.8	11.1	No linear change	No quadratic change	No change
QN69: Percentage of students who described themselves as slightly or very overweight								
29.0	27.5	25.9	27.1	28.2	29.6	No linear change	No quadratic change	No change
QN70: Percentage of students who were trying to lose weight								
46.8	46.4	46.9	45.7	46.7	45.1	No linear change	No quadratic change	No change
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)								
19.3	17.4	17.3	21.0	24.5	28.9	Increased, 2005-2015	No change, 2005-2009 Increased, 2009-2015	Increased

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[§]Based on t-test analysis, $p < 0.05$.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
12.8	10.2	9.4	9.7	9.4	10.1	No linear change	No quadratic change	No change
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)								
6.5	4.8	3.5	4.0	3.8	5.3	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)								
63.0	67.1	67.8	67.0	64.8	65.0	No linear change	No quadratic change	No change
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)								
32.0	32.6	35.8	35.1	29.5	31.5	No linear change	No quadratic change	No change
QNFR3: Percentage of students who ate fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)								
20.0	18.9	19.8	21.1	16.8	17.4	No linear change	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)								
24.2	23.5	26.2	27.4	28.9	30.6	Increased, 2005-2015	No quadratic change	No change
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)								
29.2	31.3	29.1	27.4	31.5	29.9	No linear change	No quadratic change	No change
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)								
46.4	41.8	41.6	43.0	46.5	43.5	No linear change	No quadratic change	No change
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)								
14.1	12.1	11.1	12.7	12.7	12.5	No linear change	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
4.1	4.2	2.7	2.7	4.1	4.5	No linear change	Decreased, 2005-2011 Increased, 2011-2015	No change
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
67.8	72.0	71.3	70.1	70.6	71.5	No linear change	No quadratic change	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
33.2	32.1	31.6	31.3	31.9	31.4	No linear change	No quadratic change	No change
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
14.5	14.4	13.2	11.4	15.1	12.6	No linear change	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]		
2005	2007	2009	2011	2013	2015					
QN77: Percentage of students who did not drink a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)						32.1	36.1	No linear change	Not available [‡]	No change
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)						12.0	11.0	No linear change	Not available	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)						7.4	6.7	No linear change	Not available	No change
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)						3.4	3.8	No linear change	Not available	No change

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[‡]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN79: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
				10.7	10.1	No linear change	Not available [¶]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
				37.8	42.2	No linear change	Not available	No change

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

White*

Physical Activity

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN80: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
			54.7	52.7	50.6	No linear change	Not available [¶]	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
			10.0	9.6	12.0	No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)								
			28.8	29.3	27.5	No linear change	Not available	No change
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)								
27.1	23.6	23.5	22.1	19.8	18.9	Decreased, 2005-2015	No quadratic change	No change

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

White*

Physical Activity

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)								
	26.6	26.6	27.3	34.1	35.3	Increased, 2007-2015	Not available [¶]	No change

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[§]Based on t-test analysis, $p < 0.05$.

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

White*
Other

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN88: Percentage of students who had 8 or more hours of sleep (on an average school night)								
	28.0	27.0	28.5	25.5	20.2	Decreased, 2007-2015	Not available [¶]	Decreased
QN89: Percentage of students who made mostly A's or B's in school (during the 12 months before the survey)								
69.6	75.5	78.0	77.1	75.6	83.3	Increased, 2005-2015	No quadratic change	Increased

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[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN90: Percentage of students who described their health as excellent or very good								
65.4	62.5	67.9	64.6	64.7	65.4	No linear change	No quadratic change	No change
QN91: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)								
				38.9	35.6	No linear change	Not available [‡]	No change
QN93: Percentage of students who have been the victim of teasing or name calling because of their weight, size, or physical appearance (during the 12 months before the survey)								
			25.1	25.7	22.4	No linear change	Not available	No change
QN94: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
			9.4	9.4	7.7	No linear change	Not available	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**White*
Site-Added**

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]						
2005	2007	2009	2011	2013	2015									
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)						16.3	15.5	16.1	No linear change	Not available [¶]	No change			
QN96: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)						39.6	42.0	44.8	38.8	40.1	27.5	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	Decreased
QN97: Percentage of students who have taken over-the-counter drugs to get high (one or more times during their life)						14.3	14.4	10.9	9.8	10.0	5.8	Decreased, 2005-2015	No quadratic change	Decreased
QN98: Percentage of students who attended school under the influence of alcohol or other illegal drugs (such as marijuana or cocaine, one or more times during the 12 months before the survey)										15.5	11.7	Decreased, 2013-2015	Not available	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN99: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)						No linear change	Not available [‡]	No change
	2.8	2.1	1.6					
QN101: Percentage of students who ate at least one meal with their family (on three or more days during the 7 days before the survey)						Increased, 2007-2015	Not available	Increased
	69.7	71.8	71.4	71.6	76.1			
QN106: Percentage of students who suffered a blow or jolt to their head while playing with a sports team either during a game or during practice (which caused them to get "knocked out", have memory problems, double or blurry vision, headaches or "pressure" in the head, or nausea or vomiting one or more times, among students who played on a sports team during the 12 months before the survey)						No linear change	Not available	No change
			18.2	19.7				
QN108: Percentage of students who have been told by a doctor or nurse that they had a sexually transmitted disease (STD)						No linear change	Not available	No change
		2.8	4.0	3.8	2.7			

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[‡]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**White*
Site-Added**

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN111: Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities, on at least one day during the 7 days before the survey)								
61.7	64.5	71.5	67.5	69.9	71.7	Increased, 2005-2015	No quadratic change	No change
QN112: Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it								
	87.7	87.8	87.9	88.3	87.9	No linear change	Not available [¶]	No change
QN116: Percentage of students who usually spend four or more hours after school without an adult present (on a school day)								
29.9	26.9	18.9	23.2	20.0	21.3	Decreased, 2005-2015	Decreased, 2005-2009 No change, 2009-2015	No change
QN118: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
				67.3	69.8	No linear change	Not available	No change
QN119: Percentage of students who are receiving special education services (as part of an individual education plan or IEP)								
				9.0	9.4	No linear change	Not available	No change

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[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN120: Percentage of students who probably or definitely will complete a post high school program (such as a vocational training program, military service, community college, or 4-year college)								
78.9	81.9	82.1	80.2	80.6	79.3	No linear change	No quadratic change	No change
QN121: Percentage of students who gambled for money or possessions (including buying lottery tickets, betting money on team sports, or play card games for money, one or more times during the 12 months before the survey)								
	34.1	28.1	24.1	21.4	21.0	Decreased, 2007-2015	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)								
18.0	16.5	13.5	10.5	10.8	12.6	Decreased, 2005-2015	No quadratic change	No change
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)								
27.1	19.4	21.6	24.5	22.8	17.5	No linear change	No quadratic change	No change
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)								
11.3	5.6	4.2	9.2	5.1	10.6	No linear change	No quadratic change	No change
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
10.6	5.1	6.2	3.8	5.6	10.7	No linear change	Decreased, 2005-2011 Increased, 2011-2015	Increased

*Non-Hispanic.

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN17: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club one or more times during the 12 months before the survey)								
12.5	8.3	7.7	5.7	8.3	9.9	No linear change	Decreased, 2005-2011 No change, 2011-2015	No change
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
35.5	38.3	35.5	27.0	24.5	25.2	Decreased, 2005-2015	No quadratic change	No change
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
	12.3	9.2	9.7	10.0	14.4	No linear change	Not available [¶]	No change
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)								
			13.2	13.0	22.2	Increased, 2011-2015	Not available	Increased

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Connecticut High School Survey
10-year Trend Analysis Report**

**Black*
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)								
			8.8	10.8	10.7	No linear change	Not available [¶]	No change
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)								
30.5	25.1	28.7	21.2	23.1	27.3	No linear change	No quadratic change	No change
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
16.4	14.3	13.3	16.1	11.4	10.8	No linear change	No quadratic change	No change
QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)								
11.5	10.3	9.0	6.2	8.2	7.4	Decreased, 2005-2015	No quadratic change	No change

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[§]Based on t-test analysis, p < 0.05.

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*
Tobacco Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
11.2	9.4	9.6	10.6	7.8	7.4	No linear change	No quadratic change	No change
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)								
3.8	1.9	1.6	5.6	1.5	0.3	No linear change	No quadratic change	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
2.8	1.6	1.2	3.9	0.8	0.3	No linear change	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Black*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)								
27.2	20.6	25.5	16.7	20.3	11.5	Decreased, 2005-2015	No quadratic change	No change
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)								
31.9	26.3	38.1	28.1	27.9	21.1	Decreased, 2005-2015	No quadratic change	No change
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)								
18.2	7.7	13.7	12.3	12.2	6.9	Decreased, 2005-2015	No quadratic change	No change
QN47: Percentage of students who ever used marijuana (one or more times during their life)								
44.8	32.6	36.9	38.7	43.2	36.6	No linear change	No quadratic change	No change
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)								
15.2	8.3	7.5	6.9	10.1	8.0	No linear change	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
23.6	15.7	20.5	20.3	25.4	19.2	No linear change	No quadratic change	No change
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)								
7.0	3.4	1.7	3.9	3.1	4.9	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
11.8	7.3	8.2	10.2	5.4	8.7	No linear change	No quadratic change	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)								
6.2	3.6	2.8	2.0	2.6	1.2	Decreased, 2005-2015	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)								
7.2	4.5	2.5	3.9	3.0	2.3	No linear change	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)								
6.8	5.1	3.4	1.9	4.6	3.3	No linear change	No quadratic change	No change
QN58: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body one or more times during their life)								
				1.0	3.0	No linear change	Not available [¶]	No change
QN59: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
31.5	29.6	22.5	24.5	19.9	26.2	Decreased, 2005-2015	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Black*
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN60: Percentage of students who ever had sexual intercourse								
60.9	51.4	57.9	55.1	42.6	32.6	Decreased, 2005-2015	No quadratic change	No change
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)								
12.4	11.8	13.7	11.3	6.6	4.2	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)								
26.2	23.4	21.7	20.9	21.6	8.9	Decreased, 2005-2015	No quadratic change	Decreased
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)								
	37.6	39.3	42.3	32.2	18.0	Decreased, 2007-2015	Not available [¶]	Decreased
QN85: Percentage of students who were ever tested for HIV (not including tests done when donating blood)								
	20.5	26.4	23.8	14.8	14.7	No linear change	Not available	No change

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart)								
16.5	11.5	16.6	19.9	15.5	22.6	No linear change	No quadratic change	No change
QNOBESE: Percentage of students who were obese (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart)								
15.3	20.7	12.4	24.0	18.1	12.5	No linear change	No quadratic change	No change
QN69: Percentage of students who described themselves as slightly or very overweight								
24.3	24.7	21.9	36.6	28.6	23.4	No linear change	No quadratic change	No change
QN70: Percentage of students who were trying to lose weight								
41.0	34.2	43.8	54.8	46.3	47.0	Increased, 2005-2015	No quadratic change	No change
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)								
18.5	19.2	14.5	16.9	17.7	24.8	No linear change	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Black*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
23.3	18.8	20.1	19.0	21.2	17.7	No linear change	No quadratic change	No change
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)								
7.5	5.2	4.3	4.9	7.4	8.7	No linear change	No quadratic change	No change
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)								
62.2	59.2	63.5	57.1	62.0	51.4	No linear change	No quadratic change	No change
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)								
43.7	35.4	37.0	34.0	38.1	28.3	Decreased, 2005-2015	No quadratic change	No change
QNFR3: Percentage of students who ate fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)								
33.2	27.9	24.8	23.2	30.9	19.7	No linear change	No quadratic change	Decreased

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)								
51.0	47.3	48.7	50.0	54.4	55.2	No linear change	No quadratic change	No change
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)								
50.4	48.0	48.4	39.2	39.8	43.3	Decreased, 2005-2015	No quadratic change	No change
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)								
65.8	63.5	65.8	65.8	59.2	61.8	No linear change	No quadratic change	No change
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)								
29.3	21.6	25.1	25.5	23.3	27.6	No linear change	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
15.1	12.5	12.8	8.5	11.8	15.1	No linear change	No quadratic change	No change
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
46.6	55.0	46.8	50.0	53.0	45.9	No linear change	No quadratic change	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
24.3	27.0	19.7	19.7	24.2	19.8	No linear change	No quadratic change	No change
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
13.5	15.9	11.8	9.5	15.9	10.8	No linear change	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN77: Percentage of students who did not drink a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)								
				23.9	26.4	No linear change	Not available [‡]	No change
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)								
				18.1	13.4	No linear change	Not available	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)								
				13.1	9.4	No linear change	Not available	No change
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)								
				8.1	5.4	No linear change	Not available	No change

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[‡]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN79: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
				18.7	20.6	No linear change	Not available [‡]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
				20.1	25.6	No linear change	Not available	No change

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[§]Based on t-test analysis, $p < 0.05$.

[‡]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*

Physical Activity

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN80: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
			34.1	36.4	36.8	No linear change	Not available [¶]	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
			18.7	25.6	18.1	No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)								
			16.7	22.2	24.3	No linear change	Not available	No change
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)								
59.1	56.8	54.1	46.0	38.9	33.5	Decreased, 2005-2015	No quadratic change	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*

Physical Activity

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)								
	33.1	31.2	35.4	43.0	38.9	No linear change	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*
Other

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN88: Percentage of students who had 8 or more hours of sleep (on an average school night)								
	18.3	20.8	18.8	21.0	16.0	No linear change	Not available [¶]	No change
QN89: Percentage of students who made mostly A's or B's in school (during the 12 months before the survey)								
48.9	52.8	62.2	64.5	53.1	62.0	Increased, 2005-2015	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Black*
Site-Added**

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN90: Percentage of students who described their health as excellent or very good								
62.2	57.9	62.8	61.6	61.4	60.4	No linear change	No quadratic change	No change
QN93: Percentage of students who have been the victim of teasing or name calling because of their weight, size, or physical appearance (during the 12 months before the survey)								
			21.8	18.3	25.2	No linear change	Not available [‡]	No change
QN94: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
			9.0	10.0	7.9	No linear change	Not available	No change
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)								
			9.6	12.7	20.3	Increased, 2011-2015	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[‡]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*
Site-Added

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN97: Percentage of students who have taken over-the-counter drugs to get high (one or more times during their life)								
10.0	5.0	5.1	7.2	10.2	4.6	No linear change	No quadratic change	No change
QN98: Percentage of students who attended school under the influence of alcohol or other illegal drugs (such as marijuana or cocaine, one or more times during the 12 months before the survey)								
				14.8	15.6	No linear change	Not available [¶]	No change
QN99: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)								
			6.9	3.5	6.9	No linear change	Not available	No change
QN101: Percentage of students who ate at least one meal with their family (on three or more days during the 7 days before the survey)								
	40.6	37.6	47.4	39.1	44.2	No linear change	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Black*
Site-Added**

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]						
2005	2007	2009	2011	2013	2015									
QN106: Percentage of students who suffered a blow or jolt to their head while playing with a sports team either during a game or during practice (which caused them to get "knocked out", have memory problems, double or blurry vision, headaches or "pressure" in the head, or nausea or vomiting one or more times, among students who played on a sports team during the 12 months before the survey)						20.2	25.2	No linear change	Not available [¶]	No change				
QN108: Percentage of students who have been told by a doctor or nurse that they had a sexually transmitted disease (STD)						6.7	11.1	8.2	4.0	No linear change	Not available	No change		
QN111: Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities, on at least one day during the 7 days before the survey)						56.8	55.3	62.8	58.2	52.7	60.2	No linear change	No quadratic change	No change
QN112: Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it						83.9	80.4	83.7	87.3	77.5	No linear change	Not available	No change	

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

**Black*
Site-Added**

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN116: Percentage of students who usually spend four or more hours after school without an adult present (on a school day)								
31.4	27.0	26.3	25.6	25.9	24.7	No linear change	No quadratic change	No change
QN118: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
				57.2	66.5	Increased, 2013-2015	Not available [‡]	Increased
QN119: Percentage of students who are receiving special education services (as part of an individual education plan or IEP)								
				13.6	10.2	No linear change	Not available	No change
QN120: Percentage of students who probably or definitely will complete a post high school program (such as a vocational training program, military service, community college, or 4-year college)								
64.4	71.4	74.3	76.5	68.6	70.2	No linear change	No quadratic change	No change

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[‡]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Black*
Site-Added

Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [†]	Change from 2013-2015 [§]
2005	2007	2009	2011	2013	2015			
QN121: Percentage of students who gambled for money or possessions (including buying lottery tickets, betting money on team sports, or play card games for money, one or more times during the 12 months before the survey)								
	23.1	23.8	25.4	14.5	20.5	No linear change	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)								
15.1	11.5	13.6	13.8	12.8	11.6	No linear change	No quadratic change	No change
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)								
32.9	32.0	28.9	28.4	24.8	23.8	Decreased, 2005-2015	No quadratic change	No change
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
				14.0	10.8	No linear change	Not available [§]	No change
QN12: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
				28.1	17.8	Decreased, 2013-2015	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)								
8.0	9.3	5.6	8.5	6.1	7.5	No linear change	No quadratic change	No change
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
10.0	10.4	8.3	8.0	11.6	10.5	No linear change	No quadratic change	No change
QN17: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club one or more times during the 12 months before the survey)								
8.6	12.2	6.8	10.6	10.1	9.2	No linear change	No quadratic change	No change
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
36.7	38.9	31.1	32.3	27.3	24.7	Decreased, 2005-2015	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
	12.1	12.8	11.8	13.0	9.6	No linear change	Not available [§]	No change
QN22: Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)								
				11.2	10.3	No linear change	Not available	No change
QN23: Percentage of students who experienced sexual dating violence (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)								
				14.6	8.4	Decreased, 2013-2015	Not available	No change
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)								
			22.3	22.4	20.2	No linear change	Not available	No change

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Connecticut High School Survey
10-year Trend Analysis Report**

**Hispanic/Latino
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)								
			17.2	16.4	15.1	No linear change	Not available [§]	No change
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)								
32.2	31.5	33.3	33.5	40.8	36.0	Increased, 2005-2015	No quadratic change	No change
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
16.3	17.0	16.0	17.1	17.7	17.1	No linear change	No quadratic change	No change
QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)								
14.8	10.7	12.0	11.0	14.3	11.5	No linear change	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
15.0	22.7	15.5	16.5	12.1	10.6	Decreased, 2005-2015	No quadratic change	No change
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)								
3.8	10.4	5.8	4.7	3.9	1.2	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	Decreased
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
2.4	8.8	4.8	3.6	3.4	1.0	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	Decreased

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)								
29.3	26.0	22.2	20.7	18.7	15.6	Decreased, 2005-2015	No quadratic change	No change
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)								
38.8	42.7	42.5	40.7	30.6	31.8	Decreased, 2005-2015	No quadratic change	No change
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)								
19.6	23.8	23.4	21.1	15.5	13.5	Decreased, 2005-2015	No quadratic change	No change
QN46: Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)								
			37.9	34.0	27.9	No linear change	Not available [§]	No change
QN47: Percentage of students who ever used marijuana (one or more times during their life)								
41.0	37.0	36.6	40.1	43.9	39.6	No linear change	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)								
11.4	12.8	7.6	8.4	8.7	8.0	Decreased, 2005-2015	No quadratic change	No change
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
19.1	20.7	19.8	23.2	27.3	21.7	No linear change	No quadratic change	No change
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)								
4.2	7.6	4.3	7.1	5.7	6.5	No linear change	No quadratic change	No change
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
7.8	11.3	9.3	10.5	11.2	7.3	No linear change	No quadratic change	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)						No linear change	No quadratic change	No change
3.5	4.4	3.7	4.6	4.9	4.3			
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)						No linear change	No quadratic change	No change
4.9	6.4	2.6	3.7	5.6	5.3			
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)						No linear change	No quadratic change	No change
5.6	9.8	5.5	9.2	6.2	6.5			
QN58: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body one or more times during their life)						No linear change	Not available [§]	No change
				3.6	2.9			
QN59: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)						No linear change	No quadratic change	No change
29.3	31.0	29.5	33.2	31.3	31.8			

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Hispanic/Latino Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN60: Percentage of students who ever had sexual intercourse								
55.5	58.2	50.0	51.8	47.4	39.6	Decreased, 2005-2015	No quadratic change	No change
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)								
10.1	14.1	8.5	8.6	8.2	4.4	Decreased, 2005-2015	No quadratic change	Decreased
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)								
18.5	18.8	14.9	15.7	13.6	6.8	Decreased, 2005-2015	No quadratic change	Decreased
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)								
	41.2	36.6	33.7	34.0	26.9	Decreased, 2007-2015	Not available [§]	No change
QN64: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)								
	22.5	17.8	18.9	19.1	18.1	No linear change	Not available	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Hispanic/Latino Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN65: Percentage of students who used a condom (during last sexual intercourse among students who were currently sexually active)								
	59.1	50.6	54.1	51.1	59.1	No linear change	Not available [§]	No change
QN85: Percentage of students who were ever tested for HIV (not including tests done when donating blood)								
	20.9	19.4	19.0	19.9	15.9	No linear change	Not available	No change
QN66: Percentage of students who used birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)								
	14.6	16.4	18.5	22.1	15.4	No linear change	Not available	No change
QNIUDIMP: Percentage of students who used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)								
				0.5	1.9	No linear change	Not available	No change

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QNSHPARG: Percentage of students who used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (during last sexual intercourse among students who were currently sexually active)								
				6.7	3.2	No linear change	Not available [§]	No change
QNOTHHPL: Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)								
				29.4	20.6	No linear change	Not available	No change
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy (during last sexual intercourse among students who were currently sexually active)								
	11.4	20.0	15.0	15.2	19.6	No linear change	Not available	No change

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart)						No linear change	No quadratic change	No change
18.2	19.4	16.1	16.0	16.1	16.1			
QNOBESE: Percentage of students who were obese (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart)						No linear change	No quadratic change	No change
17.7	17.4	16.8	15.2	18.9	15.7			
QN69: Percentage of students who described themselves as slightly or very overweight						No linear change	No quadratic change	No change
32.4	36.0	31.0	30.5	38.3	33.7			
QN70: Percentage of students who were trying to lose weight						No linear change	No quadratic change	No change
53.5	50.1	48.2	49.3	53.0	52.3			
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)						No linear change	No quadratic change	No change
16.0	20.5	21.4	17.4	21.0	23.1			

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
18.1	18.2	15.2	16.2	17.1	14.8	No linear change	No quadratic change	No change
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)								
5.0	8.7	7.7	4.6	6.0	7.8	No linear change	No quadratic change	No change
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)								
58.8	58.9	63.2	64.6	60.3	58.0	No linear change	No quadratic change	No change
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)								
34.1	35.0	32.8	34.9	29.3	29.6	Decreased, 2005-2015	No quadratic change	No change
QNFR3: Percentage of students who ate fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)								
24.6	25.5	21.2	21.9	19.0	19.6	Decreased, 2005-2015	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)								
40.7	43.9	43.7	41.2	43.8	40.9	No linear change	No quadratic change	No change
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)								
40.0	39.7	41.3	37.2	37.1	36.6	No linear change	No quadratic change	No change
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)								
70.4	63.4	63.1	62.7	60.3	64.1	No linear change	No quadratic change	No change
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)								
34.6	33.0	32.9	25.9	24.9	29.9	Decreased, 2005-2015	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
15.0	11.9	13.9	7.7	11.2	10.6	Decreased, 2005-2015	No quadratic change	No change
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
44.9	46.6	48.1	52.0	54.4	55.0	Increased, 2005-2015	No quadratic change	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
20.6	22.1	19.6	22.9	19.6	24.6	No linear change	No quadratic change	Increased
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)								
12.5	12.1	8.2	10.5	10.9	14.5	No linear change	Decreased, 2005-2009 Increased, 2009-2015	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †		
2005	2007	2009	2011	2013	2015					
QN77: Percentage of students who did not drink a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)						24.0	29.8	No linear change	Not available [§]	Increased
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)						16.3	13.4	No linear change	Not available	No change
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)						13.6	9.5	No linear change	Not available	No change
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)						8.1	4.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN79: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
				14.2	18.4	No linear change	Not available [§]	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
				30.7	30.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Physical Activity

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN80: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
			38.9	34.0	35.3	No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
			14.3	19.3	17.2	No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time (during the 7 days before the survey)								
			19.0	18.2	19.3	No linear change	Not available	No change
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)								
42.6	39.5	39.2	32.4	31.2	23.4	Decreased, 2005-2015	No quadratic change	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Physical Activity

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)								
	28.3	28.3	36.4	42.7	42.8	Increased, 2007-2015	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Other

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN88: Percentage of students who had 8 or more hours of sleep (on an average school night)								
	24.6	23.1	22.1	23.3	23.7	No linear change	Not available [§]	No change
QN89: Percentage of students who made mostly A's or B's in school (during the 12 months before the survey)								
46.7	53.8	55.2	53.6	56.1	63.0	Increased, 2005-2015	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Hispanic/Latino Site-Added

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN90: Percentage of students who described their health as excellent or very good								
60.0	55.7	57.7	58.4	52.0	55.9	No linear change	No quadratic change	No change
QN91: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)								
				34.5	21.2	Decreased, 2013-2015	Not available [§]	Decreased
QN93: Percentage of students who have been the victim of teasing or name calling because of their weight, size, or physical appearance (during the 12 months before the survey)								
			29.6	29.6	27.0	No linear change	Not available	No change
QN94: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
			15.2	16.1	13.1	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Hispanic/Latino Site-Added

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)								
			20.5	23.6	24.1	No linear change	Not available [§]	No change
QN96: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)								
37.3	33.5	43.0	35.9	32.4	21.5	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	Decreased
QN97: Percentage of students who have taken over-the-counter drugs to get high (one or more times during their life)								
9.5	11.9	7.5	10.8	9.6	8.4	No linear change	No quadratic change	No change
QN98: Percentage of students who attended school under the influence of alcohol or other illegal drugs (such as marijuana or cocaine, one or more times during the 12 months before the survey)								
				20.9	16.0	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Connecticut High School Survey
10-year Trend Analysis Report**

**Hispanic/Latino
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN99: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)								
			7.6	6.8	5.2	No linear change	Not available [§]	No change
QN101: Percentage of students who ate at least one meal with their family (on three or more days during the 7 days before the survey)								
	54.8	52.7	55.6	54.7	58.9	No linear change	Not available	No change
QN106: Percentage of students who suffered a blow or jolt to their head while playing with a sports team either during a game or during practice (which caused them to get "knocked out", have memory problems, double or blurry vision, headaches or "pressure" in the head, or nausea or vomiting one or more times, among students who played on a sports team during the 12 months before the survey)								
				20.5	18.6	No linear change	Not available	No change
QN108: Percentage of students who have been told by a doctor or nurse that they had a sexually transmitted disease (STD)								
		4.0	5.7	8.8	5.9	No linear change	Not available	No change

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey 10-year Trend Analysis Report

Hispanic/Latino Site-Added

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN111: Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities, on at least one day during the 7 days before the survey)								
44.5	46.5	49.9	55.2	53.0	50.9	Increased, 2005-2015	No quadratic change	No change
QN112: Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it								
	76.8	78.6	81.9	86.0	82.5	Increased, 2007-2015	Not available [§]	No change
QN116: Percentage of students who usually spend four or more hours after school without an adult present (on a school day)								
24.0	23.6	28.8	23.4	23.3	22.3	No linear change	No quadratic change	No change
QN118: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
				56.6	58.4	No linear change	Not available	No change
QN119: Percentage of students who are receiving special education services (as part of an individual education plan or IEP)								
				10.5	11.2	No linear change	Not available	No change

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†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Site-Added

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN120: Percentage of students who probably or definitely will complete a post high school program (such as a vocational training program, military service, community college, or 4-year college)								
71.0	69.4	75.4	76.9	69.2	68.2	No linear change	No quadratic change	No change
QN121: Percentage of students who gambled for money or possessions (including buying lottery tickets, betting money on team sports, or play card games for money, one or more times during the 12 months before the survey)								
	29.5	21.1	29.2	22.3	24.5	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

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