

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Total Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else															
			23.6				11.4	9.1	9.4	9.2	8.0		Decreased, 1997-2013	Decreased, 1997-2007 No change, 2007-2013	No change
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol															
			38.3				29.7	27.3	26.7	25.2	22.2		Decreased, 1997-2013	No quadratic change	No change
QN15: Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days															
			6.5				6.4	5.5	3.9	6.6	6.6		No linear change	No quadratic change	No change
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school															
			3.0				7.4	5.5	4.9	5.3	6.8		Increased, 1997-2013	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months															
			6.1				9.1	7.7	7.0	6.8	7.1		No linear change	No change, 1997-2007 No change, 2007-2013	No change
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months															
			33.8				32.7	31.4	28.3	25.1	22.4		Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to															
								9.7	7.4	7.3	9.2		No linear change	Not available [§]	Increased
QN24: Percentage of students who had ever been bullied on school property during the past 12 months															
										21.6	21.9		No linear change	Not available	No change
QN25: Percentage of students who had ever been electronically bullied during the past 12 months															
										16.3	17.5		No linear change	Not available	No change

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months														
							24.8	22.8	25.0	24.4	27.2	No linear change	Not available [§]	No change
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months														
			21.6				15.1	13.1	14.1	14.6	14.5	Decreased, 1997-2013	Decreased, 1997-2007 No change, 2007-2013	No change
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months														
			9.1				12.1	9.8	7.4	6.7	8.1	Decreased, 1997-2013	No change, 1997-2007 No change, 2007-2013	No change

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Total Tobacco Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days														
			35.2				18.1	21.1	17.8	15.9	13.5	Decreased, 1997-2013	No quadratic change	No change
QNFRCIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days														
			17.9				7.5	8.9	6.2	5.4	4.1	Decreased, 1997-2013	No quadratic change	No change

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years															
			28.4				21.3	18.3	17.6	15.6	14.9		Decreased, 1997-2013	No quadratic change	No change
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days															
			52.6				45.3	46.0	43.5	41.5	36.7		Decreased, 1997-2013	No quadratic change	No change
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days															
			31.2				27.8	26.2	24.2	22.3	20.0		Decreased, 1997-2013	Decreased, 1997-2007 Decreased, 2007-2013	No change
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days															
										34.1	32.5		No linear change	Not available [§]	No change
QN47: Percentage of students who used marijuana one or more times during their life															
			44.9				39.8	38.6	37.6	39.6	42.1		Decreased, 1997-2013	Decreased, 1997-2009 Increased, 2009-2013	No change

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Total Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN48: Percentage of students who tried marijuana for the first time before age 13 years															
			7.7				8.5	8.5	5.8	6.3	7.0		Decreased, 1997-2013	No quadratic change	No change
QN49: Percentage of students who used marijuana one or more times during the past 30 days															
			25.8				23.1	23.2	21.8	24.1	26.0		No linear change	No change, 1997-2009 Increased, 2009-2013	No change
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life															
			5.3				7.8	8.3	5.4	5.0	4.9		No linear change	Increased, 1997-2007 Decreased, 2007-2013	No change
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life															
			19.1				11.1	11.2	10.6	9.0	8.1		Decreased, 1997-2013	No quadratic change	No change
QN52: Percentage of students who used heroin one or more times during their life															
							4.3	4.1	3.2	2.9	3.4		No linear change	Not available [§]	No change

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Total Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53: Percentage of students who used methamphetamines one or more times during their life														
							5.9	5.6	3.3	3.2	4.3	Decreased, 2005-2013	Not available [§]	No change
QN54: Percentage of students who used ecstasy one or more times during their life														
							6.4	6.6	5.0	6.3	6.5	No linear change	Not available	No change
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months														
			29.0				31.5	30.5	28.9	27.8	27.1	No linear change	No change, 1997-2007 No change, 2007-2013	No change

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN59: Percentage of students who ever had sexual intercourse															
			43.5				46.0	42.4	40.5	42.7	41.1		Decreased, 1997-2013	No quadratic change	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years															
			4.7				5.5	5.9	4.6	4.9	3.6		Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life															
			11.7				14.2	12.4	10.5	10.6	10.8		Decreased, 1997-2013	No quadratic change	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months															
								31.8	29.6	30.5	30.3		No linear change	Not available [§]	No change
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse															
								27.9	24.8	18.8	20.3		Decreased, 2007-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse														
								62.7	59.4	60.5	60.7	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Total Weight Management and Dietary Behaviors												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) [§]														
						14.5	13.1	14.3	14.1	13.9		No linear change	Not available [¶]	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) [§]														
						11.1	12.2	10.2	12.5	12.3		No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight														
			28.6				28.8	28.7	26.0	28.7	29.4	No linear change	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight														
			43.0				46.7	45.2	46.4	47.1	47.2	Increased, 1997-2013	No quadratic change	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days														
						81.1	81.7	82.3	80.0	76.4		Decreased, 2005-2013	Not available	No change

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†Based on t-test analysis, p < 0.05.

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

¶Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Total														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN72: Percentage of students who ate fruit one or more times during the past seven days												Increased, 2005-2013	Not available [§]	No change
						84.8	87.4	88.0	87.7	87.3				
QN73: Percentage of students who ate green salad one or more times during the past seven days												Decreased, 2005-2013	Not available	No change
						69.8	70.2	68.0	67.1	65.3				
QN74: Percentage of students who ate potatoes one or more times during the past seven days												No linear change	Not available	No change
						66.2	65.2	66.4	68.7	65.8				
QN75: Percentage of students who ate carrots one or more times during the past seven days												No linear change	Not available	No change
						47.7	52.6	51.8	50.1	49.9				
QN76: Percentage of students who ate other vegetables one or more times during the past seven days												Increased, 2005-2013	Not available	No change
						80.9	83.6	83.9	83.6	84.2				

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Total												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days												No linear change	Not available [§]	No change
						21.8	21.5	21.0	19.7	20.0				
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days												No linear change	Not available	Decreased
						33.8	33.6	35.6	35.2	31.0				
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days												Decreased, 2005-2013	Not available	No change
						6.6	5.5	4.3	4.4	4.7				
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days												No linear change	Not available	No change
						62.3	65.1	66.4	65.4	63.3				
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days												No linear change	Not available	No change
						22.4	21.2	21.0	21.6	19.0				

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Total												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days														
						14.2	14.7	12.9	11.1	14.6		No linear change	Not available [§]	Increased
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days														
						7.2	6.3	5.6	4.3	6.1		Decreased, 2005-2013	Not available	Increased
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days														
						61.8	66.5	64.9	64.7	65.8		No linear change	Not available	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days														
						30.5	29.9	28.7	28.3	28.9		No linear change	Not available	No change
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days														
						9.7	10.4	9.1	7.2	9.5		No linear change	Not available	No change

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Total Physical Activity												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days												No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days												No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days												No linear change	Not available	No change
QN81: Percentage of students who watched three or more hours per day of TV on an average school day												Decreased, 2005-2013	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day												Increased, 2007-2013	Not available	Increased

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: Percentage of students who would describe their grades in school as mostly A's or B's during the past 12 months														
						63.3	68.9	72.3	71.1	68.7		Increased, 2005-2013	Not available [§]	No change
QN88: Percentage of students who described their health as excellent or very good														
						64.2	60.6	65.5	62.9	62.2		No linear change	Not available	No change
QN91: Percentage of students whose property, such as their car, clothing, or books, had been stolen or deliberately damaged on school property one or more times during the past 12 months														
		29.6				30.8	28.3	26.6	25.0	20.8		Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	Decreased
QN93: Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because of their weight, size, or physical appearance														
									25.5	25.7		No linear change	Not available	No change
QN94: Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because someone thought they were gay, lesbian, or bisexual														
									10.2	10.9		No linear change	Not available	No change

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Total Site-Added	Health Risk Behavior and Percentages										Linear Change*	Quadratic Change*	Change from 2011-2013 †		
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, one or more times during the past 12 months											16.1	16.7	No linear change	Not available [§]	No change
QN96: Percentage of students who would most likely talk about it with a school counselor or teacher or other adult when they feel sad, empty, hopeless, angry, or anxious											3.3	4.4	No linear change	Not available	No change
QN97: Percentage of students who most of the time or always get the kind of help they need when they feel sad, empty, hopeless, angry, or anxious							31.8	29.9	33.5	28.1	27.9	Decreased, 2005-2013	Not available	No change	
QN98: Percentage of students who strongly disapprove or somewhat disapprove of someone their age having one or two drinks of alcohol nearly every day											71.1	71.7	No linear change	Not available	No change

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011			
QN99: Percentage of students who think people greatly risk harming themselves (physically or in other ways), if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend														
										36.3	36.9	No linear change	Not available [§]	No change
QN100: Percentage of students who have taken over-the-counter drugs to get high one or more times during their life														
						13.0	12.9	10.0	9.7	10.3		Decreased, 2005-2013	Not available	No change
QN101: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, codeine, Ritalin, or Xanax) without a doctor's prescription to get high one or more times during their life														
									9.6	11.1		No linear change	Not available	No change
QN103: Percentage of students who have been pregnant or gotten someone pregnant one or more times														
									4.2	3.2		No linear change	Not available	No change
QN104: Percentage of students who have had sexual contact with males and females during their life														
						5.2	4.5	5.0	4.8			No linear change	Not available	No change

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011			
QN105: Percentage of students who describe themselves as gay or lesbian or bisexual														
										7.2	7.9	No linear change	Not available [§]	No change
QN106: Percentage of students who exercised, ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days														
										57.9	58.0	No linear change	Not available	No change
QN110: Percentage of students who ate at least one meal with their family on three or more of the past seven days														
								62.9	63.7	65.5	64.4	No linear change	Not available	No change
QN112: Percentage of students who have ever been taught about how Hepatitis A, B, and C viruses are spread														
						72.1	71.7	65.9	70.5	63.9		Decreased, 2005-2013	Not available	Decreased
QN113: Percentage of students who had ever been tested for HIV, the virus that causes AIDS														
								14.3	12.2	14.2	13.0	No linear change	Not available	No change

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011			
QN114: Percentage of students who have ever been told by a doctor or nurse that they had a sexually transmitted disease (STD)														
									3.8	5.2	5.4	No linear change	Not available [§]	No change
QN116: Percentage of students who get eight or more hours of sleep on average school night														
								26.0	25.6	26.2	24.2	No linear change	Not available	No change
QN117: Percentage of students who live with at least one parent most of the time														
									96.7	95.7		No linear change	Not available	No change
QN118: Percentage of students who usually spend four or more hours after school without an adult present on a school day														
							29.2	26.3	21.6	23.5	21.2	Decreased, 2005-2013	Not available	No change
QN119: Percentage of students whose parents or other adults in their family never or rarely know where they are when they are away from home														
							14.1	12.5	10.5	8.4	9.0	Decreased, 2005-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011				2013
QN120: Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it															
								85.2	85.1	86.0	87.3	Increased, 2007-2013	Not available [§]	No change	
QN123: Percentage of students who probably or definitely will complete a post high school program such as a vocational training program, military service, community college, or 4-year college															
								75.8	78.2	79.5	78.8	76.6	No linear change	Not available	No change
QN124: Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities) on one or more of the past seven days															
								58.5	60.7	66.8	64.3	64.4	Increased, 2005-2013	Not available	No change
QN125: Percentage of students who work at a paying job outside their home five or more hours during an average week when they are in school															
								33.1	25.5	21.6	23.4	Decreased, 2007-2013	Not available	No change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011			
QN126: Percentage of students who spent one or more hours helping other people without getting paid (such as helping out a hospital, daycare center, food pantry, youth program, community service agency, or doing other things) to make their community a better place for people to live during the past 30 days														
							44.2	49.6	48.1	49.5	49.3	Increased, 2005-2013	Not available [§]	No change
QN127: Percentage of students who gambled for money or possessions one or more times during the past 12 months														
							32.0	26.6	25.2	21.1	Decreased, 2007-2013	Not available	Decreased	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Male Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else															
			27.0				15.0	10.6	10.0	10.9	8.9		Decreased, 1997-2013	No quadratic change	No change
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol															
			38.2				27.5	27.0	24.9	25.0	23.0		Decreased, 1997-2013	No quadratic change	No change
QN15: Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days															
			9.5				9.5	8.1	5.5	9.8	9.5		No linear change	No quadratic change	No change
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school															
			3.0				8.5	4.4	5.1	6.1	6.6		No linear change	Increased, 1997-2007 No change, 2007-2013	No change
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months															
			7.5				12.2	10.1	7.9	8.8	9.2		No linear change	Increased, 1997-2007 No change, 2007-2013	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Male Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months															
			43.5				38.5	37.9	35.7	32.4	29.2		Decreased, 1997-2013	Decreased, 1997-2009 Decreased, 2009-2013	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to															
								7.9	6.3	4.4	6.8		No linear change	Not available [§]	Increased
QN24: Percentage of students who had ever been bullied on school property during the past 12 months															
										22.3	17.9		Decreased, 2011-2013	Not available	Decreased
QN25: Percentage of students who had ever been electronically bullied during the past 12 months															
										12.5	12.3		No linear change	Not available	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months															
							18.3	16.4	17.2	18.0	19.7		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Male Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months														
			15.7				12.3	9.7	11.7	11.9	10.9	Decreased, 1997-2013	No quadratic change	No change
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months														
			5.6				12.0	10.2	7.5	5.2	8.1	No linear change	Increased, 1997-2007 No change, 2007-2013	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Male
Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days														
			34.0				17.8	19.5	19.0	17.3	15.1	Decreased, 1997-2013	No quadratic change	No change
QNFRCIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days														
			16.9				8.6	8.6	7.1	6.2	5.5	Decreased, 1997-2013	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Male														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years														
			33.5				24.6	21.0	19.3	18.2	18.8	Decreased, 1997-2013	No quadratic change	No change
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days														
			54.1				45.0	46.7	43.2	41.3	36.4	Decreased, 1997-2013	No quadratic change	No change
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days														
			34.5				28.7	27.8	26.0	25.4	23.0	Decreased, 1997-2013	No quadratic change	No change
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days														
										27.0	27.3	No linear change	Not available [§]	No change
QN47: Percentage of students who used marijuana one or more times during their life														
			46.9				42.2	39.9	41.3	43.7	46.1	No linear change	Decreased, 1997-2007 Increased, 2007-2013	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Male															
Alcohol and Other Drug Use															
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN48: Percentage of students who tried marijuana for the first time before age 13 years															
			9.6				11.7	9.9	7.9	8.3	10.0		No linear change	No quadratic change	No change
QN49: Percentage of students who used marijuana one or more times during the past 30 days															
			27.5				25.9	24.4	25.3	27.3	29.4		No linear change	No change, 1997-2007 Increased, 2007-2013	No change
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life															
			6.4				10.2	9.0	6.6	6.3	6.9		No linear change	Increased, 1997-2007 No change, 2007-2013	No change
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life															
			20.0				10.9	11.2	10.7	8.7	8.5		Decreased, 1997-2013	No quadratic change	No change
QN52: Percentage of students who used heroin one or more times during their life															
							6.9	4.8	4.1	4.2	5.4		No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Male												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53: Percentage of students who used methamphetamines one or more times during their life														
						8.1	6.3	4.4	4.4	6.4		Decreased, 2005-2013	Not available [§]	No change
QN54: Percentage of students who used ecstasy one or more times during their life														
						8.6	6.8	6.2	7.5	8.5		No linear change	Not available	No change
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months														
			32.5				33.9	33.8	32.7	32.3	29.0	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Male Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59: Percentage of students who ever had sexual intercourse														
			44.4				47.0	43.1	42.9	43.7	43.2	Decreased, 1997-2013	No quadratic change	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years														
			5.9				9.2	8.2	6.1	6.5	5.4	Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life														
			13.0				16.6	15.1	12.5	12.6	13.9	No linear change	No quadratic change	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months														
								30.2	28.9	29.2	29.6	No linear change	Not available [§]	No change
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse														
								33.9	28.3	19.4	24.8	Decreased, 2007-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Male Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse														
								67.4	62.9	68.5	65.7	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Male												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) [§]														
						16.3	14.8	16.6	16.5	14.3		No linear change	Not available [¶]	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) [§]														
						13.8	16.0	13.7	16.5	14.5		No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight														
			24.2				23.8	23.6	23.8	26.2	23.8	No linear change	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight														
			24.9				31.6	31.1	31.6	34.7	30.6	Increased, 1997-2013	No quadratic change	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days														
						81.5	84.3	82.6	80.8	79.9		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

¶Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Male												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN72: Percentage of students who ate fruit one or more times during the past seven days												No linear change	Not available [§]	No change
						82.1	85.7	85.4	85.0	85.1				
QN73: Percentage of students who ate green salad one or more times during the past seven days												Decreased, 2005-2013	Not available	No change
						66.2	65.6	64.7	62.3	59.2				
QN74: Percentage of students who ate potatoes one or more times during the past seven days												No linear change	Not available	No change
						68.0	66.2	68.8	70.2	68.4				
QN75: Percentage of students who ate carrots one or more times during the past seven days												No linear change	Not available	No change
						48.9	53.9	54.6	50.2	51.6				
QN76: Percentage of students who ate other vegetables one or more times during the past seven days												Increased, 2005-2013	Not available	No change
						78.3	80.4	82.8	81.3	82.4				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Male														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days												Decreased, 2005-2013	Not available [§]	No change
						24.9	22.9	22.5	20.9	20.3				
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days												No linear change	Not available	Decreased
						36.5	34.8	37.3	36.4	31.3				
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days												Decreased, 2005-2013	Not available	No change
						8.2	6.2	5.4	5.7	5.3				
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days												No linear change	Not available	No change
						62.7	65.8	67.3	65.8	64.6				
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days												Decreased, 2005-2013	Not available	No change
						25.5	23.1	23.0	22.6	19.6				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Male														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days														
						15.1	14.5	13.7	11.3	14.5		No linear change	Not available [§]	No change
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days														
						8.8	7.6	5.8	5.7	7.8		No linear change	Not available	No change
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days														
						60.8	66.3	65.2	61.4	66.0		No linear change	Not available	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days														
						31.4	28.8	28.6	26.3	29.5		No linear change	Not available	No change
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days														
						11.0	10.4	10.2	7.7	9.2		Decreased, 2005-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Male Physical Activity												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days												No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days												No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days												No linear change	Not available	No change
QN81: Percentage of students who watched three or more hours per day of TV on an average school day												Decreased, 2005-2013	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day												Increased, 2007-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Male Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: Percentage of students who would describe their grades in school as mostly A's or B's during the past 12 months														
						55.5	63.4	68.8	64.5	62.4		Increased, 2005-2013	Not available [§]	No change
QN88: Percentage of students who described their health as excellent or very good														
						70.2	67.7	70.2	66.8	69.1		No linear change	Not available	No change
QN91: Percentage of students whose property, such as their car, clothing, or books, had been stolen or deliberately damaged on school property one or more times during the past 12 months														
		34.3				32.9	31.0	27.5	27.8	21.6		Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	Decreased
QN93: Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because of their weight, size, or physical appearance														
									25.2	21.8		No linear change	Not available	No change
QN94: Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because someone thought they were gay, lesbian, or bisexual														
									11.1	11.7		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Male Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, one or more times during the past 12 months												No linear change	Not available [§]	No change
									10.7	11.4				
QN96: Percentage of students who would most likely talk about it with a school counselor or teacher or other adult when they feel sad, empty, hopeless, angry, or anxious												Increased, 2011-2013	Not available	No change
									2.1	3.8				
QN97: Percentage of students who most of the time or always get the kind of help they need when they feel sad, empty, hopeless, angry, or anxious												No linear change	Not available	No change
						25.6	24.0	30.1	22.1	24.3				
QN98: Percentage of students who strongly disapprove or somewhat disapprove of someone their age having one or two drinks of alcohol nearly every day												No linear change	Not available	No change
									65.6	66.4				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Male Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN99: Percentage of students who think people greatly risk harming themselves (physically or in other ways), if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend														
										29.6	29.4	No linear change	Not available [§]	No change
QN100: Percentage of students who have taken over-the-counter drugs to get high one or more times during their life														
						13.7	12.1	10.1	9.9	11.9	Decreased, 2005-2013	Not available	No change	
QN101: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, codeine, Ritalin, or Xanax) without a doctor's prescription to get high one or more times during their life														
										11.5	13.1	No linear change	Not available	No change
QN103: Percentage of students who have been pregnant or gotten someone pregnant one or more times														
										4.2	4.3	No linear change	Not available	No change
QN104: Percentage of students who have had sexual contact with males and females during their life														
						2.5	2.5	2.8	2.2	No linear change	Not available	No change		

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Male Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN105: Percentage of students who describe themselves as gay or lesbian or bisexual												No linear change	Not available [§]	No change
										5.2	5.7			
QN106: Percentage of students who exercised, ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days												No linear change	Not available	No change
										48.2	46.8			
QN110: Percentage of students who ate at least one meal with their family on three or more of the past seven days												No linear change	Not available	No change
								62.8	65.8	64.3	65.1			
QN112: Percentage of students who have ever been taught about how Hepatitis A, B, and C viruses are spread												Decreased, 2005-2013	Not available	Decreased
						70.8	72.7	65.3	70.6	62.6				
QN113: Percentage of students who had ever been tested for HIV, the virus that causes AIDS												No linear change	Not available	No change
								13.0	11.2	14.8	13.9			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Male Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN114: Percentage of students who have ever been told by a doctor or nurse that they had a sexually transmitted disease (STD)														
								4.1	5.4	7.1		No linear change	Not available [§]	No change
QN116: Percentage of students who get eight or more hours of sleep on average school night														
							28.1	29.1	26.9	25.4		No linear change	Not available	No change
QN117: Percentage of students who live with at least one parent most of the time														
								96.4	95.2			No linear change	Not available	No change
QN118: Percentage of students who usually spend four or more hours after school without an adult present on a school day														
						27.9	26.9	21.7	24.9	20.7		Decreased, 2005-2013	Not available	No change
QN119: Percentage of students whose parents or other adults in their family never or rarely know where they are when they are away from home														
						19.2	14.8	13.0	10.9	11.8		Decreased, 2005-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Male Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN120: Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it												No linear change	Not available [§]	No change
QN123: Percentage of students who probably or definitely will complete a post high school program such as a vocational training program, military service, community college, or 4-year college												Increased, 2005-2013	Not available	No change
QN124: Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities) on one or more of the past seven days												Increased, 2005-2013	Not available	No change
QN125: Percentage of students who work at a paying job outside their home five or more hours during an average week when they are in school												Decreased, 2007-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Male Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN126: Percentage of students who spent one or more hours helping other people without getting paid (such as helping out a hospital, daycare center, food pantry, youth program, community service agency, or doing other things) to make their community a better place for people to live during the past 30 days														
						41.2	47.1	45.6	47.1	47.6		Increased, 2005-2013	Not available [§]	No change
QN127: Percentage of students who gambled for money or possessions one or more times during the past 12 months														
						45.2	39.2	38.2	31.3		Decreased, 2007-2013	Not available	Decreased	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Female Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else												Decreased, 1997-2013	Decreased, 1997-2007 No change, 2007-2013	No change
			20.0				7.5	7.5	8.5	7.3	7.0			
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol												Decreased, 1997-2013	No quadratic change	No change
			38.4				31.9	27.4	28.2	25.4	21.3			
QN15: Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days												No linear change	No quadratic change	No change
			3.4				3.0	2.8	2.2	3.4	3.6			
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school												Increased, 1997-2013	No quadratic change	No change
			2.9				5.9	6.4	4.6	4.3	7.1			
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months												No linear change	No quadratic change	No change
			4.5				5.6	5.0	5.9	4.6	4.7			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Female Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months															
			23.9				26.6	24.7	20.7	17.6	15.1		Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to															
								11.5	8.4	10.2	11.6		No linear change	Not available [§]	No change
QN24: Percentage of students who had ever been bullied on school property during the past 12 months															
										20.6	26.1		Increased, 2011-2013	Not available	Increased
QN25: Percentage of students who had ever been electronically bullied during the past 12 months															
										20.1	22.8		No linear change	Not available	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months															
							31.4	29.3	32.9	31.0	34.9		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Female Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months															
			27.5				18.0	16.5	16.6	17.3	18.1		Decreased, 1997-2013	Decreased, 1997-2007 No change, 2007-2013	No change
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months															
			12.5				11.8	9.2	7.3	8.2	7.8		Decreased, 1997-2013	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Female Tobacco Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days															
			36.5				18.2	22.6	16.5	14.4	11.4		Decreased, 1997-2013	No quadratic change	No change
QNFRCIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days															
			18.8				6.3	9.2	5.2	4.7	2.7		Decreased, 1997-2013	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Female														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years														
			23.5				17.6	15.3	15.6	12.7	10.7	Decreased, 1997-2013	No quadratic change	No change
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days														
			51.3				45.5	45.3	43.8	42.1	37.0	Decreased, 1997-2013	No quadratic change	No change
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days														
			27.9				26.6	24.5	22.5	19.3	16.8	Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	No change
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days														
										41.4	37.6	No linear change	Not available [§]	No change
QN47: Percentage of students who used marijuana one or more times during their life														
			42.6				37.2	37.2	33.7	35.7	38.0	Decreased, 1997-2013	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN48: Percentage of students who tried marijuana for the first time before age 13 years														
			5.7				5.1	6.9	3.5	4.4	3.8	Decreased, 1997-2013	No quadratic change	No change
QN49: Percentage of students who used marijuana one or more times during the past 30 days														
			24.0				20.0	22.0	18.2	21.0	22.6	No linear change	No quadratic change	No change
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life														
			4.3				4.9	7.4	3.9	3.6	2.7	No linear change	Increased, 1997-2007 Decreased, 2007-2013	No change
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life														
			18.4				11.0	11.0	10.2	9.1	7.5	Decreased, 1997-2013	No quadratic change	No change
QN52: Percentage of students who used heroin one or more times during their life														
							1.3	3.0	2.0	1.7	1.2	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Female Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53: Percentage of students who used methamphetamines one or more times during their life														
							3.3	4.5	1.8	2.1	2.0	Decreased, 2005-2013	Not available [§]	No change
QN54: Percentage of students who used ecstasy one or more times during their life														
							3.5	6.2	3.6	5.1	4.3	No linear change	Not available	No change
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months														
			25.6				28.8	27.0	25.1	23.3	24.9	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Female Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59: Percentage of students who ever had sexual intercourse												Decreased, 1997-2013	No quadratic change	No change
			42.3				45.0	41.8	38.0	41.8	39.0			
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years												No linear change	No quadratic change	No change
			3.3				1.8	3.7	2.8	3.3	1.9			
QN61: Percentage of students who had sexual intercourse with four or more people during their life												Decreased, 1997-2013	No quadratic change	No change
			10.0				11.6	9.8	8.4	8.6	7.8			
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months												No linear change	Not available [§]	No change
								33.3	30.3	31.9	30.8			
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse												Decreased, 2007-2013	Not available	No change
								22.7	21.5	18.2	16.0			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Female Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse														
								58.7	56.1	53.3	56.0	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Female														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) [§]														
						12.7	11.3	11.9	11.7	13.5		No linear change	Not available [¶]	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) [§]														
						8.2	8.1	6.5	8.4	10.1		No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight														
		33.1				33.8	34.2	28.3	31.0	35.0		No linear change	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight														
		61.2				62.5	59.8	61.6	59.8	64.0		No linear change	No quadratic change	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days														
						80.8	79.5	82.1	79.3	73.1		Decreased, 2005-2013	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

¶Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey

Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN72: Percentage of students who ate fruit one or more times during the past seven days														
						87.7	89.4	90.6	90.5	89.8		No linear change	Not available [§]	No change
QN73: Percentage of students who ate green salad one or more times during the past seven days														
						73.5	75.3	71.4	72.0	71.5		No linear change	Not available	No change
QN74: Percentage of students who ate potatoes one or more times during the past seven days														
						64.2	64.2	64.1	67.1	63.0		No linear change	Not available	No change
QN75: Percentage of students who ate carrots one or more times during the past seven days														
						46.5	51.2	49.1	50.1	48.0		No linear change	Not available	No change
QN76: Percentage of students who ate other vegetables one or more times during the past seven days														
						83.6	87.0	85.2	85.9	86.0		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Female														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days												No linear change	Not available [§]	No change
						18.7	20.0	19.3	18.6	19.5				
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days												No linear change	Not available	No change
						31.1	32.3	33.7	34.1	30.7				
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days												No linear change	Not available	No change
						4.8	4.6	3.3	2.9	4.0				
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days												No linear change	Not available	No change
						61.8	64.5	65.5	65.1	62.0				
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days												No linear change	Not available	No change
						19.2	19.2	18.8	20.8	18.4				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Female														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days														
						13.4	14.8	11.9	10.9	14.4		No linear change	Not available [§]	Increased
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days														
						5.4	5.1	5.4	2.8	4.4		No linear change	Not available	No change
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days														
						62.9	66.8	64.6	67.9	65.5		No linear change	Not available	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days														
						29.6	31.1	28.7	30.3	28.2		No linear change	Not available	No change
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days														
						8.4	10.1	7.9	6.7	9.7		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Female Physical Activity												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days												No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days												No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days												No linear change	Not available	No change
QN81: Percentage of students who watched three or more hours per day of TV on an average school day												Decreased, 2005-2013	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day												Increased, 2007-2013	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Female Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: Percentage of students who would describe their grades in school as mostly A's or B's during the past 12 months														
						71.7	74.8	76.2	78.1	75.1		No linear change	Not available [§]	No change
QN88: Percentage of students who described their health as excellent or very good														
						58.0	53.6	60.7	58.9	55.0		No linear change	Not available	No change
QN91: Percentage of students whose property, such as their car, clothing, or books, had been stolen or deliberately damaged on school property one or more times during the past 12 months														
		24.8				28.5	25.3	25.4	22.3	19.8		Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	No change
QN93: Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because of their weight, size, or physical appearance														
									25.7	29.8		No linear change	Not available	No change
QN94: Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because someone thought they were gay, lesbian, or bisexual														
									9.1	10.1		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Female Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, one or more times during the past 12 months														
										21.6	22.0	No linear change	Not available [§]	No change
QN96: Percentage of students who would most likely talk about it with a school counselor or teacher or other adult when they feel sad, empty, hopeless, angry, or anxious														
										4.4	5.0	No linear change	Not available	No change
QN97: Percentage of students who most of the time or always get the kind of help they need when they feel sad, empty, hopeless, angry, or anxious														
						38.0	35.9	36.7	34.4	31.4		Decreased, 2005-2013	Not available	No change
QN98: Percentage of students who strongly disapprove or somewhat disapprove of someone their age having one or two drinks of alcohol nearly every day														
										77.0	77.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Female Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN99: Percentage of students who think people greatly risk harming themselves (physically or in other ways), if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend														
										43.5	44.6	No linear change	Not available [§]	No change
QN100: Percentage of students who have taken over-the-counter drugs to get high one or more times during their life														
						12.0	13.3	9.7	9.5	8.4	Decreased, 2005-2013	Not available	No change	
QN101: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, codeine, Ritalin, or Xanax) without a doctor's prescription to get high one or more times during their life														
										7.6	9.0	No linear change	Not available	No change
QN103: Percentage of students who have been pregnant or gotten someone pregnant one or more times														
										3.9	2.0	Decreased, 2011-2013	Not available	No change
QN104: Percentage of students who have had sexual contact with males and females during their life														
						7.9	6.4	6.9	7.4	No linear change	Not available	No change		

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Female Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN105: Percentage of students who describe themselves as gay or lesbian or bisexual												No linear change	Not available [§]	No change
QN106: Percentage of students who exercised, ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days												No linear change	Not available	No change
QN110: Percentage of students who ate at least one meal with their family on three or more of the past seven days												No linear change	Not available	No change
QN112: Percentage of students who have ever been taught about how Hepatitis A, B, and C viruses are spread												Decreased, 2005-2013	Not available	No change
QN113: Percentage of students who had ever been tested for HIV, the virus that causes AIDS												No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Female Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN114: Percentage of students who have ever been told by a doctor or nurse that they had a sexually transmitted disease (STD)												No linear change	Not available [§]	No change
QN116: Percentage of students who get eight or more hours of sleep on average school night												No linear change	Not available	No change
QN117: Percentage of students who live with at least one parent most of the time												No linear change	Not available	No change
QN118: Percentage of students who usually spend four or more hours after school without an adult present on a school day												Decreased, 2005-2013	Not available	No change
QN119: Percentage of students whose parents or other adults in their family never or rarely know where they are when they are away from home												Decreased, 2005-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Female Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN120: Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it												Increased, 2007-2013	Not available [§]	No change
QN123: Percentage of students who probably or definitely will complete a post high school program such as a vocational training program, military service, community college, or 4-year college												No linear change	Not available	No change
QN124: Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities) on one or more of the past seven days												Increased, 2005-2013	Not available	No change
QN125: Percentage of students who work at a paying job outside their home five or more hours during an average week when they are in school												Decreased, 2007-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Female Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN126: Percentage of students who spent one or more hours helping other people without getting paid (such as helping out a hospital, daycare center, food pantry, youth program, community service agency, or doing other things) to make their community a better place for people to live during the past 30 days												No linear change	Not available [§]	No change
QN127: Percentage of students who gambled for money or possessions one or more times during the past 12 months												Decreased, 2007-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

White*														
Injury and Violence														
Health Risk Behavior and Percentages												Linear Change[†]	Quadratic Change[‡]	Change from 2011-2013[§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else														
			21.2				9.1	6.2	7.5	7.3	5.6	Decreased, 1997-2013	Decreased, 1997-2007 No change, 2007-2013	No change
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol														
			36.9				29.6	27.9	27.3	24.7	21.3	Decreased, 1997-2013	No quadratic change	No change
QN15: Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days														
			5.5				4.9	4.6	3.4	5.7	6.6	No linear change	No quadratic change	No change
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school														
			2.2				6.0	4.4	3.8	4.7	5.4	Increased, 1997-2013	No quadratic change	No change
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months														
			5.2				8.1	5.7	6.2	5.8	5.6	No linear change	No change, 1997-2007 No change, 2007-2013	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

White*															
Injury and Violence															
Health Risk Behavior and Percentages												Linear Change[†]	Quadratic Change[‡]	Change from 2011-2013[§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months															
			33.7				31.0	28.5	26.5	23.1	19.7		Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to															
							8.0	5.8	5.5	7.2			No linear change	Not available [¶]	No change
QN24: Percentage of students who had ever been bullied on school property during the past 12 months															
										23.2	23.6		No linear change	Not available	No change
QN25: Percentage of students who had ever been electronically bullied during the past 12 months															
										17.6	19.0		No linear change	Not available	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months															
							22.1	19.7	22.1	22.4	24.0		No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White*												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
Injury and Violence															
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months															
			21.4				14.3	11.8	13.4	13.1	14.2	Decreased, 1997-2013		Decreased, 1997-2007 No change, 2007-2013	No change
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months															
			8.1				11.5	8.8	6.1	5.5	5.8	Decreased, 1997-2013		No change, 1997-2007 Decreased, 2007-2013	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White* Tobacco Use												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days														
			36.8				19.9	22.4	20.3	16.9	14.8	Decreased, 1997-2013	No quadratic change	No change
QNFRCIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days														
			19.2				8.9	10.0	7.3	5.6	4.7	Decreased, 1997-2013	No quadratic change	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

White*														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages												Linear Change[†]	Quadratic Change[‡]	Change from 2011-2013[§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years														
			25.7				18.5	16.4	14.4	13.8	12.0	Decreased, 1997-2013	No quadratic change	No change
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days														
			53.5				49.0	50.6	45.6	44.8	39.7	Decreased, 1997-2013	No quadratic change	No change
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days														
			32.2				31.2	30.8	27.3	24.8	22.5	Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	No change
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days														
										33.6	31.5	No linear change	Not available [¶]	No change
QN47: Percentage of students who used marijuana one or more times during their life														
			43.2				38.8	40.1	38.5	39.5	41.4	No linear change	No quadratic change	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White*														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN48: Percentage of students who tried marijuana for the first time before age 13 years														
			6.2				6.5	7.4	4.8	5.6	5.1	No linear change	No quadratic change	No change
QN49: Percentage of students who used marijuana one or more times during the past 30 days														
			25.5				23.8	25.1	23.1	25.1	25.6	No linear change	No quadratic change	No change
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life														
			5.2				8.4	9.0	5.8	4.6	4.4	No linear change	Increased, 1997-2007 Decreased, 2007-2013	No change
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life														
			20.0				11.4	11.3	10.8	8.0	7.2	Decreased, 1997-2013	No quadratic change	No change
QN52: Percentage of students who used heroin one or more times during their life														
							3.9	3.1	2.7	2.5	2.8	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White*														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53: Percentage of students who used methamphetamines one or more times during their life														
						5.6	4.7	3.1	2.8	3.4		Decreased, 2005-2013	Not available [¶]	No change
QN54: Percentage of students who used ecstasy one or more times during their life														
						6.1	5.4	4.9	6.2	6.5		No linear change	Not available	No change
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months														
			29.5				31.6	29.9	29.8	27.1	27.2	No linear change	No quadratic change	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White*														
Sexual Behaviors														
Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59: Percentage of students who ever had sexual intercourse														
			39.6				41.5	38.3	35.9	38.5	39.5	No linear change	No quadratic change	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years														
			2.0				3.3	3.0	2.0	2.5	1.7	No linear change	No change, 1997-2007 No change, 2007-2013	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life														
			8.6				11.2	9.4	7.6	7.7	8.2	No linear change	No change, 1997-2007 No change, 2007-2013	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months														
								29.7	26.8	28.3	29.1	No linear change	Not available [¶]	No change
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse														
								30.5	28.6	19.8	20.1	Decreased, 2007-2013	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White*												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Sexual Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse												No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) [¶]														
						13.6	12.1	13.5	12.3	13.3		No linear change	Not available**	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) [¶]														
						9.1	9.4	8.6	9.8	9.8		No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight														
			29.0				29.0	27.5	25.9	27.1	28.2	No linear change	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight														
			43.3				46.8	46.4	46.9	45.7	46.7	No linear change	No quadratic change	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days														
						80.7	82.6	82.7	79.0	75.5		Decreased, 2005-2013	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

**Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White*															
Weight Management and Dietary Behaviors															
Health Risk Behavior and Percentages															
													Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN72: Percentage of students who ate fruit one or more times during the past seven days															
						87.2	89.8	90.6	90.3	90.6		Increased, 2005-2013	Not available [¶]	No change	
QN73: Percentage of students who ate green salad one or more times during the past seven days															
						75.8	76.5	73.8	72.6	71.1		Decreased, 2005-2013	Not available	No change	
QN74: Percentage of students who ate potatoes one or more times during the past seven days															
						70.8	68.7	70.9	72.6	68.5		No linear change	Not available	No change	
QN75: Percentage of students who ate carrots one or more times during the past seven days															
						53.6	58.2	58.4	57.0	53.5		No linear change	Not available	No change	
QN76: Percentage of students who ate other vegetables one or more times during the past seven days															
						85.9	87.9	88.9	87.3	87.3		No linear change	Not available	No change	

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days														
						21.7	20.7	20.6	19.8	19.8		No linear change	Not available [¶]	No change
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days														
						32.0	32.6	35.8	35.1	29.5		No linear change	Not available	Decreased
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days														
						6.5	4.8	3.5	4.0	3.8		Decreased, 2005-2013	Not available	No change
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days														
						63.0	67.1	67.8	67.0	64.8		No linear change	Not available	No change
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days														
						20.0	18.9	19.8	21.1	16.8		No linear change	Not available	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White*

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days											No linear change	Not available [¶]	No change	
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days											No linear change	Not available	No change	
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days											No linear change	Not available	No change	
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days											No linear change	Not available	No change	
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days											No linear change	Not available	No change	

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White*															
Physical Activity															
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days															
								50.5	50.5	54.7	52.7	No linear change	Not available [¶]	No change	
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days															
								11.1	9.1	10.0	9.6	No linear change	Not available	No change	
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days															
								26.6	27.3	28.8	29.3	No linear change	Not available	No change	
QN81: Percentage of students who watched three or more hours per day of TV on an average school day															
								27.1	23.6	23.5	22.1	19.8	Decreased, 2005-2013	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day															
								26.6	26.6	27.3	34.1	Increased, 2007-2013	Not available	Increased	

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

White* Site-Added														
Health Risk Behavior and Percentages												Linear Change[†]	Quadratic Change[‡]	Change from 2011-2013[§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: Percentage of students who would describe their grades in school as mostly A's or B's during the past 12 months														
						69.6	75.5	78.0	77.1	75.6		Increased, 2005-2013	Not available [¶]	No change
QN88: Percentage of students who described their health as excellent or very good														
						65.4	62.5	67.9	64.6	64.7		No linear change	Not available	No change
QN91: Percentage of students whose property, such as their car, clothing, or books, had been stolen or deliberately damaged on school property one or more times during the past 12 months														
		29.3				30.9	28.5	25.7	24.9	17.5		Decreased, 1997-2013	No change, 1997-2007 Decreased, 2007-2013	Decreased
QN93: Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because of their weight, size, or physical appearance														
									25.1	25.7		No linear change	Not available	No change
QN94: Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because someone thought they were gay, lesbian, or bisexual														
									9.4	9.4		No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]					
Health Risk Behavior and Percentages																			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013								
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, one or more times during the past 12 months												16.3	15.5	No linear change	Not available [¶]	No change			
QN96: Percentage of students who would most likely talk about it with a school counselor or teacher or other adult when they feel sad, empty, hopeless, angry, or anxious												3.1	3.6	No linear change	Not available	No change			
QN97: Percentage of students who most of the time or always get the kind of help they need when they feel sad, empty, hopeless, angry, or anxious												32.4	32.0	33.7	28.2	29.4	No linear change	Not available	No change
QN98: Percentage of students who strongly disapprove or somewhat disapprove of someone their age having one or two drinks of alcohol nearly every day												72.7	73.6	No linear change	Not available	No change			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN99: Percentage of students who think people greatly risk harming themselves (physically or in other ways), if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend														
										35.1	37.3	No linear change	Not available [¶]	No change
QN100: Percentage of students who have taken over-the-counter drugs to get high one or more times during their life														
						14.3	14.4	10.9	9.8	10.0		Decreased, 2005-2013	Not available	No change
QN101: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, codeine, Ritalin, or Xanax) without a doctor's prescription to get high one or more times during their life														
										10.6	12.0	No linear change	Not available	No change
QN103: Percentage of students who have been pregnant or gotten someone pregnant one or more times														
										2.8	2.1	No linear change	Not available	No change
QN104: Percentage of students who have had sexual contact with males and females during their life														
						4.4	4.2	3.9	3.8			No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

White* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN105: Percentage of students who describe themselves as gay or lesbian or bisexual												No linear change	Not available [¶]	No change
QN106: Percentage of students who exercised, ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days												No linear change	Not available	No change
QN110: Percentage of students who ate at least one meal with their family on three or more of the past seven days												No linear change	Not available	No change
QN112: Percentage of students who have ever been taught about how Hepatitis A, B, and C viruses are spread												Decreased, 2005-2013	Not available	Decreased
QN113: Percentage of students who had ever been tested for HIV, the virus that causes AIDS												No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

White* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN114: Percentage of students who have ever been told by a doctor or nurse that they had a sexually transmitted disease (STD)												No linear change	Not available [¶]	No change
QN116: Percentage of students who get eight or more hours of sleep on average school night												No linear change	Not available	No change
QN117: Percentage of students who live with at least one parent most of the time												No linear change	Not available	No change
QN118: Percentage of students who usually spend four or more hours after school without an adult present on a school day												Decreased, 2005-2013	Not available	Decreased
QN119: Percentage of students whose parents or other adults in their family never or rarely know where they are when they are away from home												Decreased, 2005-2013	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN120: Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it												No linear change	Not available [¶]	No change
QN123: Percentage of students who probably or definitely will complete a post high school program such as a vocational training program, military service, community college, or 4-year college												No linear change	Not available	No change
QN124: Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities) on one or more of the past seven days												Increased, 2005-2013	Not available	No change
QN125: Percentage of students who work at a paying job outside their home five or more hours during an average week when they are in school												Decreased, 2007-2013	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

White* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN126: Percentage of students who spent one or more hours helping other people without getting paid (such as helping out a hospital, daycare center, food pantry, youth program, community service agency, or doing other things) to make their community a better place for people to live during the past 30 days												No linear change	Not available [¶]	No change
						45.3	51.9	50.0	51.2	51.4				
QN127: Percentage of students who gambled for money or possessions one or more times during the past 12 months												Decreased, 2007-2013	Not available	No change
						34.1	28.1	24.1	21.4					

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Black*												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Injury and Violence														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else														
						18.0	16.5	13.5	10.5	10.8		Decreased, 2005-2013	Not available [¶]	No change
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol														
						27.1	19.4	21.6	24.5	22.8		No linear change	Not available	No change
QN15: Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days														
						11.3	5.6	4.2	9.2	5.1		No linear change	Not available	No change
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school														
						10.6	5.1	6.2	3.8	5.6		Decreased, 2005-2013	Not available	No change
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months														
						12.5	8.3	7.7	5.7	8.3		No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black*														
Injury and Violence														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months														
							35.5	38.3	35.5	27.0	24.5	Decreased, 2005-2013	Not available [¶]	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to														
								12.3	9.2	9.7	10.0	No linear change	Not available	No change
QN24: Percentage of students who had ever been bullied on school property during the past 12 months														
										13.2	13.0	No linear change	Not available	No change
QN25: Percentage of students who had ever been electronically bullied during the past 12 months														
										8.8	10.8	No linear change	Not available	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months														
							30.5	25.1	28.7	21.2	23.1	Decreased, 2005-2013	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black*												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Injury and Violence														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months												No linear change	Not available [¶]	No change
						16.4	14.3	13.3	16.1	11.4				
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months												No linear change	Not available	No change
						11.5	10.3	9.0	6.2	8.2				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black* Tobacco Use												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days												No linear change	Not available [¶]	No change
						11.2	9.4	9.6	10.6	7.8				
QNFRSIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days												No linear change	Not available	No change
						3.8	1.9	1.6	5.6	1.5				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black*														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years														
						27.2	20.6	25.5	16.7	20.3		No linear change	Not available [¶]	No change
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days														
						31.9	26.3	38.1	28.1	27.9		No linear change	Not available	No change
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days														
						18.2	7.7	13.7	12.3	12.2		No linear change	Not available	No change
QN47: Percentage of students who used marijuana one or more times during their life														
						44.8	32.6	36.9	38.7	43.2		No linear change	Not available	No change
QN48: Percentage of students who tried marijuana for the first time before age 13 years														
						15.2	8.3	7.5	6.9	10.1		No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black*											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN49: Percentage of students who used marijuana one or more times during the past 30 days											No linear change	Not available [¶]	No change	
						23.6	15.7	20.5	20.3	25.4				
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life											No linear change	Not available	No change	
						7.0	3.4	1.7	3.9	3.1				
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life											No linear change	Not available	No change	
						11.8	7.3	8.2	10.2	5.4				
QN52: Percentage of students who used heroin one or more times during their life											No linear change	Not available	No change	
						6.2	3.6	2.8	2.0	2.6				
QN53: Percentage of students who used methamphetamines one or more times during their life											No linear change	Not available	No change	
						7.2	4.5	2.5	3.9	3.0				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black*														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
QN54: Percentage of students who used ecstasy one or more times during their life												No linear change	Not available [¶]	No change
						6.8	5.1	3.4	1.9	4.6				
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months												Decreased, 2005-2013	Not available	No change
						31.5	29.6	22.5	24.5	19.9				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black* Sexual Behaviors												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59: Percentage of students who ever had sexual intercourse														
							60.9	51.4	57.9	55.1	42.6	Decreased, 2005-2013	Not available [¶]	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years														
							12.4	11.8	13.7	11.3	6.6	No linear change	Not available	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life														
							26.2	23.4	21.7	20.9	21.6	No linear change	Not available	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months														
								37.6	39.3	42.3	32.2	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) [¶]														
						16.5	11.5	16.6	19.9	15.5		No linear change	Not available**	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) [¶]														
						15.3	20.7	12.4	24.0	18.1		No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight														
						24.3	24.7	21.9	36.6	28.6		Increased, 2005-2013	Not available	No change
QN67: Percentage of students who were trying to lose weight														
						41.0	34.2	43.8	54.8	46.3		Increased, 2005-2013	Not available	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days														
						81.5	80.8	85.5	83.1	82.3		No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

**Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN72: Percentage of students who ate fruit one or more times during the past seven days												No linear change	Not available [¶]	No change
						76.7	81.2	79.9	81.0	78.8				
QN73: Percentage of students who ate green salad one or more times during the past seven days												No linear change	Not available	No change
						49.0	52.7	51.3	50.0	45.6				
QN74: Percentage of students who ate potatoes one or more times during the past seven days												Increased, 2005-2013	Not available	No change
						49.6	52.0	51.6	60.8	60.2				
QN75: Percentage of students who ate carrots one or more times during the past seven days												No linear change	Not available	No change
						34.2	36.5	34.2	34.2	40.8				
QN76: Percentage of students who ate other vegetables one or more times during the past seven days												No linear change	Not available	No change
						70.7	78.4	74.9	74.5	76.7				

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Black*												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days												No linear change	Not available [¶]	No change
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days												No linear change	Not available	No change
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days												No linear change	Not available	No change
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days												No linear change	Not available	No change
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days												No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days														
						13.5	15.9	11.8	9.5	15.9		No linear change	Not available [¶]	No change
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days														
						15.1	12.5	12.8	8.5	11.8		No linear change	Not available	No change
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days														
						46.6	55.0	46.8	50.0	53.0		No linear change	Not available	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days														
						24.3	27.0	19.7	19.7	24.2		No linear change	Not available	No change
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days														
						10.7	11.4	8.8	5.5	10.2		No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black*														
Physical Activity														
Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days												No linear change	Not available [¶]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days												No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days												No linear change	Not available	No change
QN81: Percentage of students who watched three or more hours per day of TV on an average school day												Decreased, 2005-2013	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day												No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: Percentage of students who would describe their grades in school as mostly A's or B's during the past 12 months												No linear change	Not available [¶]	No change
QN88: Percentage of students who described their health as excellent or very good												No linear change	Not available	No change
QN91: Percentage of students whose property, such as their car, clothing, or books, had been stolen or deliberately damaged on school property one or more times during the past 12 months												No linear change	Not available	No change
QN93: Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because of their weight, size, or physical appearance												No linear change	Not available	No change
QN94: Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because someone thought they were gay, lesbian, or bisexual												No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, one or more times during the past 12 months												No linear change	Not available [¶]	No change
QN96: Percentage of students who would most likely talk about it with a school counselor or teacher or other adult when they feel sad, empty, hopeless, angry, or anxious												Increased, 2011-2013	Not available	No change
QN97: Percentage of students who most of the time or always get the kind of help they need when they feel sad, empty, hopeless, angry, or anxious												No linear change	Not available	No change
QN98: Percentage of students who strongly disapprove or somewhat disapprove of someone their age having one or two drinks of alcohol nearly every day												No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Black* Site-Added	Health Risk Behavior and Percentages											Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN99: Percentage of students who think people greatly risk harming themselves (physically or in other ways), if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend											45.5	40.6	No linear change	Not available [¶]	No change
QN100: Percentage of students who have taken over-the-counter drugs to get high one or more times during their life							10.0	5.0	5.1	7.2	10.2		No linear change	Not available	No change
QN101: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, codeine, Ritalin, or Xanax) without a doctor's prescription to get high one or more times during their life											6.2	8.7	No linear change	Not available	No change
QN103: Percentage of students who have been pregnant or gotten someone pregnant one or more times											6.9	3.5	No linear change	Not available	No change
QN104: Percentage of students who have had sexual contact with males and females during their life							4.8	2.8	5.4	3.9			No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Black* Site-Added												Linear Change[†]	Quadratic Change[‡]	Change from 2011-2013[§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN105: Percentage of students who describe themselves as gay or lesbian or bisexual												No linear change	Not available [¶]	No change
QN106: Percentage of students who exercised, ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days												No linear change	Not available	No change
QN110: Percentage of students who ate at least one meal with their family on three or more of the past seven days												No linear change	Not available	No change
QN112: Percentage of students who have ever been taught about how Hepatitis A, B, and C viruses are spread												No linear change	Not available	No change
QN113: Percentage of students who had ever been tested for HIV, the virus that causes AIDS												No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Black* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]					
Health Risk Behavior and Percentages																			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013								
QN114: Percentage of students who have ever been told by a doctor or nurse that they had a sexually transmitted disease (STD)												6.7	11.1	8.2	No linear change	Not available [¶]	No change		
QN116: Percentage of students who get eight or more hours of sleep on average school night												18.3	20.8	18.8	21.0	No linear change	Not available	No change	
QN117: Percentage of students who live with at least one parent most of the time												93.4	93.8			No linear change	Not available	No change	
QN118: Percentage of students who usually spend four or more hours after school without an adult present on a school day												31.4	27.0	26.3	25.6	25.9	No linear change	Not available	No change
QN119: Percentage of students whose parents or other adults in their family never or rarely know where they are when they are away from home												19.7	20.5	13.5	9.8	13.0	Decreased, 2005-2013	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN120: Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it												No linear change	Not available [¶]	No change
QN123: Percentage of students who probably or definitely will complete a post high school program such as a vocational training program, military service, community college, or 4-year college												No linear change	Not available	No change
QN124: Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities) on one or more of the past seven days												No linear change	Not available	No change
QN125: Percentage of students who work at a paying job outside their home five or more hours during an average week when they are in school												Decreased, 2007-2013	Not available	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Black* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2011-2013 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN126: Percentage of students who spent one or more hours helping other people without getting paid (such as helping out a hospital, daycare center, food pantry, youth program, community service agency, or doing other things) to make their community a better place for people to live during the past 30 days												No linear change	Not available [¶]	No change
						41.3	40.0	43.7	46.3	40.0				
QN127: Percentage of students who gambled for money or possessions one or more times during the past 12 months												No linear change	Not available	Decreased
						23.1	23.8	25.4	14.5					

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Hispanic/Latino Injury and Violence

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else												Decreased, 1997-2013	Decreased, 1997-2007 No change, 2007-2013	No change
			37.7				15.1	11.5	13.6	13.8	12.8			
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol												Decreased, 1997-2013	No quadratic change	No change
			47.0				32.9	32.0	28.9	28.4	24.8			
QN15: Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days												No linear change	No quadratic change	No change
			7.6				8.0	9.3	5.6	8.5	6.1			
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school												No linear change	No quadratic change	No change
			6.4				10.0	10.4	8.3	8.0	11.6			
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months												No linear change	No quadratic change	No change
			10.4				8.6	12.2	6.8	10.6	10.1			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months															
			31.8				36.7	38.9	31.1	32.3	27.3		No linear change	No change, 1997-2007 Decreased, 2007-2013	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to															
								12.1	12.8	11.8	13.0		No linear change	Not available [§]	No change
QN24: Percentage of students who had ever been bullied on school property during the past 12 months															
										22.3	22.4		No linear change	Not available	No change
QN25: Percentage of students who had ever been electronically bullied during the past 12 months															
										17.2	16.4		No linear change	Not available	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months															
							32.2	31.5	33.3	33.5	40.8		Increased, 2005-2013	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino Injury and Violence												Linear Change*	Quadratic Change*	Change from 2011-2013 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013				
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months															
			24.1				16.3	17.0	16.0	17.1	17.7		No linear change	No quadratic change	No change
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months															
			17.6				14.8	10.7	12.0	11.0	14.3		No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino Tobacco Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days														
			29.5				15.0	22.7	15.5	16.5	12.1	Decreased, 1997-2013	No quadratic change	No change
QNFRCIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days														
			9.1				3.8	10.4	5.8	4.7	3.9	Decreased, 1997-2013	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Hispanic/Latino Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years														
			34.2				29.3	26.0	22.2	20.7	18.7	Decreased, 1997-2013	No quadratic change	No change
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days														
			47.0				38.8	42.7	42.5	40.7	30.6	Decreased, 1997-2013	No quadratic change	Decreased
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days														
			27.3				19.6	23.8	23.4	21.1	15.5	Decreased, 1997-2013	No quadratic change	No change
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days														
										37.9	34.0	No linear change	Not available [§]	No change
QN47: Percentage of students who used marijuana one or more times during their life														
			44.6				41.0	37.0	36.6	40.1	43.9	No linear change	Decreased, 1997-2009 Increased, 2009-2013	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN48: Percentage of students who tried marijuana for the first time before age 13 years														
			10.6				11.4	12.8	7.6	8.4	8.7	No linear change	No quadratic change	No change
QN49: Percentage of students who used marijuana one or more times during the past 30 days														
			22.1				19.1	20.7	19.8	23.2	27.3	No linear change	No change, 1997-2009 Increased, 2009-2013	No change
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life														
			2.9				4.2	7.6	4.3	7.1	5.7	No linear change	No quadratic change	No change
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life														
			11.6				7.8	11.3	9.3	10.5	11.2	No linear change	No quadratic change	No change
QN52: Percentage of students who used heroin one or more times during their life														
							3.5	4.4	3.7	4.6	4.9	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN53: Percentage of students who used methamphetamines one or more times during their life												No linear change	Not available [§]	No change
						4.9	6.4	2.6	3.7	5.6				
QN54: Percentage of students who used ecstasy one or more times during their life												No linear change	Not available	No change
						5.6	9.8	5.5	9.2	6.2				
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months												No linear change	No quadratic change	No change
			22.7			29.3	31.0	29.5	33.2	31.3				

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59: Percentage of students who ever had sexual intercourse														
			56.7				55.5	58.2	50.0	51.8	47.4	Decreased, 1997-2013	No quadratic change	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years														
			12.1				10.1	14.1	8.5	8.6	8.2	No linear change	No quadratic change	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life														
			19.2				18.5	18.8	14.9	15.7	13.6	No linear change	No quadratic change	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months														
								41.2	36.6	33.7	34.0	No linear change	Not available [§]	No change
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse														
								22.5	17.8	18.9	19.1	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino
Sexual Behaviors

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2011-2013 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse														
								59.1	50.6	54.1	51.1	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †						
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013								
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) [§]											18.2	19.4	16.1	16.0	16.1	No linear change	Not available [¶]	No change	
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) [§]											17.7	17.4	16.8	15.2	18.9	No linear change	Not available	No change	
QN66: Percentage of students who described themselves as slightly or very overweight											24.9	32.4	36.0	31.0	30.5	38.3	Increased, 1997-2013	No quadratic change	Increased
QN67: Percentage of students who were trying to lose weight											45.7	53.5	50.1	48.2	49.3	53.0	No linear change	No quadratic change	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days											84.0	79.5	78.6	82.6	79.0	No linear change	Not available	No change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

¶Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN72: Percentage of students who ate fruit one or more times during the past seven days														
						81.9	81.8	84.8	83.8	82.9		No linear change	Not available [§]	No change
QN73: Percentage of students who ate green salad one or more times during the past seven days														
						59.3	56.1	56.3	58.8	56.2		No linear change	Not available	No change
QN74: Percentage of students who ate potatoes one or more times during the past seven days														
						60.0	60.3	58.7	62.8	62.9		No linear change	Not available	No change
QN75: Percentage of students who ate carrots one or more times during the past seven days														
						29.6	36.6	36.9	37.3	39.7		No linear change	Not available	No change
QN76: Percentage of students who ate other vegetables one or more times during the past seven days														
						65.4	67.0	67.1	74.1	75.1		Increased, 2005-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days											No linear change	Not available [§]	No change	
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days											No linear change	Not available	No change	
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days											No linear change	Not available	No change	
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days											No linear change	Not available	No change	
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days											No linear change	Not available	No change	

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days											No linear change	Not available [§]	No change	
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days											Decreased, 2005-2013	Not available	No change	
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days											Increased, 2005-2013	Not available	No change	
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days											No linear change	Not available	No change	
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days											No linear change	Not available	No change	

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§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Hispanic/Latino Physical Activity												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days												No linear change	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days												No linear change	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days												No linear change	Not available	No change
QN81: Percentage of students who watched three or more hours per day of TV on an average school day												Decreased, 2005-2013	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day												Increased, 2007-2013	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN87: Percentage of students who would describe their grades in school as mostly A's or B's during the past 12 months														
						46.7	53.8	55.2	53.6	56.1		No linear change	Not available [§]	No change
QN88: Percentage of students who described their health as excellent or very good														
						60.0	55.7	57.7	58.4	52.0		No linear change	Not available	No change
QN91: Percentage of students whose property, such as their car, clothing, or books, had been stolen or deliberately damaged on school property one or more times during the past 12 months														
		24.8				28.0	29.2	28.0	26.6	28.8		No linear change	No quadratic change	No change
QN93: Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because of their weight, size, or physical appearance														
									29.6	29.6		No linear change	Not available	No change
QN94: Percentage of students who have ever been the victim of teasing or name calling during the past 12 months because someone thought they were gay, lesbian, or bisexual														
									15.2	16.1		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino
Site-Added

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, one or more times during the past 12 months											No linear change	Not available [§]	No change	
										20.5	23.6			
QN96: Percentage of students who would most likely talk about it with a school counselor or teacher or other adult when they feel sad, empty, hopeless, angry, or anxious											No linear change	Not available	No change	
										5.0	4.8			
QN97: Percentage of students who most of the time or always get the kind of help they need when they feel sad, empty, hopeless, angry, or anxious											No linear change	Not available	No change	
						32.8	26.2	33.7	28.5	26.0				
QN98: Percentage of students who strongly disapprove or somewhat disapprove of someone their age having one or two drinks of alcohol nearly every day											No linear change	Not available	No change	
										64.6	70.3			

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN99: Percentage of students who think people greatly risk harming themselves (physically or in other ways), if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend														
										35.3	33.0	No linear change	Not available [§]	No change
QN100: Percentage of students who have taken over-the-counter drugs to get high one or more times during their life														
						9.5	11.9	7.5	10.8	9.6		No linear change	Not available	No change
QN101: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, codeine, Ritalin, or Xanax) without a doctor's prescription to get high one or more times during their life														
										8.5	8.1	No linear change	Not available	No change
QN103: Percentage of students who have been pregnant or gotten someone pregnant one or more times														
										7.6	6.8	No linear change	Not available	No change
QN104: Percentage of students who have had sexual contact with males and females during their life														
						9.4	6.9	9.4	8.6			No linear change	Not available	No change

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey Trend Analysis Report

Hispanic/Latino Site-Added

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2011-2013 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN105: Percentage of students who describe themselves as gay or lesbian or bisexual											No linear change	Not available [§]	No change	
								10.3	12.0					
QN106: Percentage of students who exercised, ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days											No linear change	Not available	No change	
								54.0	61.4					
QN110: Percentage of students who ate at least one meal with their family on three or more of the past seven days											No linear change	Not available	No change	
								54.8	52.7	55.6	54.7			
QN112: Percentage of students who have ever been taught about how Hepatitis A, B, and C viruses are spread											No linear change	Not available	No change	
								73.7	64.4	61.9	66.3	61.7		
QN113: Percentage of students who had ever been tested for HIV, the virus that causes AIDS											No linear change	Not available	No change	
								20.9	19.4	19.0	19.9			

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2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey

Trend Analysis Report

Hispanic/Latino Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN114: Percentage of students who have ever been told by a doctor or nurse that they had a sexually transmitted disease (STD)														
									4.0	5.7	8.8	Increased, 2009-2013	Not available [§]	No change
QN116: Percentage of students who get eight or more hours of sleep on average school night														
							24.6	23.1	22.1	23.3	No linear change	Not available	No change	
QN117: Percentage of students who live with at least one parent most of the time														
									93.6	91.7	No linear change	Not available	No change	
QN118: Percentage of students who usually spend four or more hours after school without an adult present on a school day														
						24.0	23.6	28.8	23.4	23.3	No linear change	Not available	No change	
QN119: Percentage of students whose parents or other adults in their family never or rarely know where they are when they are away from home														
						16.7	19.2	16.2	10.2	12.7	Decreased, 2005-2013	Not available	No change	

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN120: Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it												Increased, 2007-2013	Not available [§]	No change
							76.8	78.6	81.9	86.0				
QN123: Percentage of students who probably or definitely will complete a post high school program such as a vocational training program, military service, community college, or 4-year college												No linear change	Not available	No change
							71.0	69.4	75.4	76.9	69.2			
QN124: Percentage of students who took part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities) on one or more of the past seven days												Increased, 2005-2013	Not available	No change
							44.5	46.5	49.9	55.2	53.0			
QN125: Percentage of students who work at a paying job outside their home five or more hours during an average week when they are in school												No linear change	Not available	No change
							26.5	24.1	21.9	20.6				

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

Connecticut High School Survey
Trend Analysis Report

Hispanic/Latino Site-Added												Linear Change*	Quadratic Change*	Change from 2011-2013 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN126: Percentage of students who spent one or more hours helping other people without getting paid (such as helping out a hospital, daycare center, food pantry, youth program, community service agency, or doing other things) to make their community a better place for people to live during the past 30 days												No linear change	Not available [§]	No change
						41.1	44.7	41.6	45.3	48.3				
QN127: Percentage of students who gambled for money or possessions one or more times during the past 12 months												No linear change	Not available	No change
						29.5	21.1	29.2	22.3					

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.