2011

Connecticut School Health Survey

Youth Behavior Component

Student Questionnaire

This survey is about your habits and choices that you make about your health behaviors. It has been developed so you can tell us what you do that may affect your health. The answers you provide will be used to develop better public health and education programs for young people like yourself. Your answers are important and we want to hear from you. Your answers will be combined with responses from students around the state to help give an accurate picture of all Connecticut students.

DO NOT write your name on this survey or answer sheet. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really know or do.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. Not all the questions or behaviors mentioned in this survey may apply to you, but please read each one carefully and respond with the answer that best fits what you really do. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. USE THE PENCIL PROVIDED. Fill in the circles completely. When you are finished, follow the instructions of the person giving you the survey.

Thank you very much for your help.



Directions

- Use a #2 pencil only.
- Make dark marks.
- Fill in a response like this: $A B \bullet D$.
- If you change your answer, erase your old answer completely.
- 1. How old are you?
 - A. 12 years old or younger
 - B. 13 years old
 - C. 14 years old
 - D. 15 years old
 - E. 16 years old
 - F. 17 years old
 - G. 18 years old or older
- 2. What is your sex?
 - A. Female
 - B. Male
- 3. In what grade are you?
 - A. 9th grade
 - B. 10th grade
 - C. 11th grade
 - D. 12th grade
 - E. Ungraded or other grade
- 4. Are you Hispanic or Latino?
 - A. Yes
 - B. No
- 5. What is your race? (Select one or more responses.)
 - A. American Indian or Alaska Native
 - B. Asian
 - C. Black or African American
 - D. Native Hawaiian or Other Pacific Islander
 - E. White

6. How tall are you without your shoes on?

Directions: Write your height in the shaded blank boxes. Fill in the matching oval below each number.

Example

Height		
Feet	Inches	
5	7	
3	0	
4	①	
•	2	
6	3	
7	4	
	(5)	
	6	
	•	
	8	
	9	
	10	
	1	

7. How much do you weigh without your shoes on?

Directions: Write your weight in the shaded blank boxes. Fill in the matching oval below each number.

Example

Weight			
Pounds			
1	5	2	
0	0	0	
•	①	①	
3	2		
3	3	3	
	4	4	
	•	(5)	
	6	6	
	7	7	
	8	8	
	9	9	

- 8. During the past 12 months, how would you describe your grades in school?
 - A. Mostly A's
 - B. Mostly B's
 - C. Mostly C's
 - D. Mostly D's
 - E. Mostly F's
 - F. None of these grades
 - G. Not sure
- 9. How do you describe your health in general?
 - A. Excellent
 - B. Very good
 - C. Good
 - D. Fair
 - E. Poor

The next 5 questions ask about safety.

- 10. How often do you wear a seat belt when **riding** in a car driven by someone else?
 - A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always
- 11. During the past 30 days, how many times did you **ride** in a car or other vehicle **driven by someone who had been drinking alcohol**?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

- 12. During the past 30 days, how many times did you **drive** a car or other vehicle **when you had been drinking alcohol**?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times
- 13. During the past 30 days, on how many days did you **talk on a cell phone** while **driving** a car or other vehicle?
 - A. I do not drive a car
 - B. 0 days
 - C. 1 or 2 days
 - D. 3 to 5 days
 - E. 6 to 9 days
 - F. 10 to 19 days
 - G. 20 to 29 days
 - H. All 30 days
- 14. During the past 30 days, on how many days did you **text or e-mail** while **driving** a car or other vehicle?
 - A. I do not drive a car
 - B. 0 days
 - C. 1 or 2 days
 - D. 3 to 5 days
 - E. 6 to 9 days
 - F. 10 to 19 days
 - G. 20 to 29 days
 - H. All 30 days

The next 9 questions ask about violencerelated behaviors and harassment.

- 15. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club **on school property**?
 - A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days

- 16. During the past 30 days, on how many days did you **not** go to school because you felt you would be unsafe at school or on your way to or from school?
 - A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
- 17. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club **on school property**?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
- 18. During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books **on school property**?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times

- 19. During the past 12 months, how many times were you in a physical fight?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
- 20. During the past 12 months, how many times were you in a physical fight **on school property**?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
- 21. During the past 12 months, did your boyfriend or girlfriend ever verbally or emotionally abuse you (for example, called you names, made fun of you in front of others, made fun of your body or looks, or told you that you are no good or worthless)?
 - A. Yes
 - B. No
- 22. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?
 - A. Yes
 - B. No.
- 23. Have you ever been physically forced to have sexual intercourse when you did not want to?
 - A. Yes
 - B. No

The 4 next questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

- 24. During the past 12 months, have you ever been bullied **on school property**?
 - A. Yes
 - B. No
- 25. During the past 12 months, have you ever been **electronically** bullied? (Include being bullied through email, chat rooms, instant messaging, Web sites, or texting.)
 - A. Yes
 - B. No
- 26. During the past 12 months, have you ever been the victim of teasing or name calling because of your weight, size, or physical appearance?
 - A. Yes
 - B. No
- 27. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?
 - A. Yes
 - B. No

The next 6 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.

- 28. During the past 12 months, did you ever feel so sad or hopeless almost every day for **two weeks or more in** a **row** that you stopped doing some usual activities?
 - A. Yes
 - B. No
- 29. When you feel sad, empty, hopeless, angry, or anxious, with whom would you most likely talk about it?
 - A. I do not feel sad, empty, hopeless, angry, or anxious
 - B. Parent or other adult family member
 - C. School nurse
 - D. School counselor or teacher
 - E. Other adult
 - F. Friend
 - G. Sibling
 - H. Not sure
- 30. When you feel sad, empty, hopeless, angry, or anxious, how often do you get the kind of help you need?
 - A. I do not feel sad, empty, hopeless, angry, or anxious
 - B. Never
 - C. Rarely
 - D. Sometimes
 - E. Most of the time
 - F. Always
- 31. During the past 12 months, did you ever **seriously** consider attempting suicide?
 - A. Yes
 - B. No

- 32. During the past 12 months, how many times did you actually attempt suicide?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times
- 33. During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

The next question asks about tobacco use.

- 34. During the past 30 days, on how many days did you smoke cigarettes?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days

The next 7 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

- 35. How old were you when you had your first drink of alcohol other than a few sips?
 - A. I have never had a drink of alcohol other than a few sips
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
- 36. During the past 30 days, on how many days did you have at least one drink of alcohol?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
- 37. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?
 - A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 to 5 days
 - E. 6 to 9 days
 - F. 10 to 19 days
 - G. 20 or more days

- 38. During the past 30 days, on how many days did you have at least one drink of alcohol **on school property**?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
- 39. During the past 30 days, how did you **usually** get the alcohol you drank?
 - A. I did not drink alcohol during the past 30 days
 - B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station
 - C. I bought it at a restaurant, bar, or club
 - D. I bought it at a public event such as a concert or sporting event
 - E. I gave someone else money to buy it for me
 - F. Someone gave it to me
 - G. I took it from a store or family member
 - H. I got it some other way
- 40. Do you disapprove or approve of someone your age having one or two drinks of alcohol nearly every day?
 - A. Strongly disapprove
 - B. Somewhat disapprove
 - C. Not sure
 - D. Somewhat approve
 - E. Strongly approve

- 41. How much do you think people risk harming themselves (physically or in other ways), if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend?
 - A. No risk
 - B. Slight risk
 - C. Moderate risk
 - D. Great risk

The next 4 questions ask about marijuana use. Marijuana also is called grass or pot.

- 42. During your life, how many times have you used marijuana?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 to 99 times
 - G. 100 or more times
- 43. How old were you when you tried marijuana for the first time?
 - A. I have never tried marijuana
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
- 44. During the past 30 days, how many times did you use marijuana?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times

- 45. During the past 30 days, how many times did you use marijuana on school property?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times

The next 8 questions ask about other drugs.

- 46. During your life, how many times have you taken **over-the-counter drugs** to get high?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 47. During your life, how many times have you taken a **prescription drug** (such as OxyContin, Percocet, Vicodin, Adderall, codeine, Ritalin, or Xanax) without a doctor's prescription, to get high?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 48. During your life, how many times have you used **any** form of cocaine, including powder, crack, or freebase?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times

- 49. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 50. During your life, how many times have you used **heroin** (also called smack, junk, or China White)?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 51. During your life, how many times have you used **methamphetamines** (also called speed, crystal, crank, or ice)?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 52. During your life, how many times have you used **ecstasy** (also called MDMA)?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 53. During the past 12 months, has anyone offered, sold, or given you an illegal drug **on school property**?
 - A. Yes
 - B. No

The next 11 questions ask about sexual behavior.

- 54. Have you ever had sexual intercourse?
 - A. Yes
 - B. No
- 55. How old were you when you had sexual intercourse for the first time?
 - A. I have never had sexual intercourse
 - B. 11 years old or younger
 - C. 12 years old
 - D. 13 years old
 - E. 14 years old
 - F. 15 years old
 - G. 16 years old
 - H. 17 years old or older
- 56. The first time you had sexual intercourse, how many years younger or older than you was your partner?
 - A. I have never had sexual intercourse
 - B. 5 or more years younger
 - C. 3 to 4 years younger
 - D. About the same age
 - E. 3 to 4 years older
 - F. 5 or more years older
 - G. Not sure
- 57. During your life, with how many people have you had sexual intercourse?
 - A. I have never had sexual intercourse
 - B. 1 person
 - C. 2 people
 - D. 3 people
 - E. 4 people
 - F. 5 people
 - G. 6 or more people

- 58. During the past 3 months, with how many people did you have sexual intercourse?
 - A. I have never had sexual intercourse
 - B. I have had sexual intercourse, but not during the past 3 months
 - C. 1 person
 - D. 2 people
 - E. 3 people
 - F. 4 people
 - G. 5 people
 - H. 6 or more people
- 59. Did you drink alcohol or use drugs before you had sexual intercourse the **last time**?
 - A. I have never had sexual intercourse
 - B. Yes
 - C. No
- 60. The **last time** you had sexual intercourse, did you or your partner use a condom?
 - A. I have never had sexual intercourse
 - B. Yes
 - C. No

- 61. The **last time** you had sexual intercourse, what **one** method did you or your partner use to **prevent pregnancy**? (Select only **one** response.)
 - A. I have never had sexual intercourse
 - B. No method was used to prevent pregnancy
 - C. Birth control pills
 - D. Condoms
 - E. Depo-Provera (or any injectable birth control),Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD
 - F. Withdrawal
 - G. Some other method
 - H. Not sure
- 62. How many times have you been pregnant or gotten someone pregnant?
 - A. 0 times
 - B. 1 time
 - C. 2 or more times
 - D. Not sure
- 63. During your life, with whom have you had sexual contact?
 - A. I have never had sexual contact
 - B. Females
 - C. Males
 - D. Females and males
- 64. Which of the following best describes you?
 - A. Heterosexual (straight)
 - B. Gay or lesbian
 - C. Bisexual
 - D. Not sure

The next 6 questions ask about body weight.

- 65. How do **you** describe your weight?
 - A. Very underweight
 - B. Slightly underweight
 - C. About the right weight
 - D. Slightly overweight
 - E. Very overweight
- 66. Which of the following are you trying to do about your weight?
 - A. **Lose** weight
 - B. **Gain** weight
 - C. **Stay** the same weight
 - D. I am **not trying to do anything** about my weight
- 67. During the past 30 days, did you exercise, eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?
 - A. Yes
 - B. No
- 68. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?
 - A. Yes
 - B. No
- 69. During the past 30 days, did you take laxatives or any diet pills, powders, or liquids (without a doctor's advice) or vomit to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)
 - A. Yes
 - B. No

The next 9 questions ask about food you ate or drank. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

- 70. During the past 7 days, how many times did you drink **100% fruit juices** such as orange juice, apple juice, or grape juice? (Do **not** count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)
 - A. I did not drink 100% fruit juice during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 71. During the past 7 days, how many times did you eat **fruit**? (Do **not** count fruit juice.)
 - A. I did not eat fruit during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day

- 72. During the past 7 days, how many times did you eat **green salad**?
 - A. I did not eat green salad during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 73. During the past 7 days, how many times did you eat **potatoes**? (Do **not** count french fries, fried potatoes, or potato chips.)
 - A. I did not eat potatoes during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 74. During the past 7 days, how many times did you eat **carrots**?
 - A. I did not eat carrots during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day

- 75. During the past 7 days, how many times did you eat **other vegetables**? (Do **not** count green salad, potatoes, or carrots.)
 - A. I did not eat other vegetables during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 76. During the past 7 days, on how many days did you eat at least one meal with your family?
 - A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days
- 77. During the past 12 months, have you received free or reduced price milk, breakfast, or lunch from your school?
 - A. Yes
 - B. No
 - C. Not sure
- 78. During the past 30 days, how often did you go hungry because there was not enough food in your home?
 - A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

The next 3 questions ask about physical activity.

- 79. During the past 7 days, on how many days were you physically active for a total of **at least 60 minutes per day**? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)
 - A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days
- 80. On an average school day, how many hours do you watch TV?
 - A. I do not watch TV on an average school day
 - B. Less than 1 hour per day
 - C. 1 hour per day
 - D. 2 hours per day
 - E. 3 hours per day
 - F. 4 hours per day
 - G. 5 or more hours per day
- 81. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work?

 (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.)
 - A. I do not play video or computer games or use a computer for something that is not school work
 - B. Less than 1 hour per day
 - C. 1 hour per day
 - D. 2 hours per day
 - E. 3 hours per day
 - F. 4 hours per day
 - G. 5 or more hours per day

The next 5 questions ask about other health-related topics.

- 82. Have you ever been taught about AIDS or HIV infection in school?
 - A. Yes
 - B. No
 - C. Not sure
- 83. Have you ever been taught about how hepatitis A, B, and C viruses are spread?
 - A. Yes
 - B. No
 - C. Not sure
- 84. Have you ever been tested for HIV, the virus that causes AIDS? (Do **not** count tests done if you donated blood.)
 - A. Yes
 - B. No
 - C. Not sure
- 85. Have you ever been told by a doctor or nurse that you had a sexually transmitted disease (STD)?
 - A. Yes
 - B. No
 - C. Not sure
- 86. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?
 - A. During the past 12 months
 - B. Between 12 and 24 months ago
 - C. More than 24 months ago
 - D. Never
 - E. Not sure

The next 13 questions are about interaction with your family and after school activities.

- 87. On a school day, how many hours do you **usually** spend after school without an adult present?
 - A. 0 hours
 - B. Less than one hour
 - C. 1 hour
 - D. 2 hours
 - E. 3 hours
 - F. 4 hours
 - G. 5 or more hours
- 88. Have your parents or other adults in your family ever talked with you about what they expect you to do or not to do when it comes to sex?
 - A. Yes
 - B. No
 - C. Not sure
- 89. Besides your parents, how many adults would you feel comfortable seeking help from if you had an important question affecting your life?
 - A. 0 adults
 - B. 1 adult
 - C. 2 adults
 - D. 3 adults
 - E. 4 adults
 - F. 5 or more adults
- 90. When you are away from home, how often do your parents or other adults in your family know where you are?
 - A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

- 91. Do you agree or disagree that your family loves you and gives you help and support when you need it?
 - A. Strongly agree
 - B. Agree
 - C. Not sure
 - D. Disagree
 - E. Strongly disagree
- 92. On how many of the past 7 days did you take part in organized after school, evening, or weekend activities (such as school clubs; sports; community center groups; music, art, or dance lessons; drama; church; or other supervised activities)?
 - A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days
- 93. During an average week when you are in school, how many hours do you work at a paying job outside your home?
 - A. 0 hours
 - B. 1 to 4 hours
 - C. 5 to 8 hours
 - D. 9 to 12 hours
 - E. 13 to 20 hours
 - F. 21 or more hours

- 94. During the past 30 days, how many hours did you spend helping other people without getting paid (such as helping out a hospital, daycare center, food pantry, youth program, or community service agency or doing other things) to make your community a better place for people to live?
 - A. 0 hours
 - B. 1 to 4 hours
 - C. 5 to 8 hours
 - D. 9 to 12 hours
 - E. 13 to 20 hours
 - F. 21 or more hours
- 95. On an average school night, how many hours of sleep do you get?
 - A. 4 or less hours
 - B. 5 hours
 - C. 6 hours
 - D. 7 hours
 - E. 8 hours
 - F. 9 hours
 - G. 10 or more hours
- 96. During the past 12 months, how many times did you gamble for money or possessions? (Include buying lottery tickets, betting money on sports teams, or playing card games for money.)
 - A. 0 times
 - B. 1 to 5 times
 - C. 6 to 15 times
 - D. 16 to 25 times
 - E. 26 or more times

- 97. How likely is it that you will complete a post high school program such as a vocational training program, military service, community college, or 4-year college?
 - A. Definitely will not
 - B. Probably will not
 - C. Probably will
 - D. Definitely will
 - E. Not sure
- 98. Whom do you live with most of the time?
 - A. 2 parents
 - B. 1 parent and 1 stepparent
 - C. Both parents in separate households
 - D. 1 parent only
 - E. Foster parent
 - F. Other family member
 - G. Other non-family adult

- 99. Where do you typically sleep at night?
 - A. At home with my parents or guardians
 - B. At a friend's or relative's home with my parents or guardians
 - C. At a friend's or relative's home without my parents or guardians
 - D. In a supervised shelter with my parents or guardians
 - E. In a supervised shelter without my parents or guardians
 - F. In a hotel or motel, car, park, campground or other public place with my parents or guardians
 - G. In a hotel or motel, car, park, campground or other public place without my parents or guardians
 - H. Somewhere else

This is the end of the survey. Thank you very much for your help.