Connecticut Behavioral Risk Factor Survey

Prevalence Estimates for Risk Factors and Health Indicators

Selected Summary Tables 2017



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State of Connecticut
Department of Public Health





Acknowledgments

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Find more BRFSS factsheets, reports and publications at the Connecticut Department of Public Health BRFSS website: http://www.ct.gov/dph/BRFSS.

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Table of Contents

Acknowledgments	i
Introduction	1
Summary of Selected Health Indicators	2
Adult Health	7
Health Status	7
General Health	
Poor physical health	7
Poor mental health	8
Obese	8
Overweight	9
Insurance Coverage	9
18-64 years old adults with Medicaid	10
18-64 years old adults with Medicare	10
18-64 years old adults without insurance	11
18-64 years old adults with private insurance	11
Health Care Access	12
At least one regular doctor	12
Disability	13
Risk Behaviors	14
No leisure time physical activities	
Seatbelt use	14
Current smoker	15
Ever use E-cigarette	15
Ever tried smoking cigars	16
Ever tried hookah	16
Consume fruit one or more time per day	17
Consume Vegetables one or more time per day	
Binge drinking	
Heavy drinking	
Excessive drinking	
Met both aerobic and strengthening guidelines	

Cli	nical Preventive Practice Check up in the past year	
	Ever had pneumonia shot	
	Flu shot in the past year	
	Ever test for HIV	
	Had high blood sugar test in past three years	
	Receive tetanus shot	22
Ch	ronic Conditions Current Asthma	
	Depression	24
	Cancer	24
	COPD	25
	Kidney disease	25
	Cardiovascular Disease	26
	Diabetes	26
	Pre-diabetes	27
	Arthritis	27
	Arthritis Burden-Limited usual activities	28
	Arthritis Burden-Limited social activities	28
	Arthritis Burden-Limited work related activities	29
	Hypertension awareness	29
	Cholesterol awareness	30
Ot	her Adult TopicsWater Source-Private Well Water	
	Water Source-Public Water	31
	Aware suicide prevention campaign	31
Ch	ild Health Ever breastfed	
	Overweight (5-17 years old)	32
	Obesity (5-17 years old)	33
	Current asthma	33
	Soda consumption	34
	Fast food consumption	34
	Dentist visit in the past year	35

Dental sealants	35
Dental decay in the past year	36
Excessive screen time	36

Introduction

The Connecticut Behavioral Risk Factor Surveillance System (CT BRFSS) is an ongoing statewide voluntary phone survey of Connecticut citizen volunteers aged 18 and over. It is funded by the Centers for Disease Control and Prevention (CDC) in all 50 states, and has been implemented in Connecticut since 1989.

For the 2017 CT BRFSS, the landline sample was a disproportionate stratified random digit dial (RDD) sample, stratified by geography and phone listed status. Within each contacted household, one adult was selected at random to be interviewed. The cell phone sample was an un-stratified RDD sample drawn from dedicated cellular telephone banks with equal probability. An adult contacted by cell phone was eligible to complete the survey if he or she lived in a private residence or college housing either without a landline present, or with a landline but with at least 90 percent of all calls received by cell phone. Each month, survey data from Connecticut are sent to CDC for editing and checking. At the end of each year, data are compiled and weighted to be representative of all adults in the state, and returned to states for analysis and use in planning and monitoring health programs. Summary data for all states are available on the CDC BRFSS website (http://www.cdc.gov/BRFSS).

In 2017, the total sample size of completed interviews for the core survey was 10,588 (land line=5,528; cell phone=5,060). Due to variability in response rates to individual questions and differences in specific sub-populations of interest for particular questions, not all estimates are based on a total sample size of 10,588. Prevalence estimates and 95% confidence intervals were computed using SAS PROC SURVEYFREQ, which can properly compute variances for complex survey sampling plans. Any responses of "Not Known/Not sure" or "Refused" were classified as missing.

In an effort to provide the most reliable information possible, coefficients of variation (CV) were used to assess the validity of each estimate. Prevalence estimates with a CV of between 15% and 20%, inclusive, are marked with a single asterisk (*). Prevalence estimates with a CV between 20.1% and 30%, inclusive, are rounded to the nearest five percent, and are marked with two asterisks (**) to indicate that caution should be exercised when interpreting these estimates. Prevalence estimates with a CV greater than 30% are suppressed due to poor validity. Only comparisons between estimates with non-overlapping 95% confidence intervals should be considered significantly different.

Due to the BRFSS methodology changes that took place in 2011, the estimates provided within the following tables should only be compared to CT BRFSS estimates from the 2011-2017 and not to CT BRFSS estimates from years prior to 2011.

If you have any questions regarding any of the estimates within the following tables, please contact Xi Zheng at xi.zheng@ct.gov. To access to the 2017 CT BRFSS questionnaire, please visit the CT BRFSS web page at: www.ct.gov/dph/brfss.

Summary of Selected Health Indicators			
Adult Health			
Indicators	%	9	95% CI
Health Status			
Fair or poor health	14.5	13.6	15.5
Poor physical health at least 14 days in past month	10.6	9.8	11.4
Poor mental health at least 14 days in past month	10.0	9.1	10.8
Adult overweight	36.4	35.0	37.7
Adult obesity	26.9	25.6	28.1
Disability	22.5	21.4	23.7
All adults with health Insurance	92.1	91.2	92.9
Adults 18-64 with insurance	90.2	89.2	91.3
Private insurance (18-64)	63.1	61.4	64.7
Medicare (18-64)	5.7	5.0	6.5
Medicaid (18-64)	12.3	11.2	13.5
Other/unknown insurance (18-64)	9.1	8.1	10.1
Uninsured (18-64)	9.8	8.7	10.8
Adults with at least one regular doctor	85.4	84.3	86.4
Could not see doctor because of cost	10.5	9.6	11.4
Risk Behaviors	•		
No leisure time physical activities	24.0	22.8	25.3
Current smoker	12.7	11.7	13.7
Ever tried hookah	15.0	13.8	16.2
Ever tried smoking cigars	34.0	32.6	35.4
Ever used E-cigarette	15.6	14.5	16.7
Current use E-cigarette everyday	7.6	5.5	9.7
Current use E-cigarette someday	13.0	10.3	15.6
Binge drinker	15.4	14.3	16.5
Heavy drinker	5.3	4.7	6.0
Excessive drinking	16.9	15.8	18.0
Always wear a seatbelt	91.6	90.7	92.4
Consume fruit at least once daily	68.7	67.4	70.1
Consume vegetables at least once daily	83.2	82.0	84.4
Met both aerobic and strengthening exercise guidelines	22.8	21.6	24.0
Clinical Preventive Practice			
Routine check-up in past year	75.1	73.9	76.3
Had flu shot in past year	45.8	44.4	47.2

Indicators	%	9	95% CI
Had a pneumonia shot (all ages)	37.8	36.4	39.2
Had a tetanus shot in past 10 years	58.7	56.6	60.9
Ever test for HIV	36.0	34.6	37.4
Had cholesterol checked in past 5 years	91.4	90.5	92.4
Tested blood sugar in past 3 years	57.6	55.5	59.7
Chronic Conditions			
Adult with current asthma	10.7	9.8	11.5
Adult with former asthma	5.7	5.0	6.4
Adult ever told they have COPD	5.7	5.1	6.3
Adult with heart attack, coronary heart disease, or stroke (CVD)	7.4	6.8	8.0
Adult ever diagnosed with arthritis	23.2	22.2	24.2
Adults with arthritis have limited their usual activities	10.9	10.1	11.6
Adults with arthritis have limited their work	6.8	6.2	7.4
Adults with arthritis have limited their social activities a lot	4.2	3.7	4.7
Adult ever diagnosed with cancer	11.6	10.9	12.3
Adult ever told they have prediabetes	8.2	7.2	9.2
Adult ever told they have diabetes	9.8	9.0	10.5
Ever taken class in managing diabetes (among adults with diabetes)	43.7	38.4	49.1
Adult ever told they have kidney disease	2.9	2.5	3.3
Adult ever told they have depression	17.6	16.6	18.7
Adults with high blood pressure	30.5	29.3	31.6
Adults currently taking medicine for high blood pressure (among adults with HBP)	76.8	74.8	78.9
Adults with high blood cholesterol	30.6	29.5	31.8
Adults currently taking medicine for high blood cholesterol (among adults with high blood cholesterol)	60.5	58.3	62.8
Adults who have had their cholesterol checked and have been told they have high blood cholesterol	67.8	66.5	69.0
Other Adult Topics		•	
Adverse Childhood Experience			
Adults lived with someone who was depressed, mentally ill or suicidal when	15.6	14.5	16.8
they were child Adults lived with someone who was a problem drinker or alcoholic when they were child	22.9	21.6	24.2
Adults lived with someone who used illegal street drugs or who abused prescription medication when they were a child	10.1	9.1	11.1
Adults lived with someone who had serve time in a prison when they were a child	7.0	6.1	7.9
Adults who had parents separated, divorced or never married when they were a child	26.2	24.8	27.6

Indicators	%	959	% CI
Adults who got hit, beat, kick or physically hurt by someone in their home more than once when they were a child	16.0	14.8	17.1
Adults who experienced their parent or an adult in their home ever who hit, beat, kick, or physically hurt them in any way once or more than once (does not include spanking)	13.8	12.7	14.9
Adults who got sworn at them by someone in their home more than once when they were a child	27.9	26.5	29.4
Adults who had an adult or person at least 5 years older ever touch them sexually, were made to touch person sexually, or forced to have sex, more than once	9.4	8.5	10.2
Environmental Health			
Adults with public water supply	70.1	68.3	71.9
Adults with private well water supply	27.5	25.7	29.2
Adults tested their well water in past year (among those with well water)	31.7	27.7	35.7
Built Environment		•	
Never walked in neighborhood in past 30 days	44.5	42.6	46.3
Walked 1-7 times in neighborhood in past 30 days	26.3	24.6	28.0
Walked more than 7 times in neighborhood in past 30 days	29.2	27.6	30.9
Traumatic Brain Injury		1	
Diagnosed with traumatic brain injury or concussion in last year	1.7*	1.2	2.2
Sexual Orientation		•	
Adults who identify as lesbian, gay, bisexual, or transgender	5.2	4.4	6.0
Wearable Device			
Adults used wearable device or a mobile application to track nutrition, sleep or physical activity	22.8	21.0	24.7
Prescription Drug Misuse			
Adults ever used prescription pain reliever that was not prescribed to them	3.6	2.7	4.5
Alcohol Screening and Brief Intervention (adults had a checkup within the		î e	
Adults asked about their alcohol use during their last checkup	80.3	79.1	81.5
Adults asked how much they drink during their last checkup	72.4	71.0	73.9
Adults screened for binge drinking during their last checkup	34.3	32.7	35.9
Adults offered advice about risky drinking during their last checkup	22.8	21.5	24.2
Adults advised to reduce or quit drinking during their last checkup	7.7	6.7	8.7
Breast and Ovarian Cancer Genomics			
Women diagnosed with either breast and/or ovarian cancer	5.8	5.1	6.5
Women with breast cancer who were diagnosed before 50 years old	44.8	37.8	51.7
Women indicated their relatives were diagnosed with breast cancer	37.1	35.2	39.0
Women indicated their relatives were diagnosed with ovarian cancer	12.3	10.9	13.8
Women indicated their relatives with breast cancer were diagnosed before 50 years old	47.5	44.2	50.8

Have firearms kept in or around home 18.6 17.1 20.0	Indicators	%	959	% CI	
Women indicated either themselves or their relatives were tested BRCA gene 55.6* 36.0 75.2 Social Context 3.0 11.7 14.4 Allways/Usually worried about buying nutritious meals 7.4 6.3 8.4 Zika Virus 3.9* 2.6 5.2 Zika Virus 3.9* 2.6 5.2 Suicide Prevention 3.0 34.0 38.0 Aware of 1 Word, 1 Voice, 1 Life suicide prevention campaign 36.0 34.0 38.0 Marijuana Use 3.0 8.2 10.6 5.2 Sugar Drinks 5.2 5.2 10.6 9.3 11.9 Drink sugar-sweetened fruit drink at least once per day 10.6 9.3 11.9 Drink sugar-sweetened fruit drink at least once per day 9.1 7.8 10.3 Sodium Intake 2.5.5 5.0.6 54.3 Doctor advised to reduce sodium/salt intake 25.5 50.6 54.3 Depression Symptoms and Social Supports 8.6 10.9 Had 14 or more sad, blue or depressed days during past 30 days 9.8<		51.2*	30.7	71.7	
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Currently watching sodium or salt intake Doctor advised to reduce sodium/salt intake Depression Symptoms and Social Supports Had 14 or more sad, blue or depressed days during past 30 days Always or usually get social and emotional support needed 72.0 70.2 73.7 Firearm Safety Have firearms kept in or around home Loaded firearms, among those loaded firearms at home 22.8 19.2 26.4 Unlocked loaded firearms, among those loaded firearms at home 37.4 28.4 46.4 Sexual Violence Adult had ever been physically forced to have sexual intercourse age 18 years or order Unconsented sex happened in the past 12 months among those who experienced sexual violence, after 18 years old Child ever breastfed Child ever breastfed Child overweight (5-17 years old) Child overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 20.9 18.0 24.9 24.9 24.9 24.9 24.9 24.9 25.4 26.5 17.1 20.0 20.0 20.1 20.0 20.0 20.1 20.0 2	Drink sugar-sweetened fruit drink at least once per day	9.1	7.8	10.3	
Doctor advised to reduce sodium/salt intake Depression Symptoms and Social Supports Had 14 or more sad, blue or depressed days during past 30 days Always or usually get social and emotional support needed 72.0 70.2 73.7 Firearm Safety Have firearms kept in or around home Loaded firearms kept in or around home Unlocked loaded firearms, among those loaded firearms at home 37.4 28.4 46.4 Sexual Violence Adult had ever been physically forced to have sexual intercourse age 18 years or order Unconsented sex happened in the past 12 months among those who experienced sexual violence, after 18 years old Child ever breastfed Child ever breastfed Child ever breastfed Child overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 23.4 21.9 24.9 24.9 24.9 24.9 24.9 24.9 25.4 26.4 20.0 20.0 20.0 20.0 20.0 20.0 20.0 20.9	Sodium Intake				
Depression Symptoms and Social Supports Had 14 or more sad, blue or depressed days during past 30 days Always or usually get social and emotional support needed 72.0 70.2 73.7 Firearm Safety Have firearms kept in or around home Loaded firearms kept in or around home Loaded firearms, among those loaded firearms at home 72.8 19.2 26.4 Unlocked loaded firearms, among those loaded firearms at home 73.4 28.4 46.4 Sexual Violence Adult had ever been physically forced to have sexual intercourse age 18 years or order Unconsented sex happened in the past 12 months among those who experienced sexual violence, after 18 years old Child Health Child ever breastfed Child overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 20.9 18.0 23.8	Currently watching sodium or salt intake	52.5	50.6	54.3	
Had 14 or more sad, blue or depressed days during past 30 days Always or usually get social and emotional support needed 72.0 70.2 73.7 Firearm Safety Have firearms kept in or around home Loaded firearms kept in or around home Loaded firearms, among those loaded firearms at home 37.4 28.4 46.4 Sexual Violence Adult had ever been physically forced to have sexual intercourse age 18 years or order Unconsented sex happened in the past 12 months among those who experienced sexual violence, after 18 years old Child Health Child ever breastfed Child overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 20.9 18.0 23.8	Doctor advised to reduce sodium/salt intake	23.4	21.9	24.9	
Always or usually get social and emotional support needed 72.0 70.2 73.7 Firearm Safety Have firearms kept in or around home 18.6 17.1 20.0 Loaded firearms kept in or around home 22.8 19.2 26.4 Unlocked loaded firearms, among those loaded firearms at home 37.4 28.4 46.4 Sexual Violence Adult had ever been physically forced to have sexual intercourse age 18 years or order 6.5 5.7 7.4 Unconsented sex happened in the past 12 months among those who experienced sexual violence, after 18 years old 15.0** Child Health Child ever breastfed 80.4 77.8 83.0 Child overweight (5-17 years old) 13.1 10.3 15.8 Child obesity (5-17 years old) 18.9 15.1 22.7 Child had excessive screen time (more than 2 hours per day) (2-17 years old) 51.1 47.5 54.6 Child drank soda or sugary drinks at least once daily (2-17 years old) 20.9 18.0 23.8	Depression Symptoms and Social Supports				
Firearm Safety Have firearms kept in or around home Loaded firearms kept in or around home Loaded firearms kept in or around home Unlocked loaded firearms, among those loaded firearms at home Sexual Violence Adult had ever been physically forced to have sexual intercourse age 18 years or order Unconsented sex happened in the past 12 months among those who experienced sexual violence, after 18 years old Child Health Child ever breastfed Solution overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 20.9 18.0 23.8	Had 14 or more sad, blue or depressed days during past 30 days	9.8	8.6	10.9	
Have firearms kept in or around home Loaded firearms kept in or around home 22.8 19.2 26.4 Unlocked loaded firearms, among those loaded firearms at home 37.4 28.4 46.4 Sexual Violence Adult had ever been physically forced to have sexual intercourse age 18 years or order Unconsented sex happened in the past 12 months among those who experienced sexual violence, after 18 years old Child Health Child ever breastfed Child overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 20.9 18.0 23.8	Always or usually get social and emotional support needed	72.0	70.2	73.7	
Loaded firearms kept in or around home Unlocked loaded firearms, among those loaded firearms at home 37.4 28.4 46.4 Sexual Violence Adult had ever been physically forced to have sexual intercourse age 18 years or order Unconsented sex happened in the past 12 months among those who experienced sexual violence, after 18 years old Child Health Child ever breastfed Child overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 22.8 19.2 26.4 46.4 46.4 5.7 7.4 15.0** The control of the past 12 months among those who experienced sexual violence, after 18 years old 15.0** 15.0*	Firearm Safety				
Unlocked loaded firearms, among those loaded firearms at home Sexual Violence Adult had ever been physically forced to have sexual intercourse age 18 years or order Unconsented sex happened in the past 12 months among those who experienced sexual violence, after 18 years old Child Health Child ever breastfed Child overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 28.4 46.5 46.5 5.7 7.4 46.5 46.5 5.7 7.4 47.5 48.0 48.0 48.0 47.8 48.0 49.0 49.0 49.0 49.0 49.0 49.0 49.0 49.0 49.0	Have firearms kept in or around home	18.6	17.1	20.0	
Adult had ever been physically forced to have sexual intercourse age 18 years or order Unconsented sex happened in the past 12 months among those who experienced sexual violence, after 18 years old Child Health Child ever breastfed Child overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 23.8	Loaded firearms kept in or around home	22.8	19.2	26.4	
Adult had ever been physically forced to have sexual intercourse age 18 years or order Unconsented sex happened in the past 12 months among those who experienced sexual violence, after 18 years old Child Health Child ever breastfed Child overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 23.8	Unlocked loaded firearms, among those loaded firearms at home	37.4	28.4	46.4	
or order Unconsented sex happened in the past 12 months among those who experienced sexual violence, after 18 years old Child Health Child ever breastfed Child overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 23.8	Sexual Violence				
Child Health Child ever breastfed Child overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 15.0** Resperienced sexual violence, after 18 years old 15.0** 80.4 77.8 83.0 15.8 15.8 15.1 10.3 15.8 15.1 22.7 15.4 24.5 24.6 25.6 26.6 27.8 28.8		6.5	5.7	7.4	
Child ever breastfed80.477.883.0Child overweight (5-17 years old)13.110.315.8Child obesity (5-17 years old)18.915.122.7Child had excessive screen time (more than 2 hours per day) (2-17 years old)51.147.554.6Child drank soda or sugary drinks at least once daily (2-17 years old)20.918.023.8	, , , , , , , , , , , , , , , , , , , ,	15.0**	ı	1	
Child overweight (5-17 years old) Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 13.1 10.3 15.8 15.1 22.7 Child had excessive screen time (more than 2 hours per day) (2-17 years old) 51.1 47.5 54.6 Child drank soda or sugary drinks at least once daily (2-17 years old) 20.9 18.0 23.8	Child Health				
Child obesity (5-17 years old) Child had excessive screen time (more than 2 hours per day) (2-17 years old) Child drank soda or sugary drinks at least once daily (2-17 years old) 18.9 15.1 22.7 54.6 Child drank soda or sugary drinks at least once daily (2-17 years old) 20.9 18.0 23.8	Child ever breastfed	80.4	77.8	83.0	
Child had excessive screen time (more than 2 hours per day) (2-17 years old) 51.1 47.5 54.6 Child drank soda or sugary drinks at least once daily (2-17 years old) 20.9 18.0 23.8	Child overweight (5-17 years old)	13.1	10.3	15.8	
Child drank soda or sugary drinks at least once daily (2-17 years old) 20.9 18.0 23.8	Child obesity (5-17 years old)	18.9	15.1	22.7	
	Child had excessive screen time (more than 2 hours per day) (2-17 years old)	51.1	47.5	54.6	
Child ate fast food at least twice weekly (2-17 years old) 35.0 31.4 38.5	Child drank soda or sugary drinks at least once daily (2-17 years old)	20.9	18.0	23.8	
	Child ate fast food at least twice weekly (2-17 years old)	35.0	31.4	38.5	

Indicators	%	959	% CI
Child Health			
Child visited dentist in past year	85.8	83.4	88.1
Child ever received dental sealant on permanent teeth (5-17 years old)	50.2	46.4	54.1
Child told has dental decay in the past 12 months	16.7	14.1	19.3
Child with current asthma	12.9	10.6	15.2
Child with former asthma	5.9	4.2	7.6

^{&#}x27;*' estimates have a CV between 15% and 20%;

^{&#}x27; ** ' estimates have a CV between 20.1% and 30%;

^{&#}x27; - ' estimates were suppressed because of limited validity (CV>30%).

Adult Health

Health Status

General Health

Among all adults, the proportion who reported that their health, in general, was either fair or poor.

Demographics		%	95% C			
	Total	14.5	13.6	15.5		
Δ	18-34 years old	8.1	6.2	10.0		
Age	35-54 years old	13.6	11.8	15.3		
	55 and over years old	20.1	18.7	21.6		
	Male	14.4	12.9	15.8		
Sex	Female	14.7	13.4	16.0		
	Non-Hispanic White	11.9	10.9	12.9		
Race/	Non-Hispanic Black or African American	17.8	14.3	21.3		
Ethnicity	Hispanic or Latino	25.1	21.4	28.9		
	Non-Hispanic, Other Race	12.0	8.5	15.5		
	Less than \$35,000	28.5	25.9	31.1		
Income	\$35,000-\$74,999	14.8	12.5	17.1		
income	\$75,000 and more	4.7	3.8	5.5		
Insurance	Insured	13.9	12.9	14.9		
	Not Insured	22.3	17.6	27.0		
Disability	Disabled	40.4	37.6	43.3		
Disability	Non-disabled	6.7	5.9	7.5		
Education	High School Graduate or Less	23.0	21.0	25.1		
Education	More Than High School	9.3	8.4	10.2		
Poor physical health						

Poor physical health

Among all adults, the proportion who reported 14 or more days of poor physical health, which includes physical illness and injury, during the past 30 days.

Demographics		%	95% C	
	Total	10.6	9.8	11.4
Λ	18-34 years old	6.2	4.4	7.9
Age	35-54 years old	10.2	8.8	11.7
	55 and over years old	14.1	12.9	15.3
	Male	10.1	8.8	11.3
Sex	Female	11.1	10.0	12.2
	Non-Hispanic White	10.2	9.3	11.2
Race/	Non-Hispanic Black or African American	6.9*	4.7	9.0
Ethnicity	Hispanic or Latino	14.2	11.6	16.9
	Non-Hispanic, Other Race	8.6*	5.4	11.8
	Less than \$35,000	18.1	16.0	20.2
Income	\$35,000-\$74,999	10.9	8.9	13.0
liicome	\$75,000 and more	5.3	4.4	6.2
Insurance	Insured	10.6	9.7	11.5
	Not Insured	10.9	7.8	14.0
Disability	Disabled	31.4	28.7	34.0
Disability	Non-disabled	4.7	4.0	5.3
Education	High School Graduate or Less	14.5	12.9	16.2
Education	More Than High School	8.2	7.3	9.0

Poor mental health

Among all adults, the proportion who reported 14 or more days of poor mental health, which includes stress, depression, and problems with emotions, during the past 30 days.

Demographics		%		
	Total	10.0	9.1	10.8
	18-34 years old	12.2	10.0	14.4
Age	35-54 years old	10.1	8.8	11.4
	55 and over years old	8.4	7.5	9.3
	Male	8.8	7.6	10.0
Sex	Female	11.1	9.9	12.2
	Non-Hispanic White	9.7	8.7	10.6
Race/	Non-Hispanic Black or African American	9.5	6.8	12.2
Ethnicity	Hispanic or Latino	12.2	9.5	14.9
	Non-Hispanic, Other Race	10.0**	-	-
	Less than \$35,000	16.0	13.9	18.1
Income	\$35,000-\$74,999	10.5	8.5	12.5
income	\$75,000 and more	6.0	5.0	7.0
Insurance	Insured	10.0	9.1	10.9
	Not Insured	9.8*	6.6	13.0
Disability	Disabled	23.6	21.1	26.1
Disability	Non-disabled	6.3	5.5	7.1
Education	High School Graduate or Less	12.2	10.5	13.8
Education	More Than High School	8.7	7.8	9.6

Obese

Among all adults, the proportion of respondents whose BMI was greater than or equal to 30.0.

Demographics		%	95% C	il .
	Total	26.9	25.6	28.1
Λ	18-34 years old	22.1	19.3	25.0
Age	35-54 years old	29.7	27.5	31.9
	55 and over years old	28.2	26.6	29.8
	Male	29.3	27.4	31.2
Sex	Female	24.4	22.8	26.0
	Non-Hispanic White	25.6	24.2	26.9
Race/	Non-Hispanic Black or African American	35.5	30.6	40.4
Ethnicity	Hispanic or Latino	32.0	27.8	36.1
	Non-Hispanic, Other Race	17.5	12.7	22.3
	Less than \$35,000	34.5	31.6	37.4
Income	\$35,000-\$74,999	27.3	24.6	30.1
IIICOIIIe	\$75,000 and more	24.4	22.6	26.2
Insurance	Insured	26.3	25.1	27.6
	Not Insured	34.0	28.2	39.7
Disability	Disabled	37.8	34.9	40.7
Disability	Non-disabled	24.0	22.6	25.3
Education	High School Graduate or Less	31.7	29.3	34.1
Education	More Than High School	24.0	22.7	25.4

Overweight

Among all adults, the proportion of respondents whose BMI was greater than or equal to 25.0, but less than 30.0.

Demographics		%	95% CI	
	Total	36.4	35.0	37.7
Age	18-34 years old	30.4	27.2	33.6
Age	35-54 years old	36.2	33.9	38.5
	55 and over years old	40.5	38.8	42.1
	Male	41.7	39.7	43.7
Sex	Female	31.0	29.2	32.8
	Non-Hispanic White	37.0	35.5	38.5
Race/	Non-Hispanic Black or African American	35.5	30.5	40.4
Ethnicity	Hispanic or Latino	38.4	33.9	42.8
	Non-Hispanic, Other Race	26.3	21.2	31.4
	Less than \$35,000	31.6	28.9	34.4
Income	\$35,000-\$74,999	40.7	37.7	43.8
income	\$75,000 and more	36.5	34.5	38.5
Insurance	Insured	36.4	35.0	37.8
	Not Insured	36.9	31.0	42.8
Disability	Disabled	33.4	30.6	36.2
Disability	Non-disabled	37.1	35.6	38.7
Education	High School Graduate or Less	36.2	33.7	38.6
Education	More Than High School	36.6	35.1	38.2

Insurance Coverage

Among all adults, the proportion who reported having health care coverage, including health insurance, prepaid plans such as HMOs, or government plans, such as Medicare or Indian Health Services.

Demographics		%	95% CI	
	Total	92.1	91.2	92.9
Age	18-34 years old	87.2	84.9	89.5
Age	35-54 years old	90.7	89.2	92.2
	55 and over years old	96.6	95.9	97.3
	Male	90.2	88.8	91.5
Sex	Female	93.8	92.8	94.8
	Non-Hispanic White	95.4	94.6	96.2
Race/	Non-Hispanic Black or African American	89.4*	86.3	92.5
Ethnicity	Hispanic or Latino	78.2	74.6	81.8
	Non-Hispanic, Other Race	91.0*	87.5	94.5
	Less than \$35,000	83.0	80.6	85.5
Income	\$35,000-\$74,999	93.2	91.4	95.0
income	\$75,000 and more	97.1	96.3	97.9
Insurance	Disabled	91.2	89.3	93.2
	Non-disabled	92.4	91.5	93.4
Education	High School Graduate or Less	86.4	84.5	88.2
Education	More Than High School	95.7	95.0	96.4

	18-64 years old adu	lts with Medicaid		
Amo	ong adults aged 18-64 years, the proportion	on who reported	currently having N	1edicaid.
	Demographics	%	95% C	
	Total	12.3	11.2	13.5
_	18-34 years old	14.4	12.0	16.7
	35-54 years old	12.6	10.9	14.3
	55 and over years old	8.6	7.1	10.1
	Male	10.4	8.9	12.0
Sex	Female	14.2	12.5	16.0
	Non-Hispanic White	8.4	7.3	9.5
Race/	Non-Hispanic Black or African American	22.7	18.0	27.4
	Hispanic or Latino	22.1	18.2	26.0
•	Non-Hispanic, Other Race	10.0**	-	-
	Less than \$35,000	32.2	28.8	35.7
Imaamaa	\$35,000-\$74,999	8.3*	5.8	10.7
Income	\$75,000 and more	<0.1**	-	-
Insurance	Disabled	25.6	21.9	29.3
	Non-disabled	9.1	8.0	10.3
F.1	High School Graduate or Less	20.3	17.9	22.8
Education	More Than High School	7.6	6.6	8.7
	18-64 years old adu	lts with Medicare	<u> </u>	
Amo	ong adults aged 18-64 years, the proportion			1edicare.
	Demographics	%	95% C	
	Total	5.7	5.0	6.5
_	18-34 years old	4.4*	3.0	5.8
Age	35-54 years old	5.1	4.0	6.2
	55 and over years old	9.1	7.6	10.6
	Male	5.0	4.0	6.0
Sex	Female	6.5	5.4	7.7
	Non-Hispanic White	4.5	3.8	5.3
Race/	Non-Hispanic Black or African American	8.1*	5.1	11.1
Ethnicity	Hispanic or Latino	8.8	6.4	11.2
•	Non-Hispanic, Other Race	-	-	-
	Less than \$35,000	15.4	13.0	17.9
Income	\$35,000-\$74,999	5.0**	-	-
	\$75,000 and more	<0.1**	-	-
Insurance		16.0	13.4	18.5
	Non-disabled	3.4	2.7	4.2
Falson C.	High School Graduate or Less	9.1	7.5	10.7
Education	More Than High School	3.8	3.0	4.5

18-64 years old adults without insurance

Among adults aged 18-64 years, the proportion who reported having no health care coverage, including health insurance, prepaid plans such as HMOs, or government plans, such as Medicare or Indian Health Services.

Demographics		%	95% CI	
	Total	9.8	8.7	10.8
Age	18-34 years old	12.8	10.5	15.1
	35-54 years old	9.3	7.8	10.8
	55 and over years old	5.7	4.4	7.0
	Male	11.8	10.1	13.5
Sex	Female	7.7	6.4	9.0
	Non-Hispanic White	5.8	4.8	6.9
Race/	Non-Hispanic Black or African American	12.0*	8.2	15.7
Ethnicity	Hispanic or Latino	23.2	19.4	27.0
	Non-Hispanic, Other Race	10.2*	6.2	14.2
	Less than \$35,000	21.8	18.6	24.9
Income	\$35,000-\$74,999	8.8	6.4	11.1
	\$75,000 and more	3.3*	2.3	4.2
Insurance	Disabled	12.8	9.8	15.7
	Non-disabled	8.9	7.8	10.1
Education	High School Graduate or Less	17.2	14.9	19.6
	More Than High School	5.1	4.2	6.1

18-64 years old adults with private insurance

Among adults aged 18-64 years, the proportion who reported currently having private insurance.

Demographics		%	95% CI	
	Total	63.1	61.4	64.7
Age	18-34 years old	53.6	50.2	56.9
	35-54 years old	67.2	64.9	69.5
	55 and over years old	70.6	68.3	73.0
	Male	63.0	60.7	65.4
Sex	Female	63.1	60.8	65.4
	Non-Hispanic White	73.2	71.4	75.0
Race/	Non-Hispanic Black or African American	46.0	40.4	51.7
Ethnicity	Hispanic or Latino	37.3	33.0	41.7
	Non-Hispanic, Other Race	59.5	52.8	66.2
	Less than \$35,000	19.9	17.2	22.7
Income	\$35,000-\$74,999	70.0	66.3	73.7
	\$75,000 and more	88.4	86.7	90.0
Insurance	Disabled	36.7	32.9	40.5
	Non-disabled	69.6	67.8	71.4
Disability	High School Graduate or Less	43.8	40.8	46.8
	More Than High School	74.6	72.9	76.3

Health Care Access

Among all adults, the proportion who reported that in the past 12 months, they could not see a doctor when needed to due to the cost.

Demographics		%	95% CI	
	Total	10.5	9.6	11.4
Age	18-34 years old	13.0	10.7	15.2
Age	35-54 years old	12.9	11.2	14.6
	55 and over years old	6.7	5.8	7.6
	Male	9.7	8.4	11.0
Sex	Female	11.1	9.8	12.4
	Non-Hispanic White	8.0	7.1	8.9
Race/	Non-Hispanic Black or African American	11.6	8.9	14.4
Ethnicity	Hispanic or Latino	19.6	16.2	23.1
	Non-Hispanic, Other Race	11.9*	7.5	16.2
	Less than \$35,000	17.3	15.1	19.5
Income	\$35,000-\$74,999	13.0	10.5	15.4
income	\$75,000 and more	4.9	4.0	5.9
Insurance	Insured	8.5	7.7	9.4
	Not Insured	33.2	27.9	38.4
Disability	Disabled	17.3	15.0	19.6
Disability	Non-disabled	8.1	7.2	9.1
	High School Graduate or Less	13.9	12.1	15.6
Education	More Than High School	8.4	7.4	9.3

At least one regular doctor

Among all adults, the proportion who reported that they did not have anyone that they thought of as their personal doctor or health care provider.

Demographics		%	95% CI	
	Total	85.4	84.3	86.4
Age	18-34 years old	70.2	67.1	73.2
Age	35-54 years old	86.2	84.5	87.9
	55 and over years old	95.3	94.6	96.0
	Male	81.3	79.6	83.0
Sex	Female	89.1	87.8	90.5
	Non-Hispanic White	89.0	87.9	90.1
Race/	Non-Hispanic Black or African American	82.3	78.2	86.4
Ethnicity	Hispanic or Latino	72.4	68.5	76.3
	Non-Hispanic, Other Race	80.3	75.4	85.2
	Less than \$35,000	77.6	74.9	80.3
Income	\$35,000-\$74,999	87.5	85.2	89.8
Income	\$75,000 and more	90.6	89.3	92.0
Insurance	Insured	88.2	87.2	89.2
	Not Insured	53.5	47.9	59.2
Disability	Disabled	89.6	87.6	91.6
Disability	Non-disabled	84.4	83.1	85.7
Education	High School Graduate or Less	79.9	77.8	82.0
Education	More Than High School	88.9	87.7	90.0

Disability

Among all adults, the proportion who reported being limited in any activities because of physical, mental, or emotional problems, or reported that they required use of special equipment (such as a cane, a wheelchair, a special bed, or a special telephone) due to a health problem.

Demographics		%	95% CI	
	Total		21.4	23.7
Age	18-34 years old	14.8	12.3	17.4
	35-54 years old	18.0	16.0	19.9
	55 and over years old	31.8	30.2	33.4
	Male	21.4	19.7	23.0
Sex	Female	23.6	22.0	25.2
	Non-Hispanic White	20.8	19.6	22.0
Race/	Non-Hispanic Black or African American	22.8	18.6	27.0
Ethnicity	Hispanic or Latino	30.9	26.8	34.9
	Non-Hispanic, Other Race	17.6	13.1	22.1
	Less than \$35,000	40.4	37.4	43.3
Income	\$35,000-\$74,999	22.0	19.6	24.4
IIICOIIIE	\$75,000 and more	10.4	9.1	11.8
Insurance	Insured	22.2	21.0	23.3
	Not Insured	25.1	20.0	30.2
Education	High School Graduate or Less	31.8	29.5	34.2
Education	More Than High School	16.8	15.7	17.9

^{&#}x27;*' estimates have a CV between 15% and 20%;

^{&#}x27; ** ' estimates have a CV between 20.1% and 30%;

^{&#}x27; - ' estimates were suppressed because of limited validity (CV>30%).

Risk Behaviors

No leisure time physical activities

Among all adults, the proportion who reported not participating in any leisure time physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise during the past month.

Demographics		%	95% CI	
	Total	24.0	22.8	25.3
Age	18-34 years old	20.2	17.3	23.1
	35-54 years old	24.3	22.1	26.5
	55 and over years old	26.8	25.2	28.4
	Male	22.4	20.6	24.2
Sex	Female	25.5	23.8	27.2
	Non-Hispanic White	21.6	20.3	22.9
Race/	Non-Hispanic Black or African	29.8	25.0	34.6
Ethnicity	Hispanic or Latino	33.0	28.6	37.4
	Non-Hispanic, Other Race	23.0	17.4	28.6
	Less than \$35,000	35.3	32.2	38.3
Income	\$35,000-\$74,999	26.5	23.6	29.3
	\$75,000 and more	16.1	14.5	17.7
Insurance	Insured	23.3	22.0	24.5
	Not Insured	32.5	26.7	38.3
Disability	Disabled	39.4	36.5	42.4
•	Non-disabled	19.6	18.3	20.9
Education	High School Graduate or Less	34.6	32.1	37.1
	More Than High School	17.9	16.6	19.1

Seatbelt use

Among all adults, the proportion who reported always used a seatbelt when driving or riding in a

	Demographics	%	95% C	:I
	Total	91.6	90.7	92.4
Age	18-34 years old	87.4	85.0	89.8
	35-54 years old	92.5	91.2	93.9
	55 and over years old	93.5	92.7	94.4
	Male	89.7	88.4	91.1
Sex	Female	93.3	92.2	94.3
	Non-Hispanic White	91.9	91.0	92.9
Race/	Non-Hispanic Black or African	89.8*	86.5	93.1
Ethnicity	Hispanic or Latino	90.2	87.4	93.0
	Non-Hispanic, Other Race	95.0**	-	-
	Less than \$35,000	90.9	89.1	92.8
Income	\$35,000-\$74,999	90.1	88.2	92.1
	\$75,000 and more	94.2	93.2	95.2
Insurance	Insured	92.1	91.2	93.0
	Not Insured	86.2*	81.8	90.5
Disability	Disabled	89.4	87.4	91.4
	Non-disabled	92.3	91.3	93.2
Education	High School Graduate or Less	88.3	86.5	90.1
	More Than High School	93.5	92.6	94.3

Current smoker

Among all adults, the proportion who reported that they had ever smoked at least 100 cigarettes (5 packs) in their life and that they smoke cigarettes now, either every day or on some days.

	Demographics		95% C	CI CONTRACTOR OF THE PROPERTY
	Total	12.7	11.7	13.7
Age	18-34 years old	15.1	12.7	17.6
	35-54 years old	14.7	12.9	16.5
	55 and over years old	9.5	8.5	10.6
	Male	14.1	12.6	15.6
Sex	Female	11.5	10.2	12.8
	Non-Hispanic White	12.0	10.9	13.1
Race/	Non-Hispanic Black or African	15.0	11.2	18.9
Ethnicity	Hispanic or Latino	16.3	13.0	19.6
	Non-Hispanic, Other Race	10.9*	6.8	15.0
	Less than \$35,000	19.9	17.4	22.3
Income	\$35,000-\$74,999	14.2	12.0	16.4
	\$75,000 and more	7.6	6.3	9.0
Insurance	Insured	12.1	11.1	13.0
	Not Insured	21.0	16.1	26.0
Disability	Disabled	20.6	18.1	23.1
	Non-disabled	10.4	9.4	11.5
Education	High School Graduate or Less	19.6	17.6	21.7
	More Than High School	8.5	7.5	9.5
Francisco E simonetto				

Ever use E-cigarette

Among all adults, the proportion who reported that they currently use e-cigarettes or other electronic vaping products, either every day or on some days.

Demographics		%	95% C	i .
	Total	15.6	14.5	16.7
Age	18-34 years old	31.4	28.2	34.5
	35-54 years old	13.2	11.6	14.8
	55 and over years old	6.8	6.0	7.7
	Male	18.0	16.3	19.7
Sex	Female	13.4	11.9	14.9
	Non-Hispanic White	15.6	14.3	16.9
Race/	Non-Hispanic Black or African	14.5	10.7	18.4
Ethnicity	Hispanic or Latino	16.9	13.6	20.3
	Non-Hispanic, Other Race	14.8*	9.7	19.8
	Less than \$35,000	18.2	15.7	20.6
Income	\$35,000-\$74,999	17.4	14.9	19.9
	\$75,000 and more	14.2	12.4	15.9
Insurance	Insured	15.4	14.2	16.5
	Not Insured	19.2	14.6	23.8
Disability	Disabled	20.5	17.9	23.2
	Non-disabled	14.1	12.9	15.4
Education	High School Graduate or Less	18.7	16.6	20.8
	More Than High School	13.8	12.6	15.1

Ever tried smoking cigars

Among all adults, the proportion who reported that they ever tried smoking cigars, cigarillos, clove cigars, little cigars, or flavored little cigars

Demographics		%	95% CI	
	Total	34.0	32.6	35.4
Age	18-34 years old	37.0	33.3	40.8
	35-54 years old	35.4	32.9	37.8
	55 and over years old	31.1	29.5	32.7
	Male	52.1	49.9	54.3
Sex	Female	17.5	15.9	19.1
	Non-Hispanic White	38.2	36.6	39.8
Race/	Non-Hispanic Black or African	25.1	19.9	30.2
Ethnicity	Hispanic or Latino	22.2	18.2	26.1
	Non-Hispanic, Other Race	22.7	16.3	29.1
	Less than \$35,000	25.0	22.2	27.8
Income	\$35,000-\$74,999	34.1	31.0	37.2
	\$75,000 and more	41.1	38.9	43.4
Insurance	Insured	34.4	33.0	35.8
	Not Insured	29.4	23.4	35.4
Disability	Disabled	33.4	30.4	36.3
	Non-disabled	34.2	32.6	35.8
Education	High School Graduate or Less	31.1	28.5	33.7
	More Than High School	35.8	34.2	37.4

Ever tried hookah

Among all adults, the proportion who reported that they ever tried smoking tobacco from a hookah.

Demographics		%	95% CI	
Total		15.0	13.8	16.2
Age	18-34 years old	35.8	32.0	39.5
	35-54 years old	12.3	10.5	14.1
	55 and over years old	4.8	4.1	5.4
	Male	17.6	15.8	19.5
Sex	Female	12.5	10.9	14.2
	Non-Hispanic White	13.9	12.6	15.3
Race/	Non-Hispanic Black or African	18.5	13.7	23.2
Ethnicity	Hispanic or Latino	16.0	12.0	19.9
	Non-Hispanic, Other Race	21.2*	14.4	28.0
	Less than \$35,000	13.9	11.4	16.5
Income	\$35,000-\$74,999	14.9	12.1	17.6
	\$75,000 and more	16.2	14.3	18.2
Insurance	Insured	15.0	13.7	16.2
	Not Insured	16.3*	11.1	21.5
Disability	Disabled	13.8	11.2	16.4
	Non-disabled	15.4	14.0	16.8
Education	High School Graduate or Less	12.3	10.1	14.4
	More Than High School	16.5	15.0	18.0

	Consume fruit one	or more time per	day	
Am	ong all adults, the proportion who re	ported that they a	te fruits at least or	ce daily
	Demographics	%	95% C	
	Total	68.7	67.4	70.1
Age	18-34 years old	66.3	62.9	69.8
	35-54 years old	68.6	66.3	70.9
	55 and over years old	70.4	68.8	72.0
	Male	66.2	64.2	68.2
Sex	Female	71.1	69.2	72.9
	Non-Hispanic White	69.4	68.0	70.9
	Non-Hispanic Black or African	65.6	60.6	70.5
Race/	Hispanic or Latino	68.8	64.3	73.2
Ethnicity	Non-Hispanic, Other Race	67.9	61.4	74.4
	Less than \$35,000	64.1	61.0	67.1
	\$35,000-\$74,999	66.7	63.7	69.7
Income	\$75,000 and more	71.4	69.3	73.4
	Insured	68.8	67.4	70.2
Insurance	Not Insured	67.8	62.0	73.7
	Disabled	65.1	62.2	68.0
Disability	Non-disabled	69.8	68.3	71.3
Education	High School Graduate or Less	64.4	61.8	67.0
Education	More Than High School	71.2	69.7	72.7
	Consume Vegetables	one or more time	per day	
Amon	g all adults, the proportion who repo			once daily
	Demographics	%	95% CI	
	Total	83.2	82.0	84.4
Λ	18-34 years old	79.3	76.1	82.4
Age	45-54 years old	84.5	82.6	86.4
	55 and over years old	85.2	83.9	86.6
	Male	80.4	78.6	82.2
Sex	Female	85.9	84.3	87.4
	Non-Hispanic White	86.9	85.7	88.0
	Non-Hispanic Black or African	74.4	69.3	79.4
Race/	Hispanic or Latino	69.2	64.7	73.7
Ethnicity	Non-Hispanic, Other Race	85.8*	80.9	90.8
	Less than \$35,000	74.6	71.8	77.3
	\$35,000-\$74,999	83.3	80.7	85.9
Income	\$75,000 and more	89.4	87.9	91.0
	Insured	84.2	83.0	85.4
Insurance	Not Insured	72.5	66.7	78.2
	Disabled	77.7	74.9	80.5
Disability	Non-disabled	84.8	83.5	86.1
Education	High School Graduate or Less	75.0	72.6	77.5

Binge drinking

Among all adults, the proportion who reported consuming five or more drinks per occasion (for men) or four or more (for women) at least once in the previous month.

Demographics		%	95% C	:I
	Total		14.3	16.5
Age	18-34 years old	25.2	22.3	28.2
	35-54 years old	17.0	15.2	18.7
	55 and over years old	7.7	6.8	8.7
	Male	19.5	17.8	21.2
Sex	Female	11.7	10.4	13.0
	Non-Hispanic White	16.2	15.0	17.5
Race/	Non-Hispanic Black or African	12.6	9.3	15.9
Ethnicity	Hispanic or Latino	14.2	11.1	17.3
	Non-Hispanic, Other Race	10.0**	-	-
	Less than \$35,000	11.8	9.7	13.9
Income	\$35,000-\$74,999	16.6	14.1	19.1
	\$75,000 and more	19.4	17.6	21.2
Insurance	Insured	15.1	14.0	16.1
	Not Insured	20.4	15.3	25.5
Disability	Disabled	12.4	10.3	14.6
	Non-disabled	16.2	15.0	17.4
Education	High School Graduate or Less	14.3	12.5	16.2
	More Than High School	16.1	14.8	17.4

Heavy drinking

Among all adults, the proportion who reported consuming an average of more than two alcoholic drinks per day for men, or more than one per day for women in the previous month.

Demographics		%	95% CI	
	Total		4.7	6.0
Age	18-34 years old	5.8	4.2	7.4
	35-54 years old	5.6	4.5	6.8
	55 and over years old	4.9	4.2	5.6
	Male	4.3	3.5	5.2
Sex	Female	6.3	5.3	7.2
	Non-Hispanic White	6.1	5.4	6.9
Race/	Non-Hispanic Black or African	5.0**	-	-
Ethnicity	Hispanic or Latino	<0.1**	-	-
	Non-Hispanic, Other Race	-	-	-
	Less than \$35,000	3.6	2.5	4.6
Income	\$35,000-\$74,999	6.5	4.8	8.2
	\$75,000 and more	6.8	5.7	7.9
Insurance	Insured	5.5	4.8	6.1
	Not Insured	5.0**	-	-
Disability	Disabled	4.9	3.6	6.3
•	Non-disabled	5.5	4.8	6.2
Education	High School Graduate or Less	4.6	3.5	5.6
	More Than High School	5.8	5.0	6.7

	Excessiv	e drinking		
	Among all adults, the proportion w	<u>.</u>	y or binge drinke	rs.
	Demographics	%	95%	CI
	Total	16.9	15.8	18.0
Age	18-34 years old	25.5	22.6	28.5
	35-54 years old	18.4	16.6	20.2
	55 and over years old	10.0	9.0	11.0
	Male	19.9	18.2	21.6
Sex	Female	14.2	12.9	15.6
	Non-Hispanic White	18.2	16.9	19.5
Race/	Non-Hispanic Black or African	13.7	10.3	17.0
Ethnicity	Hispanic or Latino	14.2	11.2	17.3
	Non-Hispanic, Other Race	12.6*	7.6	17.6
	Less than \$35,000	12.5	10.4	14.6
Income	\$35,000-\$74,999	18.2	15.6	20.7
	\$75,000 and more	21.4	19.6	23.2
Insurance		16.7	15.6	17.8
	Not Insured	20.0	15.1	24.9
Disability		13.7	11.6	15.9
	Non-disabled	17.8	16.5	19.0
Education	High School Graduate or Less	15.1	13.2	17.0
	More Than High School	18.0	16.7	19.4
	Met both aerobic and	strengthening guid	elines	
Among	all adults, the proportion who met bo	th aerobic and stren	gthening exercise	guidelines.
	Demographics	%	95% C	
	Total	22.8	21.6	24.0
Age	18-34 years old	27.5	24.2	30.7
	45-54 years old	22.7	20.6	24.8
	55 and over years old	19.8	18.6	21.1
	Male	25.8	23.9	27.7
Sex	Female	20.1	18.5	21.6
	Non-Hispanic White	23.8	22.4	25.2
	Non-Hispanic Black or African	22.2	17.5	27.0
Race/	Hispanic or Latino	19.7	16.0	23.5
Ethnicity	Non-Hispanic, Other Race	17.2	12.5	22.0
	Less than \$35,000	15.5	13.0	17.9
_	\$35,000-\$74,999	21.3	18.8	23.8
Income	\$75,000 and more	27.7	25.7	29.7
	Insured	23.4	22.1	24.6
Insurance	Not Insured	15.8	11.3	20.3
	Disabled	16.9	14.5	19.3
Disability	Non-disabled	24.3	22.9	25.7
Education	High School Graduate or Less	17.3	15.2	19.5
	More Than High School	25.9	24.5	27.4

Clinical Preventive Practice

Routine checkup in the past year

Among all adults, the proportion who reported that they did not have a routine checkup in the past year.

	Demographics		95% CI	
_	Total	75.1	73.9	76.3
Age	18-34 years old	65.4	62.2	68.5
	35-54 years old	70.5	68.4	72.7
	55 and over years old	85.5	84.4	86.7
	Male	72.7	70.9	74.6
Sex	Female	77.2	75.6	78.9
	Non-Hispanic White	73.9	72.5	75.3
Race/	Non-Hispanic Black or African American	85.6	82.3	88.9
Ethnicity	Hispanic or Latino	74.3	70.5	78.2
	Non-Hispanic, Other Race	72.9	67.2	78.6
	Less than \$35,000	77.5	75.0	80.0
Income	\$35,000-\$74,999	73.1	70.1	76.1
	\$75,000 and more	73.5	71.6	75.5
Insurance	Insured	76.5	75.3	77.8
	Not Insured	58.2	52.6	63.9
Disability	Disabled	83.2	81.0	85.3
	non-disabled	72.9	71.4	74.4
Education	High School Graduate or Less	77.2	75.0	79.4
	More Than High School	73.9	72.4	75.4
Ever had pneumonia shot				

Ever had pneumonia shot

Among all adults, the proportion who reported that they ever had a pneumococcal vaccine.

Demographics		%	95% CI	
	Total		36.4	39.2
Age	18-34 years old	29.7	25.7	33.7
	35-54 years old	20.2	18.0	22.3
	55 and over years old	54.9	53.2	56.6
	Male	37.9	35.7	40.0
Sex	Female	37.7	35.8	39.5
	Non-Hispanic White	39.4	37.9	41.0
Race/	Non-Hispanic Black or African American	34.2	28.9	39.5
Ethnicity	Hispanic or Latino	31.9	27.2	36.6
	Non-Hispanic, Other Race	35.9	28.5	43.2
	Less than \$35,000	42.9	39.7	46.1
Income	\$35,000-\$74,999	38.0	34.9	41.1
	\$75,000 and more	30.9	28.8	33.0
Insurance	Insured	39.0	37.5	40.4
	Not Insured	23.3	17.8	28.8
Disability	Disabled	54.5	51.4	57.5
	non-disabled	32.7	31.1	34.3
Education	High School Graduate or Less	38.1	35.5	40.8
	More Than High School	37.5	35.9	39.2

Flu shot in the past year

Among all adults, the proportion who reported that they had a flu shot in the past year.

	Demographics		95% CI	
	Total		44.4	47.2
Age	18-34 years old	37.8	34.3	41.3
	35-54 years old	40.1	37.7	42.6
	55 and over years old	56.2	54.5	57.9
	Male	42.7	40.6	44.8
Sex	Female	48.7	46.8	50.6
	Non-Hispanic White	48.3	46.7	49.8
Race/	Non-Hispanic Black or African American	43.1	37.8	48.4
Ethnicity	Hispanic or Latino	37.4	32.8	42.0
	Non-Hispanic, Other Race	40.6	33.8	47.4
	Less than \$35,000	41.9	38.8	44.9
Income	\$35,000-\$74,999	41.9	38.9	45.0
	\$75,000 and more	50.0	47.8	52.1
Insurance	Insured	47.6	46.2	49.1
	Not Insured	23.4	18.3	28.5
Disability	Disabled	49.1	46.1	52.0
	non-disabled	44.8	43.2	46.4
Education	High School Graduate or Less	39.9	37.3	42.5
	More Than High School	49.3	47.7	50.9

Ever test for HIV

Among all adults, the proportion who reported that they ever had been tested for HIV, apart from tests that were part of a blood donation.

	Demographics		95%	% CI
	Total		34.6	37.4
Age	18-34 years old	43.8	40.2	47.4
	35-54 years old	50.8	48.3	53.3
	55 and over years old	19.1	17.7	20.4
	Male	33.5	31.4	35.5
Sex	Female	38.3	36.3	40.3
	Non-Hispanic White	30.7	29.2	32.2
Race/	Non-Hispanic Black or African American	56.4	51.0	61.8
Ethnicity	Hispanic or Latino	52.1	47.4	56.9
	Non-Hispanic, Other Race	33.7	27.5	40.0
	Less than \$35,000	43.4	40.3	46.5
Income	\$35,000-\$74,999	34.0	31.0	37.0
	\$75,000 and more	36.2	34.0	38.4
Insurance	Insured	35.7	34.2	37.1
	Not Insured	39.8	33.8	45.9
Disability	Disabled	37.9	34.9	41.0
	non-disabled	35.5	33.9	37.0
Education	High School Graduate or Less	35.6	33.0	38.3
	More Than High School	36.4	34.7	38.0

Had high blood sugar test in past three years Among all adults, the proportion who reported having a test for high blood sugar in the past three years. % **Demographics** 95% CI 57.6 55.5 Total 59.7 59.7Age 18-34 years old 41.5 36.7 46.3 35-54 years old 58.6 55.1 62.2 55 and over years old 70.5 68.2 72.9 54.5 51.4 57.7 Male Sex Female 60.4 57.5 63.3 Non-Hispanic White 59.6 57.2 62.0 Race/ Non-Hispanic Black or African American 58.6 51.0 66.2 Ethnicity Hispanic or Latino 51.6 44.8 58.5 Non-Hispanic, Other Race 47.3 38.4 56.1 Less than \$35,000 54.2 49.4 59.0 \$35,000-\$74,999 59.0 54.0 64.0 Income \$75,000 and more 60.2 63.5 56.9 59.4 57.2 **Insurance** Insured 61.6 Not Insured 37.6 29.6 45.6 **Disability** Disabled 61.5 56.8 66.3 non-disabled 57.2 54.7 59.6 **Education** High School Graduate or Less 51.3 47.4 55.3 More Than High School 59.0 61.4 63.8 Receive tetanus shot Among all adults, the proportion who reported having tetanus shot since 2005. **Demographics** 95% CI % Total 58.7 56.6 60.9 18-34 years old 61.0 Age 66.3 71.7 35-54 years old 59.4 55.5 63.3 55 and over years old 54.1 51.6 56.6 59.0 55.9 62.1 Male Sex Female 58.6 55.6 61.6 Non-Hispanic White 62.3 64.6 60.0 Race/ Non-Hispanic Black or African American 48.7 40.6 56.8 Ethnicity Hispanic or Latino 45.7 38.6 52.9 Non-Hispanic, Other Race 56.8 47.2 66.5 Less than \$35,000 47.9 43.1 52.8 Income \$35,000-\$74,999 59.3 54.5 64.1 \$75,000 and more 65.7 62.5 68.9 59.8 57.6 62.0 Insurance Insured Not Insured 46.0 37.0 55.0 **Disability** Disabled 55.1 50.7 59.5

59.9

50.3

63.9

57.4

46.2

61.5

non-disabled **Education** High School Graduate or Less

More Than High School

62.4

54.3

66.3

Chronic Conditions

Current Asthma

Among all adults, the proportion who reported that they were ever told by a doctor, nurse, or other health care professional that they had asthma, and still had it.

Demographics		%	95% (CI
	Total	10.7	9.8	11.5
	18-34 years old	12.9	10.7	15.1
۸۵۵	35-54 years old	10.9	9.6	12.3
Age	55 and over years old	9.0	8.1	10.0
_	Male	7.2	6.1	8.2
Sex	Female	13.9	12.6	15.2
	Non-Hispanic White	9.9	8.9	10.8
Race/ Ethnicity	Non-Hispanic Black or African	10.7	8.0	13.4
Race/ Ethnicity	Hispanic or Latino	14.4	11.6	17.3
	Non-Hispanic, Other Race	10.0*	6.6	13.4
	Less than \$35,000	13.7	11.8	15.6
Income	\$35,000-\$74,999	8.5	7.0	10.0
income	\$75,000 and more	9.1	7.8	10.4
	Insured	10.9	10.0	11.8
Insurance	Not Insured	8.7*	5.6	11.7
	Disabled	18.2	15.9	20.5
Disability	Non-disabled	8.8	7.9	9.7
	High School Graduate or Less	12.0	10.4	13.6
Education	More Than High School	9.8	8.9	10.8

Depression

Among all adults, the proportion who reported ever being told by a doctor that they had a depressive disorder including depression, major/minor depression, or dysthymia.

Demographics		%	95% CI	
	Total	17.6	16.6	18.7
	18-34 years old	20.4	17.7	23.2
Age	35-54 years old	17.9	16.2	19.6
Age	55 and over years old	15.9	14.7	17.1
_	Male	13.3	11.9	14.7
Sex	Female	21.6	20.0	23.1
	Non-Hispanic White	18.2	17.0	19.4
Race/ Ethnicity	Non-Hispanic Black or African	14.3	10.8	17.7
Race/ Etillicity	Hispanic or Latino	18.7	15.4	22.0
	Non-Hispanic, Other Race	14.8*	9.8	19.7
	Less than \$35,000	26.6	24.1	29.2
Income	\$35,000-\$74,999	17.4	14.9	19.8
income	\$75,000 and more	14.1	12.5	15.6
_	Insured	18.0	16.9	19.1
Insurance	Not Insured	14.0	10.4	17.5
	Disabled	36.8	34.0	39.7
Disability	Non-disabled	12.3	11.2	13.3
	High School Graduate or Less	18.5	16.6	20.4
Education	More Than High School	17.2	16.0	18.4

Cancer

Among all adults, the proportion who reported ever being told by a doctor that they had skin cancer or any other type of cancer.

Demographics		95% (CI
Total		10.9	12.3
18-34 years old	<0.1**	1	ı
35-54 years old	6.4	5.4	7.4
55 and over years old	23.6	22.3	24.9
Male	9.5	8.6	10.4
Female	13.6	12.6	14.6
Non-Hispanic White	14.8	13.9	15.7
Non-Hispanic Black or African	6.0*	4.0	7.9
Hispanic or Latino	3.0*	1.8	4.1
Non-Hispanic, Other Race	5.0**	1	ı
Less than \$35,000	10.5	9.1	11.9
\$35,000-\$74,999	12.4	10.9	13.8
\$75,000 and more	11.3	10.2	12.4
Insured	12.4	11.7	13.1
Not Insured	5.0**	ı	ı
Disabled	17.2	15.4	19.1
Non-disabled	10.2	9.5	10.9
High School Graduate or Less	10.1	8.9	11.3
More Than High School	12.6	11.8	13.4
	Total 18-34 years old 35-54 years old 55 and over years old Male Female Non-Hispanic White Non-Hispanic Black or African Hispanic or Latino Non-Hispanic, Other Race Less than \$35,000 \$35,000-\$74,999 \$75,000 and more Insured Not Insured Disabled Non-disabled High School Graduate or Less	Total 11.6 18-34 years old <0.1**	Total 11.6 10.9 18-34 years old <0.1**

COPD

Among all adults, the proportion who reported ever being told by a doctor that they had chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Demographics		%	95% (CI
	Total	5.7	5.1	6.3
	18-34 years old	5.0**	-	-
۸۵۵	35-54 years old	3.3	2.5	4.0
Age	55 and over years old	10.0	9.0	11.1
_	Male	4.5	3.7	5.3
Sex	Female	6.8	5.9	7.7
	Non-Hispanic White	6.0	5.3	6.6
Race/ Ethnicity	Non-Hispanic Black or African	5.3*	3.2	7.3
	Hispanic or Latino	5.0**	-	-
	Non-Hispanic, Other Race	5.0**	-	-
	Less than \$35,000	10.8	9.2	12.4
Income	\$35,000-\$74,999	6.5	5.1	7.9
income	\$75,000 and more	2.5*	1.8	3.3
_	Insured	5.7	5.1	6.3
Insurance	Not Insured	5.0**	-	-
	Disabled	15.2	13.2	17.1
Disability	Non-disabled	3.1	2.5	3.6
	High School Graduate or Less	8.5	7.2	9.8
Education	More Than High School	4.0	3.4	4.5

Kidney disease

Among all adults, the proportion who reported ever being told by a doctor that they had kidney disease.

Demographics		%	95% (CI
	Total	2.9	2.5	3.3
	18-34 years old	-	-	-
۸۵٥	35-54 years old	2.7*	1.9	3.5
Age	55 and over years old	4.5	3.8	5.2
_	Male	2.3	1.8	2.8
Sex	Female	3.5	2.9	4.1
	Non-Hispanic White	2.8	2.4	3.3
Race/ Ethnicity	Non-Hispanic Black or African	5.0**	1	ı
	Hispanic or Latino	5.0**	-	-
	Non-Hispanic, Other Race	-	-	-
	Less than \$35,000	4.7	3.6	5.9
Income	\$35,000-\$74,999	3.0*	2.0	3.9
income	\$75,000 and more	1.7	1.2	2.1
	Insured	3.0	2.5	3.4
Insurance	Not Insured	-	-	-
	Disabled	6.9	5.5	8.3
Disability	Non-disabled	1.7	1.4	2.1
	High School Graduate or Less	3.8	3.0	4.6
Education	More Than High School	2.4	2.0	2.8

Cardiovascular Disease

Among all adults, the proportion who reported being diagnosed with a heart attack, coronary heart disease, or stroke.

Demographics		%	95% (CI
	Total		6.8	8.0
	18-34 years old	-	-	-
۸۵۵	35-54 years old	3.8	2.9	4.6
Age	55 and over years old	15.3	14.0	16.5
_	Male	8.6	7.7	9.6
Sex	Female	6.3	5.6	7.1
	Non-Hispanic White	8.0	7.3	8.7
Dago / Ethnigity	Non-Hispanic Black or African	5.9*	4.0	7.8
Race/ Ethnicity	Hispanic or Latino	5.8	4.1	7.5
	Non-Hispanic, Other Race	5.0**	-	-
	Less than \$35,000	11.7	10.1	13.3
Income	\$35,000-\$74,999	8.2	6.8	9.6
income	\$75,000 and more	4.1	3.4	4.9
	Insured	7.7	7.0	8.3
Insurance	Not Insured	4.8*	2.9	6.8
	Disabled	19.2	17.0	21.3
Disability	Non-disabled	4.3	3.8	4.8
	High School Graduate or Less	10.0	8.7	11.3
Education	More Than High School	5.9	5.3	6.5

Among all adults, the proportion who reported that they were ever told by a doctor that they had diabetes.		Diabe	tes		
Total 9.8 9.0 10.5	Among all ad		,	ld by a doctor t	hat they had
Total 9.8 9.0 10.5				95% C	
Age 35-54 years old 7.2 6.0 8.4				9.0	10.5
Male		18-34 years old	<0.1**	-	-
Male	Age	35-54 years old	7.2	6.0	8.4
Female 9.0 8.1 10.0	Age	55 and over years old	17.8	16.5	19.2
Non-Hispanic White 8.6 7.8 9.3	Sav	Male	10.6	9.5	11.7
Non-Hispanic Black or African 15.0 11.8 18.1 Hispanic or Latino 12.5 9.9 15.1 Non-Hispanic, Other Race 8.8* 6.0 11.7 Less than \$35,000 14.7 12.8 16.6 \$35,000-\$74,999 12.1 10.2 13.9 \$75,000 and more 5.6 4.8 6.4 Insurance Insured 9.9 9.2 10.7 Not Insured 7.6* 5.2 9.9 Disability Non-disabled 20.7 18.5 23.0 Non-disabled 6.5 5.9 7.1 High School Graduate or Less 13.3 11.8 14.8 More Than High School 7.5 6.8 8.2 Pre-diabetes Among all adults, the proportion who reported that they had been diagnosed with pre-diabetes. Pre-diabetes 18.2 7.2 9.2 Age 18-34 years old 5.0** -	Sex	Female	9.0	8.1	10.0
Hispanic or Latino		Non-Hispanic White	8.6	7.8	9.3
Hispanic of Latino 12.5 9.9 15.1 Non-Hispanic, Other Race 8.8* 6.0 11.7 Less than \$35,000 14.7 12.8 16.6 \$35,000-\$74,999 12.1 10.2 13.9 \$75,000 and more 5.6 4.8 6.4 Insurance Not Insured 9.9 9.2 10.7 Not Insured 7.6* 5.2 9.9 Disability Non-disabled 6.5 5.9 7.1 High School Graduate or Less 13.3 11.8 14.8 More Than High School 7.5 6.8 8.2	Race/ Ethnicity	Non-Hispanic Black or African	15.0	11.8	18.1
Less than \$35,000		Hispanic or Latino	12.5	9.9	15.1
Sample		Non-Hispanic, Other Race	8.8*	6.0	11.7
Insurance		Less than \$35,000	14.7	12.8	16.6
Insurance	Incomo	\$35,000-\$74,999	12.1	10.2	13.9
Insurance Not Insured 7.6* 5.2 9.9 Disability Disabled Non-disabled Non-disabled School Graduate or Less School	income	\$75,000 and more	5.6	4.8	6.4
Disable		Insured	9.9	9.2	10.7
Disability Non-disabled 6.5 5.9 7.1 High School Graduate or Less 13.3 11.8 14.8 More Than High School 7.5 6.8 8.2 Pre-diabetes Demographics % 95% CI Total 8.2 7.2 9.2 18-34 years old 5.0** - - 35-54 years old 7.1 5.4 8.7 55 and over years old 13.0 11.4 14.7 Male 7.3 6.0 8.7 Female 8.9 7.6 10.3 Non-Hispanic White 7.0 6.1 7.9 Non-Hispanic Black or African 13.2* 8.1 18.3 Hispanic or Latino 9.9* 6.3 13.5 Non-Hispanic, Other Race 10.0** - - Income \$35,000-\$74,999 10.1 7.3 12.8 \$75,000 and more 6.6 5.3 7.8	Insurance	Not Insured	7.6*	5.2	9.9
High School Graduate or Less 13.3 11.8 14.8 More Than High School 7.5 6.8 8.2 Pre-diabetes	Disability	Disabled	20.7	18.5	23.0
More Than High School 7.5 6.8 8.2		Non-disabled	6.5	5.9	7.1
Pre-diabetes Pre-		High School Graduate or Less	13.3	11.8	14.8
Non-Hispanic White Non-Hispanic White Non-Hispanic, Other Race Non-Hispanic, Other Race Non-Hispanic, Other Race Less than \$35,000 + 74,999 10.1 7.3 12.8 18.4 12.8 18.5 18.3 19.4 18.4 19.	Education	More Than High School	7.5	6.8	8.2
Total 8.2 7.2 9.2		Pre-diab	etes		
Total 8.2 7.2 9.2	Among all ac	dults, the proportion who reported th	at they had been d	iagnosed with p	re-diabetes.
Total 8.2 7.2 9.2					
Age 35-54 years old 7.1 5.4 8.7 55 and over years old 13.0 11.4 14.7 Male 7.3 6.0 8.7 Female 8.9 7.6 10.3 Non-Hispanic White 7.0 6.1 7.9 Non-Hispanic Black or African 13.2* 8.1 18.3 Hispanic or Latino 9.9* 6.3 13.5 Non-Hispanic, Other Race 10.0** - Less than \$35,000 10.9 8.4 13.4 \$35,000-\$74,999 10.1 7.3 12.8 \$75,000 and more 6.6 5.3 7.8 Insured 8.4 7.3 9.4			8.2	7.2	9.2
Age 35-54 years old 55 and over years old 7.1 5.4 8.7 Sex Male 7.3 6.0 8.7 Female 8.9 7.6 10.3 Non-Hispanic White 7.0 6.1 7.9 Non-Hispanic Black or African Hispanic or Latino 9.9* 6.3 13.5 Non-Hispanic, Other Race 10.0** - - Less than \$35,000 10.9 8.4 13.4 \$35,000-\$74,999 10.1 7.3 12.8 \$75,000 and more 6.6 5.3 7.8 Insured 8.4 7.3 9.4		18-34 years old	5.0**	-	-
Sex Male 7.3 6.0 8.7	_		7.1	5.4	8.7
Sex Male Female 7.3 6.0 8.7 Female Fem	Age	· · · · · · · · · · · · · · · · · · ·	13.0	11.4	14.7
Non-Hispanic White 7.0 6.1 7.9		,	7.3	6.0	8.7
Race/ Ethnicity Non-Hispanic Black or African 13.2* 8.1 18.3 Hispanic or Latino 9.9* 6.3 13.5 Non-Hispanic, Other Race 10.0*** - - Less than \$35,000 10.9 8.4 13.4 \$35,000-\$74,999 10.1 7.3 12.8 \$75,000 and more 6.6 5.3 7.8 Insured 8.4 7.3 9.4	Sex	Female	8.9	7.6	10.3
Race/ Ethnicity Non-Hispanic Black or African 13.2* 8.1 18.3 Hispanic or Latino 9.9* 6.3 13.5 Non-Hispanic, Other Race 10.0*** - - Less than \$35,000 10.9 8.4 13.4 \$35,000-\$74,999 10.1 7.3 12.8 \$75,000 and more 6.6 5.3 7.8 Insured 8.4 7.3 9.4		Non-Hispanic White	7.0	6.1	7.9
Hispanic or Latino 9.9* 6.3 13.5 Non-Hispanic, Other Race 10.0** - Less than \$35,000 10.9 8.4 13.4 \$35,000-\$74,999 10.1 7.3 12.8 \$75,000 and more 6.6 5.3 7.8 Insured 8.4 7.3 9.4	Race/ Ethnicity	•	13.2*	8.1	18.3
Non-Hispanic, Other Race			9.9*	6.3	13.5
Income Less than \$35,000 10.9 8.4 13.4 \$35,000-\$74,999 10.1 7.3 12.8 \$75,000 and more 6.6 5.3 7.8 Insured 8.4 7.3 9.4		•	10.0**	-	-
Income \$35,000-\$74,999 10.1 7.3 12.8 \$75,000 and more 6.6 5.3 7.8 Insured 8.4 7.3 9.4		•	10.9	8.4	13.4
Income \$75,000 and more 6.6 5.3 7.8 Insured 8.4 7.3 9.4			10.1		
Insured 8.4 7.3 9.4	income				
		•			
	Insurance			-	
Disabled 12.2 9.6 14.8				9.6	14.8
Disability Non-disabled 7.1 6.1 8.2	Disability				
High School Graduate or Less 7.3 5.5 9.1					
Education More Than High School 8.8 7.6 9.9	Education	5			

Arthritis

Among all adults, the proportion who reported ever being told by a doctor that they had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

Demographics		%	95% (CI
	Total	23.2	22.2	24.2
	18-34 years old	3.6*	2.4	4.7
Λ σ ο	35-54 years old	16.8	15.1	18.6
Age	55 and over years old	42.5	40.9	44.1
_	Male	18.7	17.3	20.0
Sex	Female	27.4	25.9	28.9
	Non-Hispanic White	26.4	25.2	27.6
Daga / Ethysisia:	Non-Hispanic Black or African	18.7	15.2	22.1
Race/ Ethnicity	Hispanic or Latino	15.1	12.5	17.7
	Non-Hispanic, Other Race	13.3	9.6	17.0
	Less than \$35,000	28.8	26.4	31.2
Income	\$35,000-\$74,999	25.0	22.7	27.3
income	\$75,000 and more	18.1	16.7	19.5
_	Insured	24.3	23.3	25.4
Insurance	Not Insured	10.2	7.3	13.1
	Disabled	47.0	44.2	49.9
Disability	Non-disabled	16.4	15.5	17.3
	High School Graduate or Less	26.3	24.3	28.2
Education	More Than High School	21.3	20.2	22.4

Arthritis Burden-Limited usual activities

Among all adults, the proportion who reported arthritis limited their usual activities in some way.

	Demographics		95% (CI
	Total	10.9	10.1	11.6
	18-34 years old	<0.1**	-	-
۸۵۵	35-54 years old	8.7	7.4	10.1
Age	55 and over years old	19.5	18.2	20.8
_	Male	8.0	7.1	8.9
Sex	Female	13.6	12.4	14.7
	Non-Hispanic White	11.6	10.8	12.5
Race/ Ethnicity	Non-Hispanic Black or African	10.2	7.5	12.9
	Hispanic or Latino	9.1	7.0	11.2
	Non-Hispanic, Other Race	5.0**	1	-
	Less than \$35,000	17.1	15.2	19.0
Income	\$35,000-\$74,999	11.6	9.9	13.3
income	\$75,000 and more	6.9	6.0	7.8
_	Insured	11.3	10.5	12.0
Insurance	Not Insured	6.3*	4.0	8.6
	Disabled	31.7	29.2	34.2
Disability	Non-disabled	4.8	4.3	5.3
	High School Graduate or Less	13.3	11.9	14.7
Education	More Than High School	9.4	8.6	10.2

	Arthritis Burden-	Limited social activ	ities 'a lot'	
Among al	l adults, the proportion who reported	l arthritis limited th	eir social activiti	es "a lot".
	Demographics	%	95% CI	
	Total	4.2	3.7	4.7
	18-34 years old	-	1	-
Λαο	35-54 years old	4.0	3.1	4.8
Age	55 and over years old	7.0	6.0	7.9
_	Male	3.0	2.4	3.7
Sex	Female	5.3	4.5	6.0
	Non-Hispanic White	4.0	3.5	4.6
Race/ Ethnicity	Non-Hispanic Black or African	5.4*	3.5	7.3
	Hispanic or Latino	4.9*	3.4	6.4
	Non-Hispanic, Other Race	5.0**	-	-
	Less than \$35,000	8.7	7.2	10.2
1	\$35,000-\$74,999	3.8	2.8	4.8
Income	\$75,000 and more	1.5*	1.0	1.9
	Insured	4.3	3.8	4.8
Insurance	Not Insured	5.0**	-	-
	Disabled	16.5	14.5	18.5
Disability	Non-disabled	0.6*	0.4	0.8
	High School Graduate or Less	6.3	5.3	7.4
Education	More Than High School	2.8	2.4	3.3
	Arthritis Burden-Limited	work related activit	ties	
Among al	l adults, the proportion who reported	l arthritis limited th	eir work related	activities
,eg a	Demographics	%	95%	
	Total	6.8	6.2	7.4
	18-34 years old	<0.1**	-	
	35-54 years old	6.7	5.6	7.9
Age	55 and over years old	10.6	9.5	11.6
	Male	5.6	4.8	6.5
Sex	Female	7.9	7.0	8.8
	Non-Hispanic White	7.0	6.2	7.7
	Non-Hispanic Black or African	7.1	5.1	9.1
Race/ Ethnicity	Hispanic or Latino	6.7	4.9	8.4
	Non-Hispanic, Other Race	10.0**	-	-
	Less than \$35,000	12.7	10.9	14.5
Income	\$35,000-\$74,999	6.8	5.5	8.1
	\$75,000 and more	3.3	2.6	4.0
Insurance	Insured	7.0	6.3	7.6
	Not Insured	5.0**	-	-
	Disabled	22.0	19.7	24.2
Disability	Non-disabled	2.5	2.1	2.9
	High School Graduate or Less	9.7	8.4	11.0
Education	3			
Euucatton	More Than High School	5.0	4.4	5.6

	Hypertension a	awareness		
Amon	g all adults, the proportion who ever	been told having	high blood pres	ssure.
	Demographics	%	95% C	.1
	Total	30.5	29.3	31.6
	18-34 years old	9.6	7.7	11.4
۸۵٥	35-54 years old	23.5	21.5	25.5
Age	55 and over years old	51.3	49.6	52.9
_	Male	32.6	30.9	34.4
Sex	Female	28.5	27.0	30.0
Race/ Ethnicity	Non-Hispanic White	31.8	30.5	33.1
	Non-Hispanic Black or African	36.1	31.6	40.7
	Hispanic or Latino	24.5	21.1	27.9
	Non-Hispanic, Other Race	21.7	17.1	26.3
	Less than \$35,000	37.5	34.8	40.3
Income	\$35,000-\$74,999	31.7	29.1	34.2
income	\$75,000 and more	25.1	23.4	26.8
_	Insured	31.2	30.0	32.4
Insurance	Not Insured	23.2	18.6	27.8
	Disabled	49.2	46.3	52.1
Disability	Non-disabled	25.3	24.0	26.5
Education	High School Graduate or Less	35.0	32.8	37.2
	More Than High School	27.7	26.5	29.0
mong adults w	ho having high blood pressure, the high blood pressure		urrently taking r	nedicine for

	Demographics		95% (CI
	Total	76.8	74.8	78.9
	18-34 years old	21.3*	13.2	29.3
۸۵۵	35-54 years old	63.2	58.3	68.1
Age	55 and over years old	89.3	87.9	90.7
_	Male	73.8	70.8	76.9
Sex	Female	79.9	77.2	82.6
	Non-Hispanic White	78.7	76.6	80.9
Daga / Ethnisitu	Non-Hispanic Black or African	75.9	68.9	83.0
Race/ Ethnicity	Hispanic or Latino	66.9	59.0	74.8
	Non-Hispanic, Other Race	71.0*	59.5	82.5
	Less than \$35,000	73.5	69.3	77.8
Imaama	\$35,000-\$74,999	82.0	78.0	86.0
Income	\$75,000 and more	73.3	69.7	77.0
	Insured	79.1	77.1	81.1
Insurance	Not Insured	41.3	30.9	51.6
	Disabled	80.4	76.8	84.0
Disability	Non-disabled	74.8	72.2	77.4
	High School Graduate or Less	76.7	73.2	80.1
Education	More Than High School	76.7	74.2	79.2

	Choleste	rol awareness		
Am	nong all adults, the proportion who ev		- -	
	Demographics	%	95% C	
	Total	30.6	29.5	31.8
Age	18-34 years old	9.2	7.2	11.3
	35-54 years old	25.5	23.5	27.6
	55 and over years old	48.1	46.5	49.7
	Male	32.0	30.2	33.8
Sex	Female	29.5	27.9	31.1
D/	Non-Hispanic White	32.5	31.2	33.9
Race/ Ethnicity	Non-Hispanic Black or African	27.1	22.8	31.5
	American	26.8	23.0	30.6
	Hispanic or Latino	24.0	19.1	29.0
	Non-Hispanic, Other Race Less than \$35,000	33.5	30.7	36.2
Income	\$35,000-\$74,999	31.2	28.5	33.8
	\$75,000 and more	28.2	26.5	30.0
Insurance		31.2	30.0	32.4
ilisulance	Not Insured	24.7	19.5	29.9
Disability		42.6	39.7	45.5
Disability	Non-disabled	27.5	26.2	28.8
Education	High School Graduate or Less	31.4	29.1	33.6
Luacatton	More Than High School	30.3	29.0	31.6
		dult Topics	23.0	3 1.0
		Private Well Water		
Among	all adults, the proportion who repor		vate well water in	their home.
	Demographics	%	95% C	
	Total	27.5	25.7	29.2
Age	18-34 years old	20.6	16.1	25.1
	35-54 years old	27.5	24.3	30.6
	55 and over years old	31.1	28.9	33.3
	Male	27.4	24.8	30.0
Sex	Female	27.5	25.1	29.9
	Non-Hispanic White	32.5	30.4	34.5
Race/	Non-Hispanic Black or African	-	-	-
Ethnicity	American			
	Hispanic or Latino	11.0*	7.0	15.0
	Non-Hispanic, Other Race	23.0*	14.5	31.4
	Less than \$35,000	18.5	15.2	21.8
Income	\$35,000-\$74,999	25.3	21.6	29.1
	\$75,000 and more	33.3	30.4	36.2
Insurance		28.2	26.4	30.0
	Not Insured	17.4	10.3	24.5
Disability		24.5	20.8	28.1
	Non-disabled	28.4	26.4	30.4
Education	High School Graduate or Less	22.4	19.2	25.6
ŀ	H RUH SCHOOL GIAGUATE OF 1885			
Laucatton	More Than High School	30.2	28.1	32.2

	Water Sour	ce-Public Water		
Amo	ng all adults, the proportion who rep	orted that having p	oublic water in the	eir home.
	Demographics	%	95% C	
	Total	70.1	68.3	71.9
Age	18-34 years old	75.3	70.3	80.2
	35-54 years old	70.8	67.5	74.0
	55 and over years old	66.9	64.7	69.1
	Male	69.6	66.9	72.4
Sex	Female	70.5	68.1	73.0
	Non-Hispanic White	65.7	63.6	67.8
Race/ Ethnicity	Non-Hispanic Black or African	90.6	84.7	96.5
	Hispanic or Latino	85.3	80.5	90.0
	Non-Hispanic, Other Race	73.1	64.3	82.0
Income	Less than \$35,000	77.9	74.2	81.5
	\$35,000-\$74,999	72.8	68.9	76.6
	\$75,000 and more	64.8	61.9	67.8
Insurance	Insured	69.5	67.6	71.3
	Not Insured	79.1	71.4	86.8
Disability	Disabled	72.5	68.7	76.3
	Non-disabled	69.4	67.3	71.5
Education	High School Graduate or Less	74.9	71.5	78.3
	More Than High School	67.5	65.4	69.7
	Aware suicide p	revention campaign		
Among all	l adults, the proportion who reported	they were aware o	f the "1 WORD, 1	VOICE, 1 LIF
3		on campaign in CT		
	Demographics	%	95% CI	
	Total	36.0	34.0	38.0
Age	18-34 years old	46.8	41.3	52.2
_	35-54 years old	34.2	30.7	37.7
	55 and over years old	30.8	28.6	33.0
	Male	31.5	28.6	34.4
Sex	Female	40.0	37.1	42.8
	Non-Hispanic White	34.1	31.9	36.3
Race/	Non-Hispanic Black or African	49.4	41.6	57.2
Ethnicity	Hispanic or Latino	36.6	29.7	43.5
	Non-Hispanic, Other Race	37.6	27.9	47.4
	Less than \$35,000	42.7	38.0	47.3
l	to= 000 t= 4000	20.1	22.4	10.0

38.1

33.2

36.6

28.5

40.1

34.9

38.6

34.6

33.4

30.1

34.5

20.3

35.8

32.6

34.8

32.3

Income \$35,000-\$74,999

Not Insured

Non-disabled

Education High School Graduate or Less

More Than High School

Insurance Insured

Disability Disabled

\$75,000 and more

42.8

36.2

38.7

36.7

44.3 37.2

42.5

36.9

Child Health

Ever breastfed

Among all children, the proportion of children had ever breastfed or given pumped breast milk, even for a short period of time.

Demographics		%	95% CI	
	Total	80.4	77.8	83.0
Age	0-4 years old	87.1*	82.0	92.3
	5-11 years old	82.0	78.1	85.9
	12-17 years old	77.5	72.7	82.2
	Male	81.7	78.3	85.1
Sex	Female	79.2	75.3	83.2
	Non-Hispanic White	84.4	81.6	87.1
Race/	Non-Hispanic Black or African	72.6*	63.5	81.6
Ethnicity	Hispanic or Latino	76.8	70.8	82.9
	Non-Hispanic, Other Race	80.0**	-	-
	Less than \$35,000	72.5	66.1	78.9
Income	\$35,000-\$74,999	73.2	66.4	80.1
	\$75,000 and more	85.3	82.0	88.5
Insurance	Insured	80.8	78.1	83.4
	Not Insured	75.0**	-	-
Education	High School Graduate or Less	68.6	62.3	74.9
	More Than High School	84.1	81.4	86.8

Overweight (5-17 years old)

Among all children, the proportion of children whose BMI between the 85th and 95th percentile for children of the same age and sex.

Demographics		%	95% CI	
Tota		13.1	10.3	15.8
Age	5-11 years old	13.4*	9.0	17.7
	12-17 years old	12.7	9.4	16.1
	Male	15.0	10.7	19.4
Sex	Female	11.1	7.9	14.4
	Non-Hispanic White	12.5	9.6	15.4
Race/	Non-Hispanic Black or African	-	1	-
Ethnicity	Hispanic or Latino	15.0**	-	-
	Non-Hispanic, Other Race	-	-	-
	Less than \$35,000	15.0**	-	-
Income	\$35,000-\$74,999	10.0**	1	1
	\$75,000 and more	14.1	10.3	17.8
Insurance	Insured	13.3	10.4	16.1
	Not Insured	-	1	-
Education	High School Graduate or Less	12.7*	7.7	17.7
ı	More Than High School	13.2	10.0	16.4

	Obesity (5-	17 years old)		
Among all	children, the proportion of children w		e 95th percentile	for children of
	Demographics	%	95% CI	
	Total	18.9	15.1	22.7
Age	5-11 years old	28.2	22.2	34.2
	12-17 years old	10.0**	-	-
	Male	21.4	16.4	26.3
Sex	Female	16.6*	10.8	22.4
	Non-Hispanic White	11.1	8.0	14.3
Race/	Non-Hispanic Black or African	35.0**	-	-
Ethnicity	Hispanic or Latino	34.7*	23.6	45.8
	Non-Hispanic, Other Race	-	-	-
	Less than \$35,000	34.1*	22.1	46.1
Income	\$35,000-\$74,999	15.0**	-	-
	\$75,000 and more	16.0	11.6	20.4
Insurance		18.6	14.7	22.5
	Not Insured	-	-	-
Education	High School Graduate or Less	21.4*	13.2	29.6
	More Than High School	18.3	14.0	22.6
		t asthma		
Amona	all children, the proportion of children I		with asthma and	still have it.
	Demographics	%	95% CI	
	Total	12.9	10.6	15.2
Age	0-4 years old	10.0**	-	-
J	5-11 years old	15.3	11.1	19.5
	12-17 years old	13.2*	8.9	17.5
	Male	14.4	11.4	17.5
Sex	Female	11.5*	7.9	15.1
	Non-Hispanic White	9.0	7.0	11.0
Race/	Non-Hispanic Black or African	-	-	
Ethnicity	Hispanic or Latino	23.4	16.7	30.2
	Non-Hispanic, Other Race	-	-	-
	Less than \$35,000	24.0*	16.7	31.2
Income	\$35,000-\$74,999	15.0**	-	-
	\$75,000 and more	9.0	6.6	11.4
Insurance	Insured	13.1	10.6	15.5
	Not Insured	-	-	-
Education	High School Graduate or Less	14.2*	9.6	18.8
	More Than High School	12.5	9.9	15.2

C 1				
Sod	a co	nsur	nntior	1

Among children 2-17 years old, the proportion of children had drank soda or sugary drinks at least once daily.

Demographics		%	95% CI	
Total		20.9	18.0	23.8
Age	2-4 years old	15.0**	-	-
	5-11 years old	20.5	16.1	24.9
	12-17 years old	23.6	19.5	27.6
	Male	22.8	18.7	26.9
Sex	Female	19.0	15.0	23.0
	Non-Hispanic White	15.2	12.2	18.2
Race/	Non-Hispanic Black or African	38.6*	25.6	51.6
Ethnicity	American			
	Hispanic or Latino	29.3	22.0	36.7
	Non-Hispanic, Other Race	15.0**	ı	-
	Less than \$35,000	32.0	23.8	40.2
Income	\$35,000-\$74,999	27.2	19.6	34.8
	\$75,000 and more	15.1	11.9	18.4
Insurance	Insured	20.2	17.3	23.2
	Not Insured	30.0**	-	-
Education	High School Graduate or Less	31.0	23.7	38.3
	More Than High School	17.9	14.9	20.9

Fast food consumption

Among children 2-17 years old, the proportion of children had ate fast food at least twice weekly.

Demographics		%	95% C	
Total		35.0	31.4	38.5
Age	2-4 years old	35.7	25.3	46.1
	5-11 years old	31.6	26.4	36.9
	12-17 years old	38.7	33.8	43.6
	Male	36.6	31.8	41.4
Sex	Female	33.2	28.0	38.4
	Non-Hispanic White	29.0	24.8	33.1
Race/	Non-Hispanic Black or African	48.2	36.0	60.4
Ethnicity	Hispanic or Latino	47.2	38.9	55.4
	Non-Hispanic, Other Race	27.2*	17.0	37.4
	Less than \$35,000	42.9	34.3	51.4
Income	\$35,000-\$74,999	39.6	31.4	47.9
	\$75,000 and more	32.1	27.5	36.7
Insurance	Insured	34.5	30.9	38.1
	Not Insured	43.1*	29.7	56.6
Education	High School Graduate or Less	34.7	27.2	42.1
	More Than High School	34.9	31.0	38.9

Dentist visit in the past year					
Am	ong all children, the proportion of chil	dren had visited	dentist in the pa	st year.	
	Demographics % 95% CI				
	Total	85.8	83.4	88.1	
Age	0-4 years old	63.0	55.8	70.2	
	5-11 years old	95.0**	-	-	
	12-17 years old	90.0**	-	-	
	Male	84.0	80.7	87.3	
Sex	Female	87.4	83.9	90.9	
	Non-Hispanic White	87.7	85.1	90.3	
Race/	Non-Hispanic Black or African	80.0**	-	-	
Ethnicity	American				
	Hispanic or Latino	84.2*	77.9	90.4	
	Non-Hispanic, Other Race	85.0**	-	-	
	Less than \$35,000	79.9*	73.1	86.8	
Income	\$35,000-\$74,999	85.5*	80.5	90.5	
	\$75,000 and more	89.8	87.2	92.3	
Insurance	Insured	86.6	84.1	89.0	
	Not Insured	80.0**	-	-	
Education	High School Graduate or Less	81.5*	75.9	87.1	
	More Than High School	87.2	84.7	89.8	

Dental sealants

Among children 5-17 years old, the proportion of children who ever received dental sealant on their permanent teeth.

Demographics		%	95% C	
Total		50.2	46.4	54.1
	5-11 years old	43.6	38.0	49.2
	12-17 years old	58.5	53.4	63.5
	Male	45.8	40.7	50.9
Sex	Female	54.5	48.8	60.2
	Non-Hispanic White	53.0	48.7	57.4
Race/	Non-Hispanic Black or African	38.9*	26.5	51.4
Ethnicity	Hispanic or Latino	42.9	34.1	51.8
	Non-Hispanic, Other Race	60.8*	46.4	75.1
	Less than \$35,000	42.5	33.2	51.8
Income	\$35,000-\$74,999	52.1	42.7	61.5
	\$75,000 and more	51.7	46.8	56.6
Insurance	Insured	50.9	46.9	54.8
	Not Insured	40.8*	25.5	56.2
Education	High School Graduate or Less	46.3	37.3	55.2
	More Than High School	51.5	47.2	55.8

	Dental decay	in the past year		
Among all	children, the proportion of children t	old they had dent	al decay in the pa	ast 12 months.
	Demographics	%	95% C	I
	Total	16.7	14.1	19.3
Age	0-4 years old	-	-	-
	5-11 years old	23.4	18.4	28.4
	12-17 years old	13.1	10.0	16.3
	Male	16.9	13.4	20.4
Sex	Female	16.5	12.6	20.4
	Non-Hispanic White	13.1	10.4	15.8
Race/	Non-Hispanic Black or African	20.0**	-	-
Ethnicity	American			
	Hispanic or Latino	24.7	18.0	31.5
	Non-Hispanic, Other Race	15.0**	-	-
	Less than \$35,000	19.7*	12.7	26.7
Income	\$35,000-\$74,999	30.1	22.0	38.1
	\$75,000 and more	12.2	9.4	15.1
Insurance	Insured	17.2	14.4	19.9
	Not Insured	-	-	-
Education	High School Graduate or Less	23.2	16.7	29.6
	More Than High School	14.8	12.1	17.6
	Excessive	screen time		
Among chil	dren aged 2-17 years old, the propor hours	tion of children w daily.	ho had screen tir	ne more than 2
	Demographics	%	95% C	I
	Total	51.1	47.5	54.6
Age	2-4 years old	36.3	26.6	46.0
	5-11 years old	46.2	40.7	51.6
	12-17 years old	64.1	58.9	69.2
	Male	52.9	48.1	57.7
Sex	Female	49.2	43.9	54.6
	la company de la	46.0	440	E 0.4

Total		51.1	47.5	54.6
Age	2-4 years old	36.3	26.6	46.0
	5-11 years old	46.2	40.7	51.6
	12-17 years old	64.1	58.9	69.2
	Male	52.9	48.1	57.7
Sex	Female	49.2	43.9	54.6
	Non-Hispanic White	46.0	41.8	50.1
Race/	Non-Hispanic Black or African	75.0**	ı	-
Ethnicity	Hispanic or Latino	54.8	46.4	63.2
	Non-Hispanic, Other Race	44.0	31.6	56.4
	Less than \$35,000	60.0	51.8	68.2
Income	\$35,000-\$74,999	65.1	57.2	73.1
	\$75,000 and more	44.1	39.6	48.7
Insurance	Insured	51.1	47.4	54.9
	Not Insured	50.2	37.0	63.3
Education	High School Graduate or Less	59.0	51.1	66.9
	More Than High School	48.7	44.6	52.7

^{&#}x27;*' estimates have a CV between 15% and 20%;

^{&#}x27; ** ' estimates have a CV between 20.1% and 30%;

^{&#}x27; - ' estimates were suppressed because of limited validity (CV>30%).