

Water Quality Monitoring and Stream Health Assessments- A Primer for Wetlands Officials



November 8 and November 14, 2012

Presented by Chris Bellucci, Supervising Environmental Analyst

Sessions Woods Wildlife Management Area

Burlington, Connecticut



Connecticut Department of Energy and Environmental Protection

Schedule for Today

09:30-10:15 WATER QUALITY MONITORING OVERVIEW

10:15-10:30 BREAK

10:30-11:15 AQUATIC MACROINVERTEBRATES
AND STREAM HEALTH ASSESSMENTS

BREAK INTO TEAMS

11:15-12:00 TEAMS PROCESS SAMPLES AND IDENTIFY
MACROINVERTEBRATES

12:00-12:20 GROUP ASSESSMENT OF STREAM HEALTH

OPTIONAL FIELD DEMO



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PART 1

WATER QUALITY MONITORING OVERVIEW



Why Monitor Water ?

- Federal Clean Water Act
- Characterize waters
- Trend identification
- Evaluate pollution controls
- Evaluate environmental damage
- Complaints
- Inventory
- Learn
- Support better natural resource management



What We Monitor

- **Physical**
 - *Habitat quality*
 - *Temperature*
 - *Flow*
- **Chemical**
 - *General constituents*
 - *Nutrients*
- **Biological**
 - *Fish*
 - *Macroinvertebrates*
- **Sanitary Quality**
 - *Indicator Bacteria*
- **Tissue contaminants**
 - *Mercury*
 - *PCB*



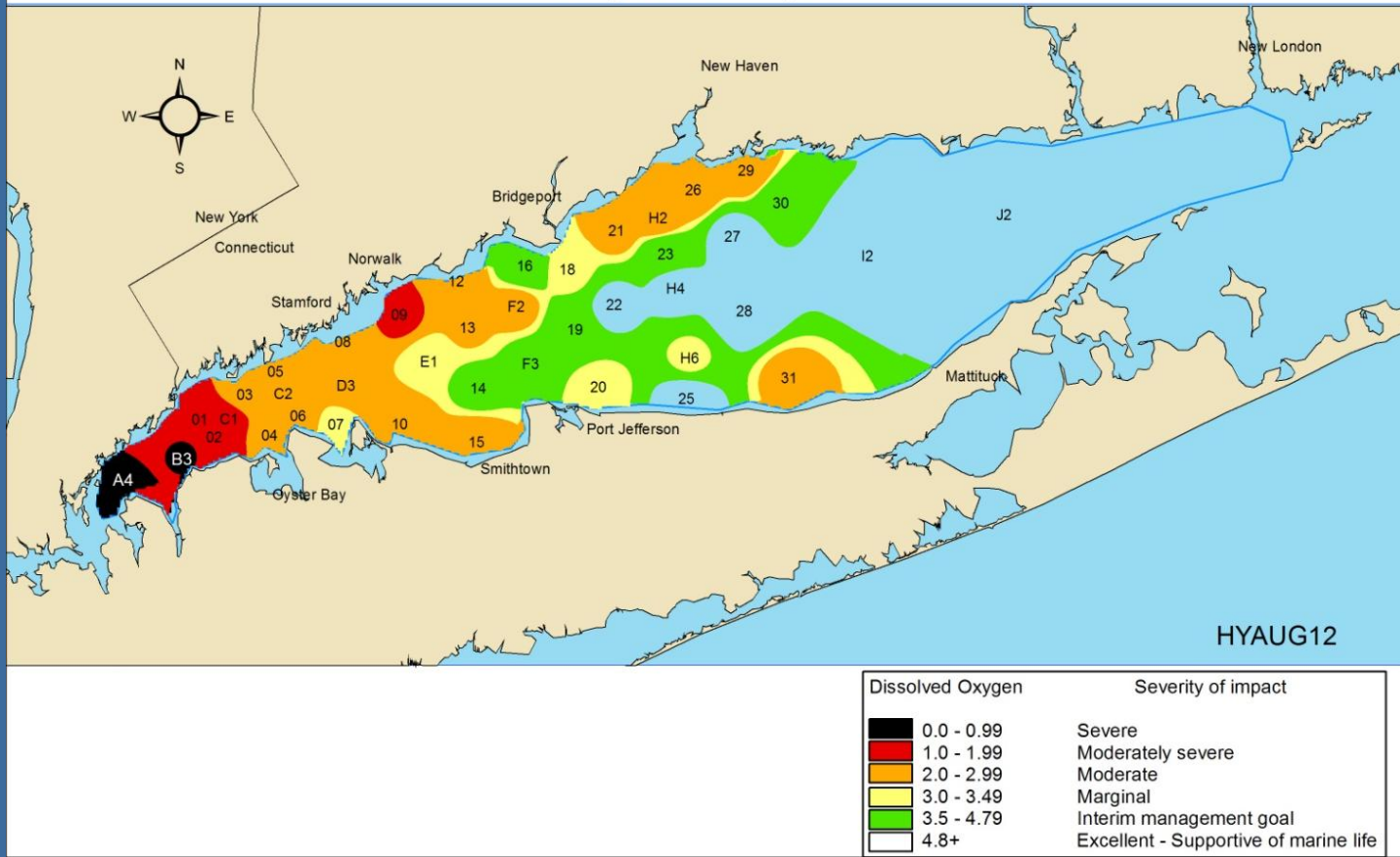
Where We Monitor

- Long Island Sound
- Beaches at DEEP State Parks
- Lakes
- Wetlands
- Rivers and Streams



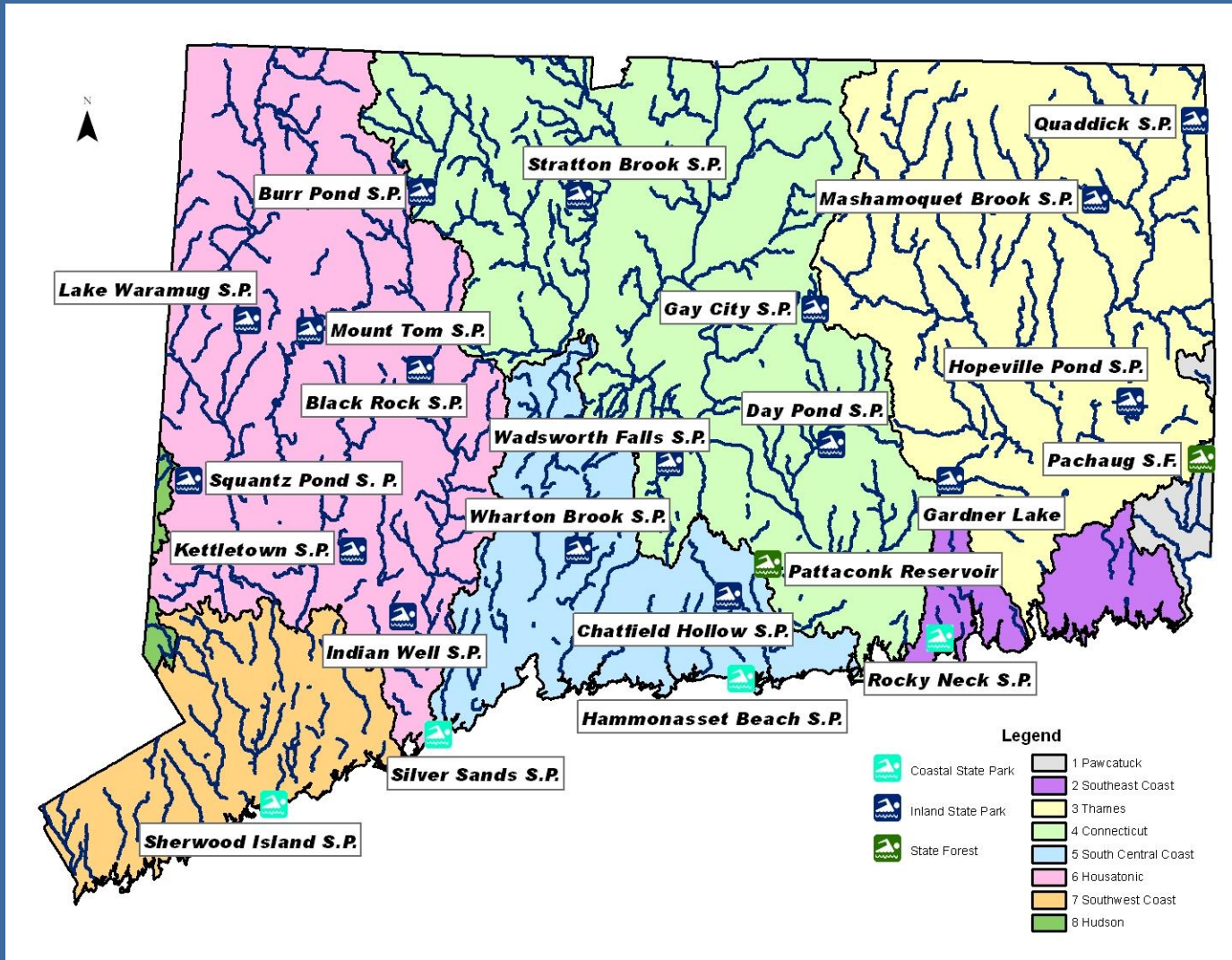
Long Island Sound

Dissolved Oxygen in Long Island Sound Bottom Waters
August 14 - 16, 2012

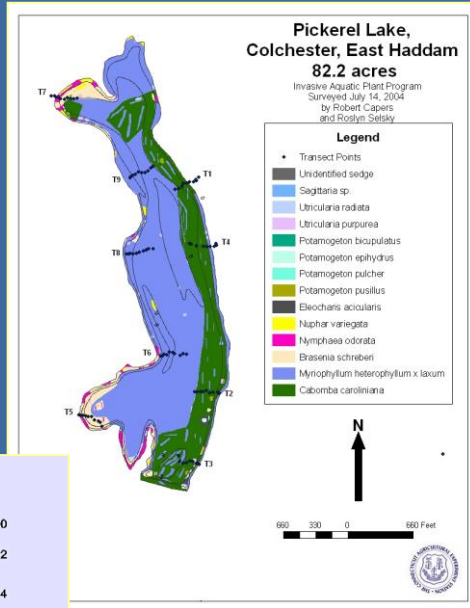


Beach Monitoring

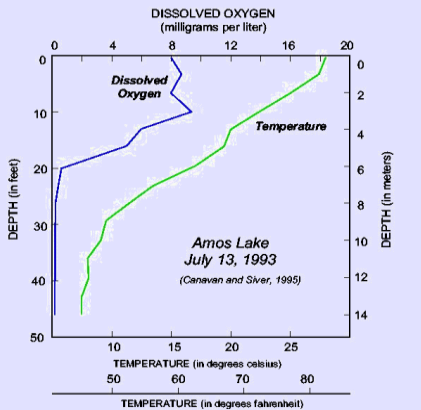
23 State Owned/Managed Bathing Areas



Lakes

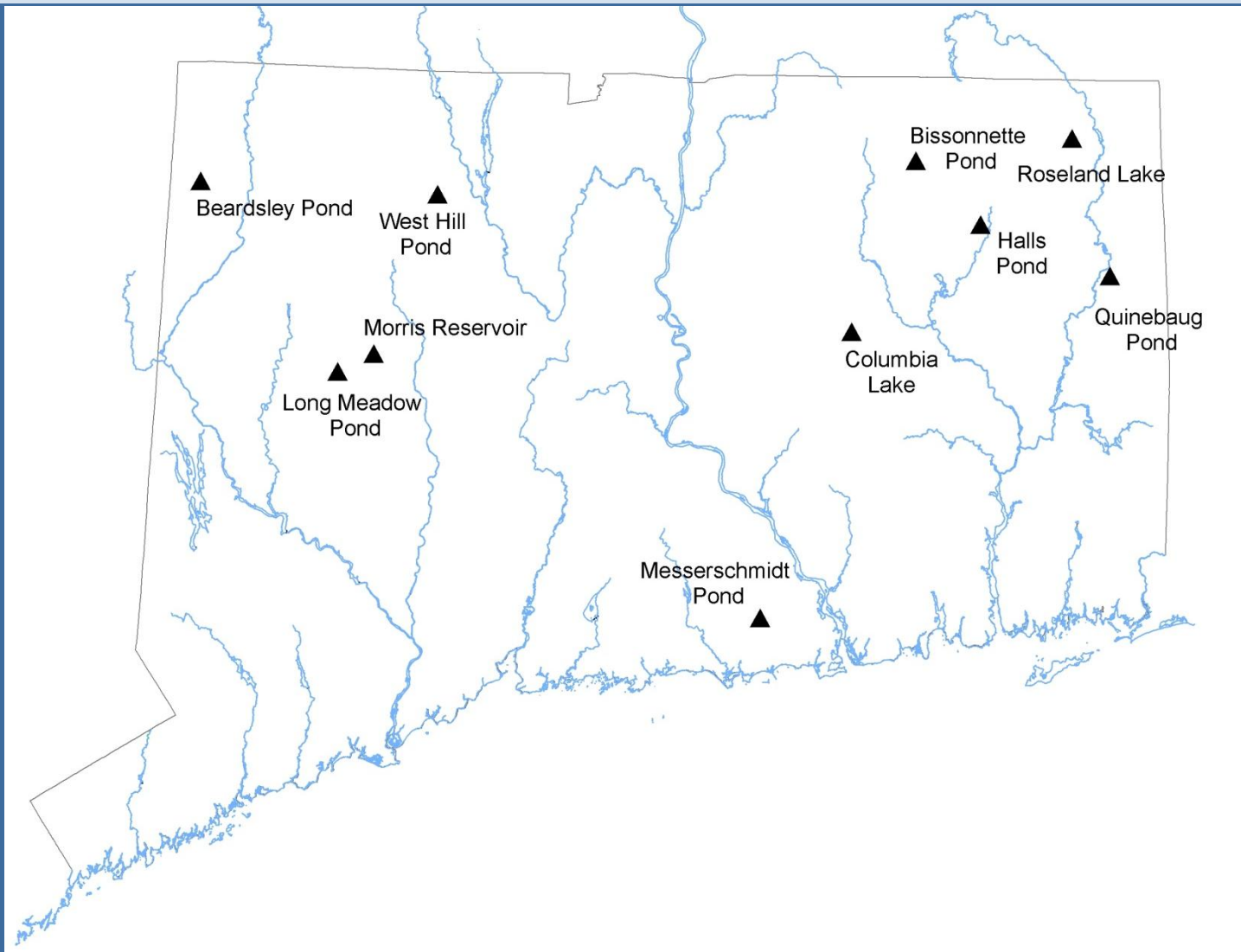


- Expanding the monitoring program
- Diagnostic feasibility studies (consultants)
- Complaints

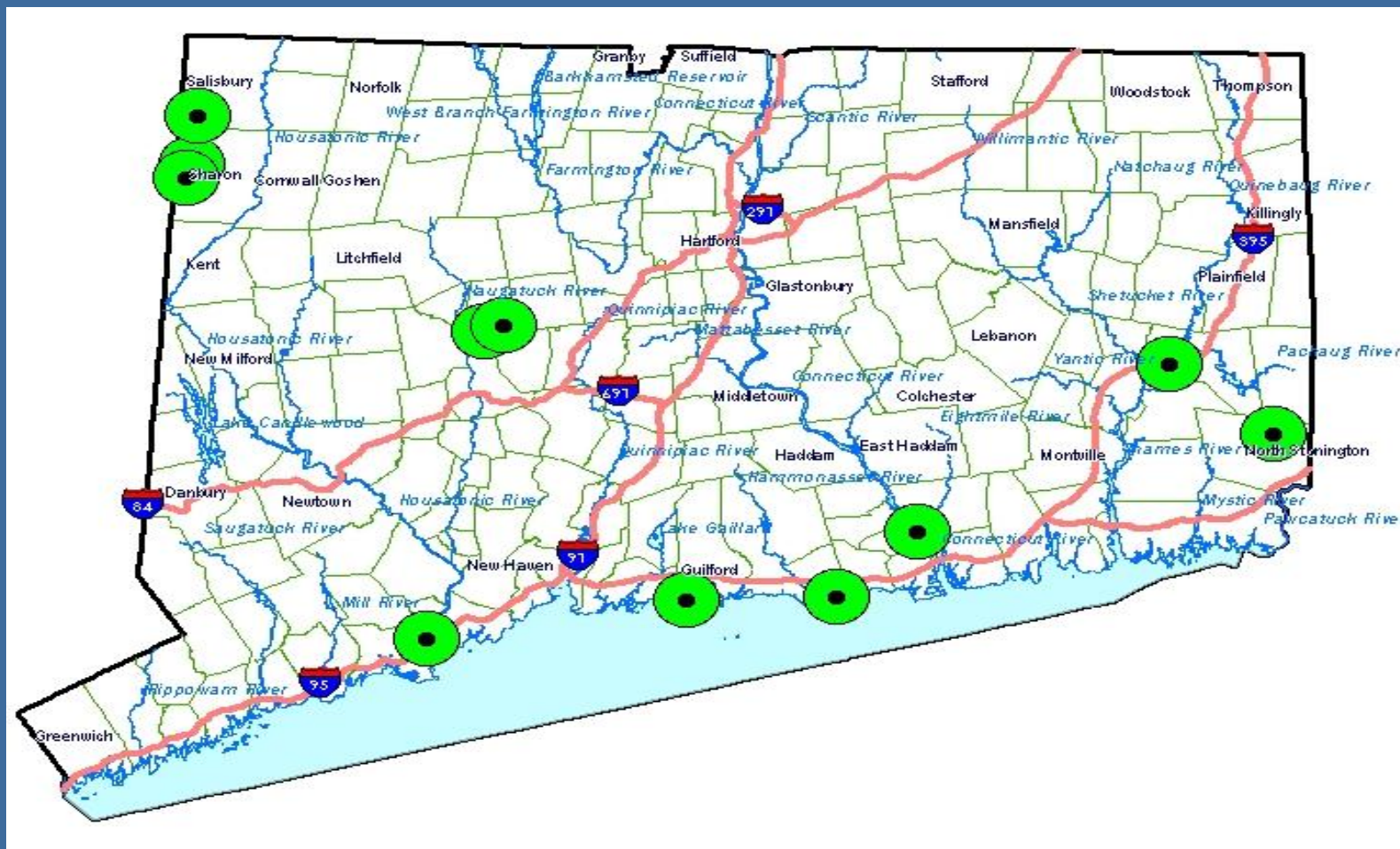


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2012 National Lakes Assessment



2011 National Wetland Condition Assessment



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2011 National Wetland Condition Assessment

- **The presence and abundance of grassy plants, trees, and shrubs**
- **Algae collected from sediments and the surface of plant stems and leaves**
- **Soil properties and chemistry**
- **Water chemistry (such as dissolved oxygen, nutrients, chlorophyll-a)**
- **Condition of the habitat in the area surrounding the wetland.**
- **A SUMMARY REPORT IS FORTHCOMING.....**



Water: National Wetland Condition Assessment

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National Wetland Condition Assessment

- Water Home
- Drinking Water
- Education & Training
- Grants & Funding
- Laws & Regulations
- Our Waters
 - Drinking Water
 - Ground Water
 - Lakes
 - Oceans, Coasts, Estuaries & Beaches
 - Rivers & Streams
 - Stormwater
 - Wastewater
 - Watersheds
 - Wetlands
 - Where You Live
- Pollution Prevention & Control
- Resources & Performance
- Science & Technology
- Water Infrastructure
- What You Can Do



Field crews sampled 1,179 sites from Florida to Alaska this summer in the first-ever national survey on the ecological condition of the Nation's wetlands.

Over the next year EPA and its State, Tribal, and Federal partners will process the field samples, assure the quality of the data collected, and begin to analyze the data. A report detailing the results of the survey will be released in 2013.

Features

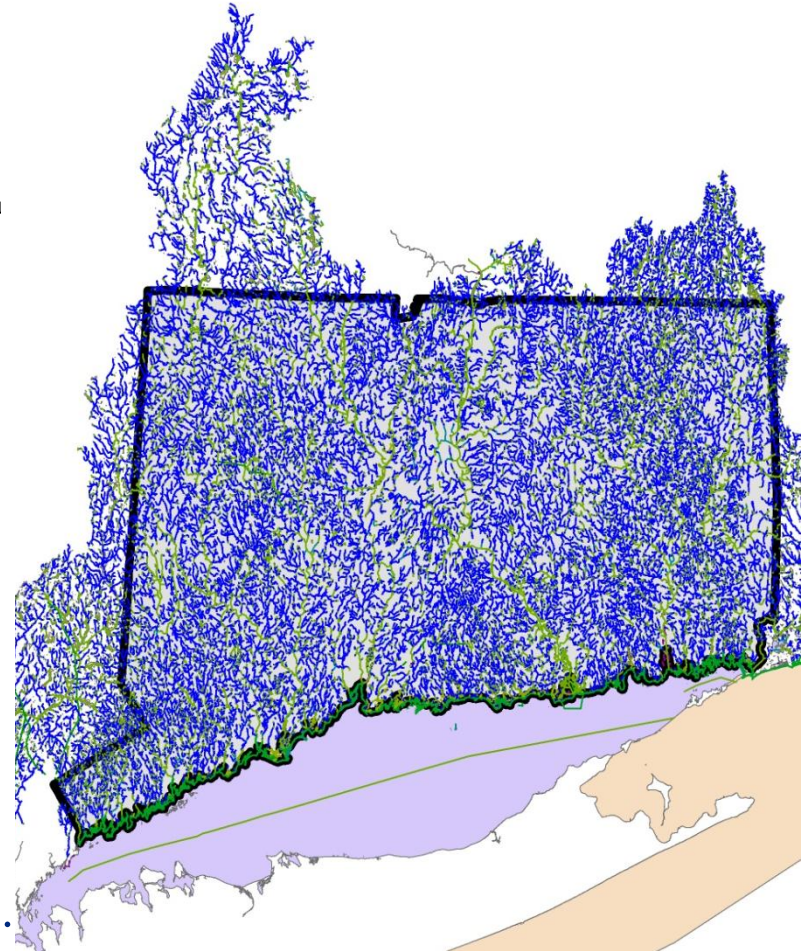
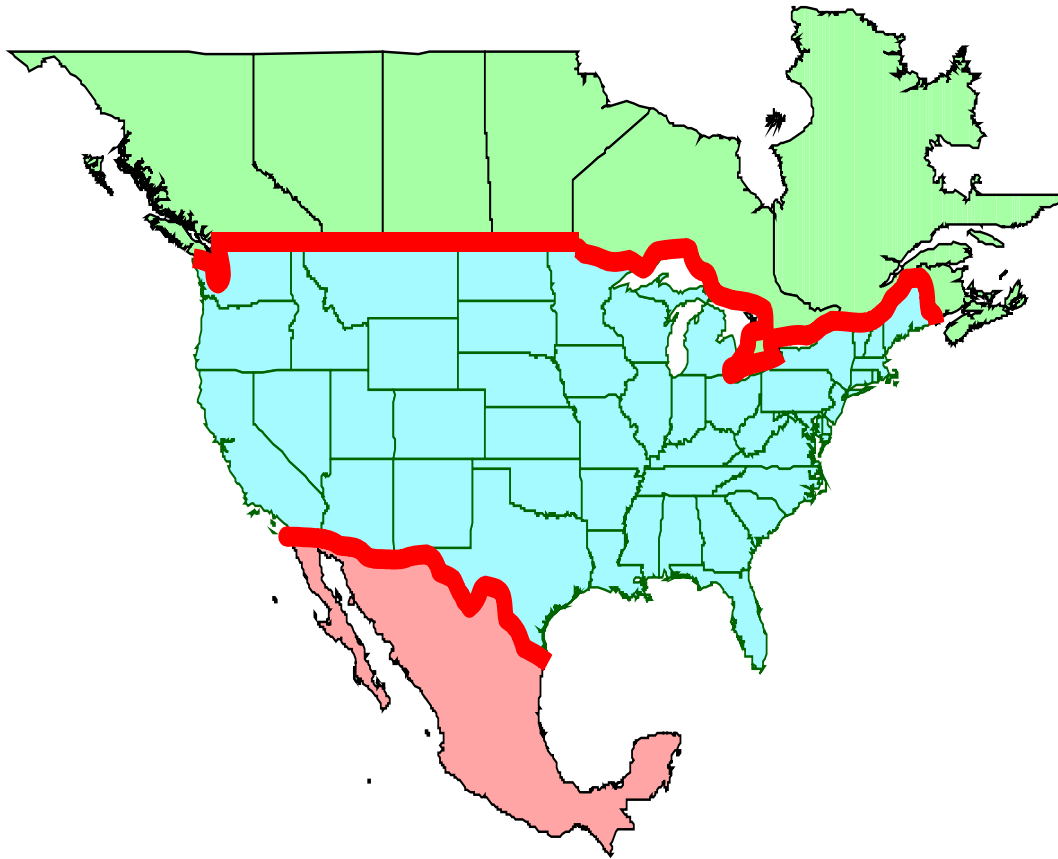
- [NWCA Fact Sheet](#) (2 pp, 77K, [About PDF](#))
- [Video on the NWCA](#) ([EXIT Disclaimer](#))
- [National Aquatic Resource Surveys](#)

- ABOUT
- DESIGN
- METHODS/MANUALS
- DATA
- REPORT
- PLANNING
- COLLABORATION

EPA and its State, Tribal, and Federal partners are implementing the first-ever national survey on the condition of the Nation's wetlands. The survey is designed to provide regional and national estimates of wetland ecological integrity and rank the stressors most commonly associated with poor conditions. The process of designing and conducting the survey is also intended to help build state and tribal capacity to monitor and analyze wetland condition while promoting collaboration across jurisdictional boundaries.

The National Wetland Condition Assessment (NWCA) will use a probability-based sampling design to provide statistically-valid estimates of condition for a population of wetlands. States, tribes and federal partners will participate in the NWCA design, planning, and field assessment. A consistent field assessment procedure will be used for the NWCA to ensure that the results can be compared across the country.

Rivers and Streams

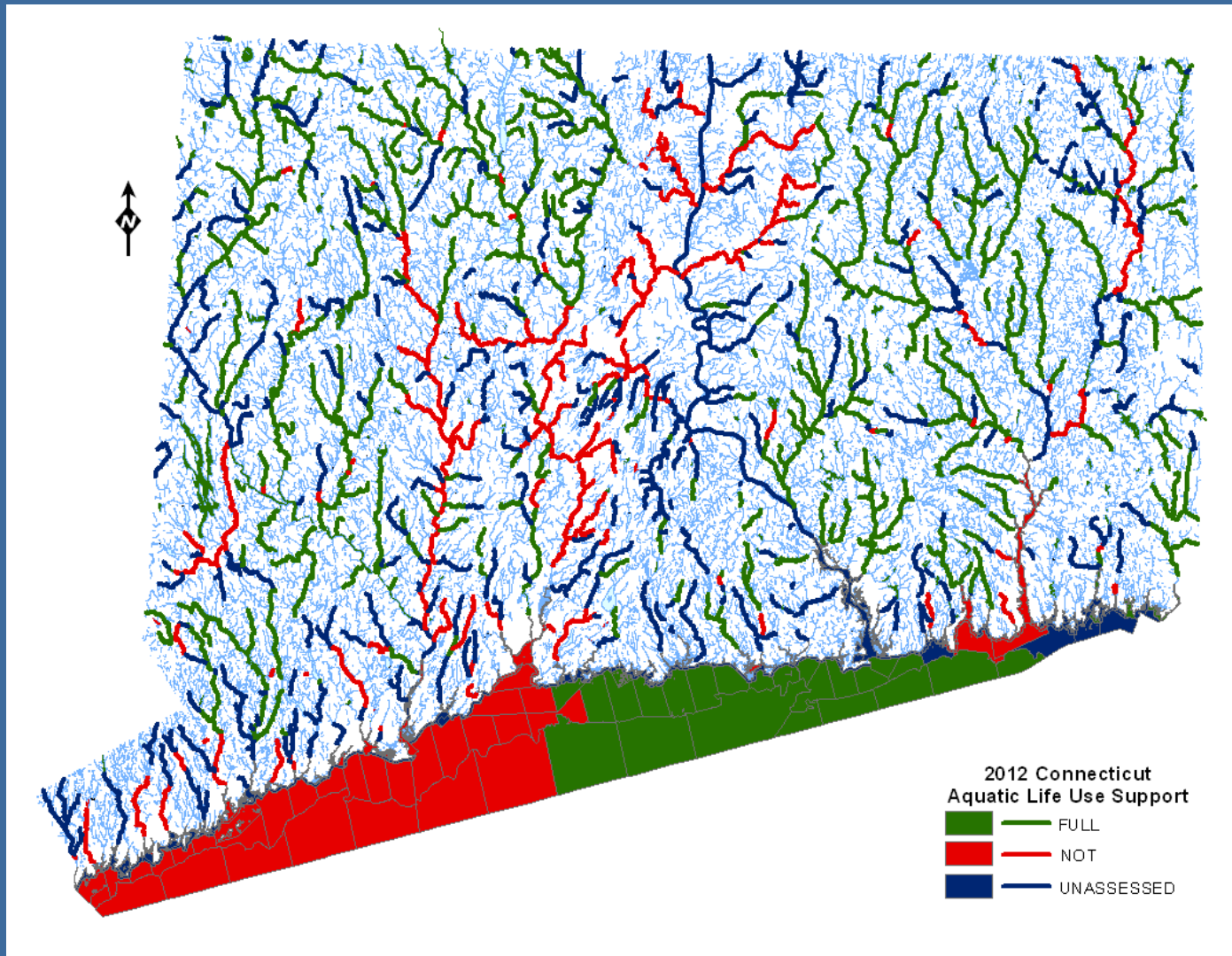


 US Border with Canada & Mexico ~ 5,920 mi.



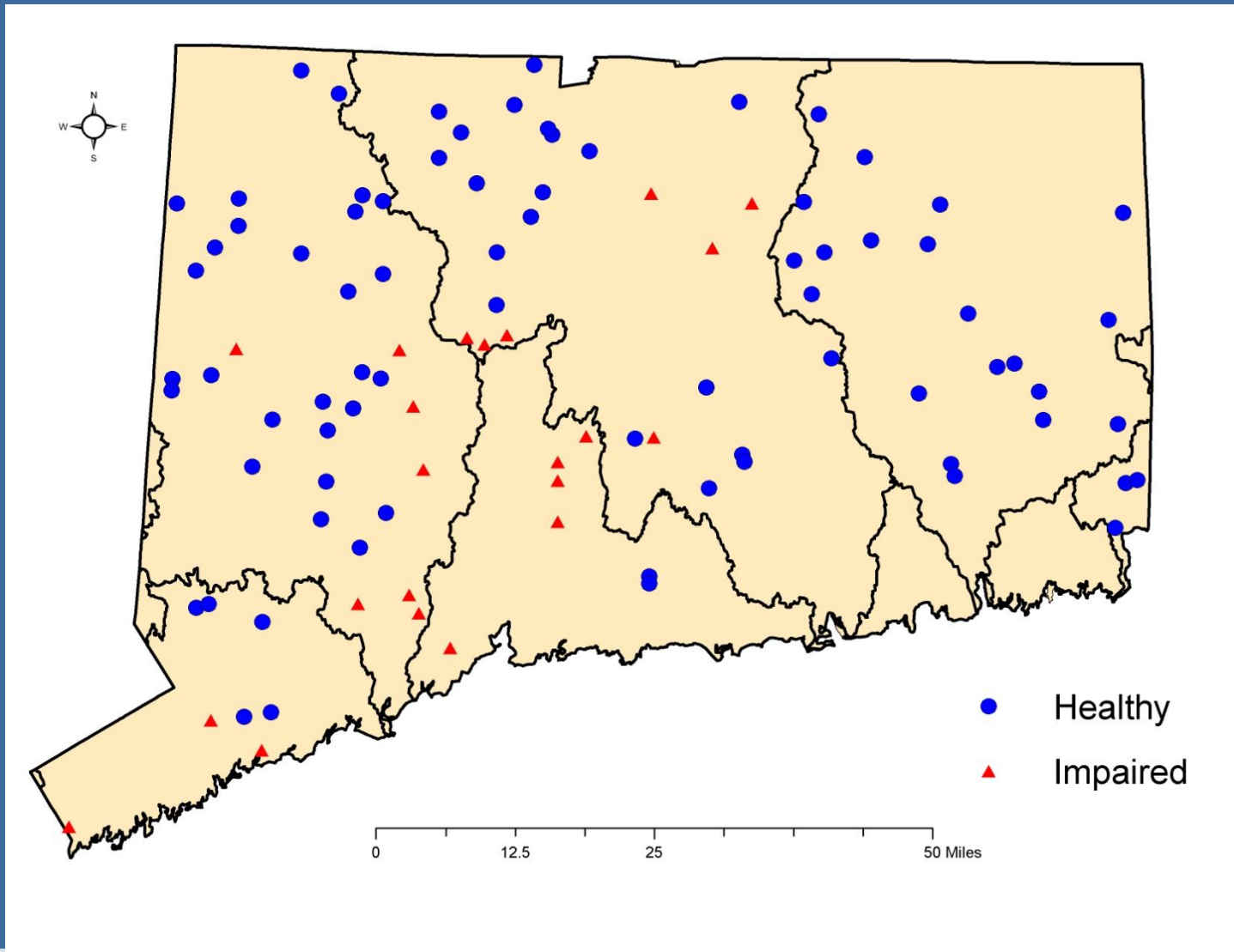
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Rivers and Streams

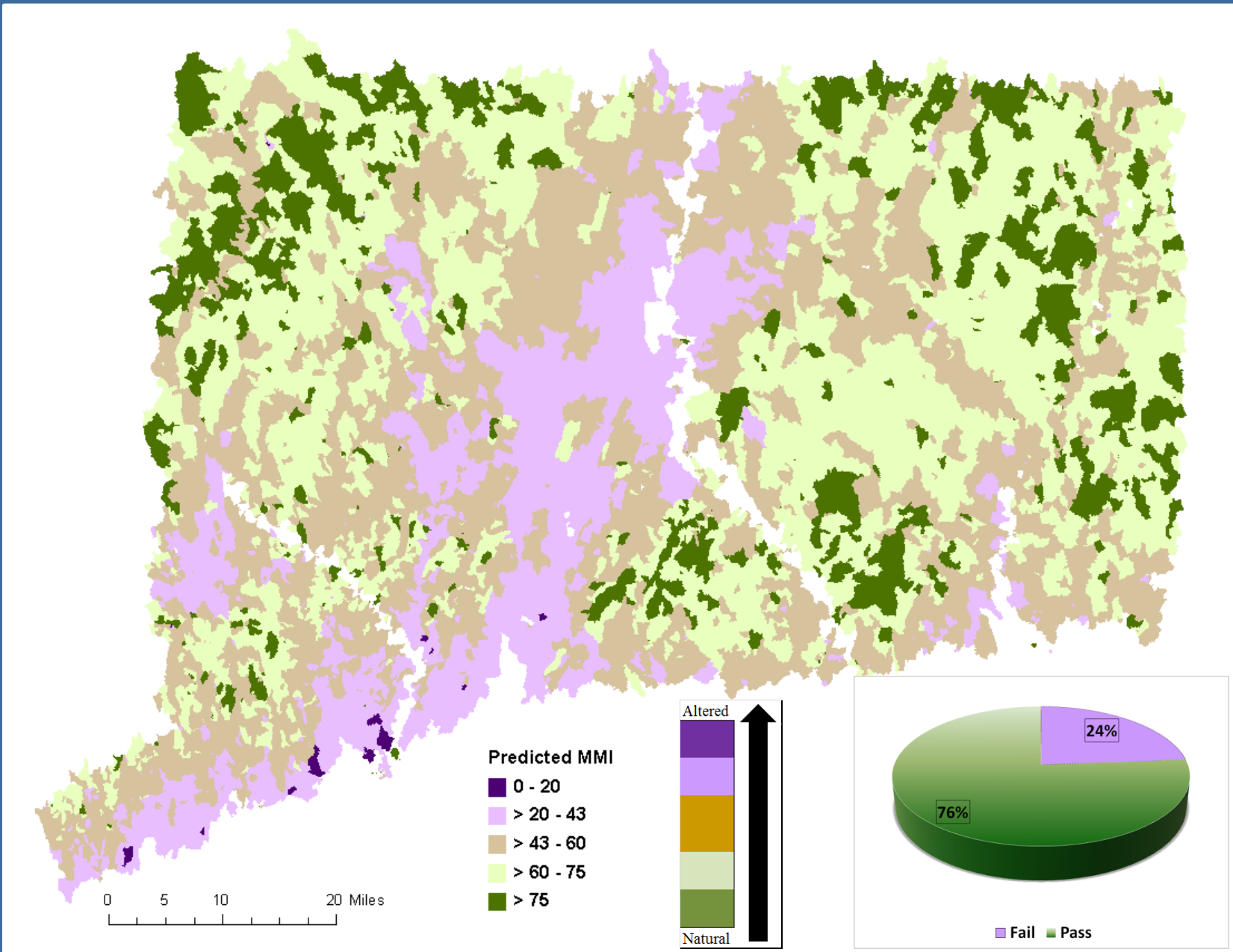


Connecticut Department of Energy and Environmental Protection

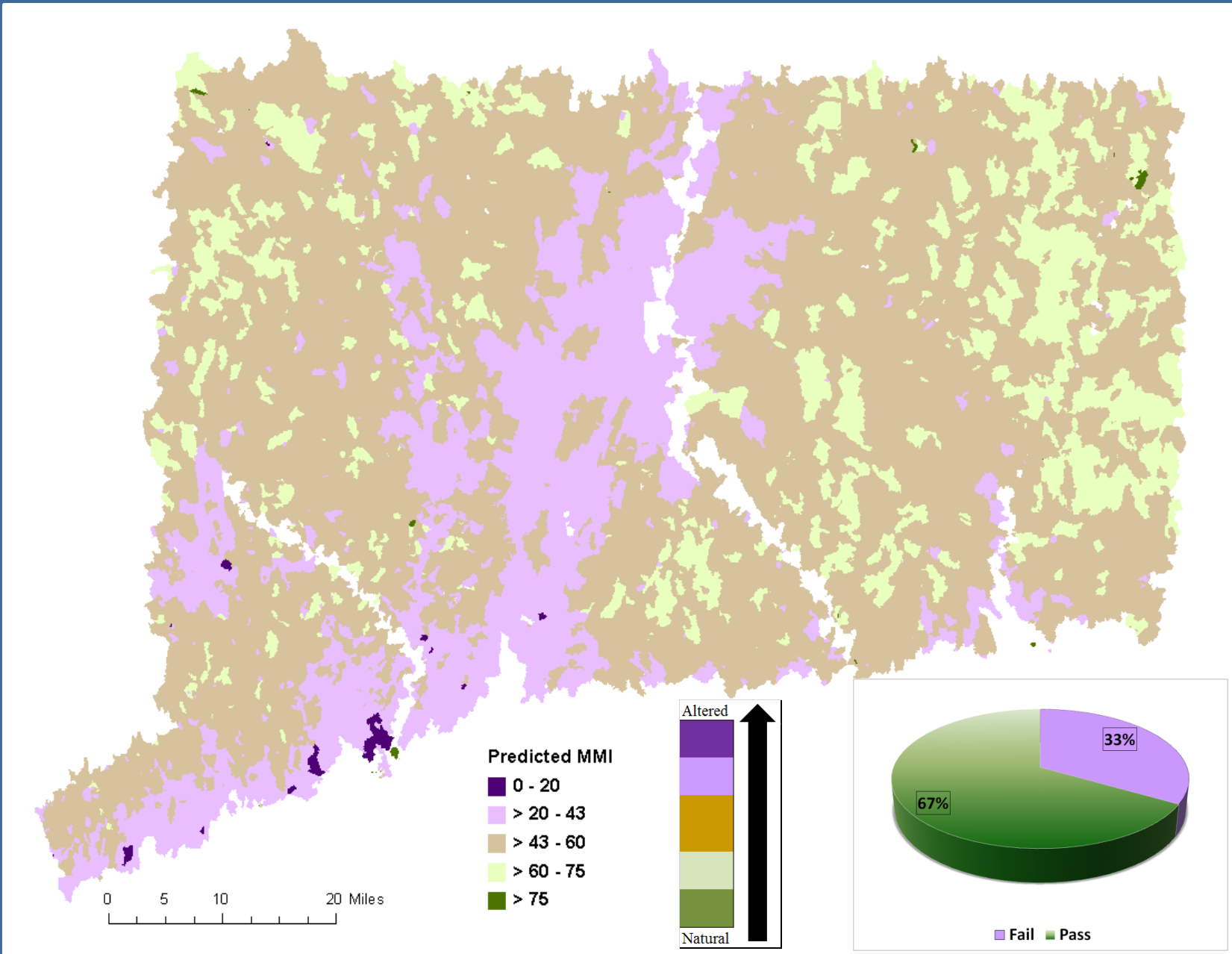
Aquatic life- 77% of Streams are Healthy



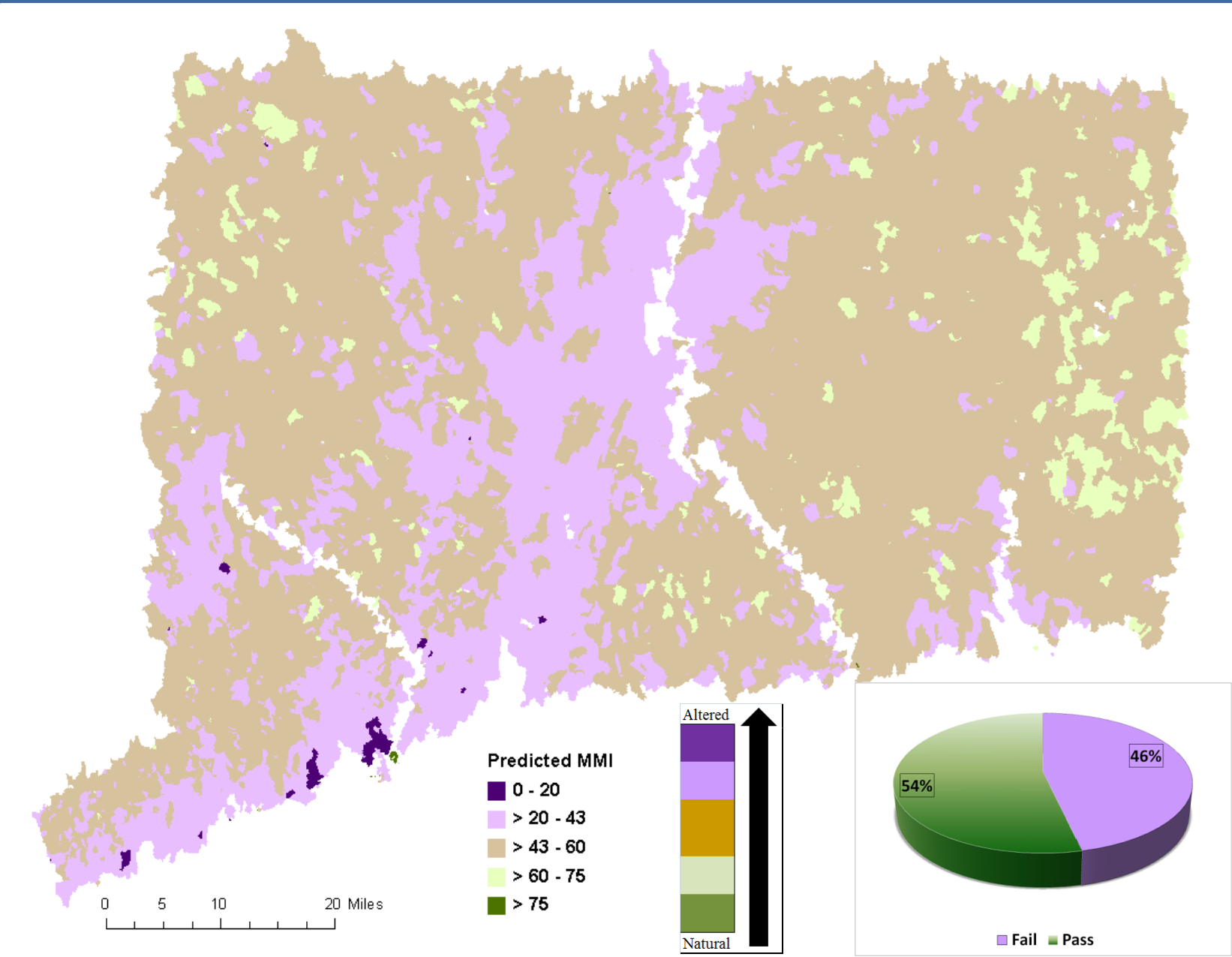
Build Out Analysis – Current Condition



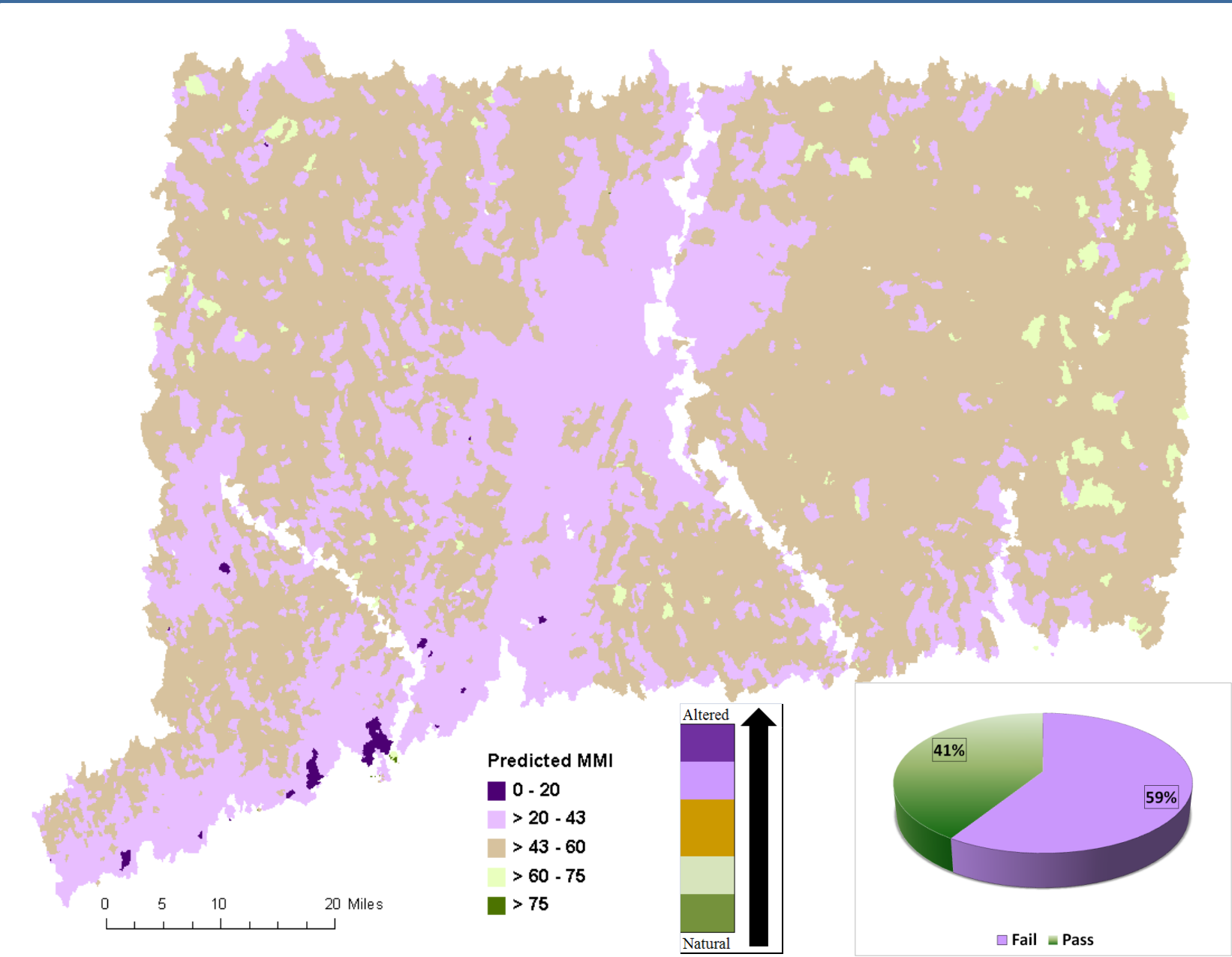
Build Out Analysis – +2% Impervious Cover



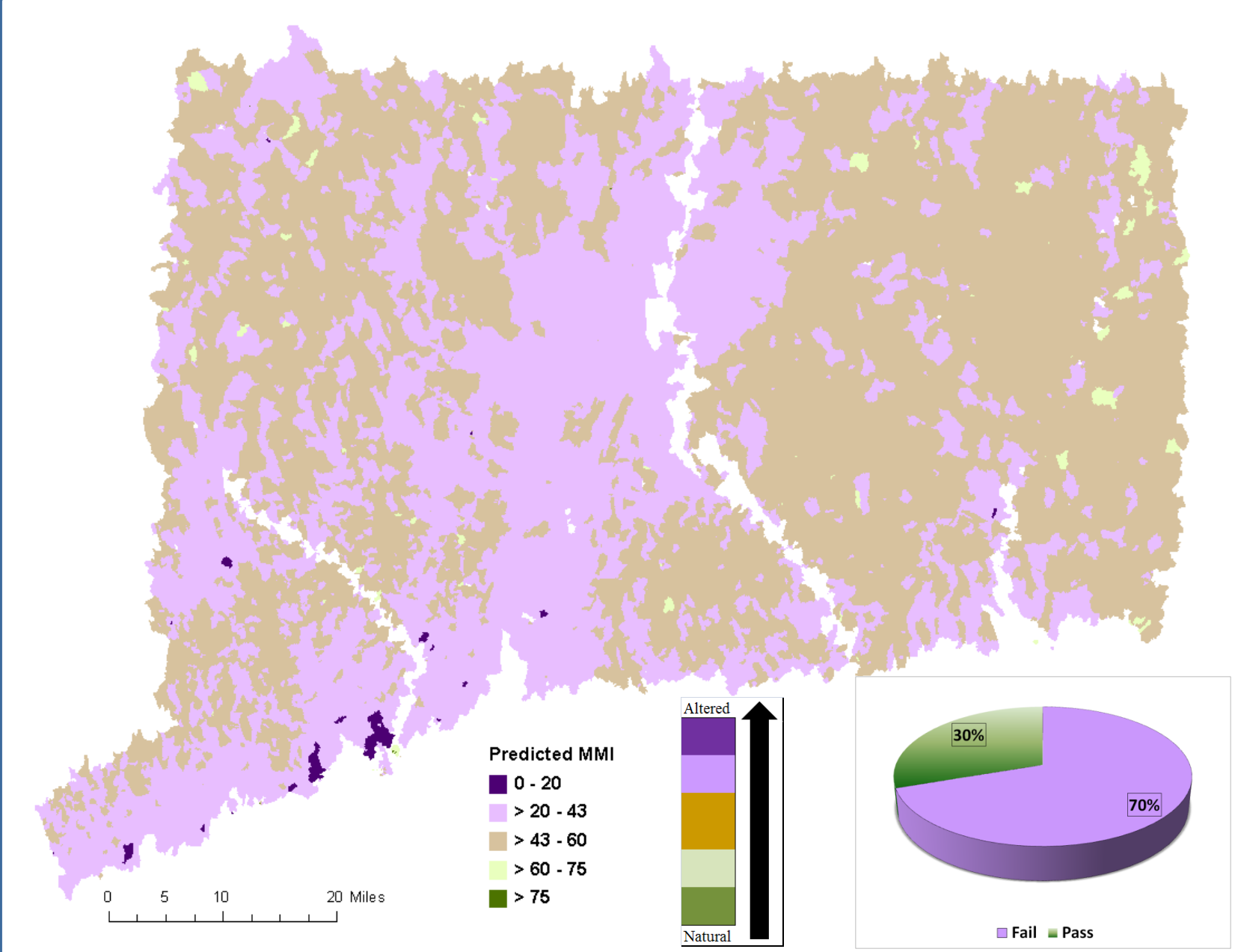
Build Out Analysis – +4% Impervious Cover



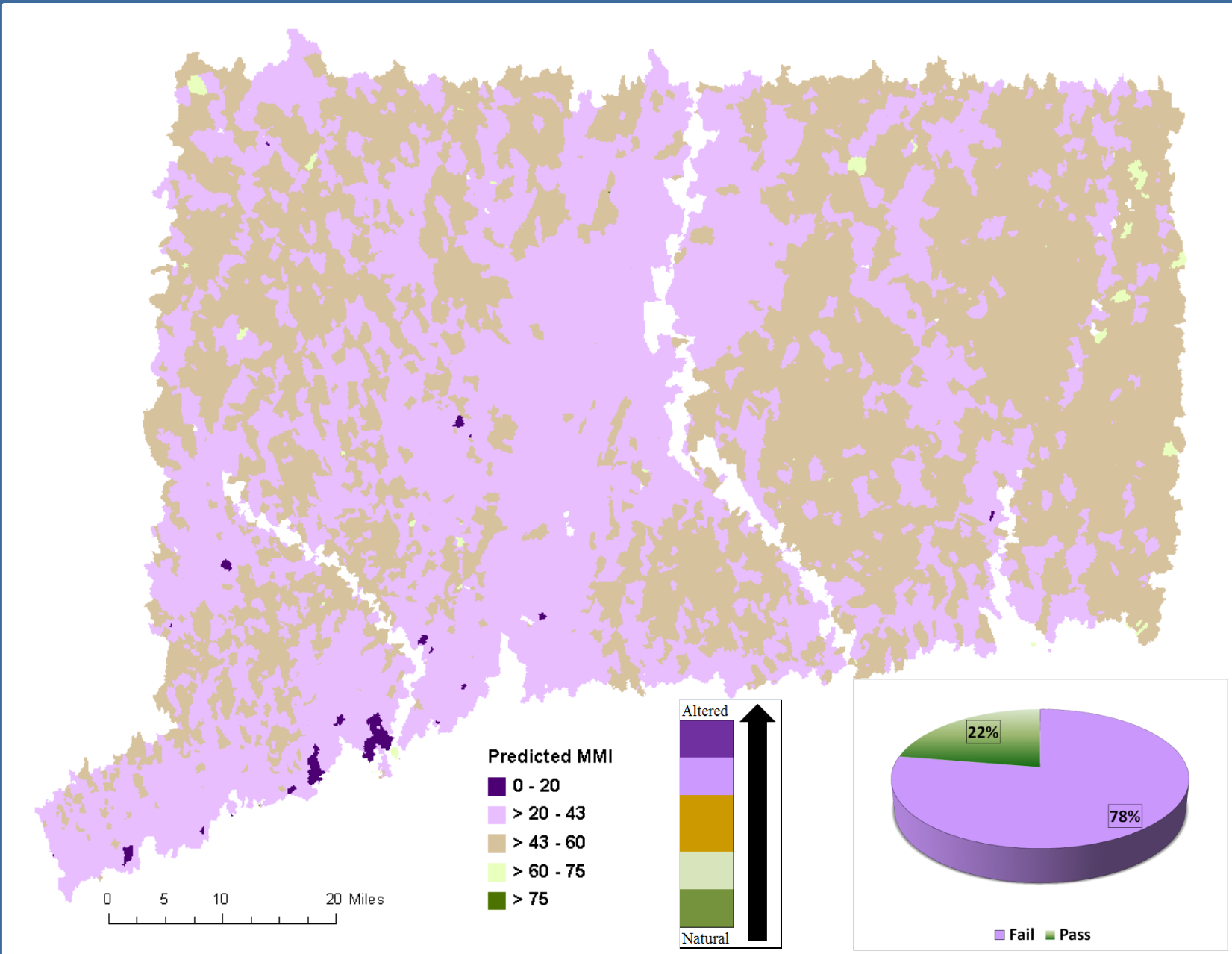
Build Out Analysis – +6% Impervious Cover



Build Out Analysis – +8% Impervious Cover



Build Out Analysis – +10% Impervious Cover



Biological Monitoring

Fish



- *Limited species*
- *Easy to relate to public*
- *Response is to water quantity and temperature*
- *Need Special Gear to Collect*
- *Easy to identify*

Macroinvertebrates



- *Lots of species*
- *Limited value to public*
- *Response is to water quality*
- *Easy to collect*
- *Identification is challenging*



Stream Assessments

Fully Supporting a Designated Use
Meets Goals in Water Quality Standards
Meets Water Quality Criteria
Good Condition
Healthy



Not Supporting a Designated Use
Fails Goals in Water Quality Standards
Fails Water Quality Criteria
Poor Condition
Impaired



The presence of a trout in a body of water is a discrete ecological fact that nevertheless signifies certain things...



...a particular complex of biotic and chemical and physical factors a standard of richness and purity, without which that troutly presence is impossible....David Quammen

Questions then Break

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PART 2

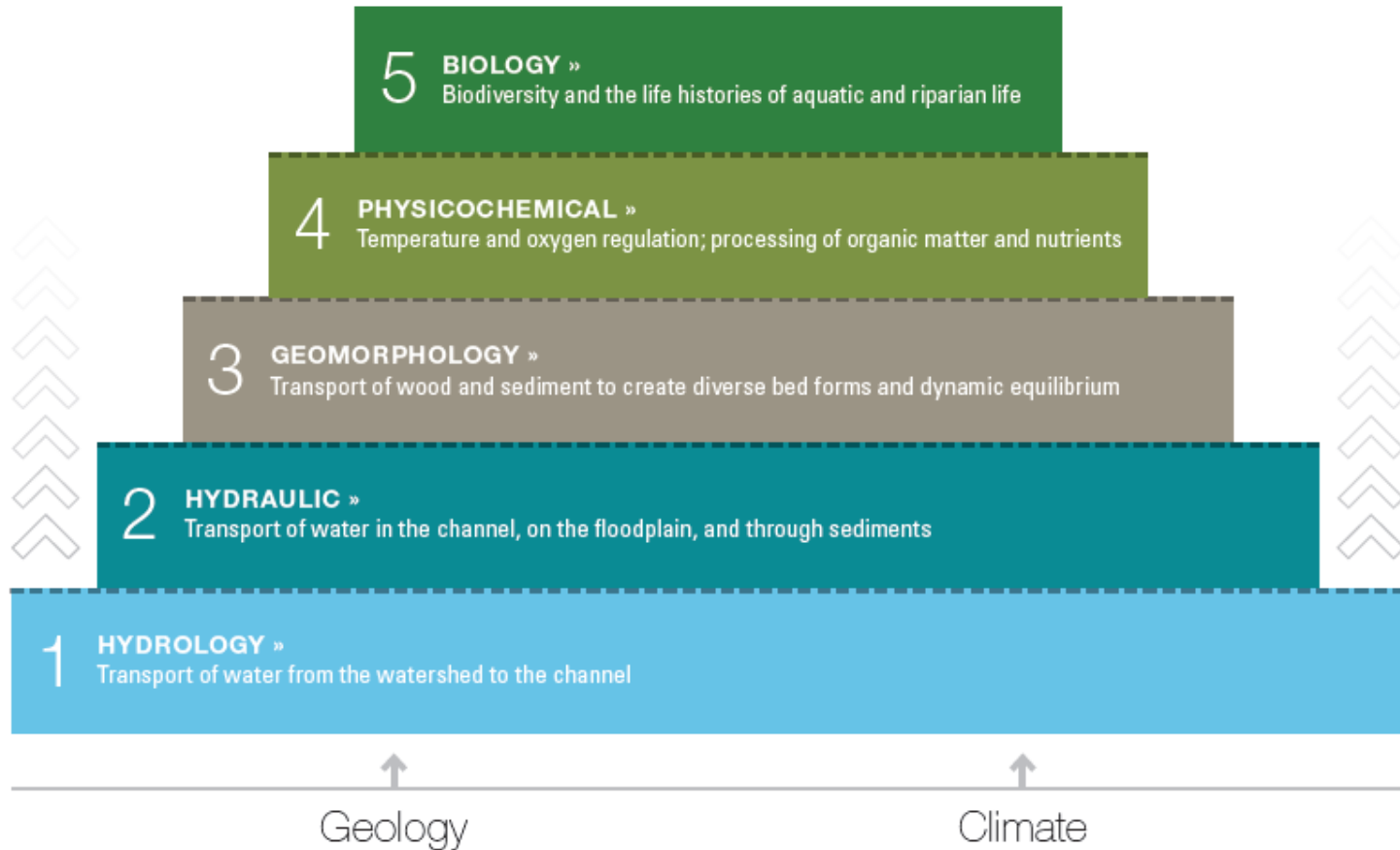
STREAM MACROINVERTEBRATES AND STREAM HEALTH ASSESSMENTS



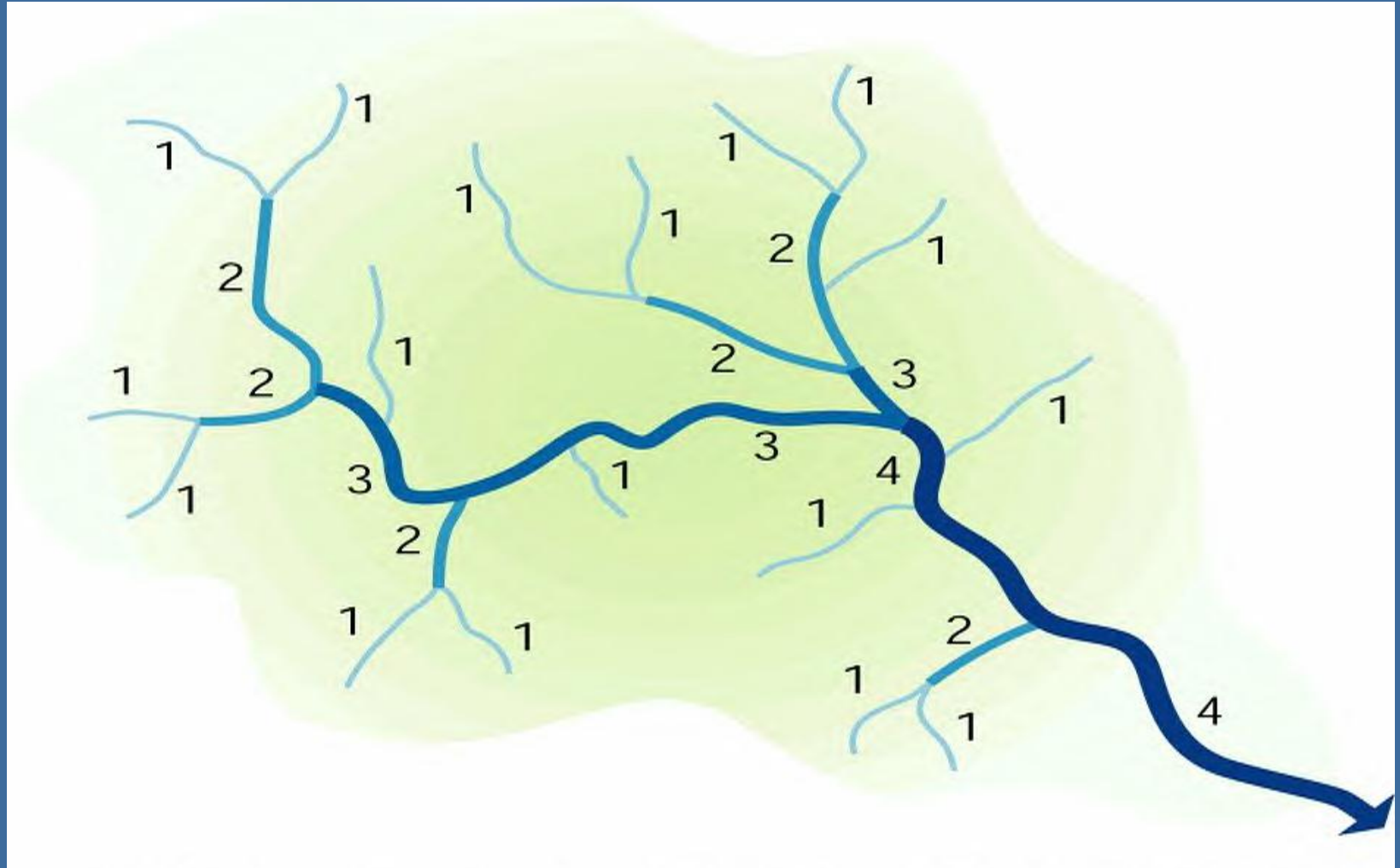
Stream Function

Stream Functions Pyramid

A Guide for Assessing & Restoring Stream Functions » OVERVIEW

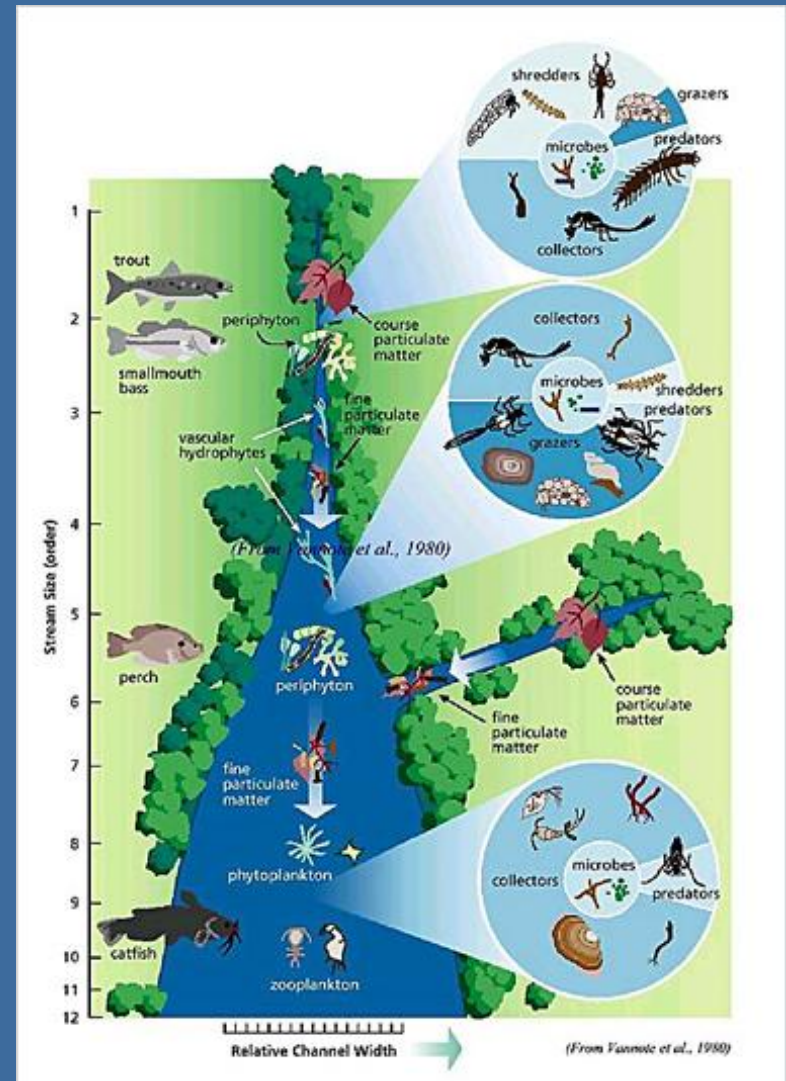


Stream Order



River Continuum Concept

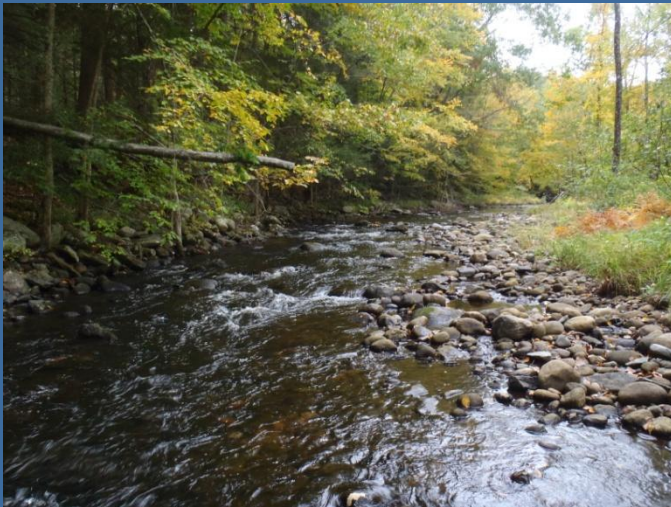
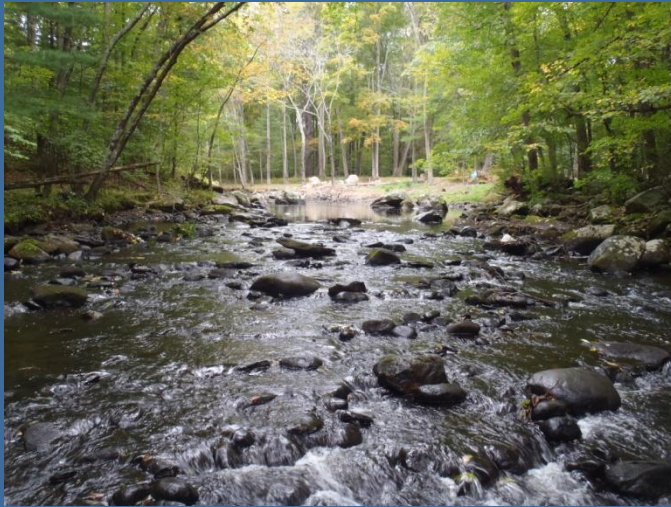
- Small headwater streams are different from mid-sized streams are different from large rivers
- Longitudinal connectivity – downstream processes are influenced by upstream
- As the watershed changes from headwaters to mouth, water chemistry, energy flow and biological communities change



Pools

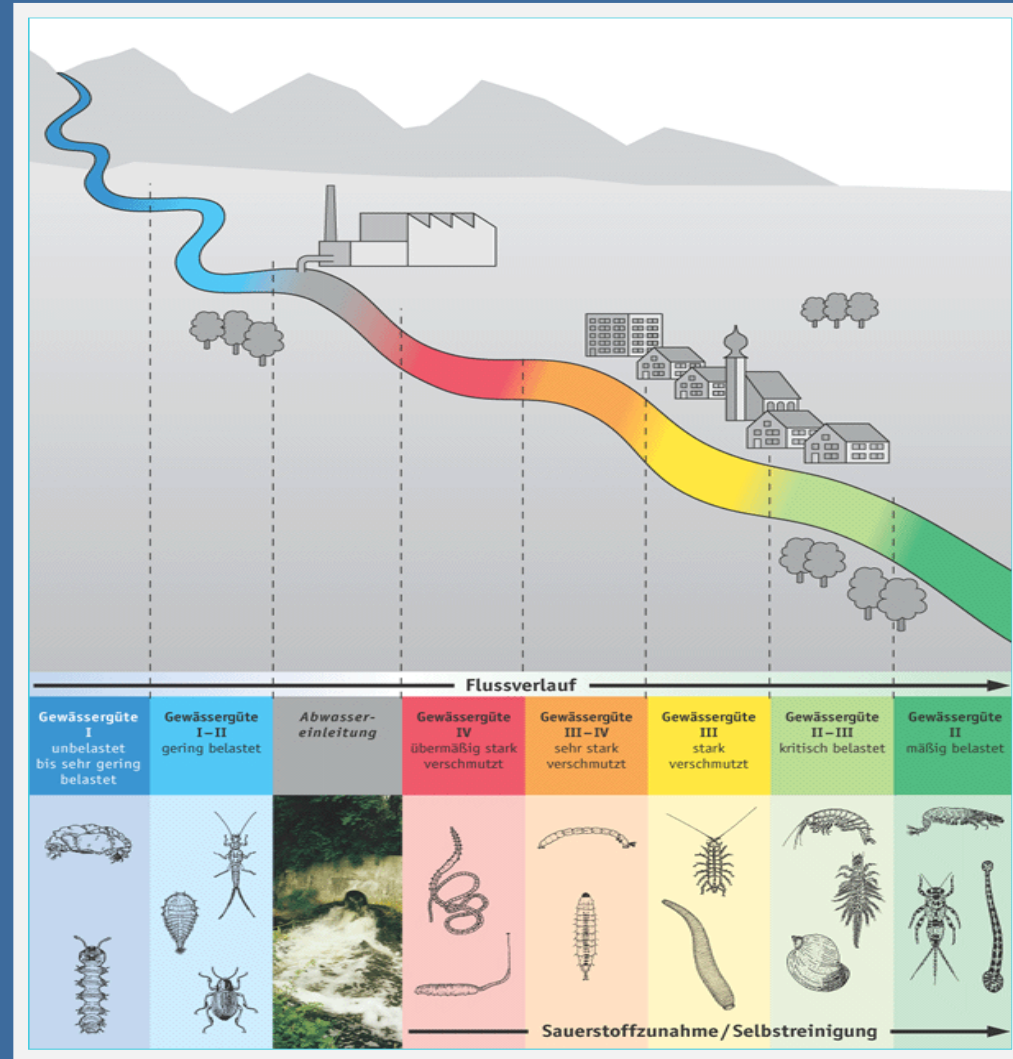


Riffles



Kolkwitz & Marsson 1909

German scientists developed a Saprobien system based on the observation that organisms change in a river downstream of a sewage plant



Biological Condition Gradient

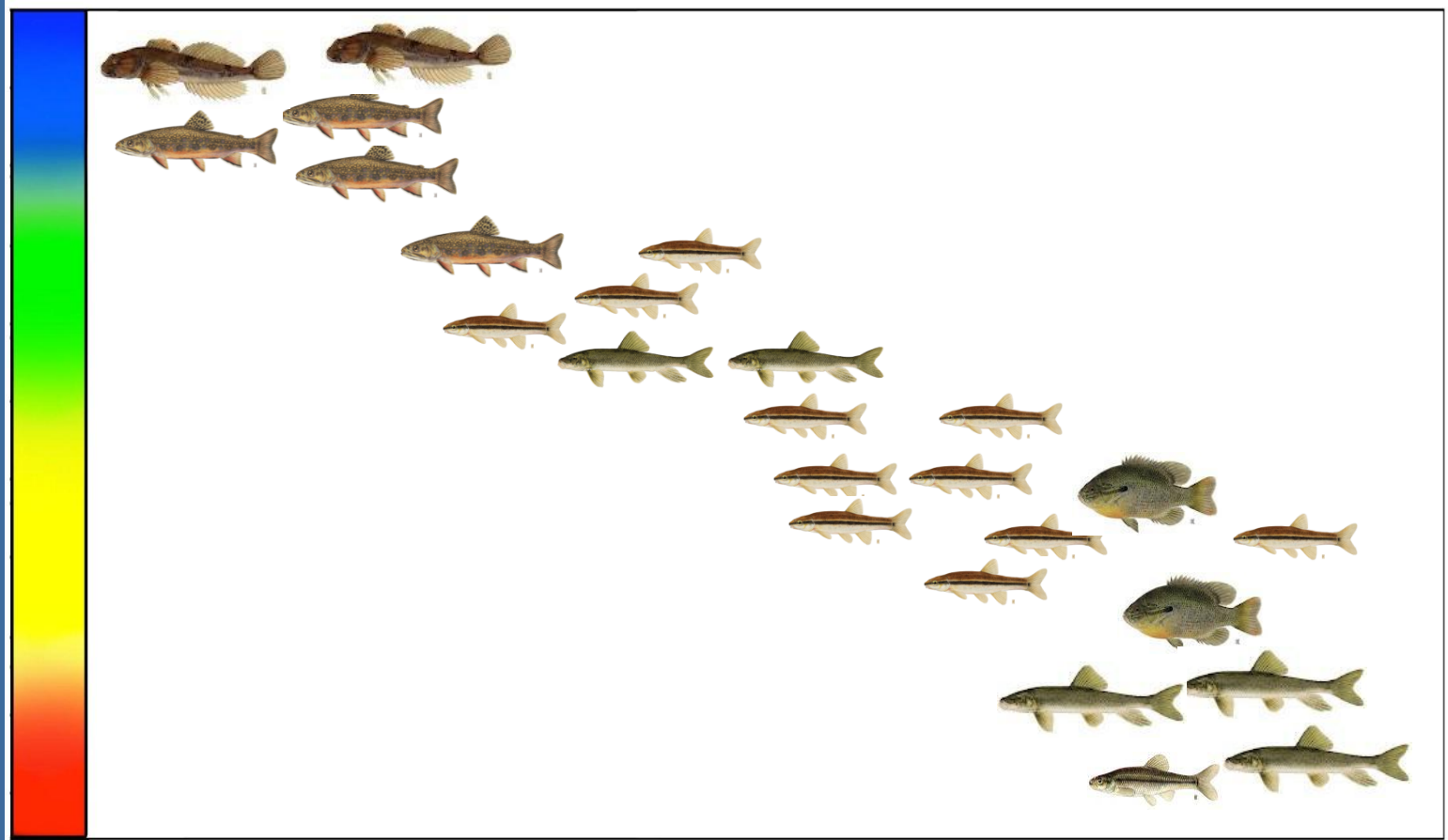
Biological Integrity

Natural

Fair

Poor

Degraded



Low

Moderate
Level of Stress

High



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Biological Condition Gradient

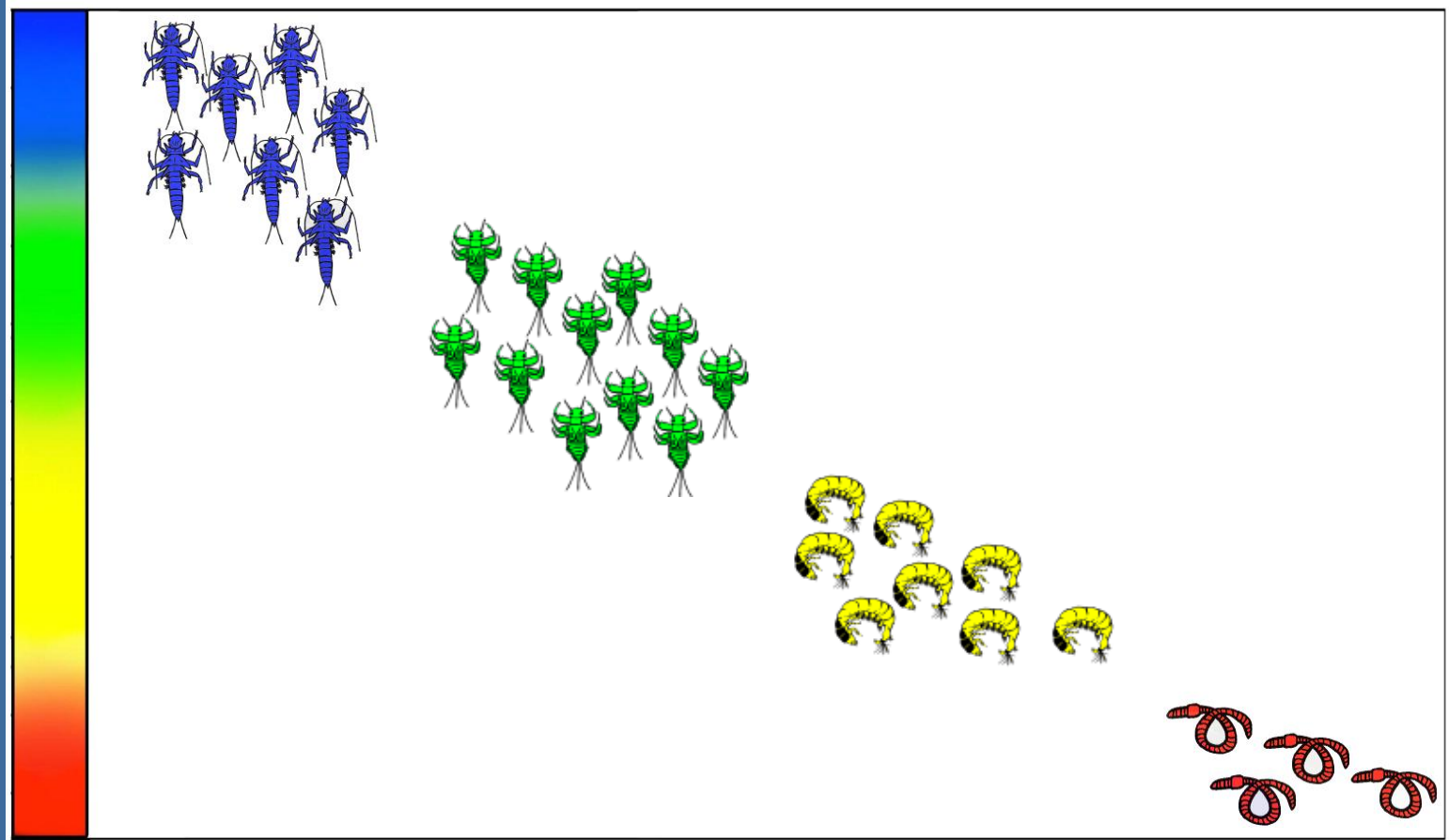
Biological Integrity

Natural

Fair

Poor

Degraded



Low

Moderate
Level of Stress

High



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Stream Assessments Using Aquatic Macroinvertebrates

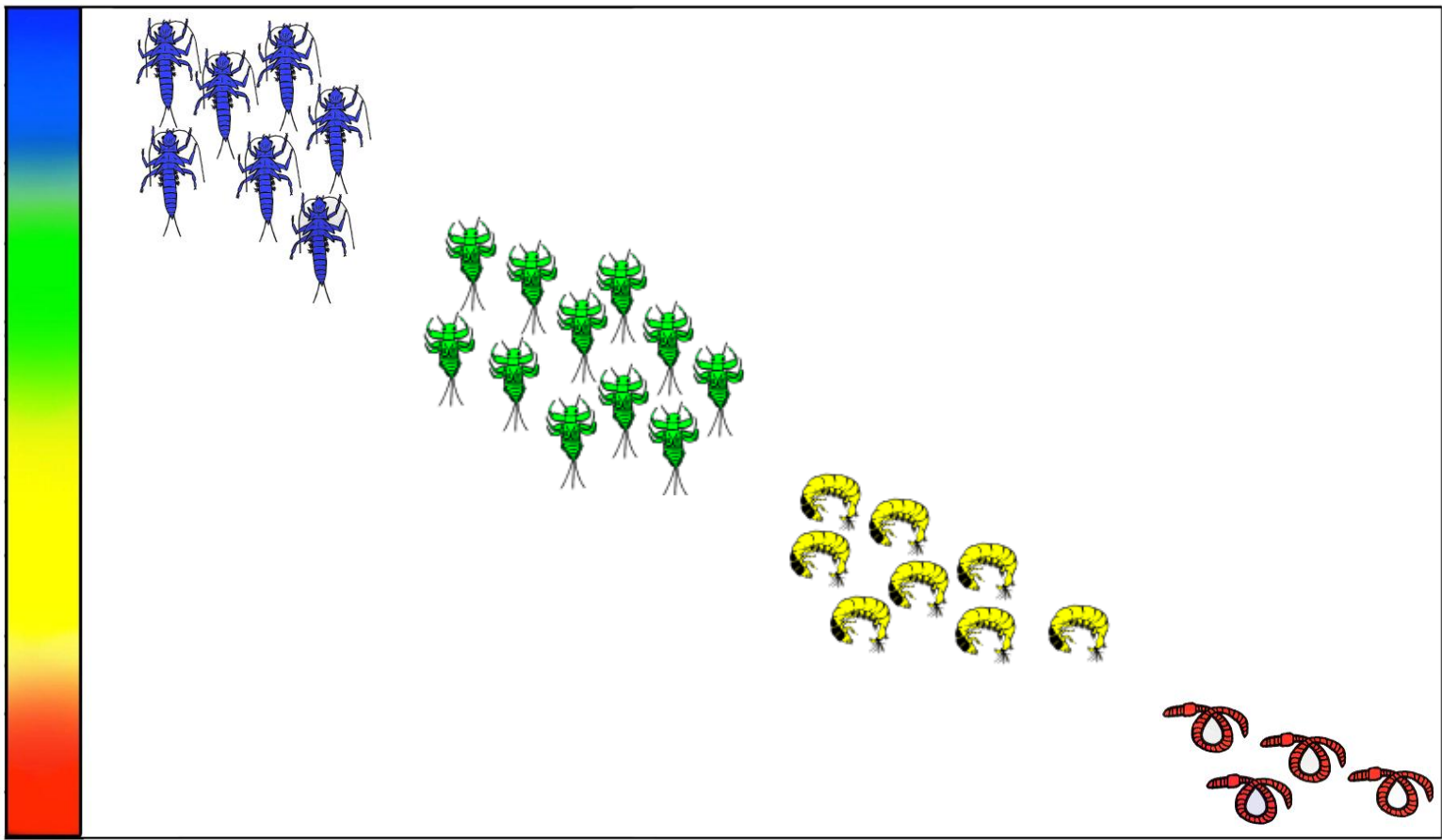
Biological Integrity

Natural

Fair

Poor

Degraded



Low

Moderate
Level of Stress

High



What is a Macroinvertebrate?

Macro = Can be seen with naked eye

Invertebrate = Animals without a backbone

Common Macroinvertebrates

GOOD

Shrimp
Crabs
Lobsters

BAD

Mosquitos
House fly
Ants

UGLY

Horseshoe Crab
Scorpion



Common Aquatic Macroinvertebrates

Class
Insecta

Mayflies

Ephemeroptera

Stoneflies

Plecoptera

Caddisflies

Trichoptera

Dobsonflies and Alderflies

Megaloptera

True Flies

Diptera

Beetles

Coleoptera



Aquatic Macroinvertebrates and Water Quality




















- Live in wide range of water quality
- Characteristic responses to environmental stresses
- Established collection methodologies
- Ease of capture
- Rapid recovery from repeat sampling
- Life history/Limited mobility



Water penny larvae



Today's Assessments- Data Sheet

MOST	6A	6 B	7	8A	8 B	DATA INTERPRETATION	
	Saddle-Case caddis Glossosoma	Cornucopia Case caddis Apatania	Michelin Man caddis Rhyacophila	Mid-size plant case caddis Brachycentrus	Lepidostoma	# OF TYPES OF THE "MOST"	WATER QUALITY
						5 OR MORE	EXCEPTIONAL
Locs 1&2						3 TO 4	EXCELLENT
Locs 3&4						1 TO 3	VERY GOOD
Locs 5&6						0	MORE INFO NEEDED TO ASSESS
MODERATE	9	10	11	12	13 A	13 B	14
	Common net-spinner Hydropsychidae	Fingernet Caddis Chimarra	Flat Head mayfly Stenonema	Water Penny Psephenus	Dobsonfly Corydalus	Fishfly Nigronia	Dragonfly & Damselfly Odonata
							
Locs 1&2							
Locs 3&4							
Locs 5&6							
LEAST	15 A	15 B	15 C	15 D	15 E	15 F	15 G
	Amphipod	Isopod	Leech	Midge	Black fly	Snail	Worm
							
Locs 1&2							
Locs 3&4							
Locs 5&6							



Today's Assessments-Most Wanted

ROACH-LIKE STONEFLY

Family Peltoperlidae

Order Plecoptera

Ecological Information

Tolerance Value = 0
Feeding Group = Shredder



Key features to look for:

- Tear-drop body shape.
- Uniformly shiny brown exoskeleton.
- 2 tails at the end of the abdomen.
- Two sets of wing pads.
- No gills on the sides of the abdomen.
- No larger than 1/2 inch.

Key behaviors to look for:

- This stonefly nymph is commonly found crawling in and amongst leaf packs in riffle areas.
- Peel apart leaves, look for these stoneflies crawling around.
- May occasionally try to swim by moving side to side.

COMMON STONEFLY

Family Perlidae

Order Plecoptera

Ecological Information

Tolerance Value = 1
Feeding Group = Predator



Key features to look for:

- Large active organism (up to 1.25 inches).
- Flat body with obvious legs.
- Dark body with or without pattern.
- 2 tails at the end of the abdomen.
- Two sets of wing pads.
- Gill tufts at the base of each leg.

Key behaviors to look for:

- Very active crawler, highly mobile.
- May hide on like colored objects in the tray.
- May be observed doing "push-ups" in the tray.

Points of Note:

When present in a sample, this organism will crawl out of the debris in the net. It is very active and extremely hard to miss. Often different sizes can be extremely hard to miss. Often different sizes can be collected at the same site. For the smaller versions be sure to check the key characteristics. Some of the darker versions of perlidae can be confused for a giant stonefly.



Today's Assessments-Moderately Wanted

WATER PENNY BEETLE LARVA

Genus *Psephenus*
Family Psephenidae
Order Coleoptera

Top view



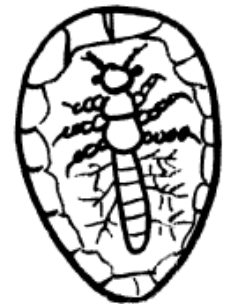
Key features to look for:

- Small disc shape organism.
- Very flat.
- Uniformly brown.
- No visible head or legs from top view.

Key behaviors to look for:

- Sticks very well to rocks.
- Glides along the bottom of the tray.
- May curl up when disturbed
- Very cryptic.

Bottom view



Points of Note:

Water penny beetle larva are very distinctive. They can also be very hard to locate in the field. Look very closely at the surfaces of rocks. Water penny beetle larva will adhere extremely close to the surface. These organisms can be locally abundant when conditions are appropriate.

Ecological Information

Tolerance Value = 4
Feeding Group = Scraper

COMMON NET-SPINNER

Family Hydropsychidae
Order Trichoptera



Key features to look for:

- Worm-like body.
- Dark colored sometimes greenish body.
- Two paint brush-like tails at the end of the abdomen.
- Fluffy gills on the underside of the abdomen.
- Dirty or hairy appearance (sometimes).
- Two hooks at the end of the abdomen.
- Dark plate above each pair of legs.

Key behaviors to look for:

- Extremely active, wiggles violently back and forth.
- Gregarious, will form clumps of 2-4 in the tray.
- MAY CLING STRONGLY TO THE NET**

Points of Note:

This is probably one of the most common organisms encountered during benthic sampling. These can be extremely abundant under appropriate conditions. Because some are greenish in color they may be confused as *Rhyacophila*. Hydropsychidae have a dark plate above each pair of legs and fluffy gills on the underside of the abdomen, *Rhyacophila* do not. The tiny filtering nets of this organism can be observed on and between substrate.

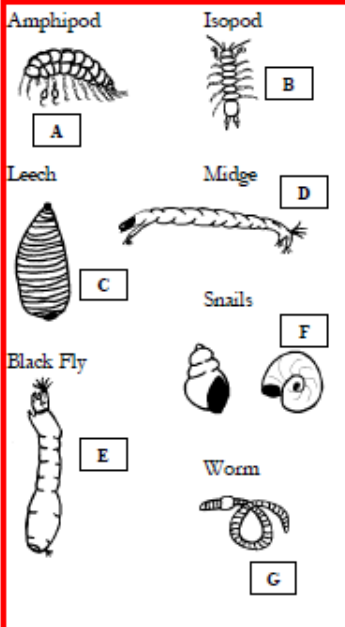
Ecological Information

Tolerance Value = 4
Feeding Group = Collector-filterer



Today's Assessments-Least Wanted

Scuds, Aquatic Sowbugs, Leech, Midge, Black Fly, Snail, and Worm.



Ecological Information

Tolerance Values =	Feeding groups =
Amphipod (scud) 8	Collector-gatherer
Isopod (sowbug) 8	Collector-gatherer
Leech 8	Predator
Midge 7	Collector-gatherer
Black fly 6	Collector-filterer
Snail 7	Scraper
Worm 9	Collector-gatherer

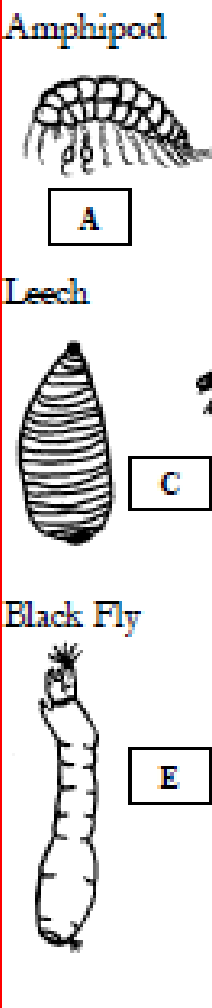
Key features to look for:


- Number of legs
- General body form
- Presence/absence of a true shell

Key behaviors to look for:

- Amphipods swim on their sides very fast
- Isopods crawl slowly amongst the debris.
- Leeches will stick to the bottom of tray and move like inch-worms.
- Midges swim by violent side to side wiggling.
- Some midge larvae may be bright red in color.
- Black flies will attach to the bottom of the tray and move like inch-worms.

Points of Note:
Look carefully for midge and black fly larvae, they are extremely small.



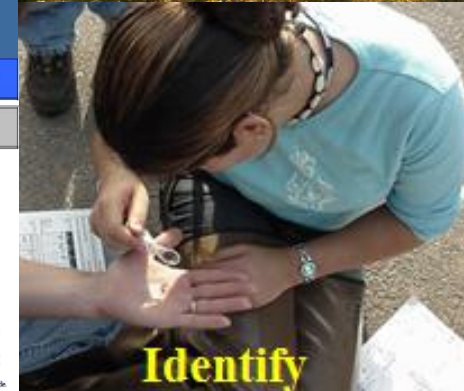


LEAST WANTED



Process Overview

- ✓ Site selection (set up) - done
- ✓ Collect (scrub & kick) - done
- Process (observe & sort)
- Identify
- Record on Data Sheet
- Make Stream Health Assessment



	5A Benthic Crustaceans Clonostomus	5B Common Stoneflies Apatania	7 Midge Larvae Chironomidae	8A Mid-size Aquatic Insects Trichoptera	8B Small Aquatic Insects Lepidoptera	
MOST						DATA INTERPRETATION # OF TYPES OF THE "MOST" 5 OR MORE: EXCEPTIONAL 3 TO 4: EXCELLENT 1 TO 3: VERY GOOD 0: MORE INFO NEEDED TO ASSESS
LOHS 182						
LOHS 184						
LOHS 186						
MODERATE	9 Common net-spinners Hydropsychidae	10 Fingered Caddis Chironomidae	11 Flat Headed mayfly Baetidae	12 Water Penny Psephenidae	12A Dobsonfly Megoptera	12B Flycatcher Trichoptera
LOHS 182						
LOHS 184						
LOHS 186						
LEAST	13A Amphipod	13B Isopod	13C Leech	13D Nematode	13E Bivalve	13F Mollusk
LOHS 182						
LOHS 184						
LOHS 186						

COMMON NET-SPINNER

Family: Hydropsychidae
Order: Trichoptera

Ecological Information:
Tolerance Value: 4
Feeding Group: Collector-Gleaner

Key features to look for:

- Elongate body.
- Dark, velvety, non-sticky, greenish body.
- Two pairs of bristle-like tails at the end of the abdomen.
- (If fly) gills on the underside of the abdomen.
- Chry: no heavy appressure (incrustation).
- Two hooks at the end of the abdomen.
- Dark, plus above each pair of legs.

Key indicators to look for:

- Distinctively velvety, rigidly radiately back and forth.
- Gaseous, w/2. Basic change of 2-in the toy.
- MAY CLING STRONGLY TO THE NET

ROACH-LIKE STONEFLY

Family: Perlodidae
Order: Plecoptera

Ecological Information:
Tolerance Value: 4
Feeding Group: Collector-Gleaner

Key features to look for:

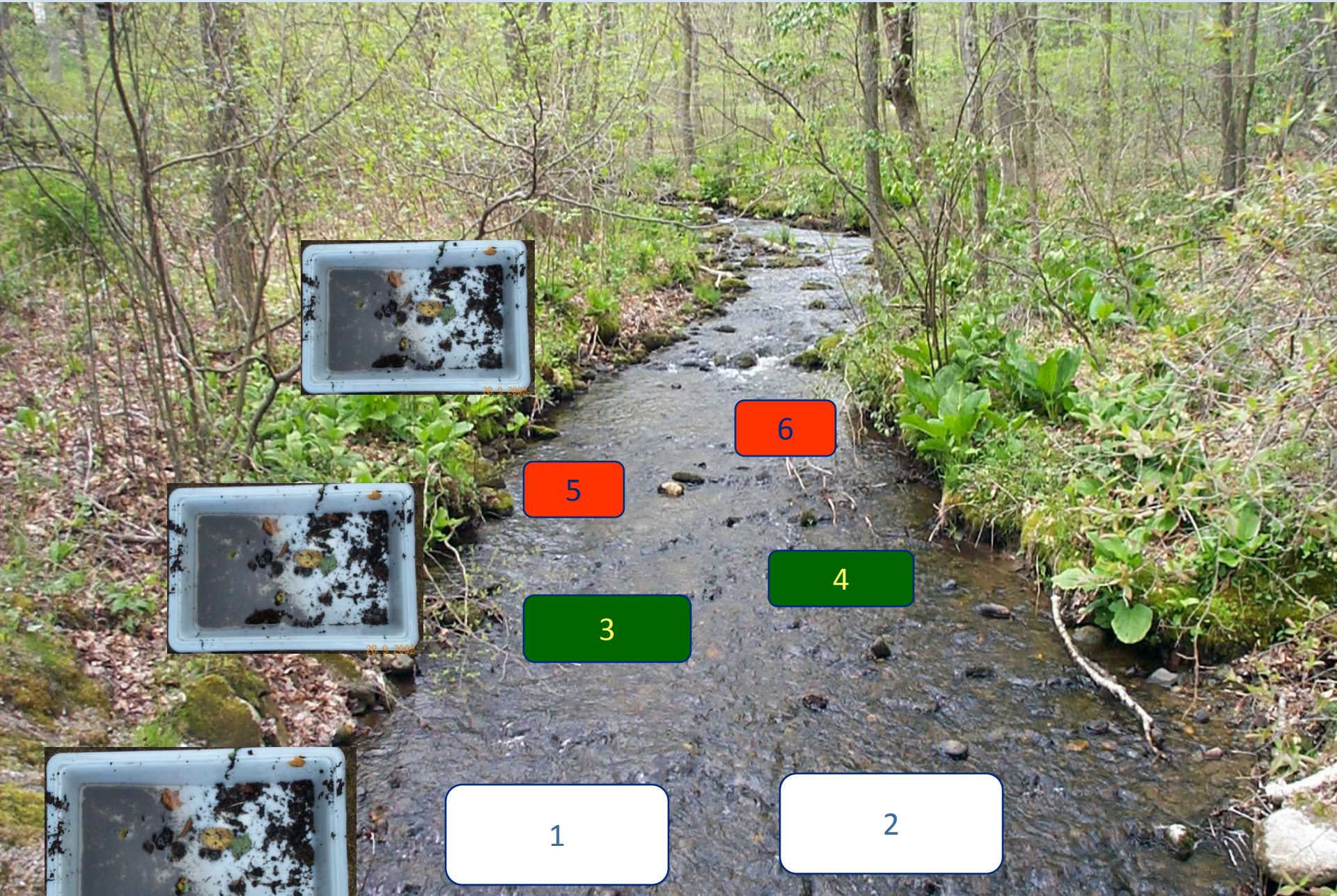
- Flat-drop body shape.
- Uniformly shiny, brown, iridescent.
- 2 tails at the end of the abdomen.
- Two sets of wing pads.
- No gills on the sides of the abdomen.
- No larger than 1/2 inch.

Key behaviors to look for:

- This stonefly is commonly found crawling in and amongst leaf packs in still areas.
- Feel soft leaves, look for these stoneflies crawling around.
- May occasionally try to mean by moving side to side.



Sample Collection



5

6



3

4



1

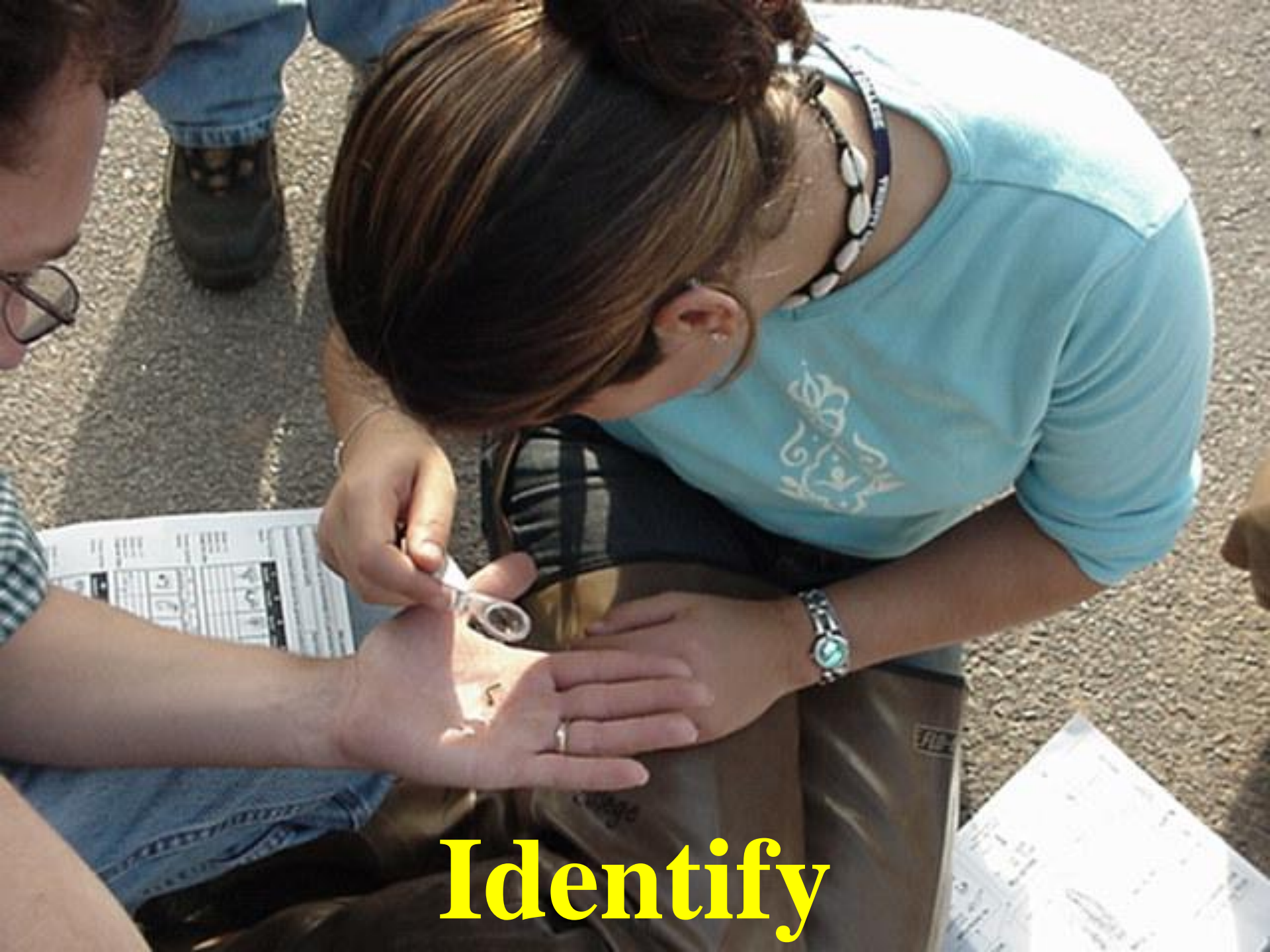
2

Pick out large debris from each tray and sort similar organisms into ice cube tray



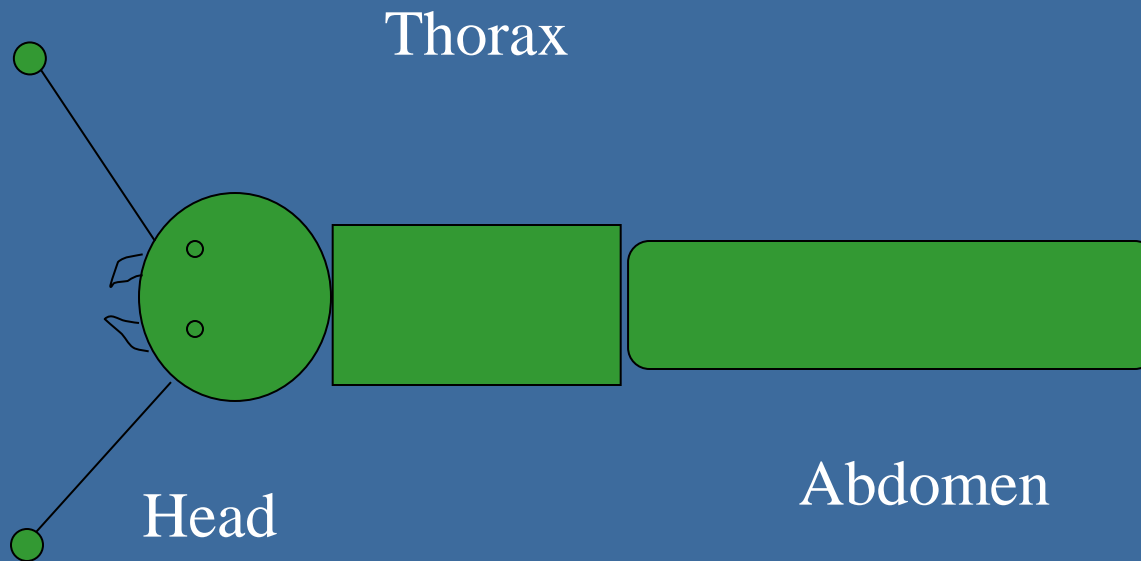
Processing is complete when you have found as many of the different types as possible and put representatives of each type into the ice cube trays



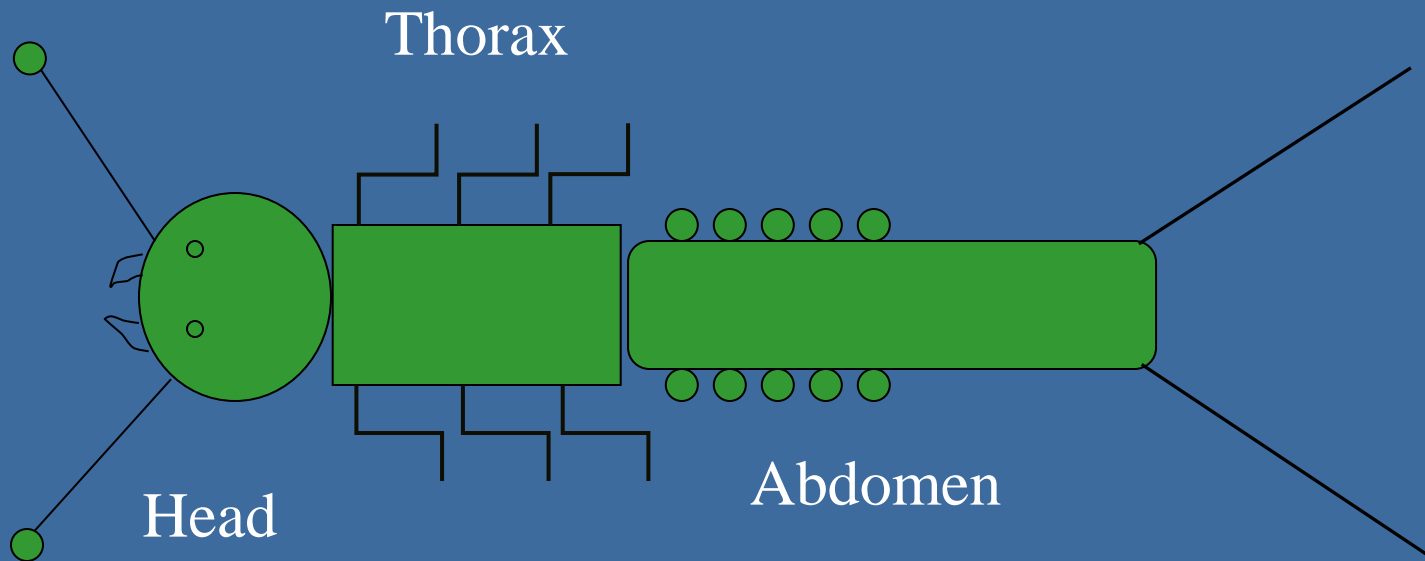


Identify

Macroinvertebrate Parts



Macroinvertebrate Parts



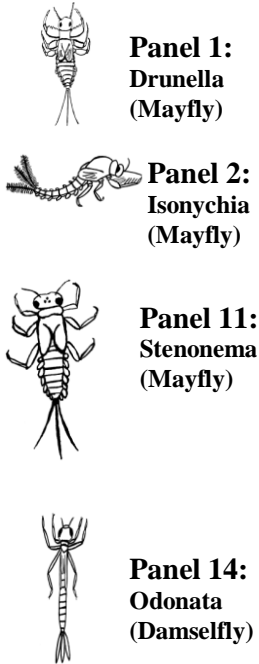
Rapid Bioassessment for Volunteers Kick Sample

Note: This chart is for preliminary sorting purposes when implementing RAPID BIOASSESSMENT FOR VOLUNTEER MONITORS. This chart is not intended to produce definitive identification of aquatic macroinvertebrates. It was designed to complement a series of field identification cards and the RBV data sheet. Additional information about the RBV program is available at <http://dep.state.ct.us/wtr/volunmon/volopp.htm> or by contacting Mike Beauchene at (860-424-4185) mike.Beauchene@po.state.ct.us

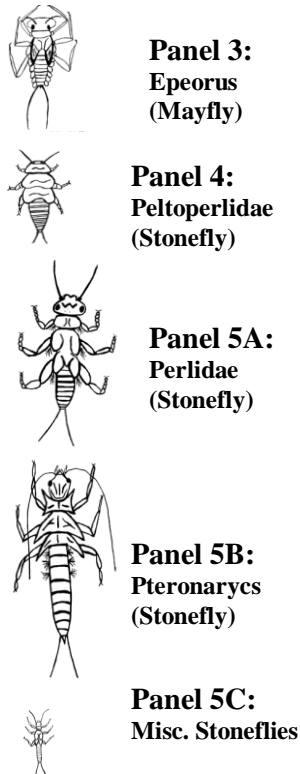
*Drawings represent the approximate maximum size of each organism.

Is the Organism Wide or Flat & Have Medium to Large Legs?

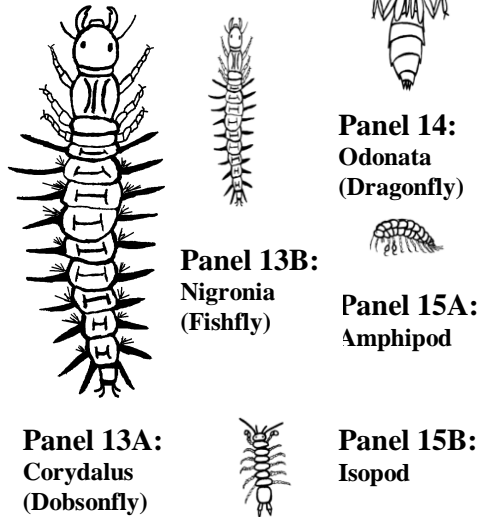
3 Long Thin Tails



2 Long Thin Tails

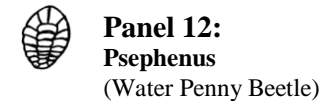


0 Long Thin Tails

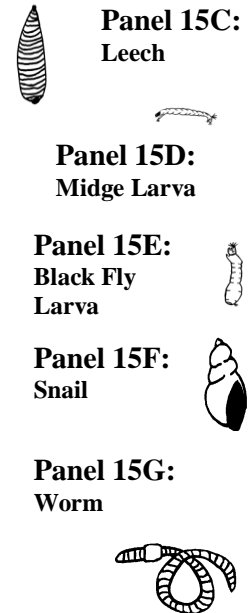


Is the organism Round or Cylindrical & Have Small or No Legs?

Hidden Legs

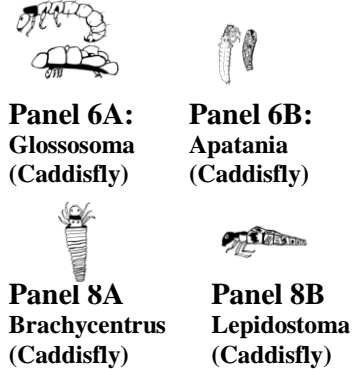


Without Legs

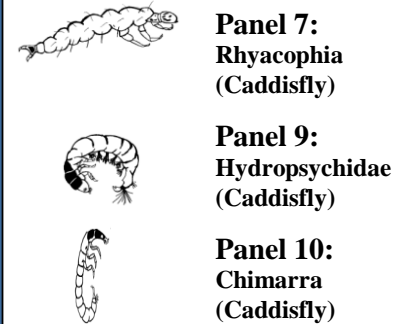


With Legs

Builds a Shelter/Case



No Shelter/Case

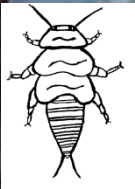
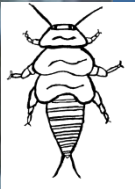


Start with the one ice cube well and weave your way through

Kicks 1&2

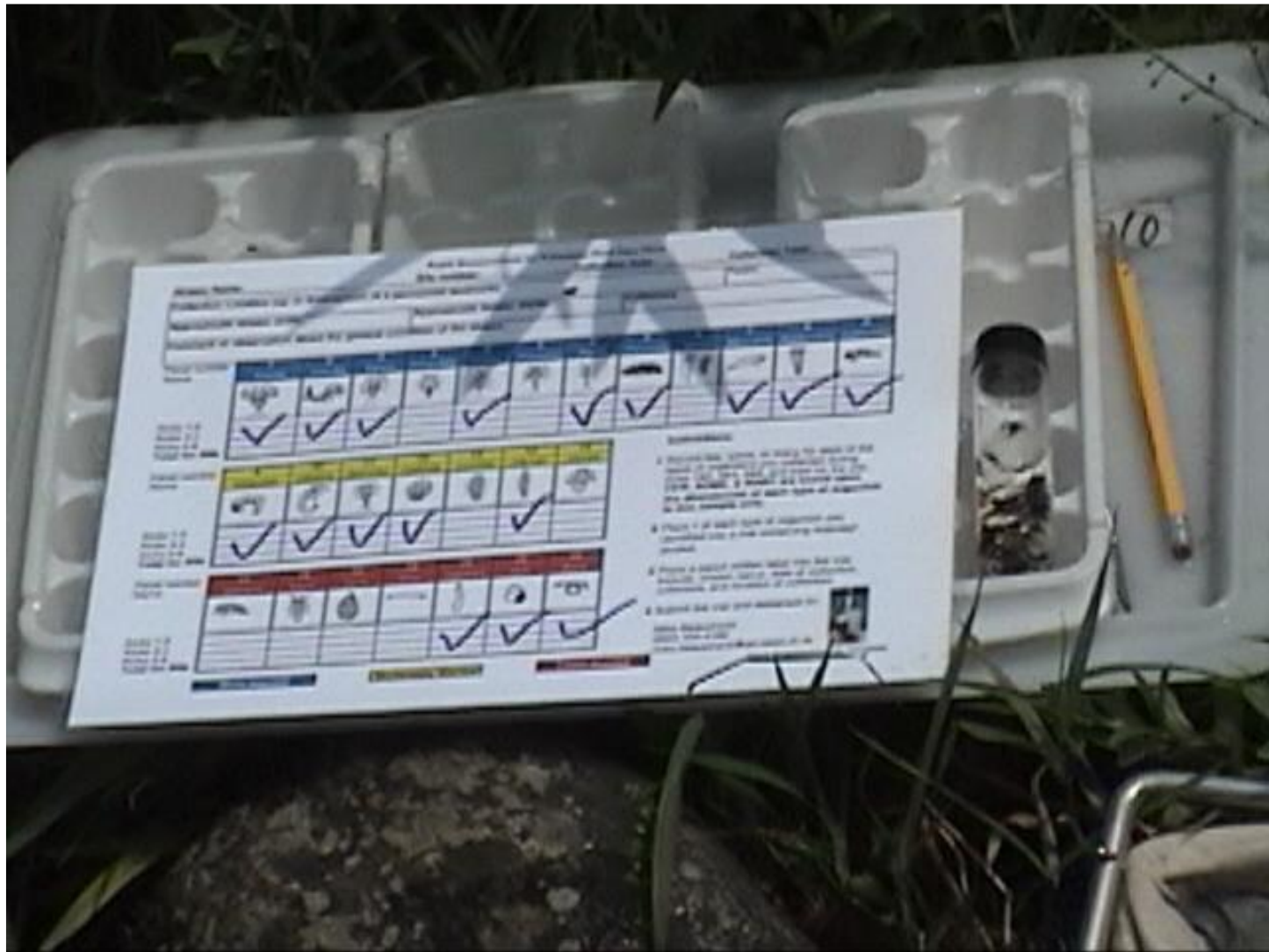
Kicks 3&4

Kicks 5&6



DER Kf B
28. 9. 2002

The Bottom Line - Stream Health Assessment



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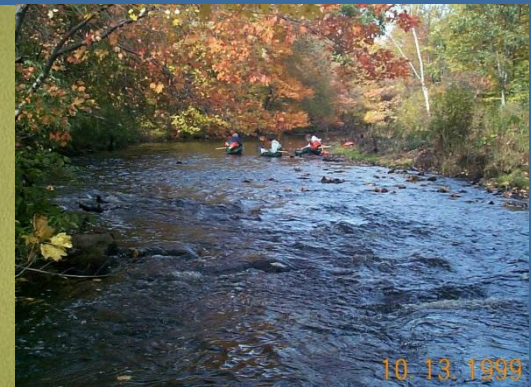
Yes, You Can Do This !!



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Break Into Teams



Each Team Will Get

- ✓ Macroinvertebrate Sample
- ✓ Sorting Trays
- ✓ Ice Cubes Trays
- ✓ Tweezers
- ✓ Identification Key
- ✓ Data Sheets



Assessment Process

- ✓ Pick out large debris from each tray
- ✓ Sort like organisms into ice cube trays
- ✓ Use keys to identify organisms
- ✓ Check off findings of Most Wanted, Moderately Wanted, and Least Wanted on Data Sheet



Part 3

Group Stream Assessment



November 8 and November 14, 2012

Presented by Chris Bellucci, Supervising Environmental Analyst

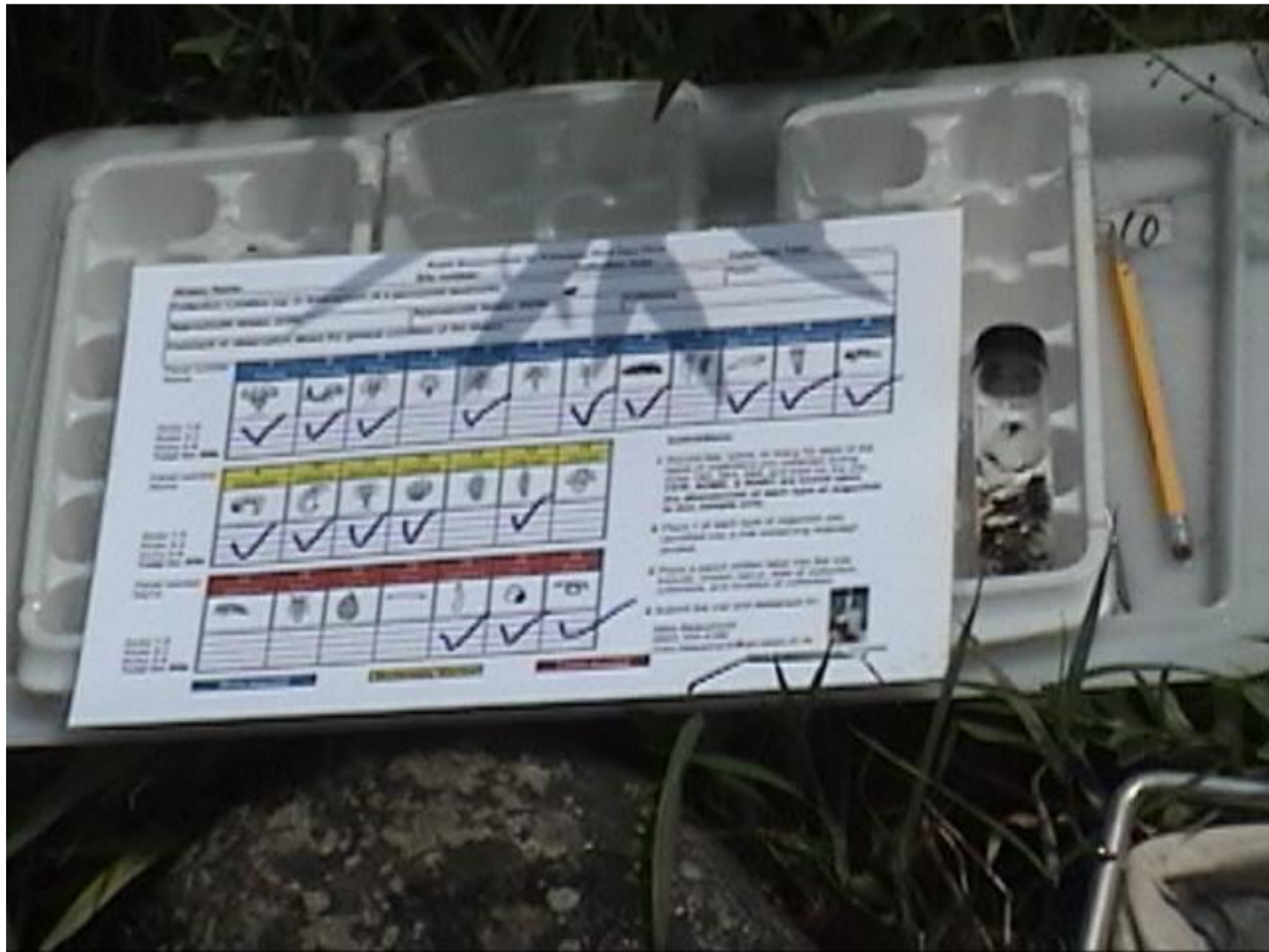
Sessions Woods Wildlife Management Area

Burlington, Connecticut



Connecticut Department of Energy and Environmental Protection

The Bottom Line - Stream Health Assessment



Connecticut Department of Energy and Environmental Protection

Stream Assessment

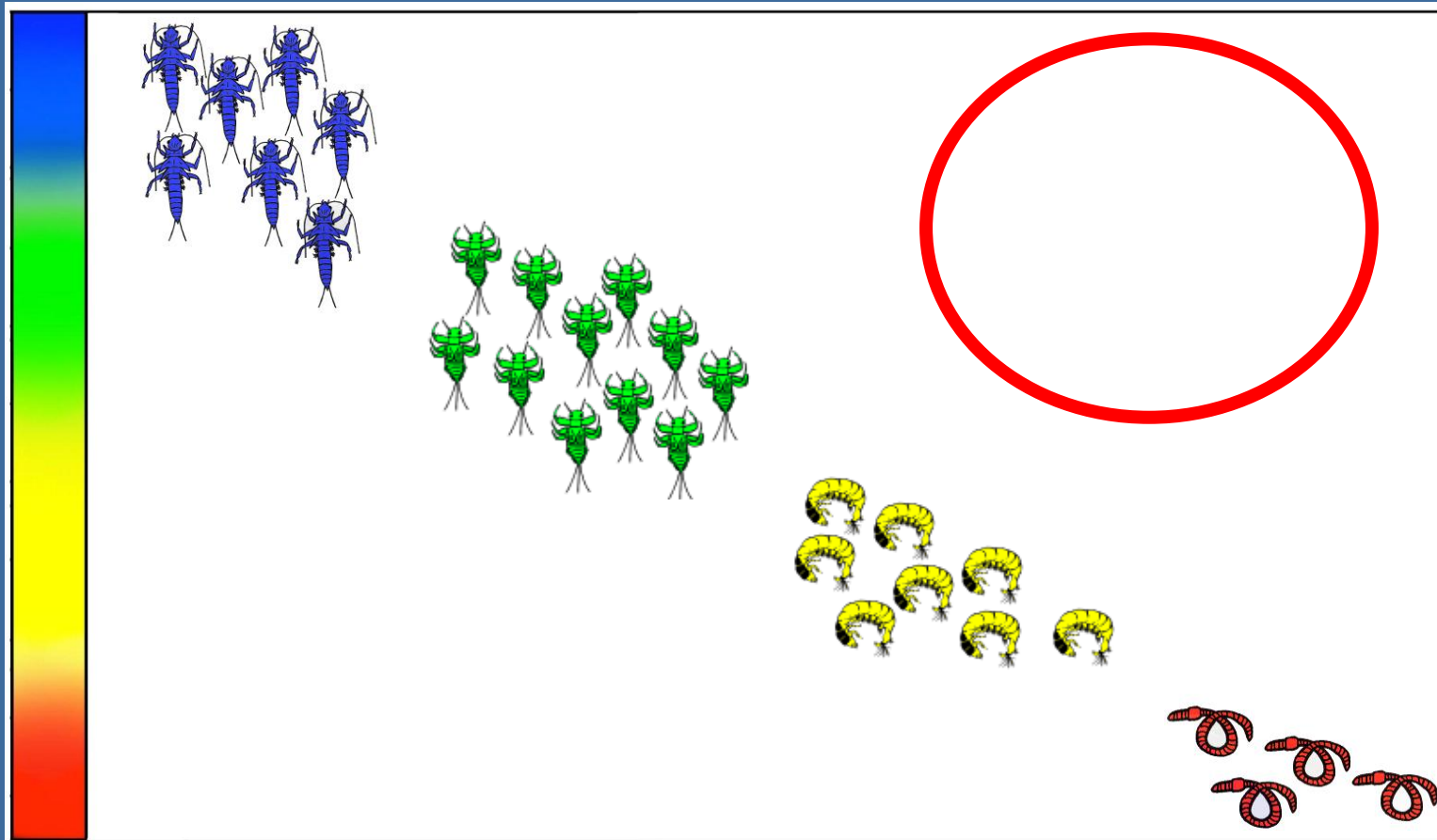
Biological Integrity

Natural

Fair

Poor

Degraded



Low

Moderate
Level of Stress

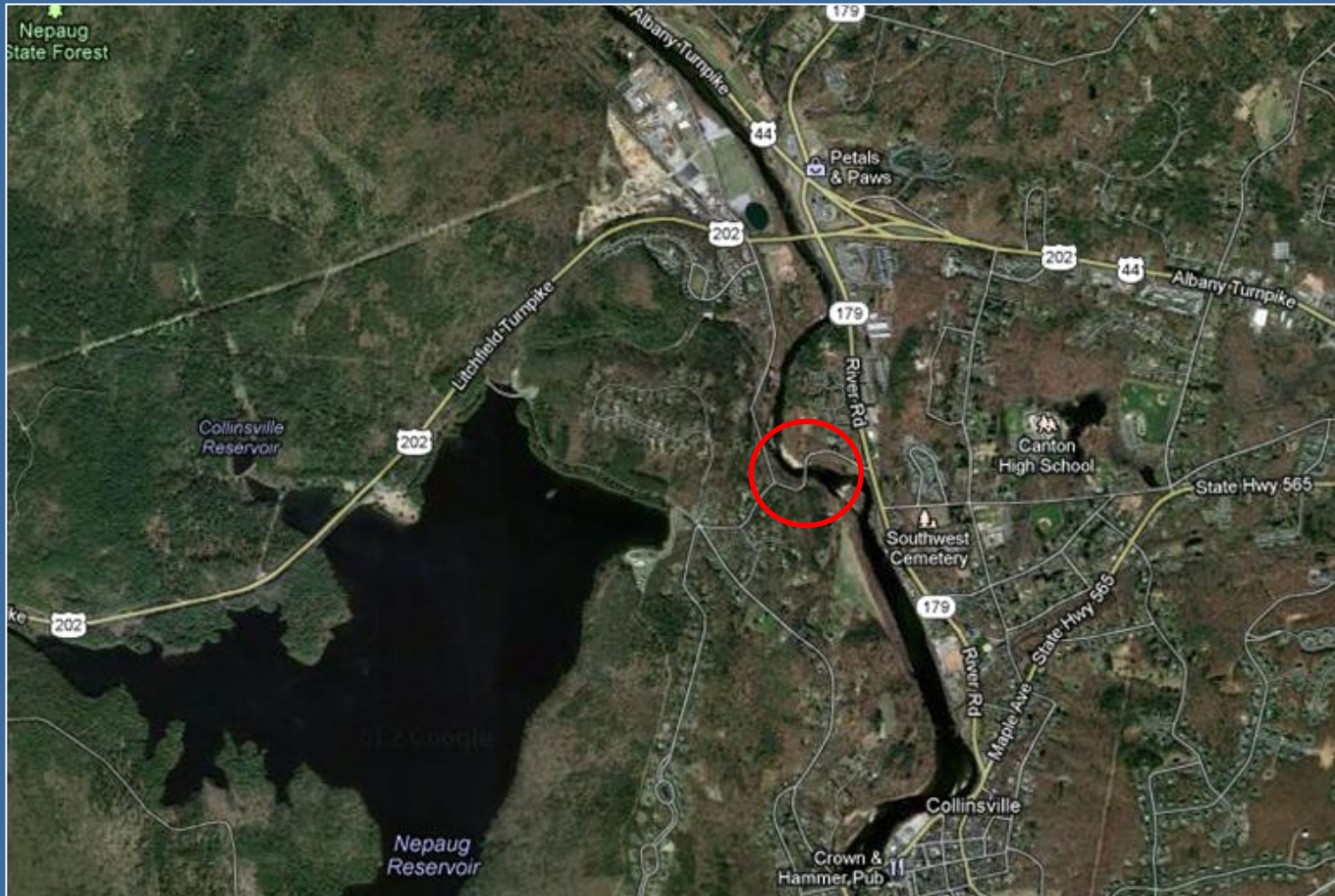
High



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The Stream

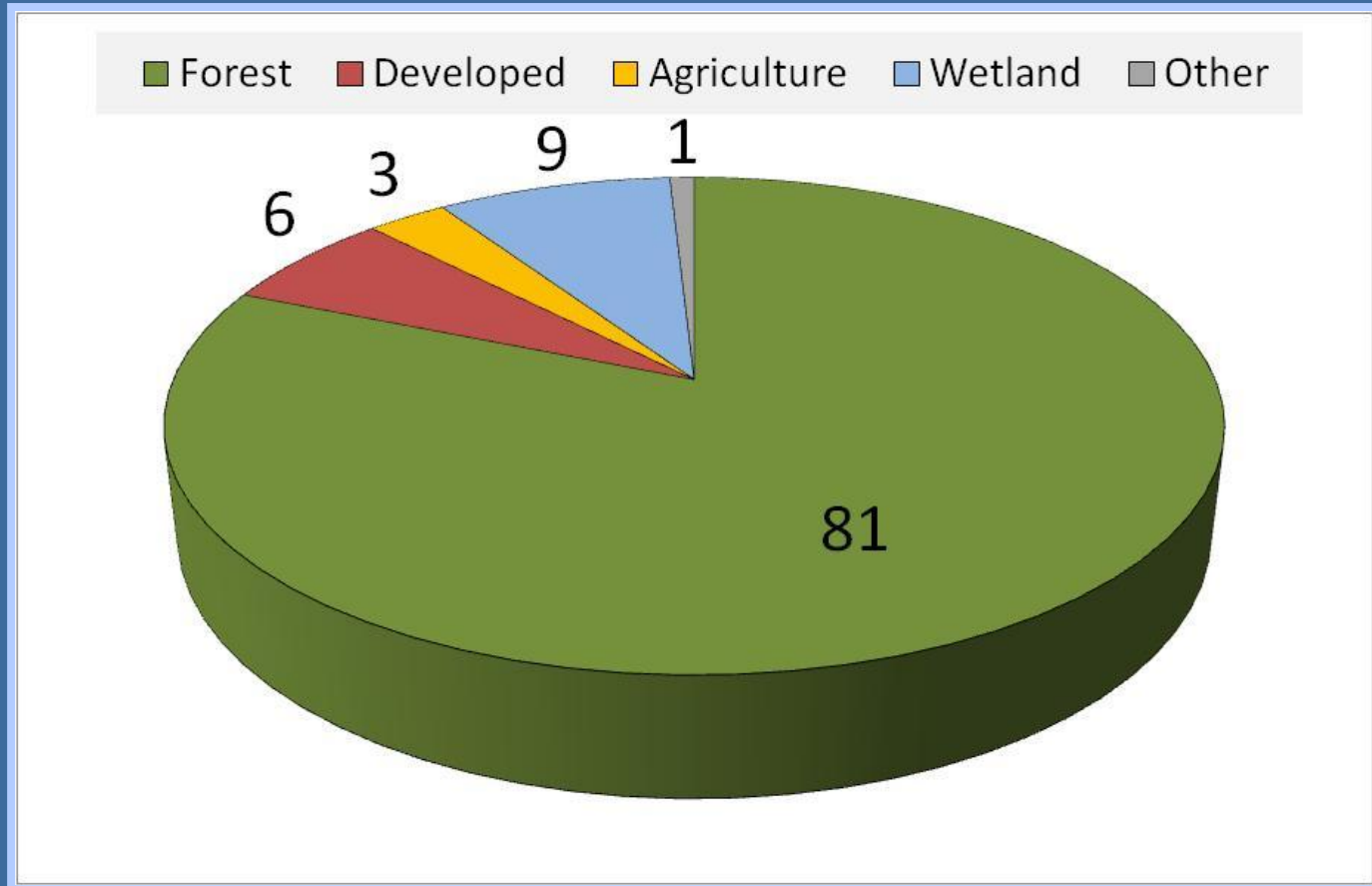
Farmington River at Town Bridge Road, Canton, CT



Connecticut Department of Energy and Environmental Protection

The Stream

Farmington River at Town Bridge Road, Canton, CT
Watershed Area = 354 square miles



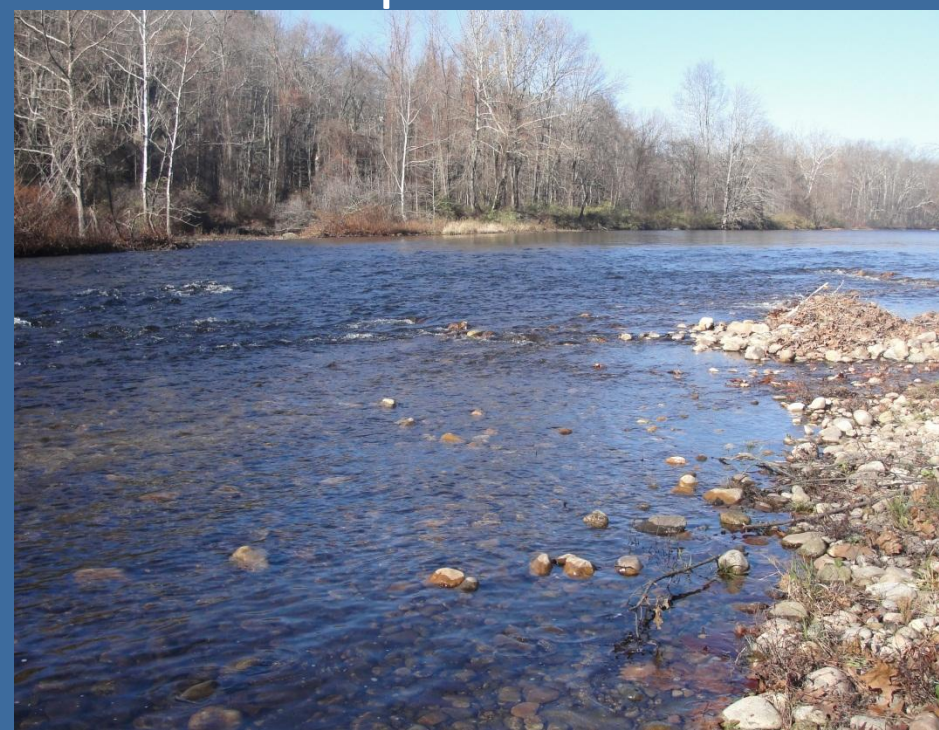
The Stream

Farmington River at Town Bridge Road, Canton, CT

Watershed Area = 354 square miles

Upstream

Downstream



Connecticut Department of Energy and Environmental Protection

Volunteer Monitoring Program



DEPARTMENT OF ENERGY & ENVIRONMENTAL PROTECTION ENVIRONMENTAL PROTECTION

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Daniel C. Esty
Commissioner

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Rapid Bioassessment in Wadeable Streams & Rivers by Volunteer Monitors (RBV)

About the Program:

RBV is a citizen-based water quality-monitoring program developed by the Connecticut Department of Energy and Environmental Protection's (DEEP) ambient monitoring program. The RBV program is a standardized screening method that keeps the equipment, expertise, and time commitment to a minimum while simultaneously identifying sections of streams with pollution sensitive organisms. In some instances, more formal DEEP methods may be required to provide a definitive water quality assessment.

The entire RBV process is completed at the stream and usually takes 2-3 hours. The final product is a completed RBV data sheet and a voucher collection (one of each type of organism observed). RBV training is available free of charge for groups of 6 or more adults.

Program Materials:

[Brochure](#) - Program Information on Rapid Bioassessment in Wadeable Streams and Rivers by Volunteer Monitors (PDF, 460K)

[2011 Summary of Volunteer Monitoring](#) (PDF)

[2010 Summary of Volunteer Monitoring](#) (PDF)

(Note: Summaries for prior years may be obtained by contacting Mike Beauchene at (860) 424-4185 or mike.beauchene@ct.gov)

[Part 1: Program Description](#) (PDF, 1362K) - This document describes the Rapid Bioassessment in Wadeable Streams and Rivers by Volunteer Monitors (RBV) program.

[RBV 2008: Accompanying Power Point Presentation](#) (PDF, 6590K)



Questions/Comments

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2004. 7. 2



Connecticut Department of Energy and Environmental Protection