

What Senior Living Communities can do to Reduce Waste and Go Green



The Orchards at Southington

The Orchards

- 90 unit, independent & assisted living
- Central Connecticut Senior Health Services:

A Hartford Hospital Partner



- DEEP Green Circle Award winner
- Best of the Best Award, National Assisted Living Federation of America

Green Team

- Maintenance Supervisor, Housekeeping Supervisor
- Executive Chef, Executive Director
- other interested staff and residents



The More R's the Better

- 4 R approach to Reducing Waste
 1. Reduce
 2. ReUse
 3. Recycle
 4. Recover

Reduce

Reducing the amount of trash that needs disposal by:

- Buying products with less packaging
- Switching to paper towel and soap dispensers with motion sensors - reduced waste and cost by 50%
- Composting Food Scraps onsite

Kitchen food scraps

Compost!



Reuse

- Compost from food scraps then reused
 - on-site in landscaping, in Serenity Gardens



- offered to local garden and civic clubs

Recycle

- cardboard, bottles, cans, newspapers, white paper, leaves...
- Electronics
- Ink cartridges
- Light bulbs, batteries
- #5 plastic - GIMME 5 – take to Whole Foods
- All paper products purchased have recycled content, including facial and toilet tissue, paper towels and white paper

♻️ NEWSPAPER-JUNK MAIL ♻️
WHITE OFFICE PAPER
↓ ↓ ↓

♻️ GLASS-METAL/ALUMINUM CANS ♻️
#1 & #2 PLASTICS-LIGHT BULBS-
BATTERIES AND YOGURT CUPS
↓ ↓ ↓





Recover



RECYCLING

PRESCRIPTION

BOTTLES

**IN EFFORTS TO HELP IN THE HUMANITARIAN AID FOR THE PEOPLE OF HAITI, THE NURSING DEPARTMENT IS COLLECTING PRESCRIPTION BOTTLES THAT WILL BE SENT TO HELP IN THEIR CONTINUING RECOVERY...IF YOU HAVE ANY EMPTY PRESCRIPTION BOTTLES, PLEASE BRING THEM TO THE NURSING DEPARTMENT.

THANK YOU!!!



REP
ERTORY THEATRE
OF NEW BRITAIN

Reducing Toxics

- Low VOC paints, carpeting, flooring,
- eliminated products that contain VOCs or hazardous chemicals
- Only use Green Seal and DFE cleaners, disinfectants
- In kitchen, vinegar and water used for grill and table tops and floors
- Phasing out polystyrene, replacing w sugar cane or corn starch

Wasting H2O is a no-no

- Aerators on all faucets and showerheads
- Replacing toilets with power assisted flush (.6 gallons per flush)
- Water-restricting spray nozzle for prewashing dishes

Additional Projects

- Using only phosphate-free, low ph laundry detergent
- Occupancy sensors in public restrooms and laundry rooms
- CFLs throughout, including individual apartments
- Energy Star appliances
- Serenity Garden certified Natural Habitat for butterflies, honey bees, bumble bees and other pollinators