## November 1000 Recreation 2023

TUESDAY5:30-6:30PM

WEDNESDAY 5:30-6:30PM

THURSDAY 3-4PM

(free) Zoom account needed to participate https://tinyurl.com/62rn5ujn

Meeting ID: 222 399 8386 Passcode: 479813

WHAT S ON YOUR MIND&ith Ali

2 HEALTHY EATING & MOVING WITH SMALL

MACY'S DAY PARADE

16 **JEDPARDJ**with your host, Carol TREBEK!!









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MILLIONAIRE





Virtual Recreation for CT adults (20 + up)
receiving DDS services
Contact Corinne Jackson
with any questions
corinne.jackson@ct.gov