

## Celebrate Mental Health Awareness Month With



## The Southeast Mental Health System of Care Community Collaborative

Sun	Mon	Tue	~ May 2012 ~ Wed	Thu	Bjj	Sat
All of our children have so much potential. All of our children deserve a chance at life. Joe Baca		1 in 3 adolescents (aged 13 to 18) with mental disorders receive services for their diagnosis	Southean Mental Health Agriculture (1997)	SEMHSOC Family Advisory Board (FAB) Meeting 6pm Families Supporting Families (FSF) Support Group Meeting 7:30pm		Hispanic & black adolescents are less likely than their white counterparts to receive services for mood and anxiety disorders
6	Fewer than 1 in 5 adolescents with anxiety, eating, or substance abuse disorders receive treatment for those disorders	8	Mental health service rates are highest for adolescents with ADHD (59.8%) & behavior disorders (45.4%)	10 YAB/YEG Bake Sale and Outreach Norwich DCF Office 10am-2pm	11  Half of all lifetime cases of mental and substance use disorders begin by age 14 and 3/4s by age 24	12
Advisory & Date of the Street	14	Adults who began drinking alcohol before age 21 are more likely to be later classified alcohol dependent than those who had their first drink at or after age 21	16	SEMHSOC Monthly Meeting 9am SEMHSOC Youth Advisory Board (YAB) Meeting 4pm	18	LGBT individuals experience violence & PTSD at higher rates than the general population
20	One estimate puts the total economic costs of mental, emotional, & behavioral disorders among youth in the United States at approximately \$247 billion	Advisory of the state of the st	Racial incidents can be traumatic and have been linked to Post Traumatic Stress Disorder (PTSD) symptoms among people of color	24 SEMHSOC Youth Empowerment Group (YEG) Meeting 6pm	25  Half of adolescents with severely impairing mental disorders never receive treatment	26
One-half of all lifetime cases of psychological challenges begin by age 14, and three-quarters begin by age 24. In addition, 80% of people who experience multiple issues with mental health & substance abuse onset before the age of 20	28	More than 6 in 10 U.S. youth have been exposed to violence within the past year, including witnessing a violent act, assault with a weapon, sexual victimization, child maltreatment, & dating violence. Nearly 1 in 10 was injured	30	One in five young people have one or more mental, emotional, or behavioral challenges. One in ten youth have challenges that are severe enough to impair how they function at home, school, or in the community	Why Green? To Combat Stigma! In the 1800s, the color green was used to brand people who were labeled insane. The children's mental health community decided to continue using the color green but with a completely different focus. The color green signifies new life, new growth, and new beginnings. Therefore, we wear green ribbons to raise public awareness, better the lives of children and young adults with serious behavioral health challenges and show our support of our children, young adults and families.	

## May 9<sup>th</sup>, 2012 - National Children's Mental Health Awareness Day! May 6<sup>th</sup> - 12<sup>th</sup>, 2010 - National Children's Mental Health Awareness Week!

Thank you to the **National Federation of Families for Children's Mental Health** for providing the above mentioned statistics. <u>www.ffcmh.org</u>
Thank you to the young adults and parents from the **SEMHSOC Family and Youth Advisories** for allowing us the use of their photos.

For more information about the Southeast Mental Health System of Care, please contact

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