

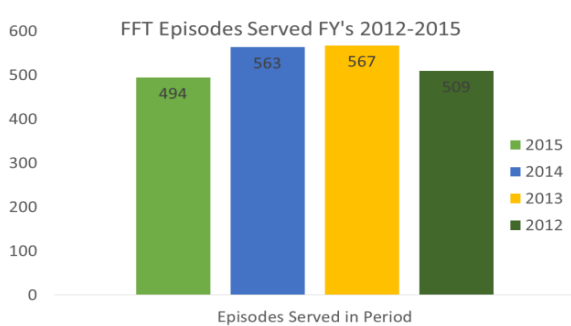
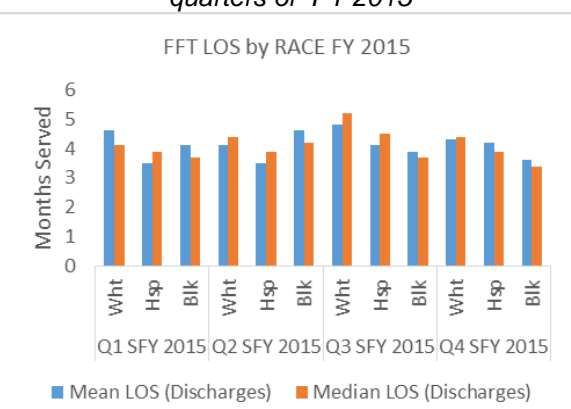
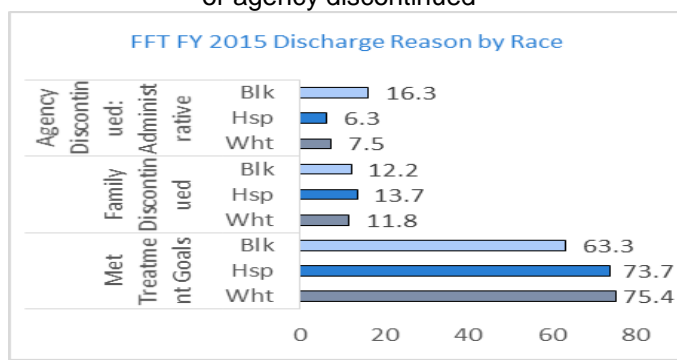
## FY15 Program Report Card: Functional Family Therapy FFT

**Quality of Life Result:** All Connecticut children grow up in a stable environment, safe, healthy, and ready to succeed.

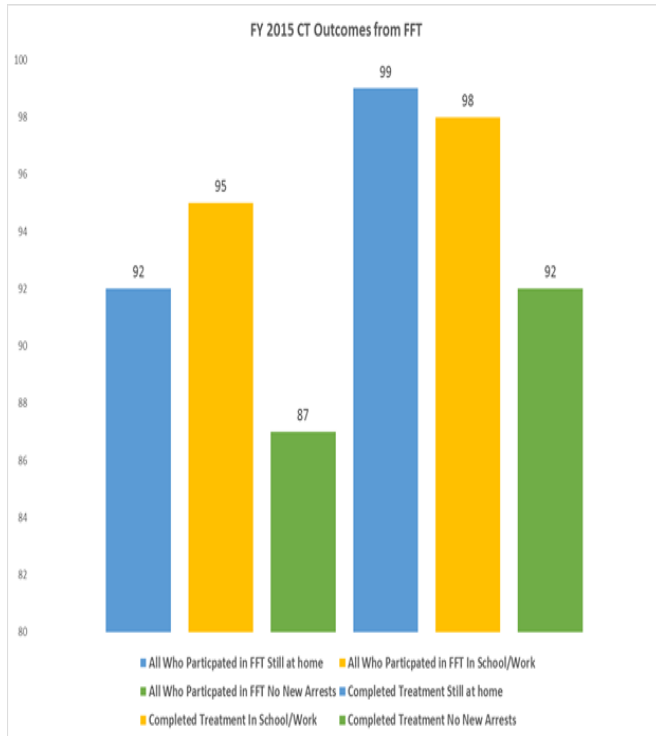
**Contribution to the Result:** This service is for DCF and non DCF involved youth. The FFT model has received international recognition for its outcomes in helping troubled youth and their families to overcome delinquency, substance use, and violence. It is a short-term treatment strategy that is built on a foundation of respect of individuals, families and cultures that include treatment strategies for motivating individuals and families to become more adaptive and successful in their own lives.

Program Expenditures	State Funding	Federal Funding	Other Funding	Total Funding
Actual SFY 14	\$1,790,517	\$0	\$0	\$1,790,517
Estimated SFY 15	\$1,790,517	\$0	\$0	\$1,790,517

**Partners:** Partners are FFT national organization for training and oversight of the model as well as contracted agencies; Child and Family Agency in Essex and New London, Wellmore, Community Health Resources and Child and Family Guidance Center.

<p><b>How Much Did We Do? # Served</b> The number of FFT episodes over a four year span</p>  <table border="1" style="margin-top: 10px; width: 100%; border-collapse: collapse;"> <caption>FFT Episodes Served FY's 2012-2015</caption> <thead> <tr> <th>Year</th> <th>Episodes Served</th> </tr> </thead> <tbody> <tr> <td>2012</td> <td>509</td> </tr> <tr> <td>2013</td> <td>567</td> </tr> <tr> <td>2014</td> <td>563</td> </tr> <tr> <td>2015</td> <td>494</td> </tr> </tbody> </table>	Year	Episodes Served	2012	509	2013	567	2014	563	2015	494	<p><b>How Well Did We Do It? The LOS by race in the 4 quarters of FY 2015</b></p>  <table border="1" style="margin-top: 10px; width: 100%; border-collapse: collapse;"> <caption>FFT LOS by RACE FY 2015</caption> <thead> <tr> <th>Quarter</th> <th>Race</th> <th>Mean LOS (Discharges)</th> <th>Median LOS (Discharges)</th> </tr> </thead> <tbody> <tr><td rowspan="3">Q1 SFY 2015</td><td>Wht</td><td>4.4</td><td>4.3</td></tr> <tr><td>Hsp</td><td>3.9</td><td>4.0</td></tr> <tr><td>Blk</td><td>4.4</td><td>3.8</td></tr> <tr><td rowspan="3">Q2 SFY 2015</td><td>Wht</td><td>4.4</td><td>4.2</td></tr> <tr><td>Hsp</td><td>3.9</td><td>4.0</td></tr> <tr><td>Blk</td><td>4.4</td><td>3.8</td></tr> <tr><td rowspan="3">Q3 SFY 2015</td><td>Wht</td><td>4.4</td><td>4.2</td></tr> <tr><td>Hsp</td><td>3.9</td><td>4.0</td></tr> <tr><td>Blk</td><td>4.4</td><td>3.8</td></tr> <tr><td rowspan="3">Q4 SFY 2015</td><td>Wht</td><td>4.4</td><td>4.2</td></tr> <tr><td>Hsp</td><td>3.9</td><td>4.0</td></tr> <tr><td>Blk</td><td>4.4</td><td>3.8</td></tr> </tbody> </table>	Quarter	Race	Mean LOS (Discharges)	Median LOS (Discharges)	Q1 SFY 2015	Wht	4.4	4.3	Hsp	3.9	4.0	Blk	4.4	3.8	Q2 SFY 2015	Wht	4.4	4.2	Hsp	3.9	4.0	Blk	4.4	3.8	Q3 SFY 2015	Wht	4.4	4.2	Hsp	3.9	4.0	Blk	4.4	3.8	Q4 SFY 2015	Wht	4.4	4.2	Hsp	3.9	4.0	Blk	4.4	3.8	<p><b>How Well Did We Do It? The discharges in 2015 by race in the three outcomes of met goals, family discontinued or agency discontinued</b></p>  <table border="1" style="margin-top: 10px; width: 100%; border-collapse: collapse;"> <caption>FFT FY 2015 Discharge Reason by Race</caption> <thead> <tr> <th>Discharge Reason</th> <th>Blk</th> <th>Hsp</th> <th>Wht</th> </tr> </thead> <tbody> <tr> <td>Agency Discontinued</td> <td>16.3</td> <td>6.3</td> <td>7.5</td> </tr> <tr> <td>Family Discontinued</td> <td>12.2</td> <td>13.7</td> <td>11.8</td> </tr> <tr> <td>Met Treatment Goals</td> <td>63.3</td> <td>73.7</td> <td>75.4</td> </tr> </tbody> </table>	Discharge Reason	Blk	Hsp	Wht	Agency Discontinued	16.3	6.3	7.5	Family Discontinued	12.2	13.7	11.8	Met Treatment Goals	63.3	73.7	75.4
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<p><b>Story Behind the Baseline:</b> FFT has five sites and in 2015 two of the five supervisors left their agency leading to one of the agencies losing many staff resulting in a loss in numbers to a low of 509 served in 2015. This is below the expected 530 totaled from the scopes. It is expected that with all staffing now in place this will resolve in 2016.</p> <p><b>Trend:</b> ▼</p>	<p><b>Story Behind the Baseline:</b> The LOS for FFT is fairly consistent over time and in line with the national expectations. Of interest is that Hispanic and Black families over the last year had a shorter LOS every quarter except for Black families in Q2. The other quarters reflect a discrepancy although subtle which needs attention. In Q4 White families were seen for a mean of 4.4 weeks, Hispanic families 3.9 and Black 3.4. The medians were 4.3, 4.2 and 3.6. The year overall reflects these same types of disparity.</p> <p><b>Trend:</b> ▼</p>	<p><b>Story Behind the Baseline:</b> Given the LOS concern the discharge reasons were then viewed based on race. White families were far more likely than Black families to meet treatment goals and Black families were more likely to be discontinued by the agency. The providers report this category is most frequently used when the family does follow through with the referral. Note that overall most families have successful discharges with treatment goals met.</p> <p><b>Trend:</b> ▼</p>																																																																						

**Anyone Better Off? The % of youth with positive outcomes. Includes youth who participated and those who completed treatment.**



**Story Behind the Baseline:**

FFT on the national level has oversight for fidelity and adherence to the model. The first three show the percentage of those who have participated in FFT who remain at home, remain in school/work and have no further arrests. The second grouping shows those who completed treatment and the percentages. These excellent outcomes show 99% of those who complete treatment remain at home, 98% remain in school or employed and 92% have no further arrests.

**Trend:** ▲

**Proposed Actions To Turn the Curve:**

The above data will be presented to the supervisors but will also be reviewed at the all staff meeting in October. There will be discussion about the need to run this data by agency for individual clinicians and by teams to ensure attention is paid to the racial disparity in LOS and discharges.

Lack of engagement of families can lead to early discharges so the October meeting will also have training on engagement of all families.

**Data Development Agenda:**

FFT national sends data monthly to CT but it is not aggregated for the year. This data looks at clinician fidelity to the model and youth arrests and school compliance. This information aggregated by year has been requested from FFT.