

FY15 Program Report Card: Adolescent Community Reinforcement Approach-Assertive Continuing Care (ACRA-ACC)

Quality of Life Result: All Connecticut youth grow up in a stable environment, safe, healthy, and ready to succeed.

Contribution to the Result: ACRA-ACC is an evidence-based adolescent substance use treatment model which is delivered in a clinic, community, or home based setting to treat the unique needs of the substance using adolescent.

SFY 16 Program Expenditures	State Funding	Federal Funding	Other Funding	Total Funding
ACRA-ACC	\$1,742,313	\$	\$352,226	\$2,094,539
ACRA-ACC Consultation & Evaluation	\$73,325	\$	\$	\$73,325

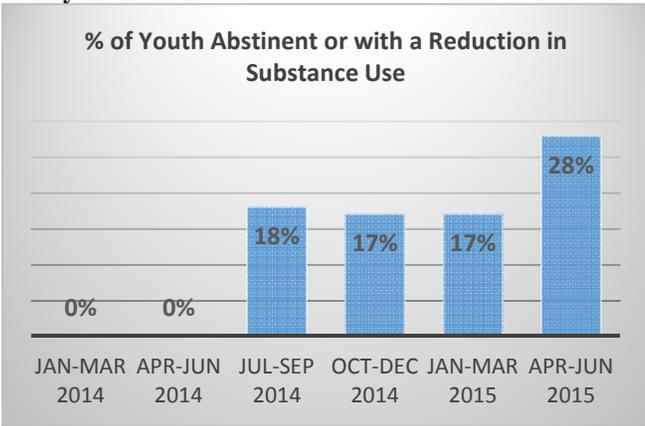
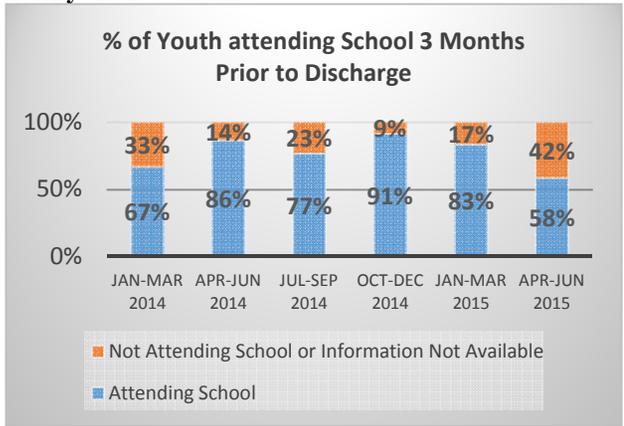
Partners: Children/Youth, Family, Family's Natural Supports, Schools, Community Providers, DCF, Judicial Branch Court Support Services Division

<p>How Much Did We Do?</p> <table border="1" style="margin-top: 10px;"> <caption>Number of Youth Admitted</caption> <thead> <tr> <th>Period</th> <th>Number</th> </tr> </thead> <tbody> <tr><td>JUL-SEP 2013</td><td>10</td></tr> <tr><td>OCT-DEC 2013</td><td>20</td></tr> <tr><td>JAN-MAR 2014</td><td>60</td></tr> <tr><td>APR-JUN 2014</td><td>83</td></tr> <tr><td>JUL-SEP 2014</td><td>56</td></tr> <tr><td>OCT-DEC 2014</td><td>57</td></tr> <tr><td>JAN-MAR 2015</td><td>71</td></tr> <tr><td>APR-JUN 2015</td><td>64</td></tr> </tbody> </table> <hr/> <p>Story Behind the Baseline:</p> <p>ACRA-ACC was a new program that began accepting cases after July 2013 (5 teams) with the 6th team accepting referrals in February 2015. There were 139 youth active in ACRA-ACC as of June 30, 2015. The statewide capacity is 216 with each team having capacity for 36 youth at a time. Utilization as of June 30, 2015 was 64% with providers slightly or moderately below capacity.</p> <p>The number of incoming referrals have fluctuated and so additional plans to outreach to schools, doctors, hospitals, probation, and DCF are being developed at a statewide level.</p> <p>◀▶ Flat/ No Trend</p>	Period	Number	JUL-SEP 2013	10	OCT-DEC 2013	20	JAN-MAR 2014	60	APR-JUN 2014	83	JUL-SEP 2014	56	OCT-DEC 2014	57	JAN-MAR 2015	71	APR-JUN 2015	64	<p>How Well Did We Do It?</p> <table border="1" style="margin-top: 10px;"> <caption>% of Fully Certified ACRA Therapists as of 6/30/15</caption> <thead> <tr> <th>Region</th> <th>Fully Certified</th> <th>Pending Full Certification</th> </tr> </thead> <tbody> <tr><td>REGION 1-CFGC</td><td>2</td><td>1</td></tr> <tr><td>REGION 2-CCOH</td><td>2</td><td>1</td></tr> <tr><td>REGION 3-CHR</td><td>1</td><td>2</td></tr> <tr><td>REGION 4-CHR</td><td>2</td><td>1</td></tr> <tr><td>REGION 5-CJR</td><td>2</td><td>1</td></tr> <tr><td>REGION 6-CJR</td><td>1</td><td>2</td></tr> </tbody> </table> <hr/> <p>Story Behind the Baseline:</p> <p>Each team is composed of 3 therapists and a supervisor. All have been trained in ACRA by model developers or by already certified supervisors. Each therapist has to achieve competency in 9 core procedures (basic certification) followed an additional 10 procedures to become fully certified. All therapists have achieved basic certification, and all supervisors are certified as ACRA supervisors. All therapists pending full certification are on target within their deadlines.</p> <p>Trend: ▲ Yes</p>	Region	Fully Certified	Pending Full Certification	REGION 1-CFGC	2	1	REGION 2-CCOH	2	1	REGION 3-CHR	1	2	REGION 4-CHR	2	1	REGION 5-CJR	2	1	REGION 6-CJR	1	2	<p>How Well Did We Do It?</p> <table border="1" style="margin-top: 10px;"> <caption>% of Youth Completing All or Most Treatment Goals</caption> <thead> <tr> <th>Period</th> <th>Met Treatment Goals</th> <th>Other Reason</th> </tr> </thead> <tbody> <tr><td>JAN-MAR 2014</td><td>11%</td><td>89%</td></tr> <tr><td>APR-JUN 2014</td><td>25%</td><td>75%</td></tr> <tr><td>JUL-SEP 2014</td><td>47%</td><td>53%</td></tr> <tr><td>OCT-DEC 2014</td><td>38%</td><td>62%</td></tr> <tr><td>JAN-MAR 2015</td><td>53%</td><td>47%</td></tr> <tr><td>APR-JUN 2015</td><td>43%</td><td>57%</td></tr> </tbody> </table> <hr/> <p>Story Behind the Baseline:</p> <p>As ACRA-ACC becomes fully established and therapists become fully certified, the number of youth meeting all or most treatment goals will increase. Since its inception, this performance measure has increased almost 300%.</p> <p>Trend: ▲ Yes</p>	Period	Met Treatment Goals	Other Reason	JAN-MAR 2014	11%	89%	APR-JUN 2014	25%	75%	JUL-SEP 2014	47%	53%	OCT-DEC 2014	38%	62%	JAN-MAR 2015	53%	47%	APR-JUN 2015	43%	57%
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Trend Going in Right Direction? ▲ Yes; ▼ No; ▶ Flat/ No Trend

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Quality of Life Result: All Connecticut youth grow up in a stable environment, safe, healthy, and ready to succeed.

<p>Is Anyone Better Off?</p> <div style="text-align: center;"> <p>% of Youth Abstinent or with a Reduction in Substance Use</p>  <table border="1" style="margin: 0 auto; border-collapse: collapse;"> <thead> <tr> <th>Period</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>JAN-MAR 2014</td> <td>0%</td> </tr> <tr> <td>APR-JUN 2014</td> <td>0%</td> </tr> <tr> <td>JUL-SEP 2014</td> <td>18%</td> </tr> <tr> <td>OCT-DEC 2014</td> <td>17%</td> </tr> <tr> <td>JAN-MAR 2015</td> <td>17%</td> </tr> <tr> <td>APR-JUN 2015</td> <td>28%</td> </tr> </tbody> </table> </div> <p>Story Behind the Baseline:</p> <p>The number of youth abstinent or reducing their substance use will increase as therapists become fully certified in ACRA. The therapists will be able to better understand, support, and treat the youth and their caregivers.</p> <p>The data had a large amount of information left blank which might have increased the percentages.</p> <p>Marijuana is one of the most used substances by youth. The program is encountering youth, caregivers, and communities that do not understand the adverse health effects and the impact it has on the youth's life, making it very challenging to support long term abstinence or reduction in use.</p> <p>Trend: ▲ Yes</p>	Period	Percentage	JAN-MAR 2014	0%	APR-JUN 2014	0%	JUL-SEP 2014	18%	OCT-DEC 2014	17%	JAN-MAR 2015	17%	APR-JUN 2015	28%	<p>Is Anyone Better Off?</p> <div style="text-align: center;"> <p>% of Youth attending School 3 Months Prior to Discharge</p>  <table border="1" style="margin: 0 auto; border-collapse: collapse;"> <thead> <tr> <th>Period</th> <th>Attending School</th> <th>Not Attending School or Information Not Available</th> </tr> </thead> <tbody> <tr> <td>JAN-MAR 2014</td> <td>67%</td> <td>33%</td> </tr> <tr> <td>APR-JUN 2014</td> <td>86%</td> <td>14%</td> </tr> <tr> <td>JUL-SEP 2014</td> <td>77%</td> <td>23%</td> </tr> <tr> <td>OCT-DEC 2014</td> <td>91%</td> <td>9%</td> </tr> <tr> <td>JAN-MAR 2015</td> <td>83%</td> <td>17%</td> </tr> <tr> <td>APR-JUN 2015</td> <td>58%</td> <td>42%</td> </tr> </tbody> </table> </div> <p>Story Behind the Baseline:</p> <p>The number of youth attending school at the time of discharge has fluctuated. Therapists continue to become more experienced in delivering ACRA-ACC and better connected to the communities.</p> <p>Trend: ◀▶ Flat/ No Trend</p>	Period	Attending School	Not Attending School or Information Not Available	JAN-MAR 2014	67%	33%	APR-JUN 2014	86%	14%	JUL-SEP 2014	77%	23%	OCT-DEC 2014	91%	9%	JAN-MAR 2015	83%	17%	APR-JUN 2015	58%	42%	<p>Proposed Actions To Turn the Curve:</p> <ul style="list-style-type: none"> A statewide referral form was created to simplify the referral process (Spring 2015) and will continue to be disseminated (ongoing). A practice guide has been drafted and reviewed (to be released late Summer 2015) A youth friendly flyer will be developed for statewide dissemination to schools or youth centers (as requested) to increase self-referrals (early Fall 2015) A statewide outreach plan will be developed to increase the communities' knowledge of the program (Fall 2015) Therapists will be fully certified (early Winter 2015). A continuous quality improvement plan will developed (late Fall 2015). <p>Data Development Agenda:</p> <ul style="list-style-type: none"> Performance measures were modified after consultation with model developers and a review of current data systems (effective July 2015). Data elements found in the Provider Information Exchange database will be refined and documented (Fall 2015). The GAIN Q3 and EBTx.org databases will be utilized in the analysis of performance measures (Summer 2015). Data will be analyzed by race/ethnicity.
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