Connecticut Department of Children and Families WILDERNESS SCHOOL – MEDICATION CHECKLIST DCF-2306 1/18 (Rev.)



TO ASSIST APPLICANTS IN PREPARING FOR THEIR WILDERNESS SCHOOL EXPEDITION NOTE: all medication (prescription and non-prescription) is due at the wilderness school 96-hours prior to the course start.
Current Doctor's Orders for all prescription medications that the youth will be bringing are consistent with application materials, and have been filed with the Enrollment Office.
Current Doctor's Orders for all non-prescription medications that the youth will be bringing are consistent with application materials, and have been submitted to the Enrollment Office.
Refills on prescriptions have been made - smaller containers are preferred over bubble packs.
All medications must be in the original prescription containers and have a current prescription label attached (labels must match the Doctor's orders that were submitted).
Enough medication to cover the length of the course has been sent to the Wilderness School to arrive 96-hours prior to the course start date (please call the Wilderness School right away if you will not have a supply of medication that will cover the length of the expedition).
Applicants with prescribed rescue inhalers (i.e. Albuterol, ProAir, Proventil) must have 2 inhalers for 20-Day expeditions and 1 inhaler for shorter expeditions. One full inhaler shall be submitted for each asthma maintenance medication (i.e. Flovent, Advair, Singulair).
Birth Control Medication and maintenance inhalers may come with the youth to the course start.
Discontinued medication orders submitted for medications that the youth is no longer taking (only if previous Dr.'s Orders were submitted).
For over the counter medications (i.e. acetaminophen, ibuprofen) - we recommend prepackaged, individual doses or small container. In order to take any non-prescription medication, your doctor must have signed for this on Non-Prescription Medication Authorization (OTC) form. It is recommended that 20-day students supply either Tylenol or Ibuprofen as directed by physician.

Please contact the Enrollment Office at 860-653-8059 with questions. Thank You!