

PARENT DAILY REPORT CHECKLIST

1. Place an asterisk (*) beside any of the behaviours listed on the left side of the form that are currently a problem for you.

A good rule of thumb is to ask yourself whether your child is engaging in a particular behaviour more than an average child of the same age.

2. For each day of the week, place a tick (✓) in the correct column if a particular behaviour occurred during that day. Go right through the list each day.
3. The checklist must be completed for seven days, although it is not necessary for these seven days of monitoring to be consecutive.

If your child is absent for only part of the day, for example while at day care or kindy, continue monitoring as usual. Fill in the checklist based on the behaviour you saw in the morning before your child leaves, and in the evening after your child returns.

However, if your child is not under your direct care for 24 hours or longer, for example if your child is visiting or staying with relatives or friends, do not monitor this day. Instead continue monitoring when your child returns home.

Total Number of Problem Behaviours =

Total Number of Targeted Behaviours =

Daily Mean of Problem Behaviours =

Daily Mean of Targeted Behaviours =

Note. From "Parent Observation and Report of Child Symptoms," by P. Chamberlain and J.B. Reid, 1987, *Behavioral Assessment*, 9, p. 99. Copyright 1987 by Elsevier Science Ltd. Adapted with permission.

BEHAVIOUR	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Aggressiveness							
Arguing							
Bedwetting							
Competitiveness							
Complaining							
Crying							
Defiance							
Destructiveness							
Fearfulness							
Fighting with siblings							
Firesetting							
Hitting others							
Hyperactiveness							
Irritableness							
Lying							
Negativism							
Noisiness							
Noncomplying							
Not eating meals							
Pants wetting							
Pouting							
Running around							
Running away							
Sadness							
Soiling							
Stealing							
Talking back to an adult							
Teasing							
Temper tantrum							
Whining							
Yelling							
Police contact							
School contact							
Parents spank							MEAN
TOTAL DAILY							
TOTAL TARGETED							