

**DCF Psychotropic Medication Advisory Committee
Monthly Meeting Notes**

April 9, 2010 1:00PM

Riverview Hospital for Children and Youth
Middletown, CT.

PRESENT: See enclosed attendance record.

1. Call to order: Dr. Williams called the meeting to order at 1:08 pm.
2. Set date/time of next meeting: The next meeting is scheduled for May 7, 2010 from 1-3PM; RHCY AB Conference Room.
3. Minutes: The minutes of the March 2010 PMAC meeting were reviewed and approved.
4. Announcements:
 - Introductions were done. Guests include Jason Gott, Pharmacist and Evelyn Dudley Pharmacy Services Manager from DSS. Also in attendance as a guest this month is Jean Fiorito, Executive Director CAFAP.
 - A newsletter has been created by the Health Advocates that will be published quarterly and is intended for DCF staff and other interested parties. The newsletter's focus is to provide updates regarding insurance, legislation, pharmaceutical related issues, announcements, and new services. Volume 1, Issue 1 of the newsletter was distributed to Committee members.
 - The process etc. for emergency prescription filling/prior authorization: Jason Gott (DSS Pharmacy Unit) led a discussion of several pharmaceutical related issues. Several documents were distributed to Committee members:
 1. CT Medical Assistance Program Prior Authorization (PA) for Pharmacy.
 2. Membership of the DSS Pharmaceutical and Therapeutics Committee (P&T) along with membership criteria.
 3. Connecticut Medicaid Preferred Drug List (PDL).

The PA process was described in detail. The Q Day dosing of fluoxetine was discussed. It was noted that CTDSSMAP.COM contains all provider bulletins, PA's, etc. Additionally all required forms are available at this web site.

It was noted that currently there are psychiatrists and pediatricians serving on the DSS P&T. There are plans to add a DCF Child Psychiatrist and a community Child Psychiatrist to the committee.

It was noted that it does take significant MD and nurse resources to complete the forms required for a PA.

The PMAC is invited to provide input/recommendations regarding the PA process.

Various prescribing scenarios were discussed. The PDL was reviewed and discussed. It was noted that the DSS PDL does not match the DCF Approved Drug List (ADL) in several areas. For example tricyclics are on the DCF ADL but not on the DSS PDL. PMAC recommends a cross check of the PDL/ADL and an effort be made to coordinate these lists.

It was noted that DSS P&T will be reviewing anticonvulsants at the June 2010 meeting. All patients currently on these medications will be grandfathered in for one year as was done with antipsychotics.

Several early refill scenarios were discussed. It was noted that the pharmacist filling the prescription “early” can request authorization via phone. This would also apply to patients moving out of state. Additionally DSS via the health advocates can sometimes arrange for out of state prescriptions (esp. Mass). It was noted that there are currently 436 children out of state. There is an out of state search function on the web site.

The 14day one time, emergency fill process was discussed. A bulletin describing this process will be emailed to PMAC members.

A recommendation was made to include a PA indicator for each drug in the DCF Drug Use Guidelines.

There will be considerable information related to many of the issues discussed in the next DSS Newsletter.

- April 8 – Integrating Behavioral Health with Primary Care Sponsored by CHDI: Dr. Narad provided a report on this conference. A proposed practice model was described and discussed. It was noted that the model discussed may be a good one but PMAC members felt it may not be practical esp. with DCF. Reimbursement was discussed. This is a key issue as many collaborative consults are not billable in CT. It was noted that in the future Skype/Video consults may be billable.
- 5. Follow-up on Medication Booklet: David Aresco provided an update:
 - The most recent revised draft version of the booklet was distributed for review and discussion.
 - Each page of the booklet was reviewed, discussed and many recommendations for changes made and approved.
 - David Aresco and Monica Jensen will collaborate to make the approved changes, develop a glossary and credits.
 - Target is to complete a final approved edition prior to a conference to be held on May 21, 2010. As many as 500 copies will be requested for this conference.
- 6. Med Protocol Review – Defer
- 7. Update PMAC Annual Psychopharmacology Conference Sub-Committee – Defer
- 8. Article Review: - Defer
- 9. Adjournment: Dr. Williams adjourned the Committee at 3:00PM.

Respectfully Submitted:

David S. Aresco